



# Living Places

A new way of thinking  
about buildings



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01

# Introduction to Living Places

Living Places  
a new way  
forward



# It's not just a design. It's a new way of thinking about buildings.

For the past 20 years, the VELUX Group has initiated and participated in more than 30 demonstration buildings exploring the future of healthy buildings through full scale experiments.

We're continuing to take action through Build for Life – a pioneering, multidisciplinary initiative that reconnects people and the planet through healthier and more sustainable buildings. In 2020, we launched an open innovation process to change how we build today towards more sustainable practices and to decarbonise buildings.

The result is Living Places, a more sustainable approach to building homes that benefits both people and planet.

Since the building industry accounts for approximately 1/3 of global energy consumption and CO2 emissions - the time for action is now. And with 90% of our lives spent indoors, buildings directly affect our physical and mental wellbeing. We believe that we should focus on creating a better living environment for our planet while building a path towards a society that enhances living conditions for people.

But we do not have to wait for future technology to build homes that benefit both people and planet. Living Places shows that it is possible to build more sustainable and healthy homes using standard materials, methods and technologies that are available today. By rethinking how we build today, we can help solve some of the global climate and health challenges we face through more sustainable solutions and practical action.

Building for tomorrow, today.





02

# Transformative Partnering

Living Places a new  
way of working  
together



## Transformative Partnering: Description

The transformative partnership approach in Living Places is steeped in the ethos of 'Scaling by Replication / Scaling Out', an innovative strategy that propels proven, successful sustainability concepts across different communities and contexts. This method is reminiscent of the way a groundbreaking idea in the tech industry, like a successful software or app, is scaled to different markets, each version tailored to meet the specific demands and idiosyncrasies of its users. It's a method that takes the core of a proven success and replicates it, adapting to local customs, regulations, and market conditions—transforming localized victories into widespread, impactful solutions, and, very importantly, creates ambassadors and ownership way beyond the initiating partners.

With this approach, the spread of ideas, concepts, and methodologies is not a mere duplication but a thoughtful adaptation into new and different environments. It's how a disrupting approach to sustainability in one locality can spark a series of custom adaptations, each iteration learning from and building upon the last. This iterative process marks the journey from singular, local insights to a broad-based, global paradigm shift via the ripple effect

The Transformative Partnership Approach is more than a mere strategy. It is a commitment to democratic principles that advocates for the collective power of individuals and communities in enacting change. It promotes sharing the wealth of sustainable innovation, ensuring that cutting-edge practices in sustainability are not exclusive but are made available for the benefit of the wider community. It's a concerted effort towards a universally sustainable lifestyle that is open and actionable for everyone, regardless of their location.

This method reshapes the world by promoting sustainable practices that adapt to local needs, and enables cultural transformation within various sectors, while simultaneously inspiring collaborators to innovate, learn and change, thereby fuelling global change, based on the generosity of sharing innovations, ideas, and knowledge. Living Places advocates for this approach because it symbolises the democratisation, diversification, and acceleration of sustainable development. By dedicating itself to this replicative strategy, Living Places plays an integral role in giving our planet a hopeful prospect for a sustainable and thriving future.





# Transformative Partnering: Implementation

To implement the transformative partnership approach and transition away from the silo-based way of working, it's essential to foster an environment where collaboration is at the core from the very beginning. This strategy involves using each other's competencies to ask the right questions, find the right answers, and complete assignments in a manner that makes ideas and designs tangible and actionable.

The transformative partnership approach encourages everyone to exchange knowledge and take advantage of each other's competencies. This exchange is crucial for asking the right questions, because it allows collaborators to bring a diverse range of insights and expertise to the table. By combining and integrating each partner's ideas and knowledge into the design and prototype stages, the approach ensures that finding the right answers becomes a collective effort, leading to more innovative and effective solutions.

Implementing ideas and designs from all partners into the actual project is the final step towards making these collaborative efforts tangible and actionable.

This process not only results in the completion of assignments but also in the transformation of industry culture and norms. Sharing knowledge is vital in this context because it drives innovation and improvement, breaking down silos and fostering a culture of collaboration and exchange of ideas. This, in turn, enhances individual professional growth, keeps the industry current with new developments, and makes industries more adaptable to change, ensuring sustainability and long-term success. By embracing the transformative partnership approach, the impact extends far beyond individual teams, creating a ripple effect that has the potential to transform an entire industry.

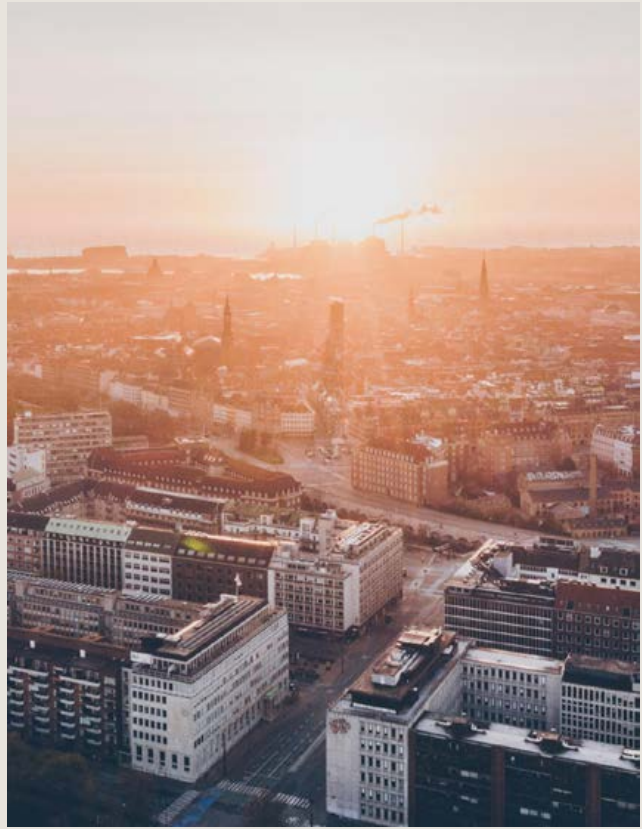
In summary, the transformative partnership approach is a comprehensive strategy that requires a shift towards openness, collaboration, and mutual learning from the outset, a cooperative companionship. It leverages the collective competencies of all partners to drive innovation, improve industry standards, and achieve sustainable success.





# Challenges & opportunities

Why is a new way of working needed to unlock the potentials?



## Digitalisation & Lifetime

The construction industry is the second least digitised in the world.<sup>1</sup> This is one of the primary reasons for the lifespan of our buildings being halved in the last century, and is predicted to continue.<sup>2</sup> One of the main reasons is that we build increasingly complex structures and systems that are unable to connect with each other.<sup>3</sup> Therefore, they are not able to adapt to changes that we cannot foresee. Digitising the construction industry whilst building more flexible and adaptable buildings could make them able to adapt to the challenges we cannot foresee while increasing the lifespan of our built environment

1. CIC - roadmap for change (2020)  
2. Reinier de Graaf - 4 walls and a roof (2018)  
3. Memori - smart city report (2019)

## Productivity & Efficiency

The building industry has the lowest productivity gains of any industry. Just 31% of all projects came within 10% of the budget in the past 3 years. This is due to inefficiencies in design, planning, and construction phases of the build. Lack of productivity and rising salaries mixed with a heightened complexity have resulted in a steep decrease in quality. By using prefabrication we can increase efficiency and enable more sustainable development by reducing waste, increase collaborations, and enable circular material flows.<sup>1</sup>

1. Kpmg - climbing the curve report 2019

## Environmental

Buildings alone are responsible for approx. 40% of global CO<sub>2</sub>-emissions<sup>1</sup>, and 40% of the world populations will need new homes<sup>2</sup>. Simultaneously we need to reach net zero emissions in this same time frame to avoid dramatic climate change<sup>3</sup>. By using low impact materials and focusing on the LCA of a building we could meet the demand for increased housing without depleting the earth's resources.

1. International Energy Outlook 2019 (EIA, 2019)  
2. Sustainable Consumption and Production (UNEP, 2015)  
3. Global Warming of 1.5°C (IPCC, 2020)

## Health

We spend up to 90% of our time indoors<sup>1</sup>, but fail to build for a healthy indoor climate by applying a one-size-fits-all logic to our buildings and compromising on the quality of construction materials.<sup>2</sup> By designing with healthy indoor principles and healthy materials we can create buildings that don't just make you less sick but actually make you healthier.

1. The National Human Activity Pattern Survey (EPA, 2001)  
2. Living conditions in Europe (eurostat, 2018)

## Loneliness

Even though we live closer and are more connected than ever we feel more lonely, anxious, and stressed. 1 in 5 people in Denmark long for community and a sense of belonging.<sup>1</sup> By designing a built environment that enables community through sharing, participation, identity, and safety, we could increase wellbeing and overall health and reduce anxiety, loneliness, and stress.

1. Fælleskabsmålingen - trygfonden (2019)

## Affordability

2.5 billion more people are expected to live in cities by 2050.<sup>1</sup> At the same time most places worldwide have seen a substantial and steady increase in housing prices, making our built environment unaffordable for the people who would benefit from them the most.<sup>2</sup> By designing a built environment that focuses on affordability by design, shared living, and new business cases, we could unlock housing for the people that would benefit from it the most.

1. World Urbanization Prospects 2018 (United Nations, 2018)  
2. UBS Global Real Estate Bubble Index 2019 (UBS, 2019)

## Post-pandemic Living

Whatever our experience of pandemic restrictions, their impact is prompting many of us to re-evaluate what makes a good home. The future home meeting our emotional needs will depend on health and wellbeing becoming the gold standard for a better life at home. These new and different priorities could have dramatic implications for what we mean by a 'good home', and for the way we live in the future.<sup>1</sup> By designing a built environment focused on meeting our emotional needs and enabling a strong sense of place, we could pioneer a new way of thinking about home, one that isn't about location but about the local context and what life it empowers people to live.

1. IKEA - "Life at home" report 2020

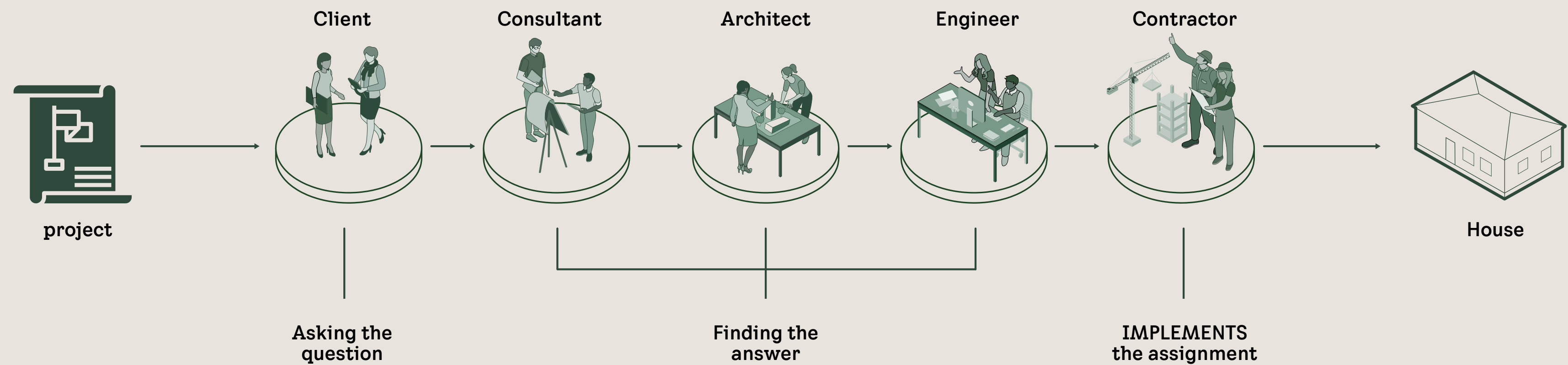


How do we create  
the transformation needed  
to reverse these **challenges**  
and turn them into **opportunities?**



# Linear collaborative process - today

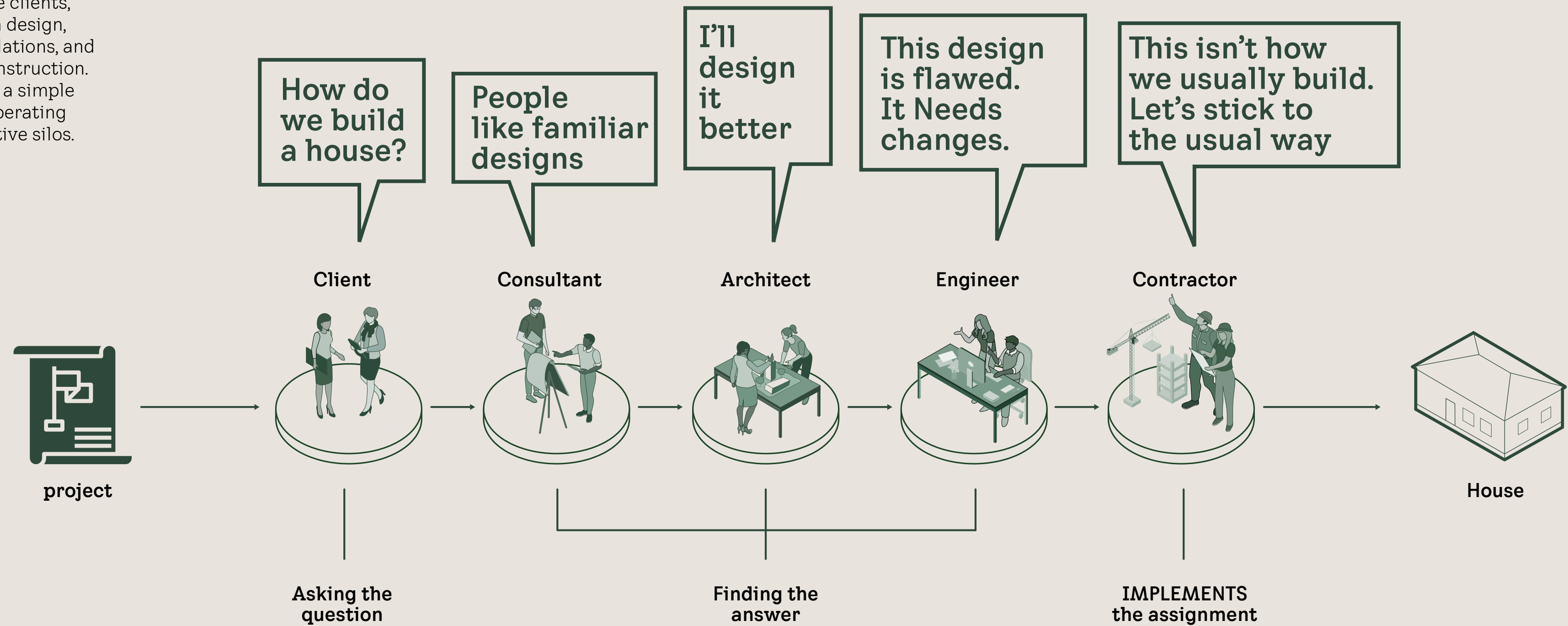
Today, inquiries come from the clients, while the architect engages in design, the engineer focuses on calculations, and the entrepreneur oversees construction. The building takes the form of a simple square box, with each party operating independently in their respective silos.





# Linear collaborative process - today

Today, inquiries come from the clients, while the architect engages in design, the engineer focuses on calculations, and the entrepreneur oversees construction. The building takes the form of a simple square box, with each party operating independently in their respective silos.





Status today



When everyone  
asks a similar question,  
**the answer is often the  
same.**



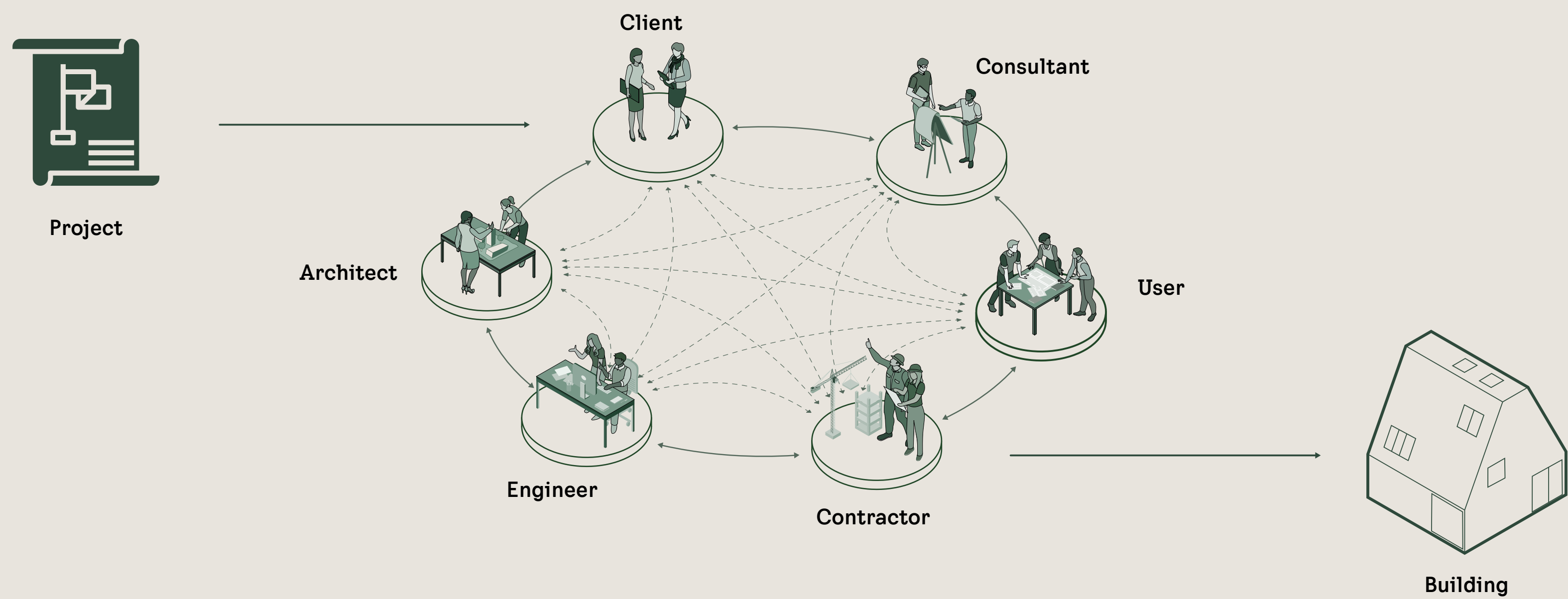


# Transformative Partnering

Transformative Partnering is  
a new way of working together

Working together we follow this process:

- 1. Asking the right questions
- 2. Finding the right answers
- 3. Complete assignment

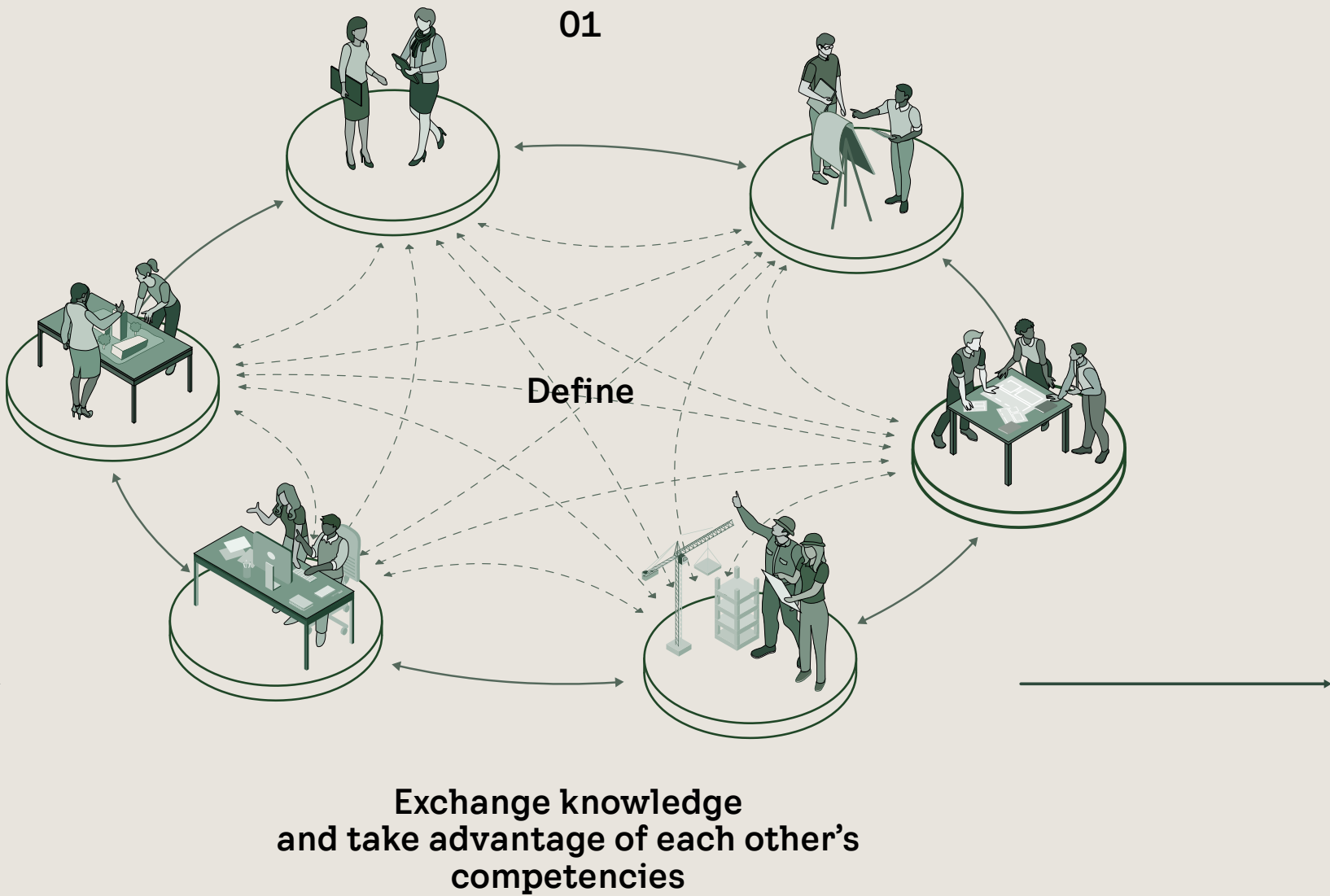


- Transformative partnerships**
- 1. Asking the right questions
  - 2. Finding the right answers
  - 3. Completes assignment



# Process 01 Define

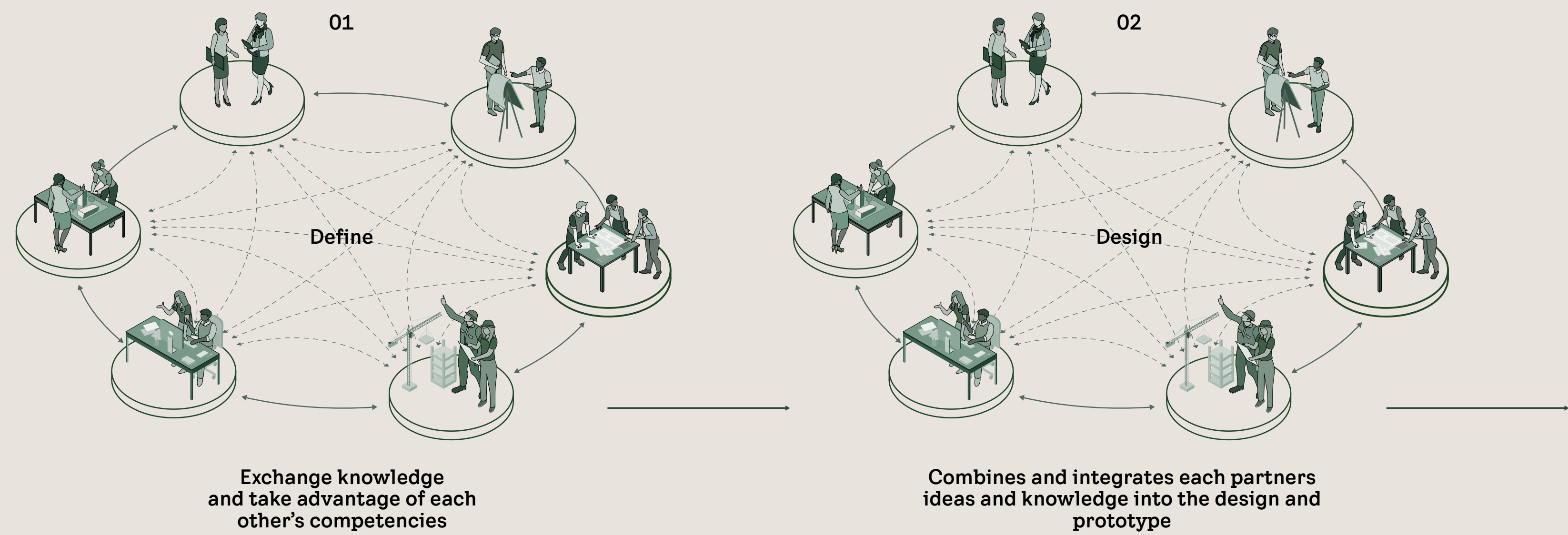
Process 01: Define - Asking the right questions by exchanging knowledge and taking advantage of each other's competencies.





# Process 02 Design

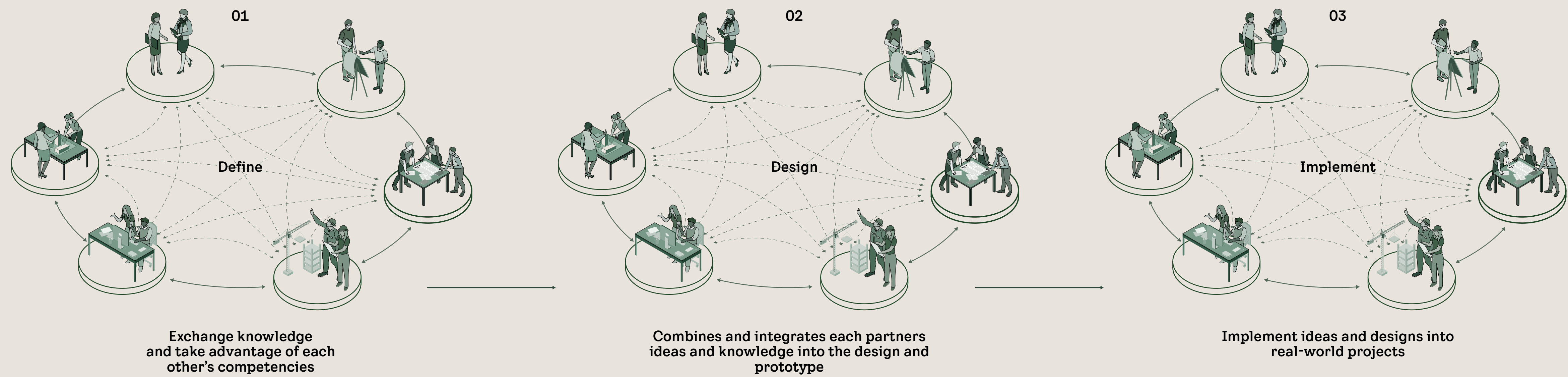
Process 02: Design -Finding the right answers  
Combining and integrating each partner's ideas and  
knowledge into the design and prototype.





# Process 03 Implement

Process 03 - Complete assignment  
Implement - Implementing ideas and designs into real-world projects.

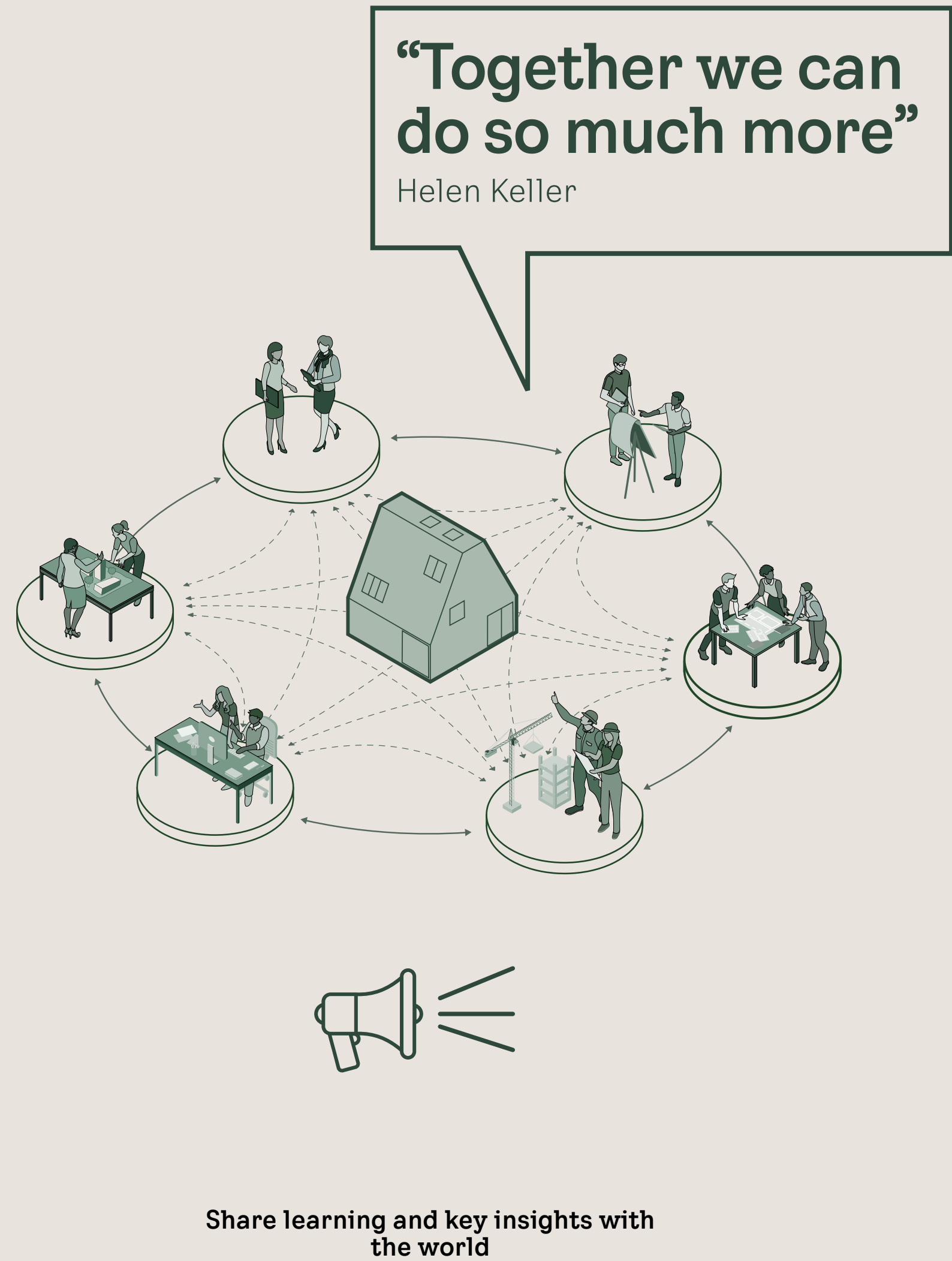




# Process

## 04 Sharing the knowledge

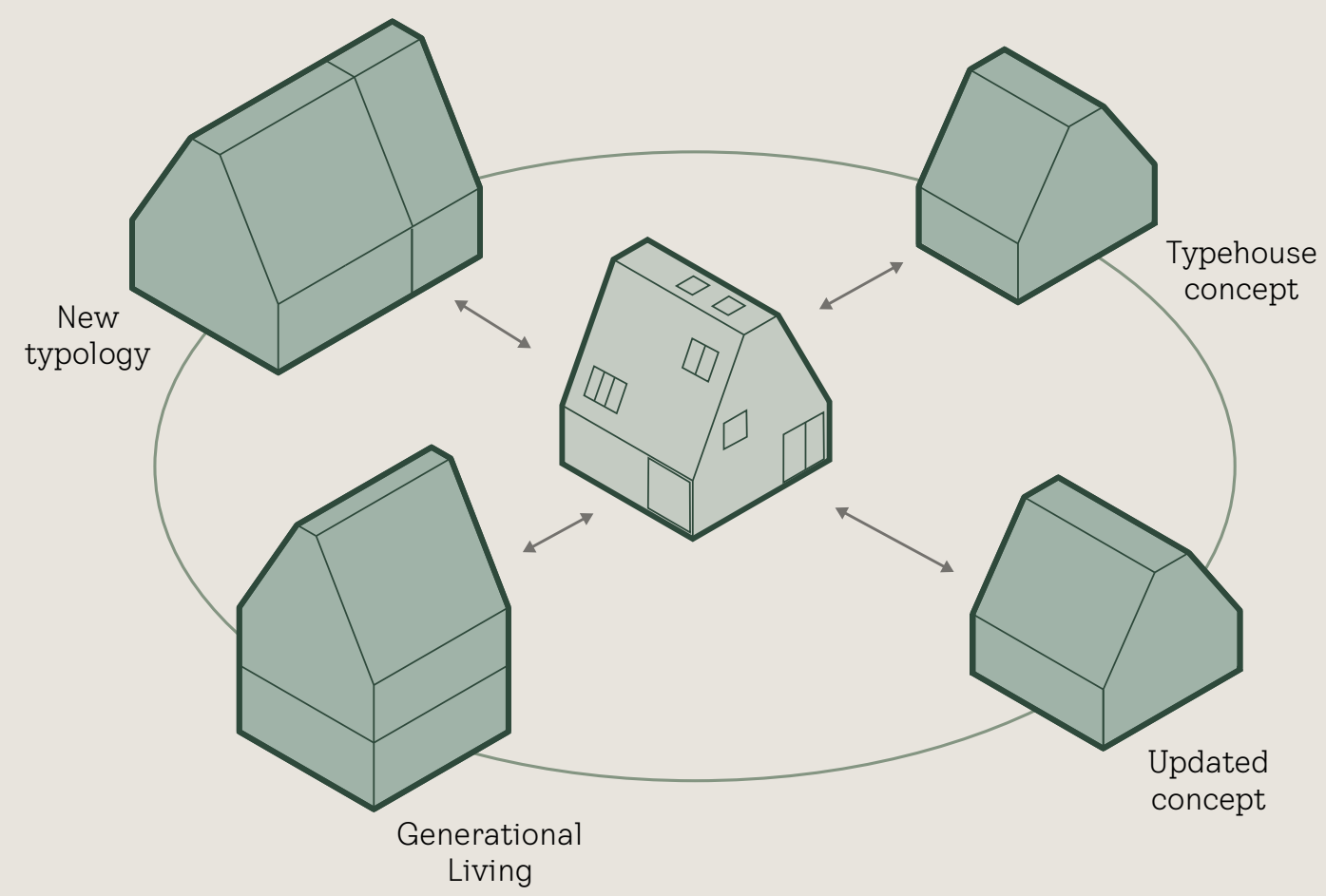
Sharing knowledge is vital for transforming industry culture and norms because it drives innovation and improvement. It breaks down silos, fostering collaboration and the exchange of ideas, leading to more effective solutions. This sharing enhances individual professional growth and keeps the industry current with new developments. A culture of openness and learning makes industries more adaptable to change, ensuring sustainability and long-term success. Overall, knowledge sharing elevates the entire industry, contributing to broader societal and economic benefits.





# Scaling out

The Transformative Partnership Approach in Living Places is steeped in the ethos of 'Scaling by Replication / Scaling Out', an innovative strategy that propels proven, successful sustainability concepts across different communities and contexts.



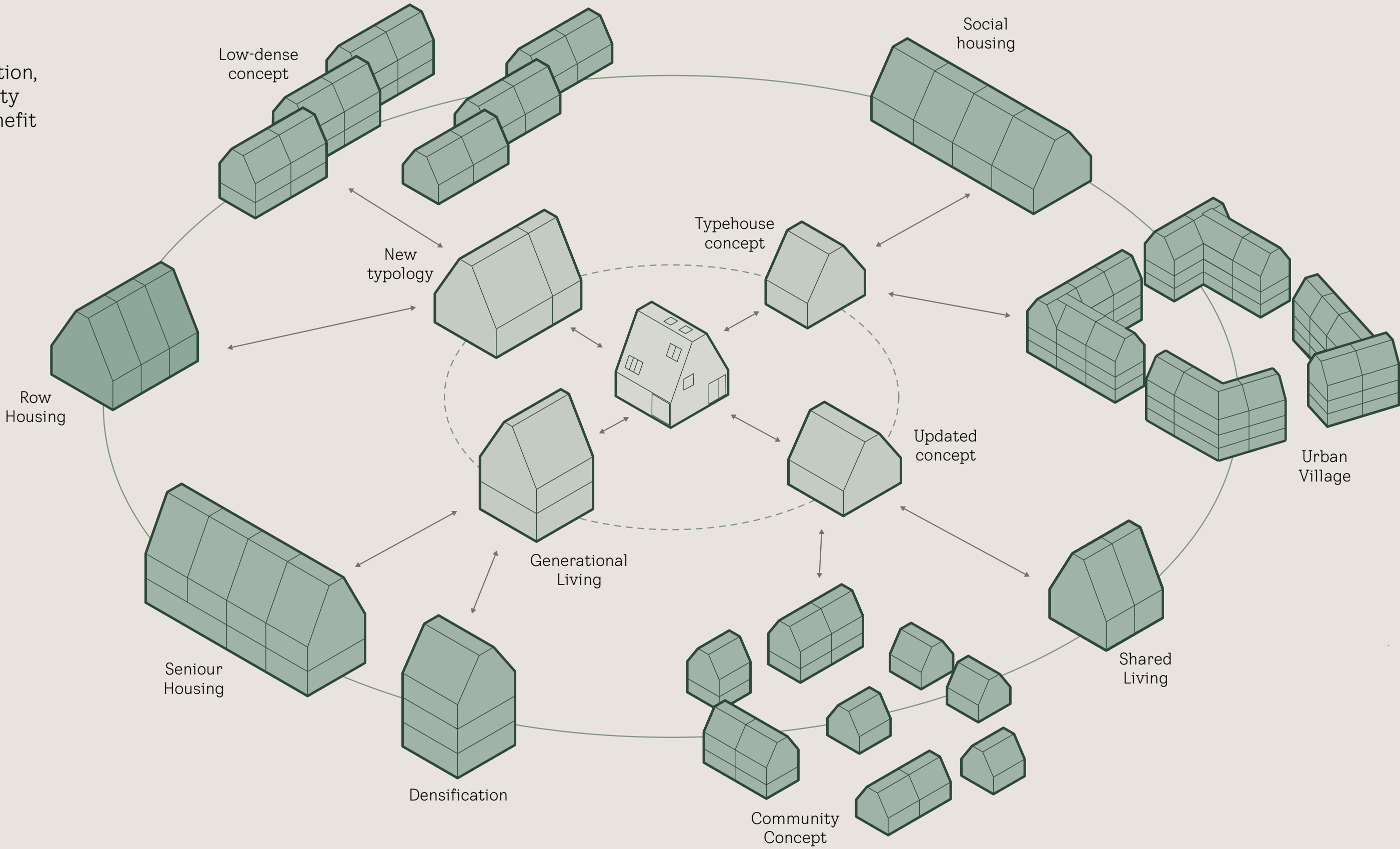
Scaling out and thereby democratising knowledge



# Ripple effect

The Transformative Partnership Approach is more than a mere strategy. It is a commitment to democratic principles, advocating for the collective power of individuals and communities in enacting change. It promotes sharing the wealth of sustainable innovation, ensuring that cutting-edge practices in sustainability are not exclusive but are made available for the benefit of the wider community.

It is a concerted effort towards a universally sustainable lifestyle that is open and actionable for everyone, regardless of their location.

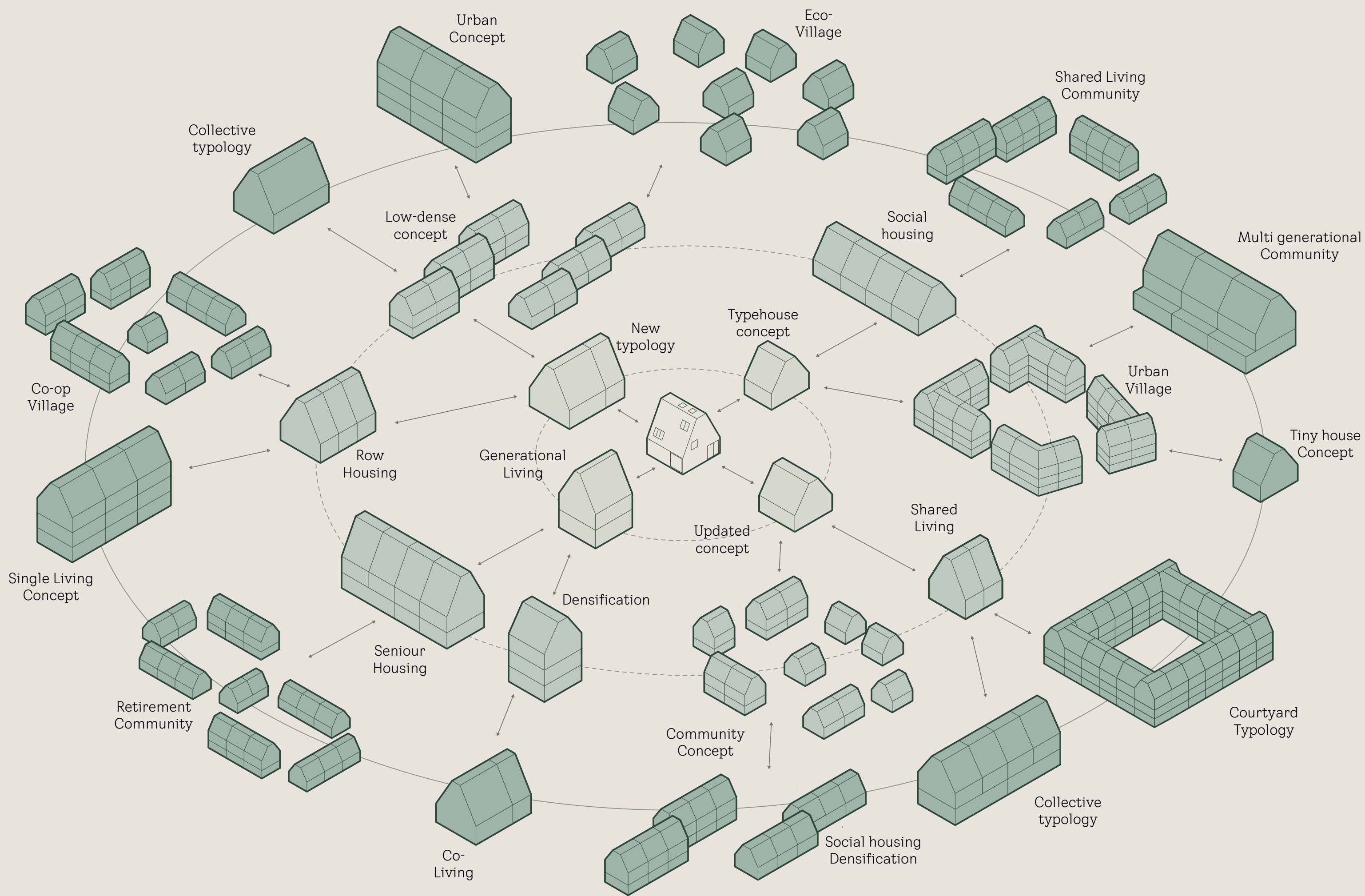


A small splash creates a ripple



# Democratising knowledge

This method reshapes the world by promoting sustainable practices that adapt to local needs, and enables cultural transformation within various sectors, while simultaneously inspiring collaborators to innovate, learn and change, thereby fueling global change, based on the generosity of sharing innovations, ideas and knowledge. Living Places advocates for this approach because it symbolizes the democratisation, diversification, and acceleration of sustainable development.



The more the approach scales the more impactful the transformation



03

# People & planet methodology

Living Places a  
new way of thinking  
about buildings



# People and planet methodology description

In this chapter, we explore the ‘People and Planet Methodology,’ a dual-faceted approach that breaks down complex systems into manageable segments. By benchmarking and evaluating different scenarios, this method transitions us from a state of unawareness to a position of informed clarity.

The ‘People’ aspect is rooted in the principles of healthy buildings and uses the Active House Radar to measure wellbeing within spaces.

Meanwhile, the ‘Planet’ facet employs Life Cycle Assessment (LCA) benchmarking to quantify environmental impacts.

Together, they form a comprehensive framework for sustainable living and building practices.





# Today our built environment fails to integrate Health and Environmental Concerns

Often, building designs overlook the connection between human health and the environment, favouring economic over ecological considerations. This leads to structures lacking in green features, contributing to poor air quality and environmental degradation. The result is a negative impact on both the environment and human health.

**We spend 90% of our time indoors and indoor air pollutants are often 2 to 5 times higher than outdoor levels.<sup>1</sup>**

<sup>1</sup> The National Human Activity Pattern Survey (EPA, 2001)

**120 million Europeans and 1 out of 3 European children live in unhealthy buildings.<sup>1</sup>**

<sup>1</sup> Buildings and the forgotten 90% (ERACTIV, 2019)

**“The person who designs and operates your building is more important to your health than your doctor”<sup>1</sup>**

<sup>1</sup> Joseph G. Allen - Harvard

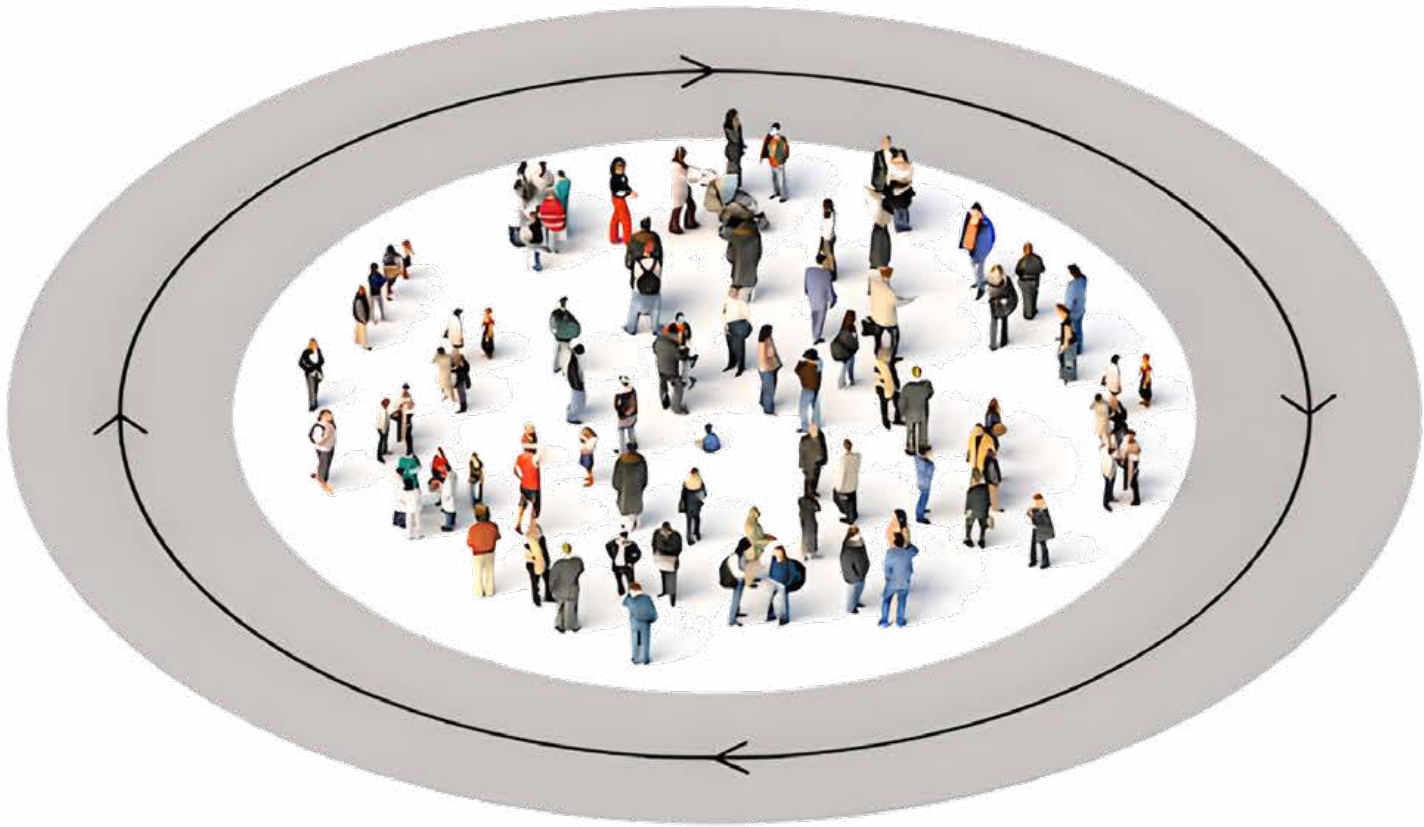
**36% of Europe’s total CO<sub>2</sub> emissions are emitted by homes and buildings.<sup>1</sup>**

<sup>1</sup> Energy Efficiency in Buildings (European Commission, 2020)

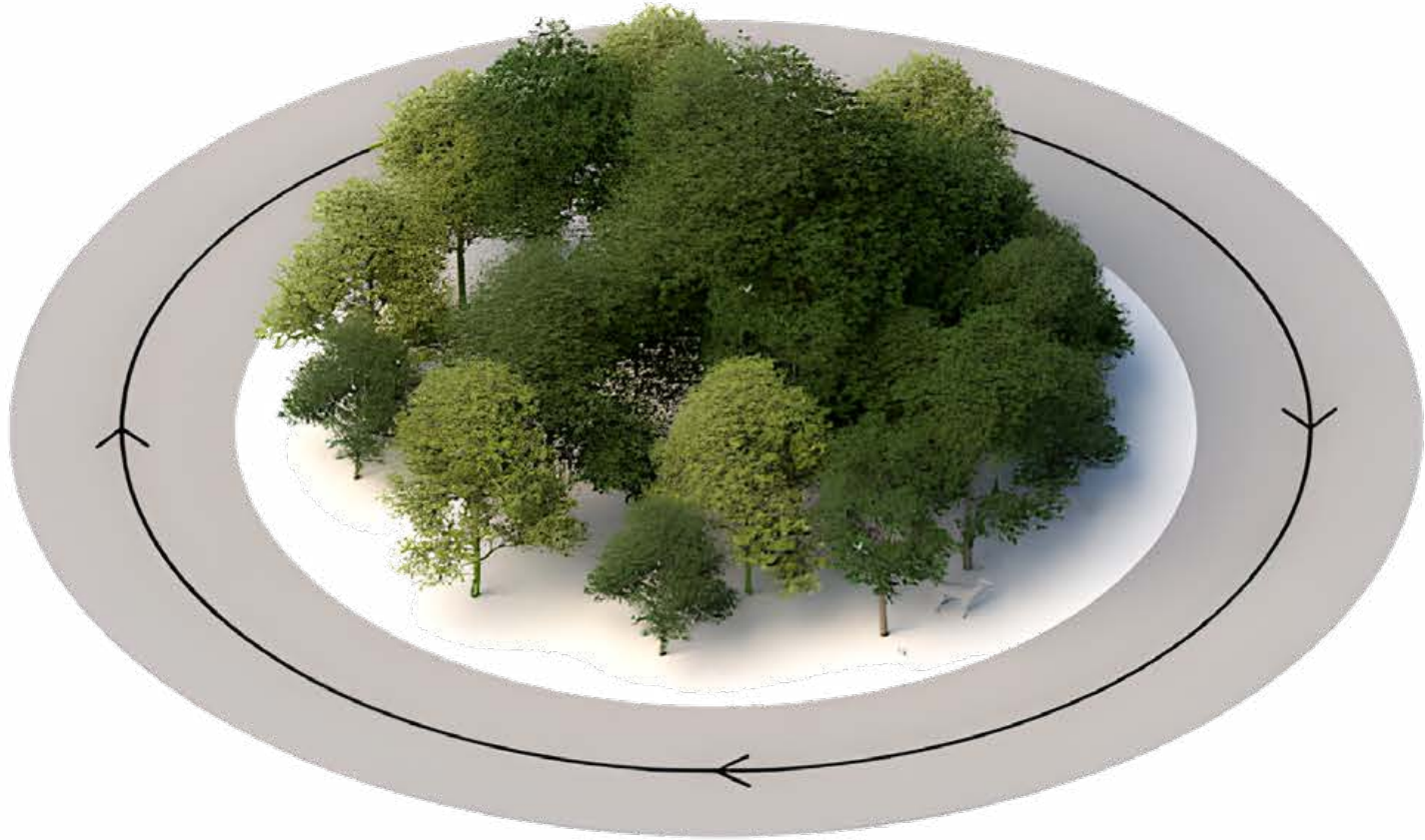
**2.5 billion more people are expected to live in cities by 2050.<sup>1</sup>**

<sup>1</sup> World Urbanization Prospects 2018 (United Nations, 2018)

**At the same time we have to reduce emissions to stay within planetary boundaries.**



People



Planet

From a fragmented  
RELATIONSHIP WITH NATURE ...



# Reconnecting People & planet

The Living Places methodology embraces the philosophy that the way we construct our environments must be designed for the wellbeing of people and the planet. This approach acknowledges the profound impact that our building practices have on human and planetary health. It calls for a reflective consideration of how buildings are used, as well as their impact on the systems that sustain us. Homes and community spaces should be developed with a core emphasis on healthy building and design principles, ensuring that they are conducive to a better future for all.

**Prioritise creating a healthy indoor environment.**

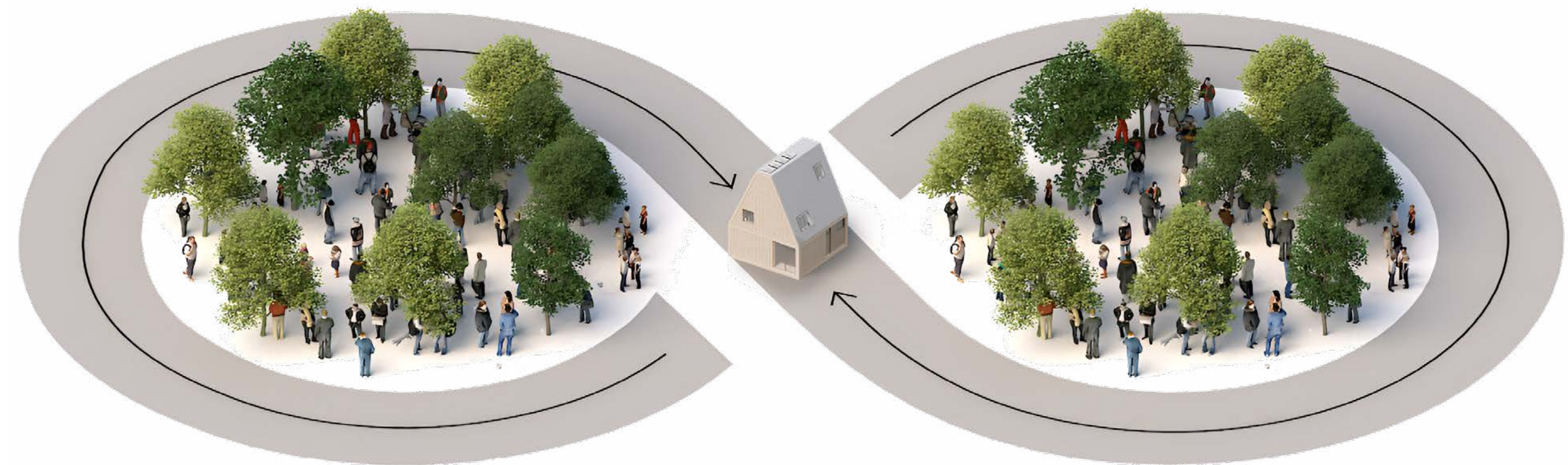
**Ensure fresh air and daylight become the norm for building design.**

**Use healthy building materials with minimal chemical materials.**

**Incorporate natural elements and green spaces in architectural design.**

**Focus on reducing emissions throughout the entire lifecycle of buildings.**

**Focus on reducing negative pressures on all planetary boundaries.**



## People + Planet

... TO RECONNECTING WITH  
THE ECO-SYSTEMS THAT SUSTAIN US

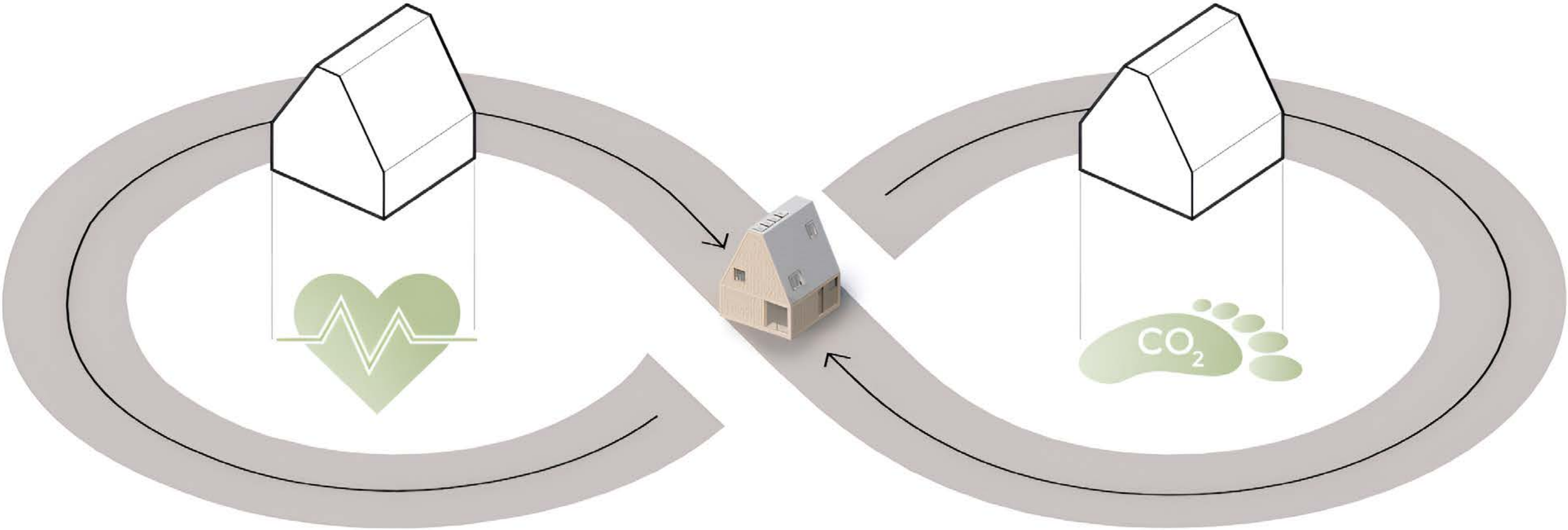


# How we measure

We use a full life cycle assessment (LCA) to ensure our buildings are in harmony with the environment, scrutinising their ecological footprint throughout every phase of their existence. Meanwhile, the Active House radar helps us fine tune our spaces for the people within. It focuses on optimising comfort and energy use, and minimising environmental impact, thereby aligning our built environment with the needs of both people and the planet.

**LCA:**  
**Life Cycle Assessment (LCA) for buildings is a methodology used to evaluate the environmental impacts associated with all the stages of a building's life cycle.**

**Indoor climate class:**  
**It is a standard that allows to benchmark the indoor climate in the categories of Indoor air quality, Thermal environment, Acoustics, and Visuals (daylight).**



**Indoor  
climate class**

**LCA:  
Life Cycle Assessment**



# How we Benchmark

Benchmarking against a reference house, typically a standard parcel house, involves comparing a building’s performance in key areas to a baseline established by the reference. This process includes assessing environmental impact through Life Cycle Assessment (LCA), and indoor environmental quality (Active House Radar). The reference house represents average construction practices in the region.

By benchmarking against a standard, the comparison highlights how the building under assessment either surpasses or falls short of typical performance levels. This approach aids in identifying areas for improvement and in promoting higher standards for sustainable and efficient building design.

The benchmark house is based on the average of the typical Danish single family house.

# How we build today



TYPICAL DANISH SINGLE FAMILY HOUSE

Size:	184
Floors:	1
Building principle:	Brick
Foundation:	Concrete
Floor height:	2.7 m
Room height:	2.4 m
Heating application:	District heating
Heating source:	Floor heating
Ventilation:	Mechanical
Solar panels:	7 m²

# How we might build in the future



LIVING PLACES HOUSE

Size:	147
Floors:	3
Building principle:	Timberframe construction
Foundation:	Screw pile foundation
Floor height:	3 m
Room height:	2.6 m
Heating application:	Air to water heat pump
Heating source:	Radiators
Ventilation:	Natural or hybrid
Solar panels:	11 m²



# The tool for measurement

Active House Radar:  
The Active House Radar is a tool used in the evaluation of buildings, specifically focusing on the concept of Active Houses. An Active House is designed with a focus on energy efficiency, indoor climate conditions, and environmental impact.

The radar provides a visual representation of how well a building performs in these three key areas. Here's a breakdown of its components.

[Learn more about Active House](#)



Active House Design Radar of Hygge and Haven House



# Planet

How we assess and  
benchmark a building's  
environmental performance

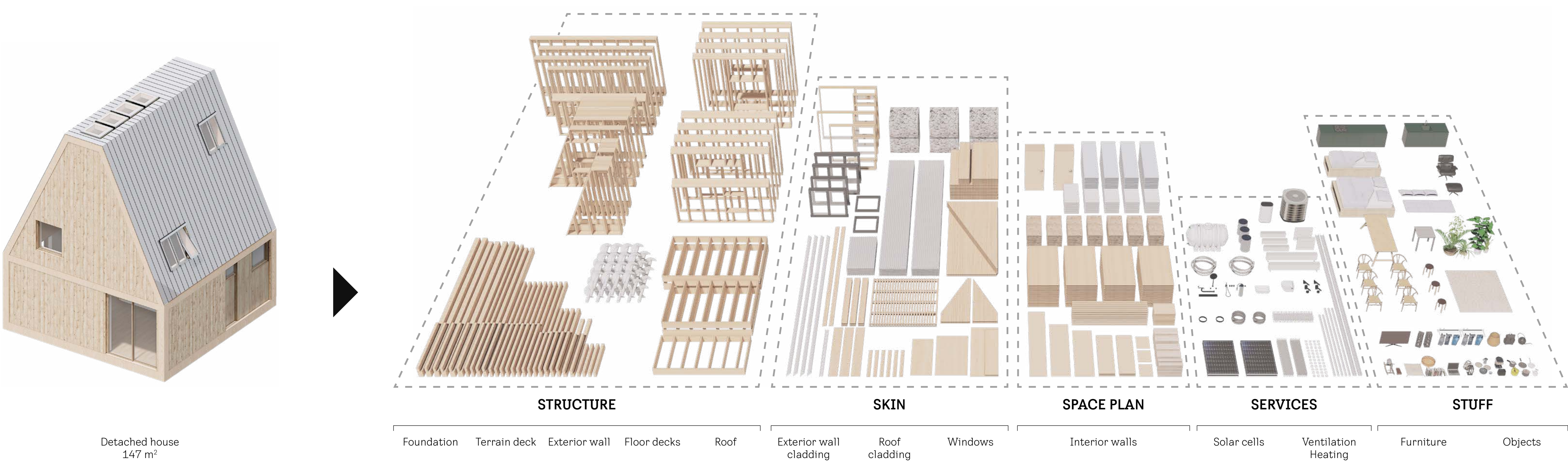


# From a complex system to individual components.

Our approach to sustainability is to break down the building process into individual components. We meticulously optimise each part to ensure it aligns with our environmental goals, understanding that even small reductions in CO<sub>2</sub> emissions are steps in the right direction. This careful and considered method recognises the complexities of sustainable buildings, and while we may not have all the answers, we believe this is a step towards smarter and more responsible construction.

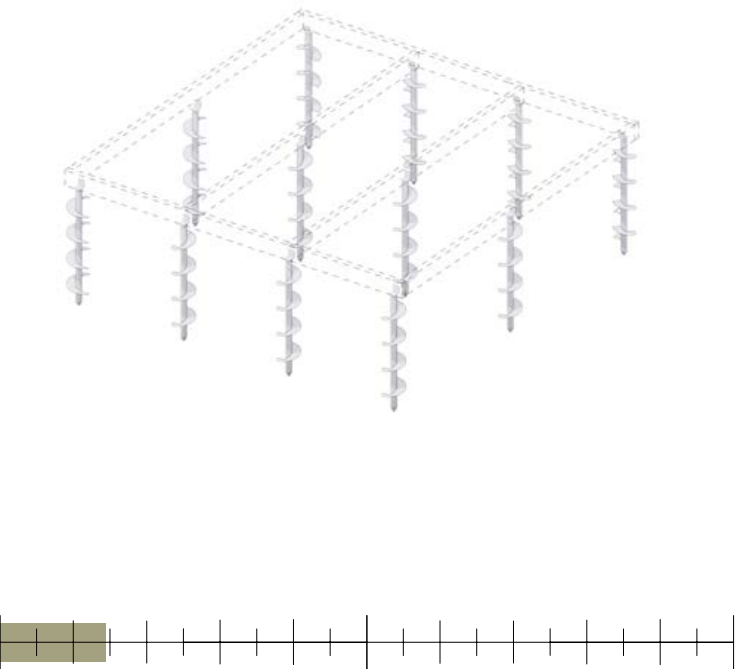
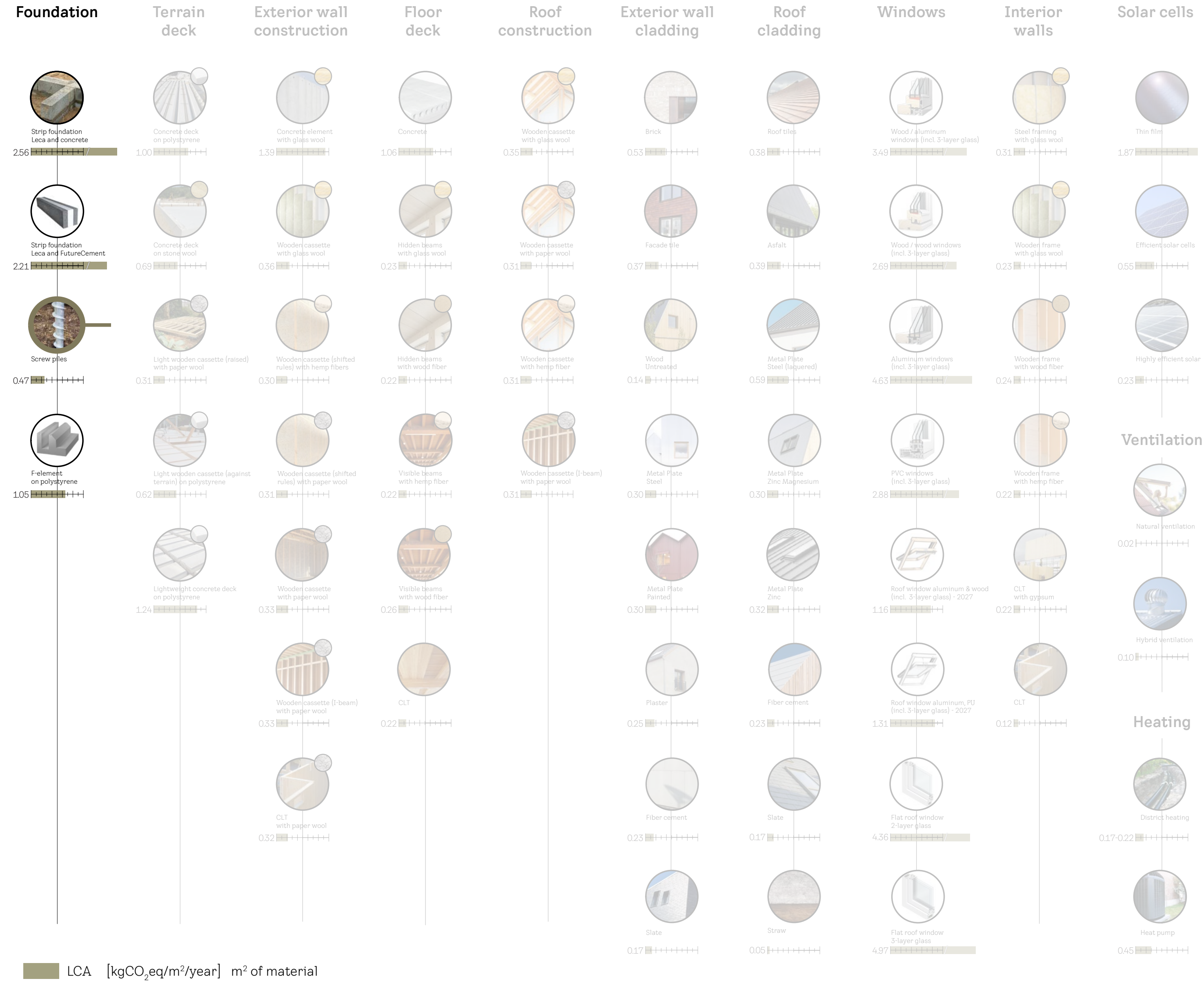
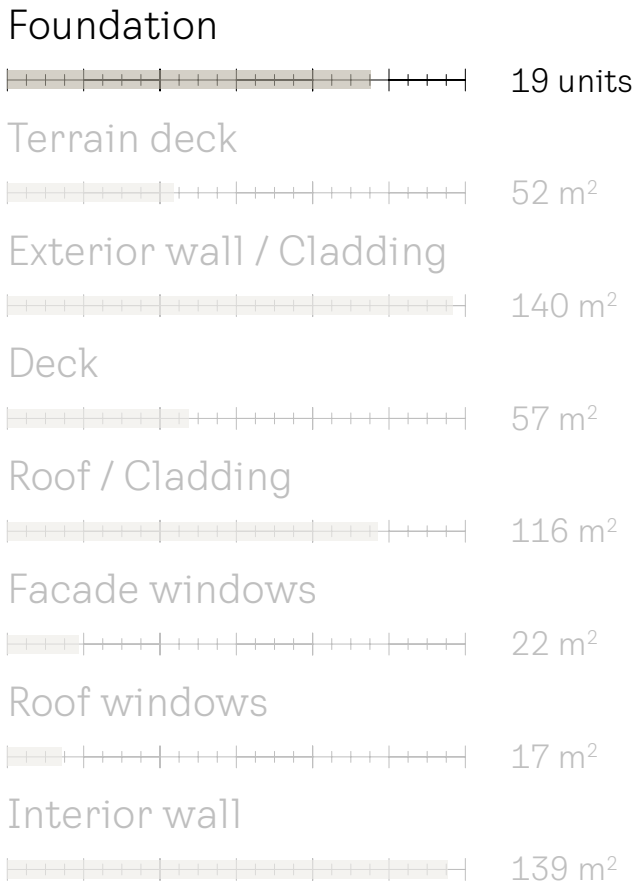
## Building

## Components





Material usage



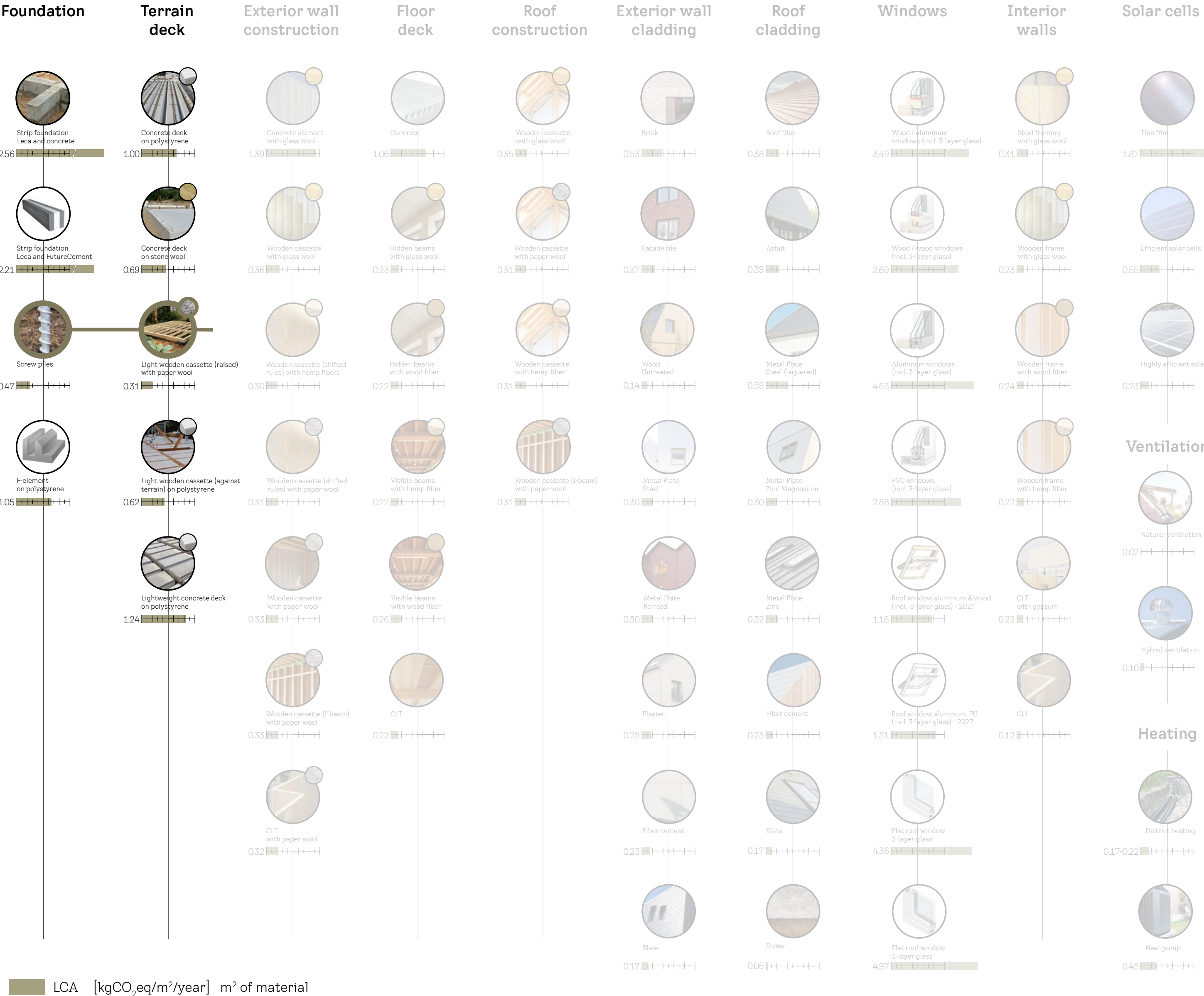
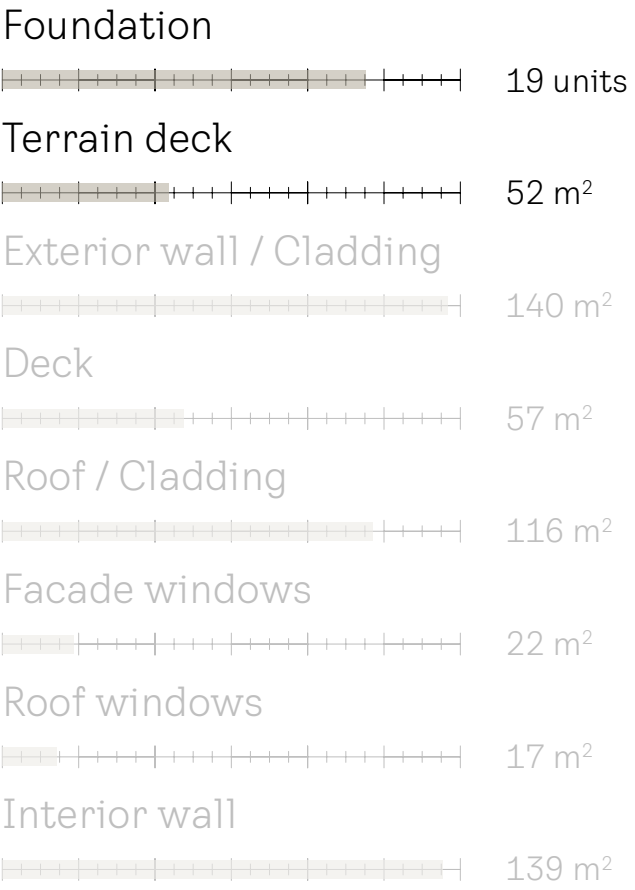
Source: LCA calculations done by Artelia, 2022.



# Components optimisation: Terrain deck

We rigorously investigated each component, optimising them individually, to ensure the selection of the one with the least environmental impact through comparative benchmarking.

## Material usage



## Selected Build-up Light wooden deck



Light wooden deck + paper wool  
LCA: 0,21 kgCO<sub>2</sub>eq/m<sup>2</sup>/year



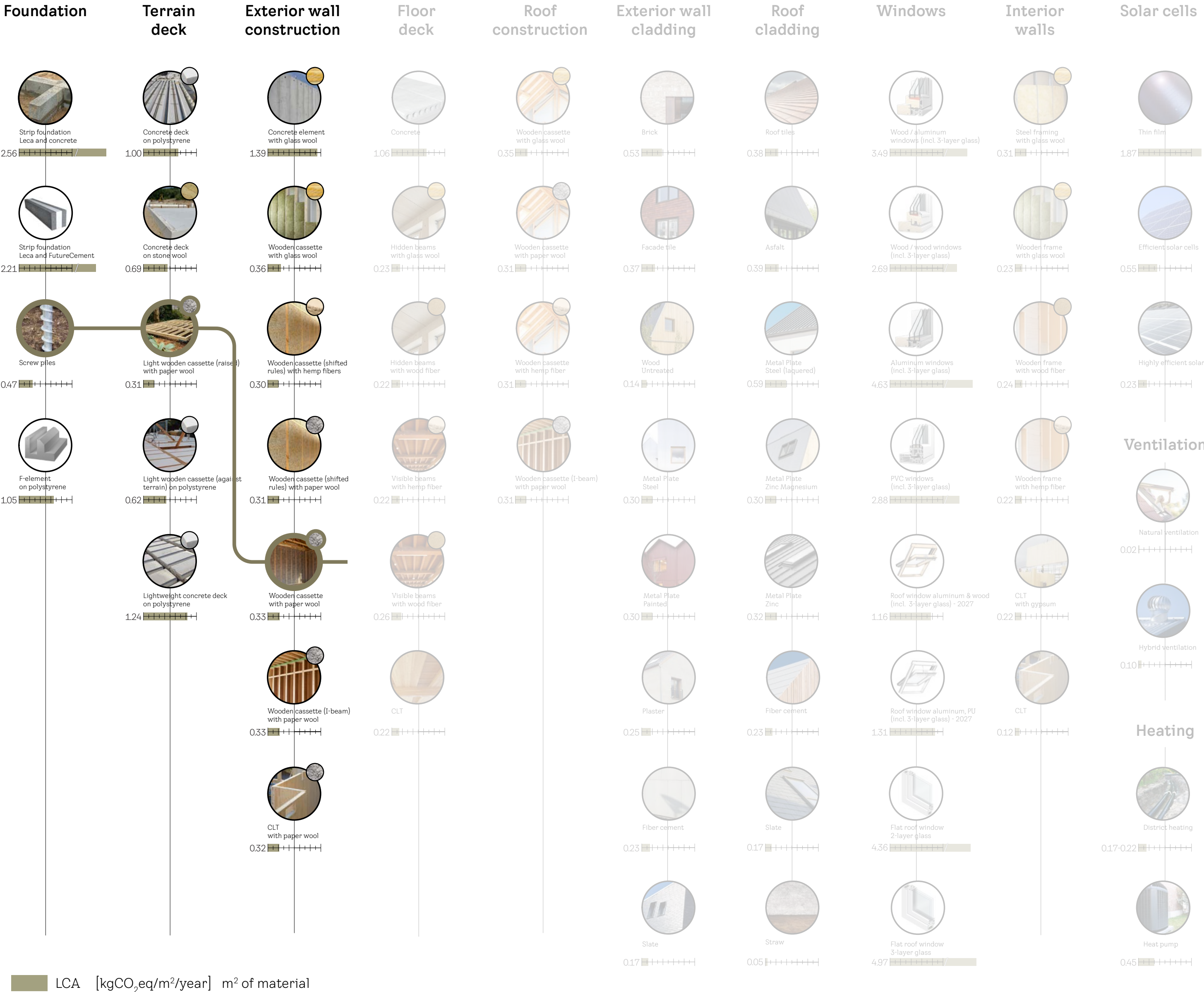
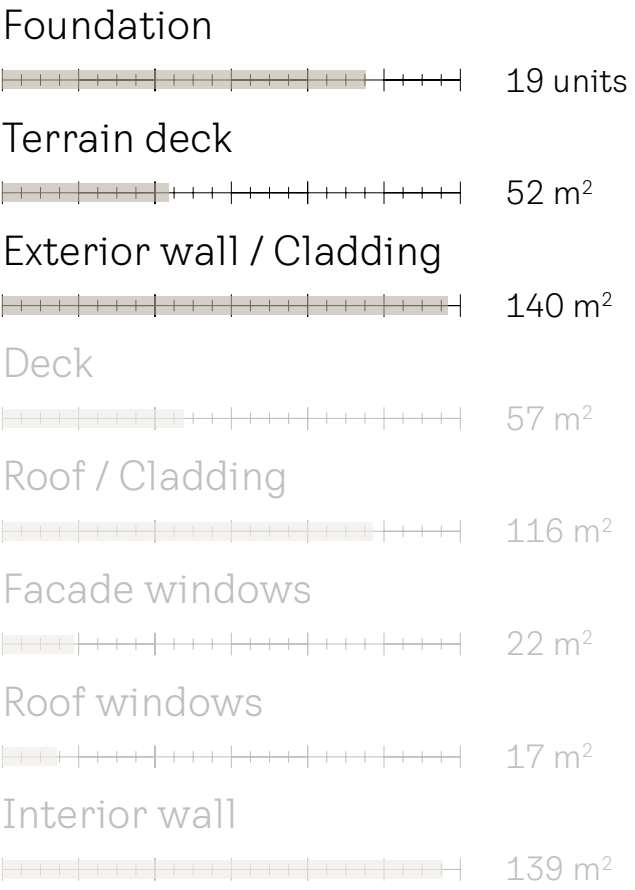
Source: LCA calculations done by Artelia, 2022.



# Components optimisation: Exterior walls

We rigorously investigated each component, optimising them individually, to ensure the selection of the one with the least environmental impact through comparative benchmarking.

## Material usage



## Selected Build-up Wooden cassette



Wooden cassette + paper wool  
LCA: 0,38 kgCO<sub>2</sub>eq/m<sup>2</sup>/year



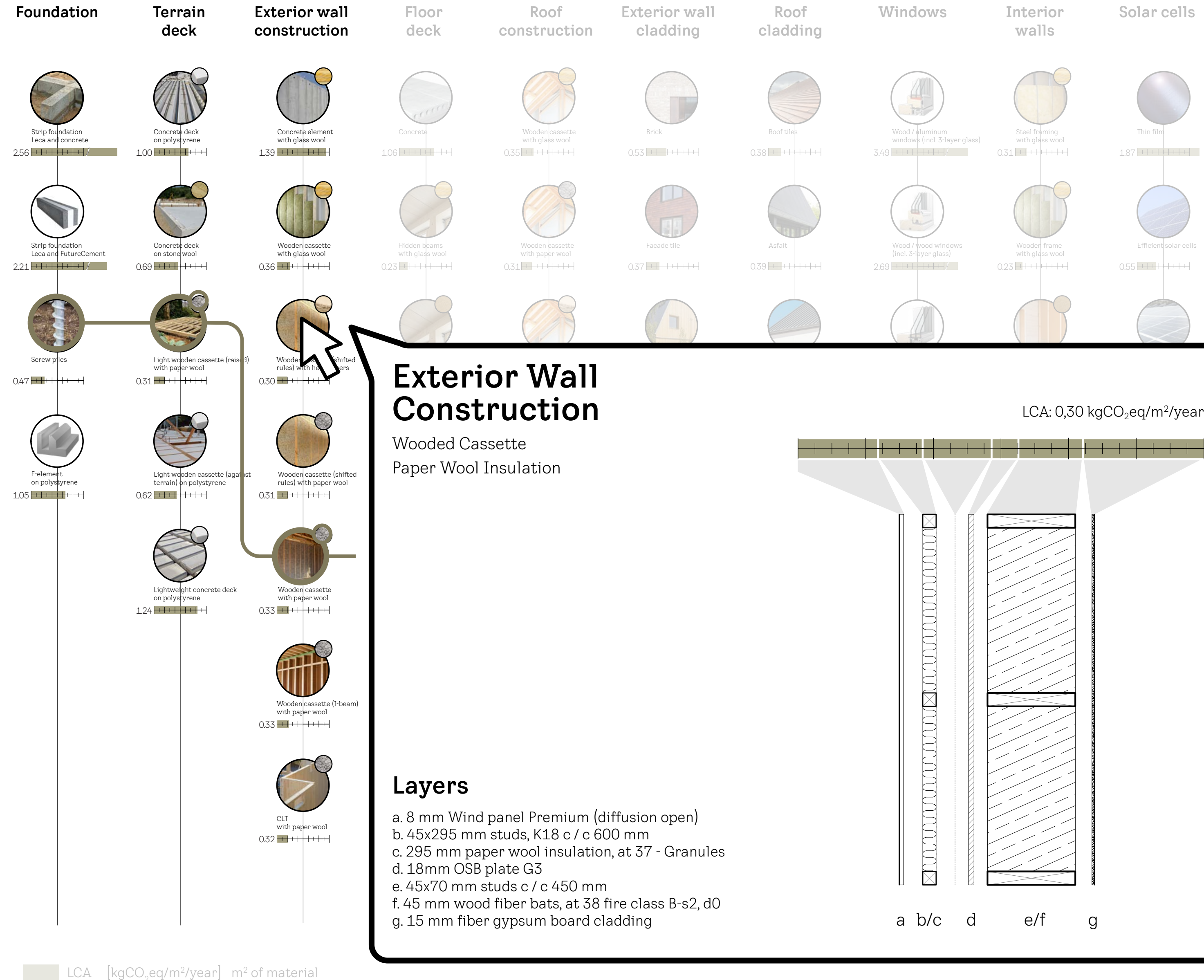
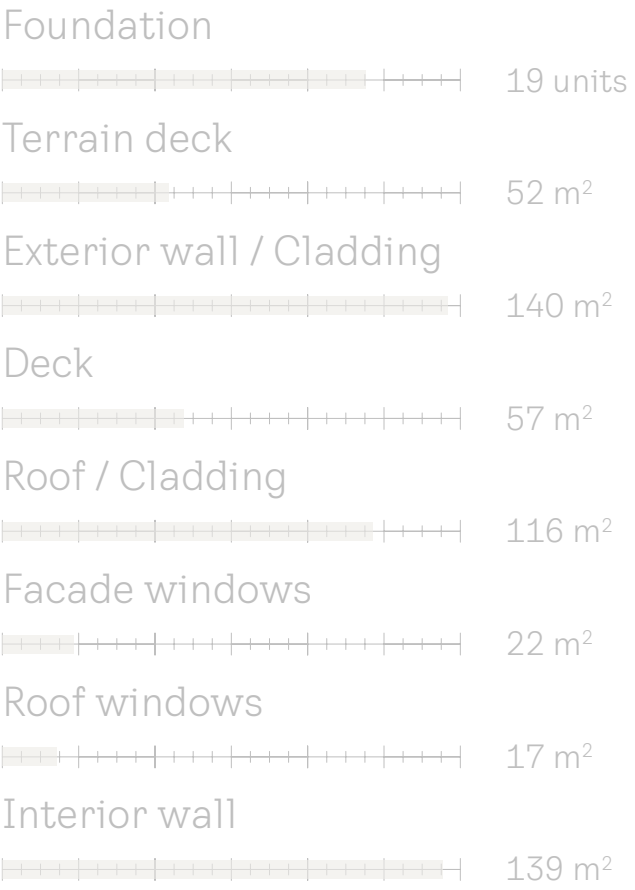
Source: LCA calculations done by Artelia, 2022.



# Components optimisation: Exterior walls

We rigorously investigated each component, optimising them individually, to ensure the selection of the one with the least environmental impact through comparative benchmarking.

## Material usage

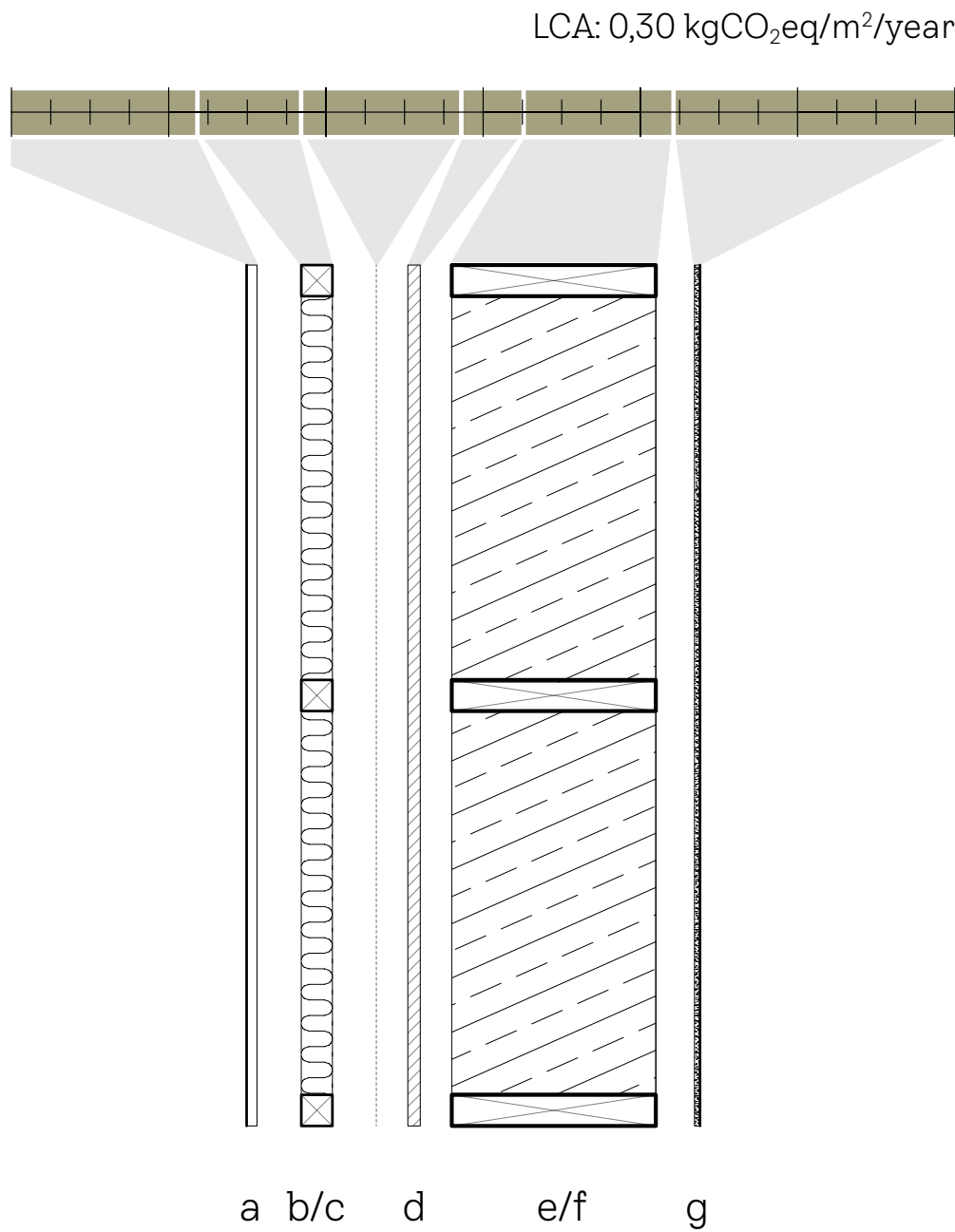


## Exterior Wall Construction

Wooded Cassette  
Paper Wool Insulation

### Layers

- a. 8 mm Wind panel Premium (diffusion open)
- b. 45x295 mm studs, K18 c / c 600 mm
- c. 295 mm paper wool insulation, at 37 - Granules
- d. 18mm OSB plate G3
- e. 45x70 mm studs c / c 450 mm
- f. 45 mm wood fiber bats, at 38 fire class B-s2, d0
- g. 15 mm fiber gypsum board cladding



## Selected Build-up Wooden cassette



Wooden cassette + paper wool  
LCA: 0,38 kgCO<sub>2</sub>eq/m<sup>2</sup>/year

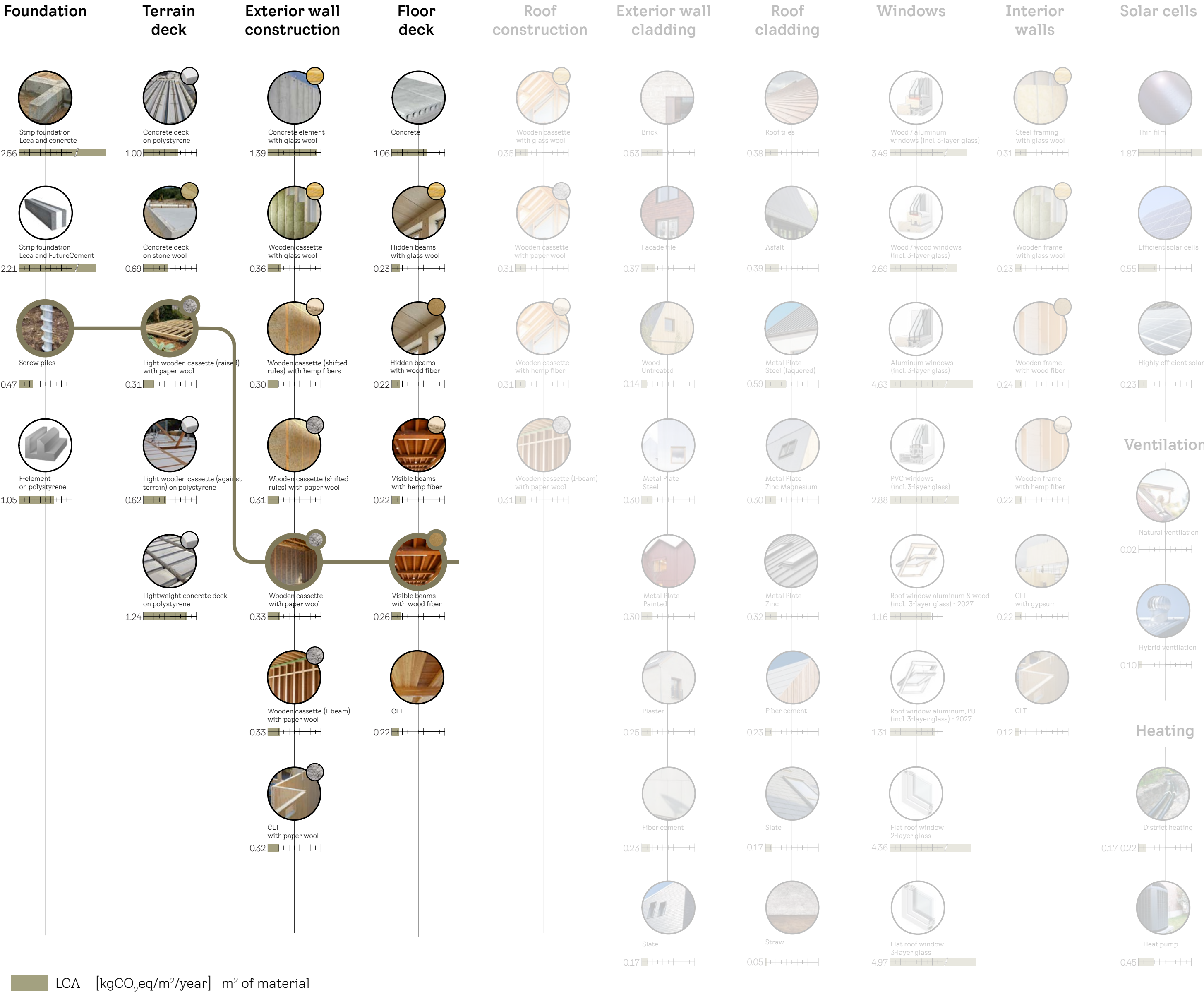
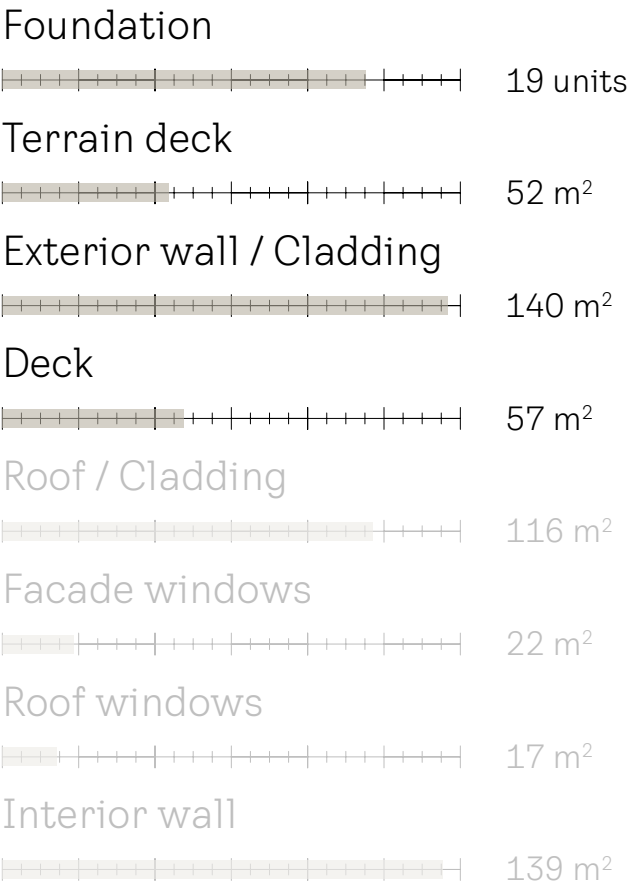




# Components optimisation: Floor deck

We rigorously investigated each component, optimising them individually, to ensure the selection of the one with the least environmental impact through comparative benchmarking.

## Material usage



## Selected Build-up Visible wooden beams



Visible wooden beams  
LCA: 0,14 kgCO<sub>2</sub>eq/m<sup>2</sup>/year



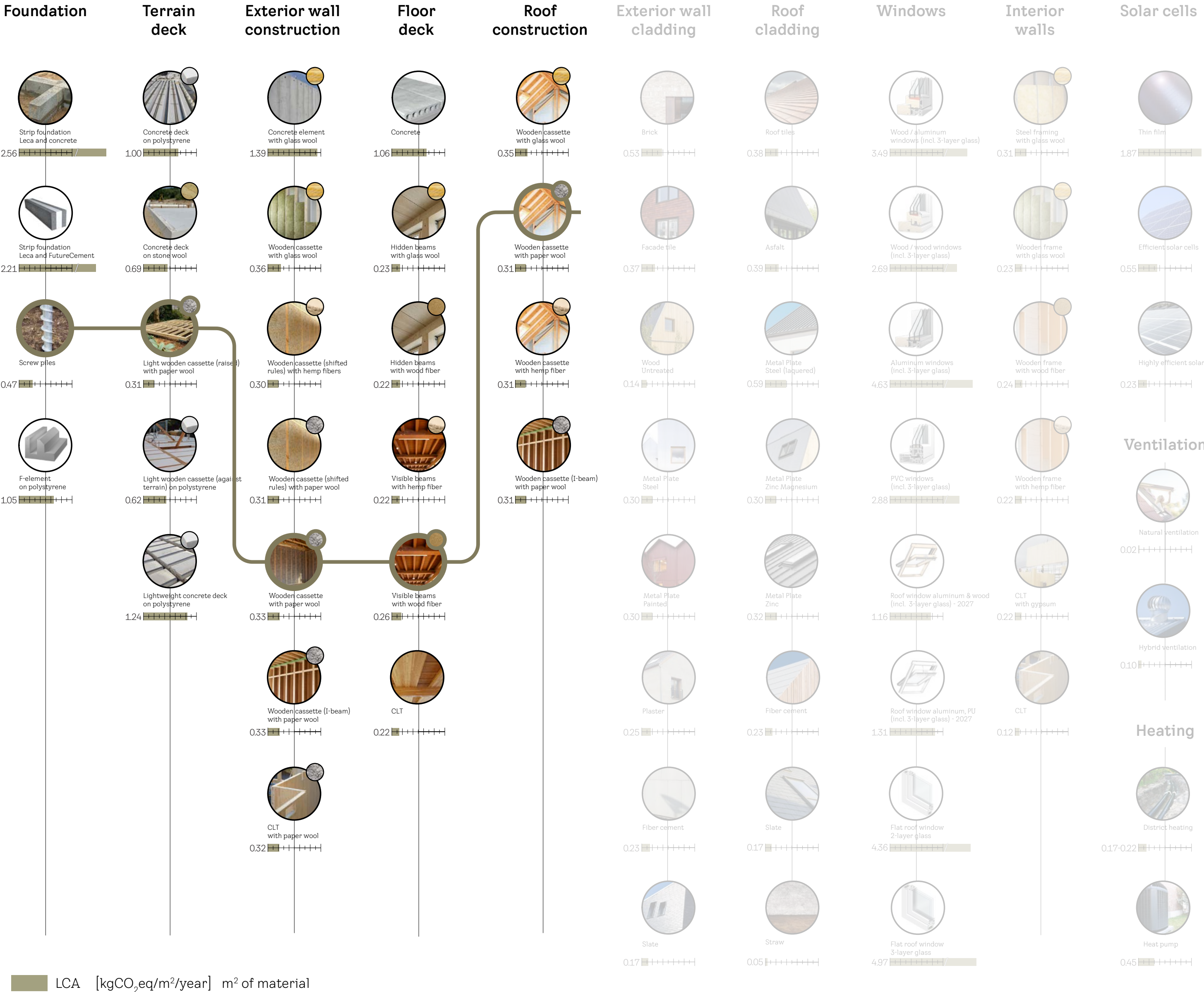
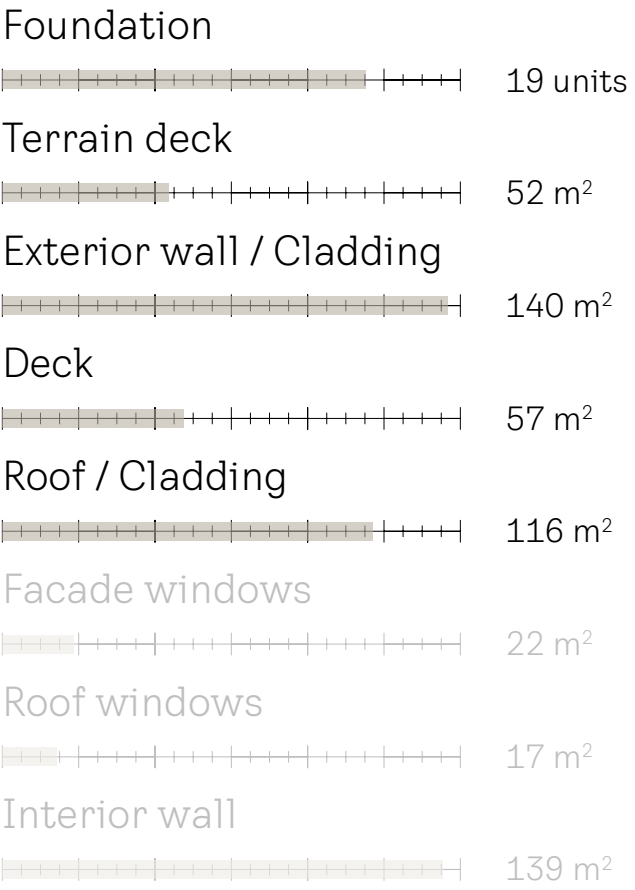
Source: LCA calculations done by Artelia, 2022.



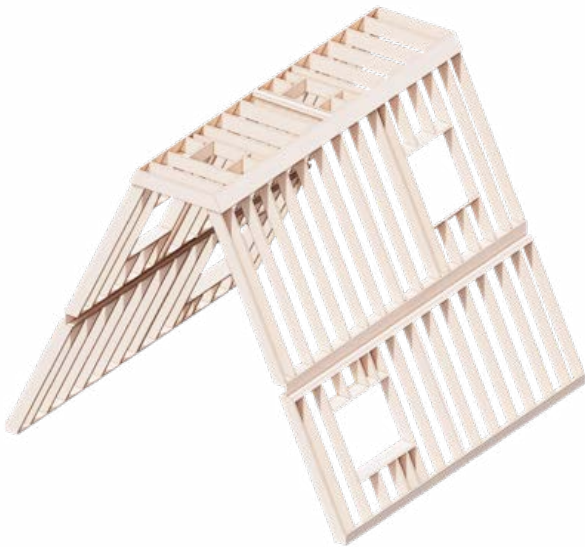
# Components optimisation: Roof construction

We rigorously investigated each component, optimising them individually, to ensure the selection of the one with the least environmental impact through comparative benchmarking.

## Material usage



## Selected Build-up Wooden cassette



Wooden cassette + paper wool  
LCA: 0,42 kgCO<sub>2</sub>eq/m<sup>2</sup>/year



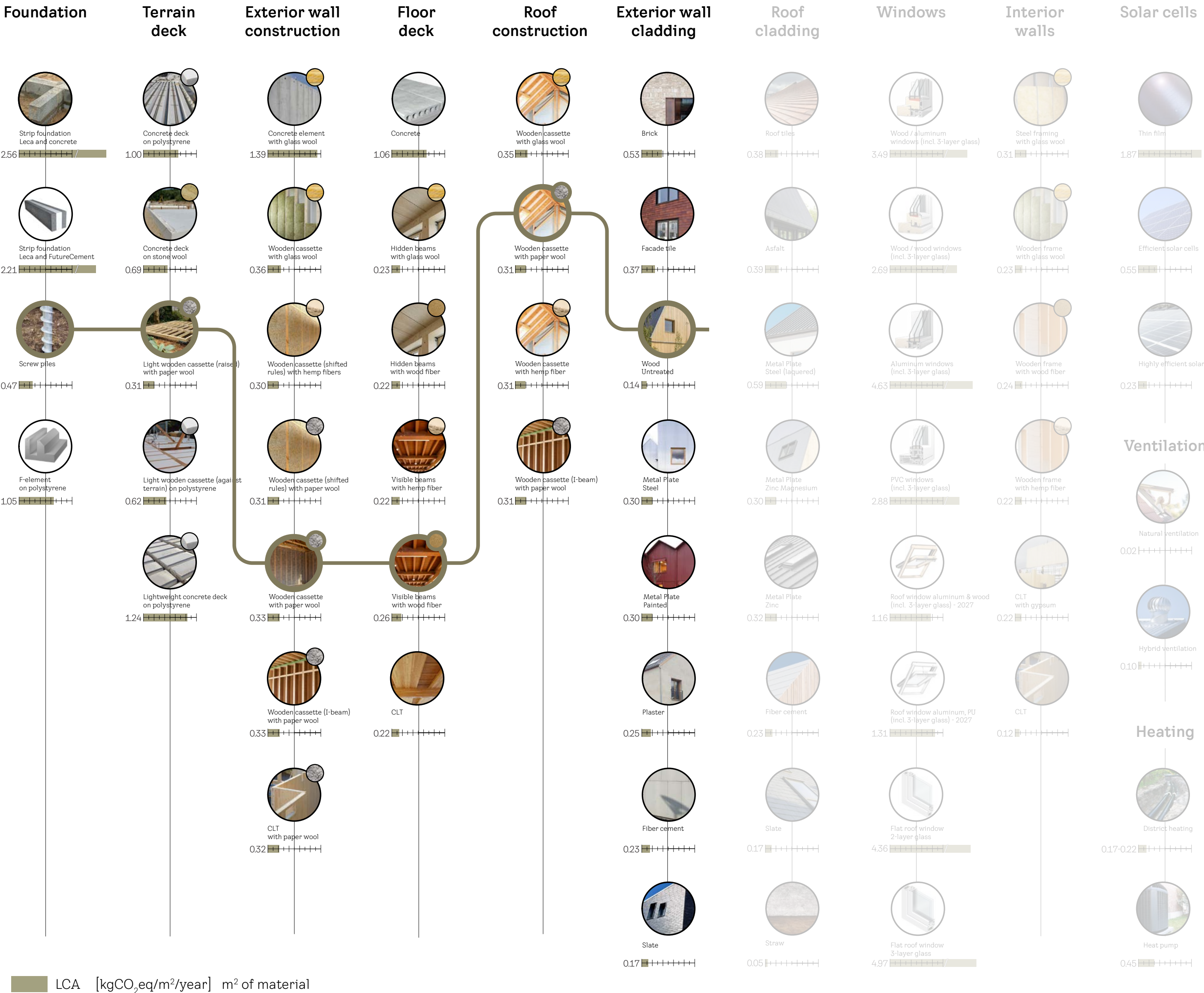
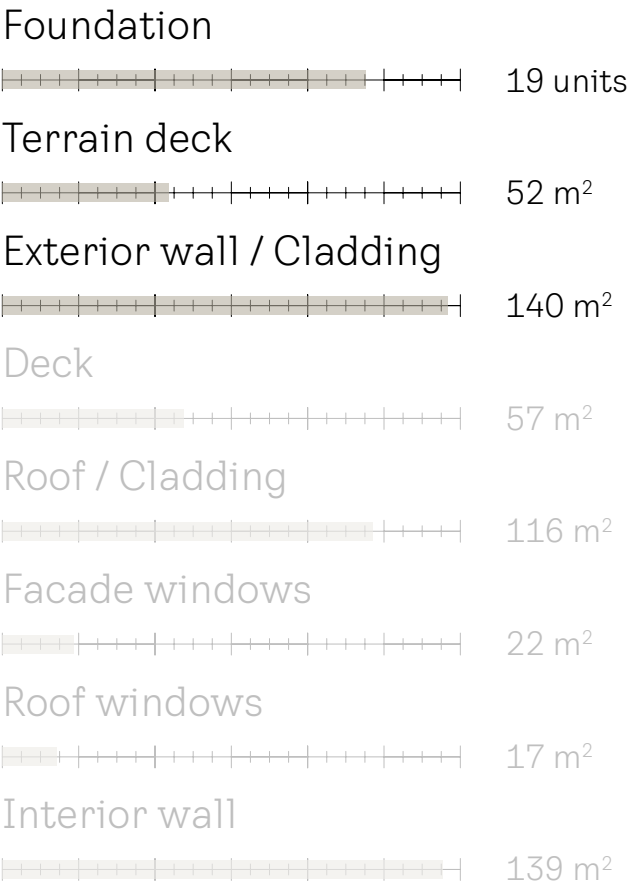
Source: LCA calculations done by Artelia, 2022.



# Components optimisation: Facade cladding

We rigorously investigated each component, optimising them individually, to ensure the selection of the one with the least environmental impact through comparative benchmarking.

## Material usage



## Selected Build-up Untreated wood cladding



Wooden cassette + paper wool  
Untreated wood cladding  
LCA: 0,18 kgCO<sub>2</sub>eq/m<sup>2</sup>/year



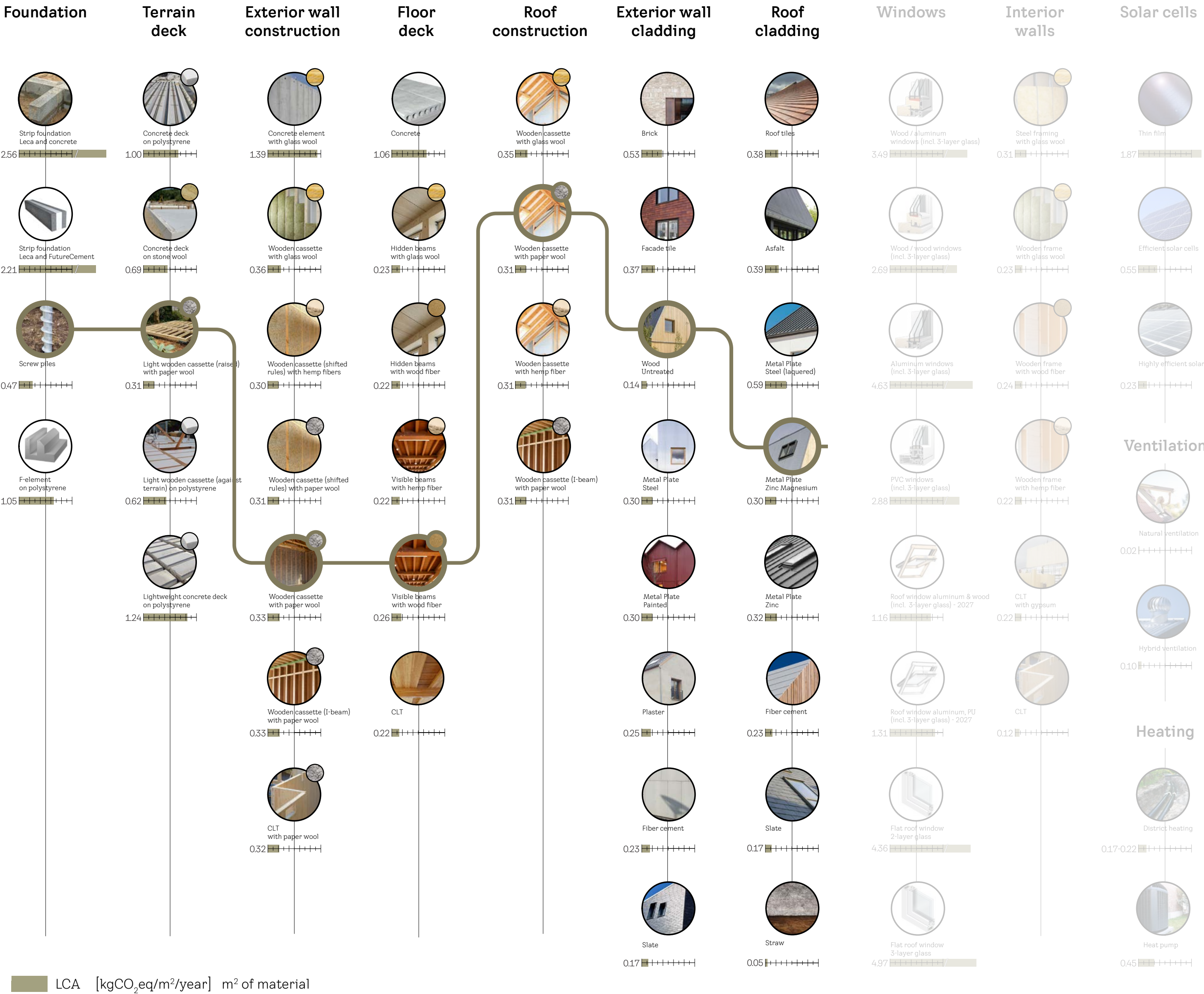
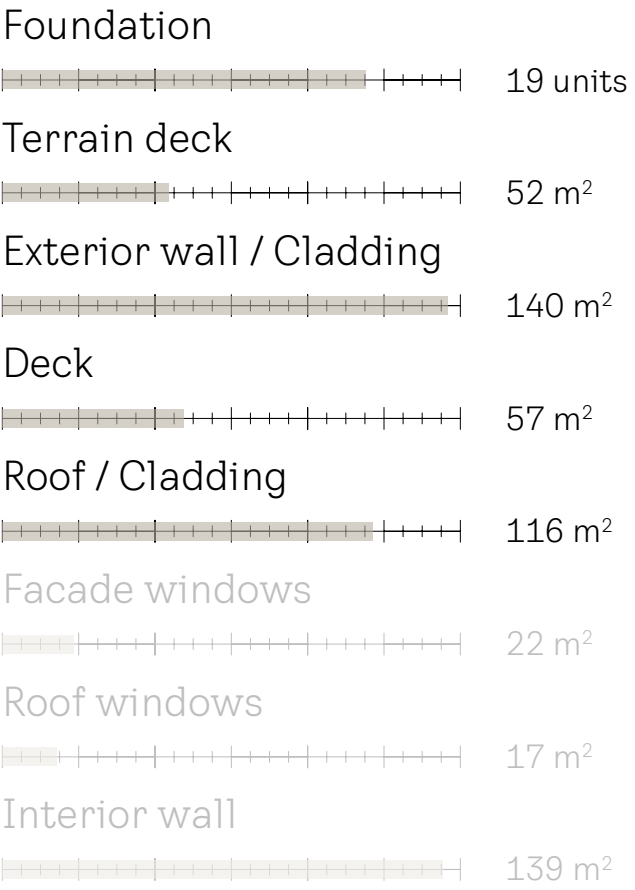
Source: LCA calculations done by Artelia, 2022.



# Components optimisation: Roof cladding

We rigorously investigated each component, optimising them individually, to ensure the selection of the one with the least environmental impact through comparative benchmarking.

## Material usage



## Selected Build-up Steel plates



Steel plates. Zink-magnesium  
LCA: 0,32 kgCO<sub>2</sub>eq/m<sup>2</sup>/year



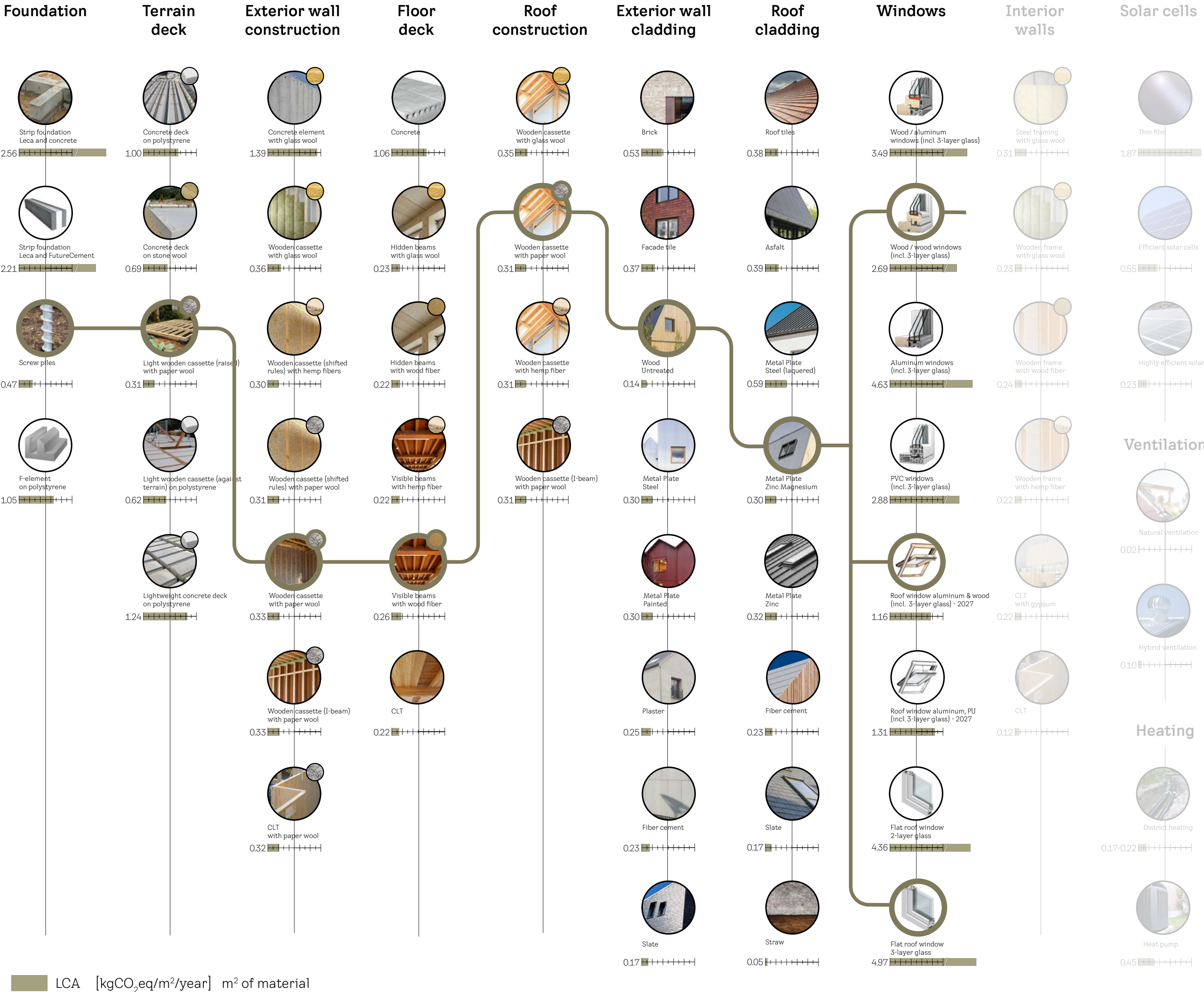
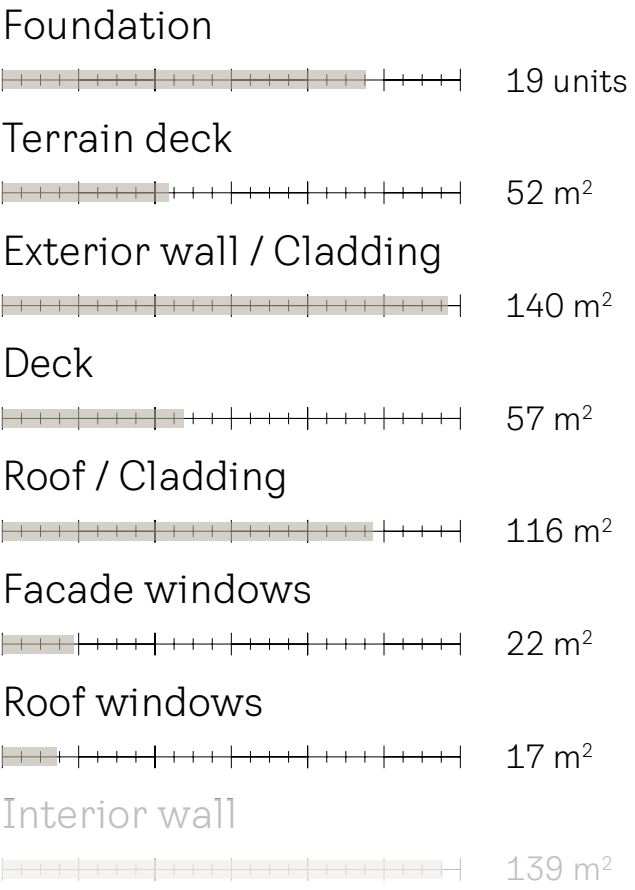
Source: LCA calculations done by Artelia, 2022.



# Components optimisation: Windows

We rigorously investigated each component, optimising them individually, to ensure the selection of the one with the least environmental impact through comparative benchmarking.

## Material usage



## Selected Build-up Wood windows & Aluminium-wood roof windows



Wood windows  
Aluminium-wood roof windows  
LCA: 0,68 kgCO<sub>2</sub>eq/m<sup>2</sup>/year



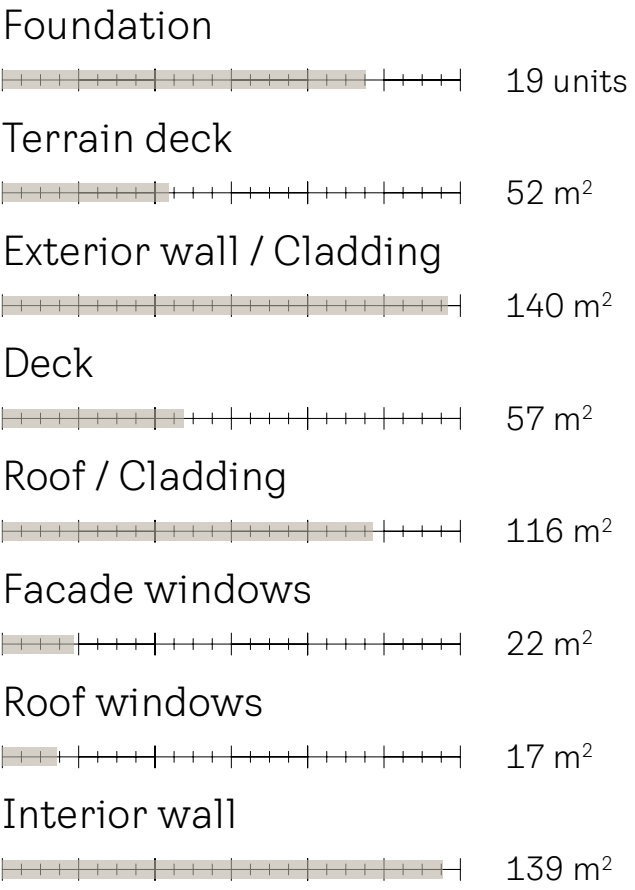
Source: LCA calculations done by Artelia, 2022.



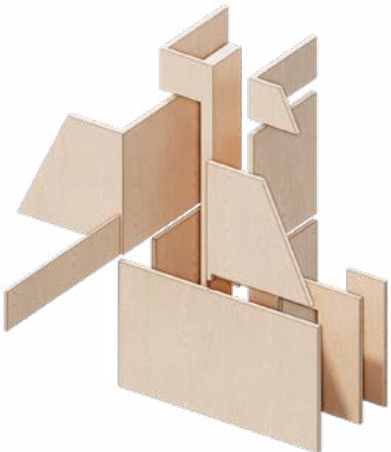
# Components optimisation: Interior walls

We rigorously investigated each component, optimising them individually, to ensure the selection of the one with the least environmental impact through comparative benchmarking.

## Material usage



## Selected Build-up Wooden frame



Wooden cassette + wood fiber  
LCA: 0,14 kgCO<sub>2</sub>eq/m<sup>2</sup>/year



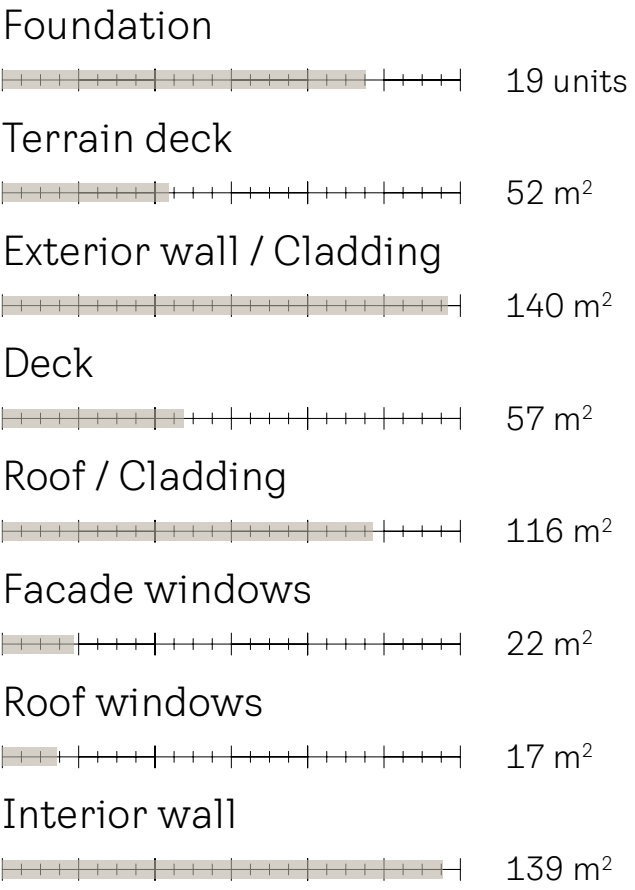
Source: LCA calculations done by Artelia, 2022.



# Components optimisation: Technicals

We rigorously investigated each component, optimising them individually, to ensure the selection of the one with the least environmental impact through comparative benchmarking.

## Material usage



## Selected Build-up

### Efficient solar panels

### Natural ventilation

### Heat pump



Technicals (Excl. operational energy)  
LCA: 0,83 kgCO<sub>2</sub>eq/m²/year



Source: LCA calculations done by Artelia, 2022.



# Living Places pathway - example

We rigorously investigated each component, optimising them individually, to ensure the selection of the one with the least environmental impact through comparative benchmarking.

## Material usage

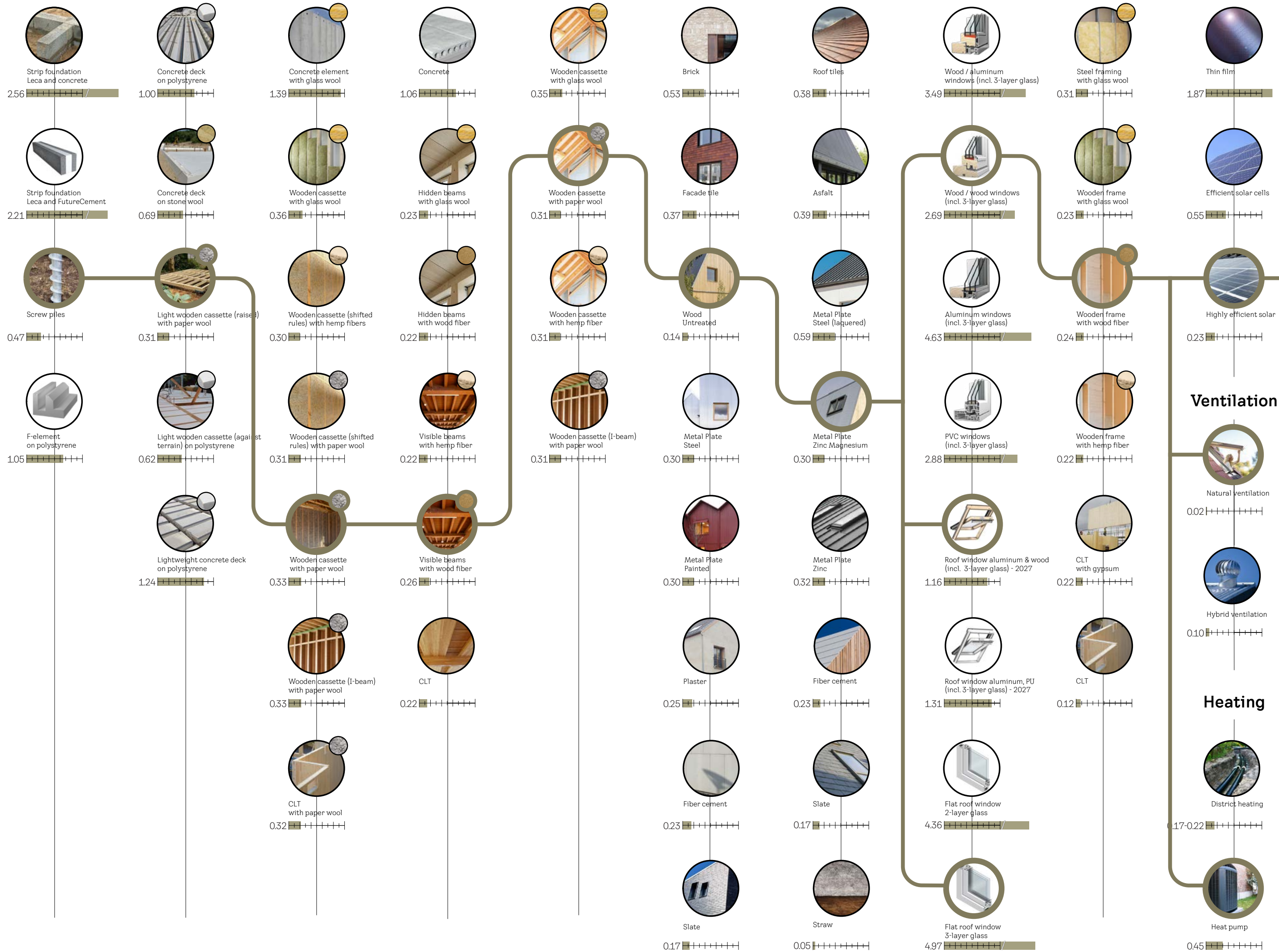
Size: 147  
Floors: 3  
Building principle: Timberframe  
Foundation: Screw pile  
Floor height: 3 m  
Room height: 2.6 m  
Heating application: Air to water HP  
Heating source: Radiators  
Ventilation: Natural or hybrid  
Solar panels: 11 m<sup>2</sup>

# Total LCA

## Living Places house



LCA: 3,85 kgCO<sub>2</sub>eq/m<sup>2</sup>/year



LCA [kgCO<sub>2</sub>eq/m<sup>2</sup>/year] m<sup>2</sup> of material

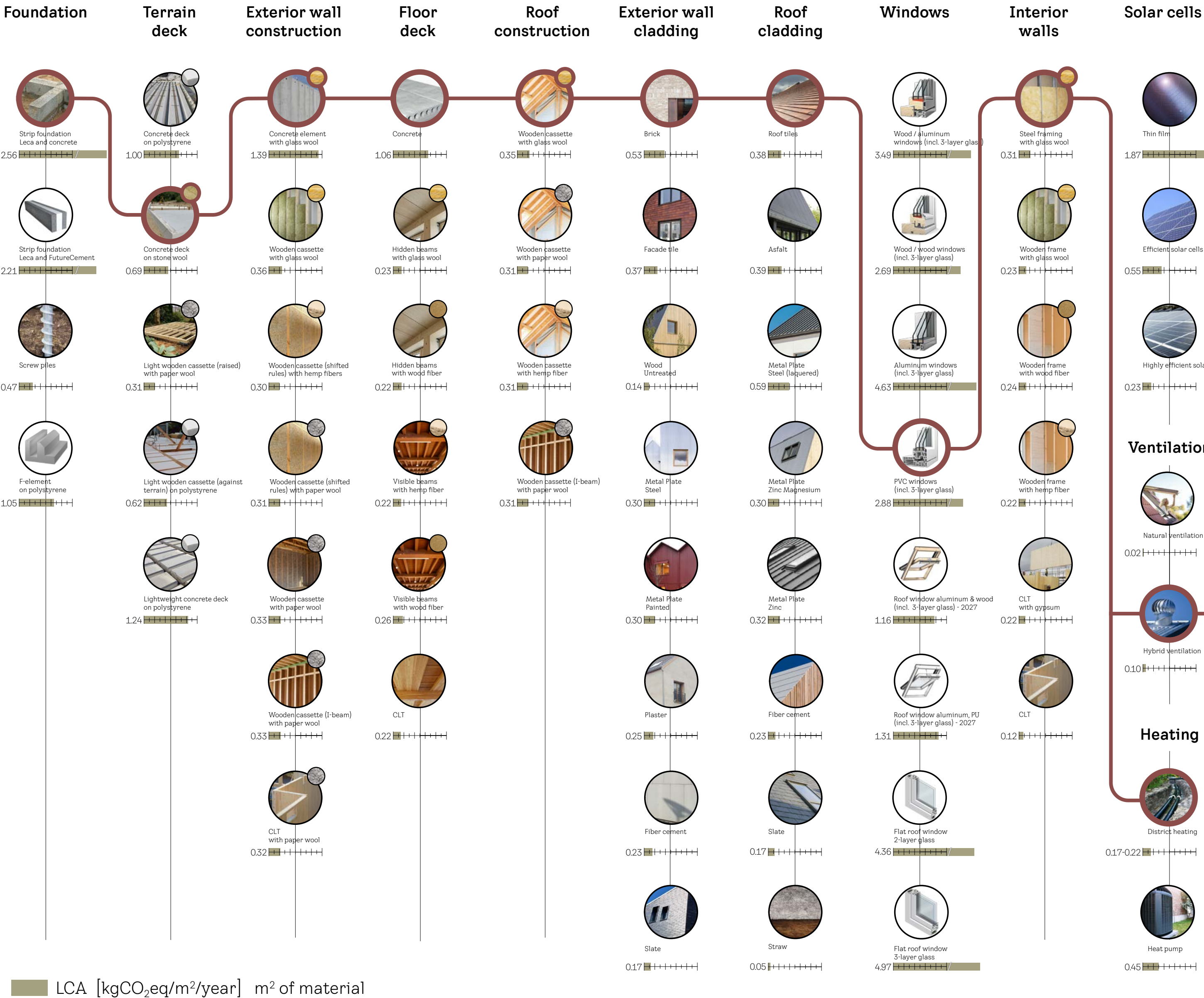


# Reference house pathway - example

We rigorously investigated each component, optimising them individually, to ensure the selection of the one with the least environmental impact through comparative benchmarking.

## Material usage

Size: 184  
Floors: 1  
Building principle: Brick  
Foundation: Concrete  
Floor height: 2.7 m  
Room height: 2.4 m  
Heating application: District heating  
Heating source: Floor heating  
Ventilation: Mechanical  
Solar panels: 7 m<sup>2</sup>



# Total LCA

## Reference Danish house<sup>1</sup>

1 Artelia (2022)

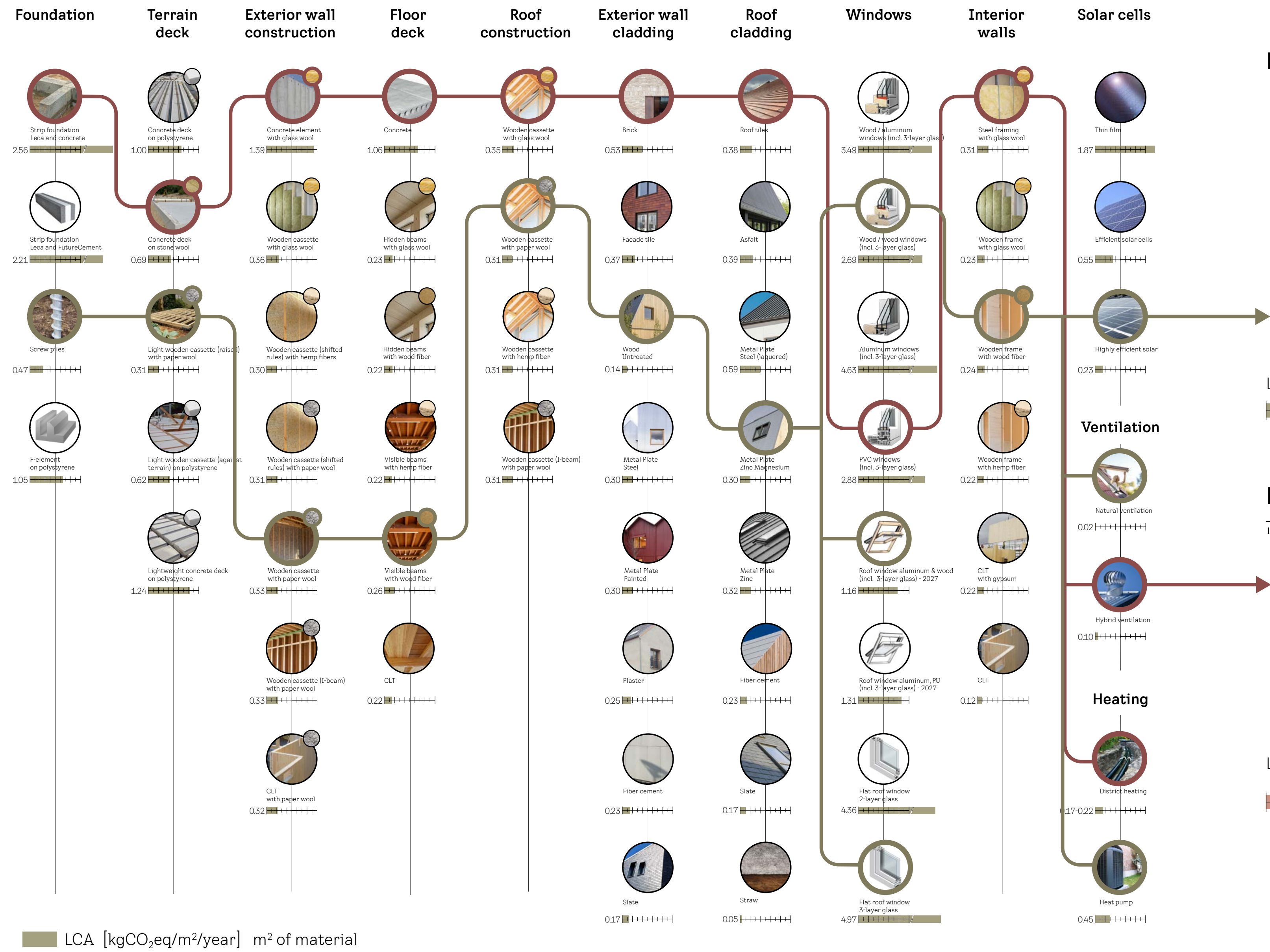


Source: LCA calculations done by Artelia, 2022.



Comparison

We rigorously investigated each component, optimising them individually, to ensure the selection of the one with the least environmental impact through comparative benchmarking.



Total LCA

Living Places



LCA: 3,85 kgCO<sub>2</sub>eq/m<sup>2</sup>/year

Reference Danish house<sup>1</sup>

1 Artelia (2022)



LCA: 11,10 kgCO<sub>2</sub>eq/m<sup>2</sup>/year

Source: LCA calculations done by Artelia, 2022.

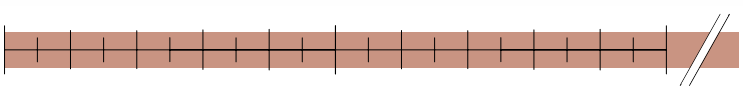


# Total comparison

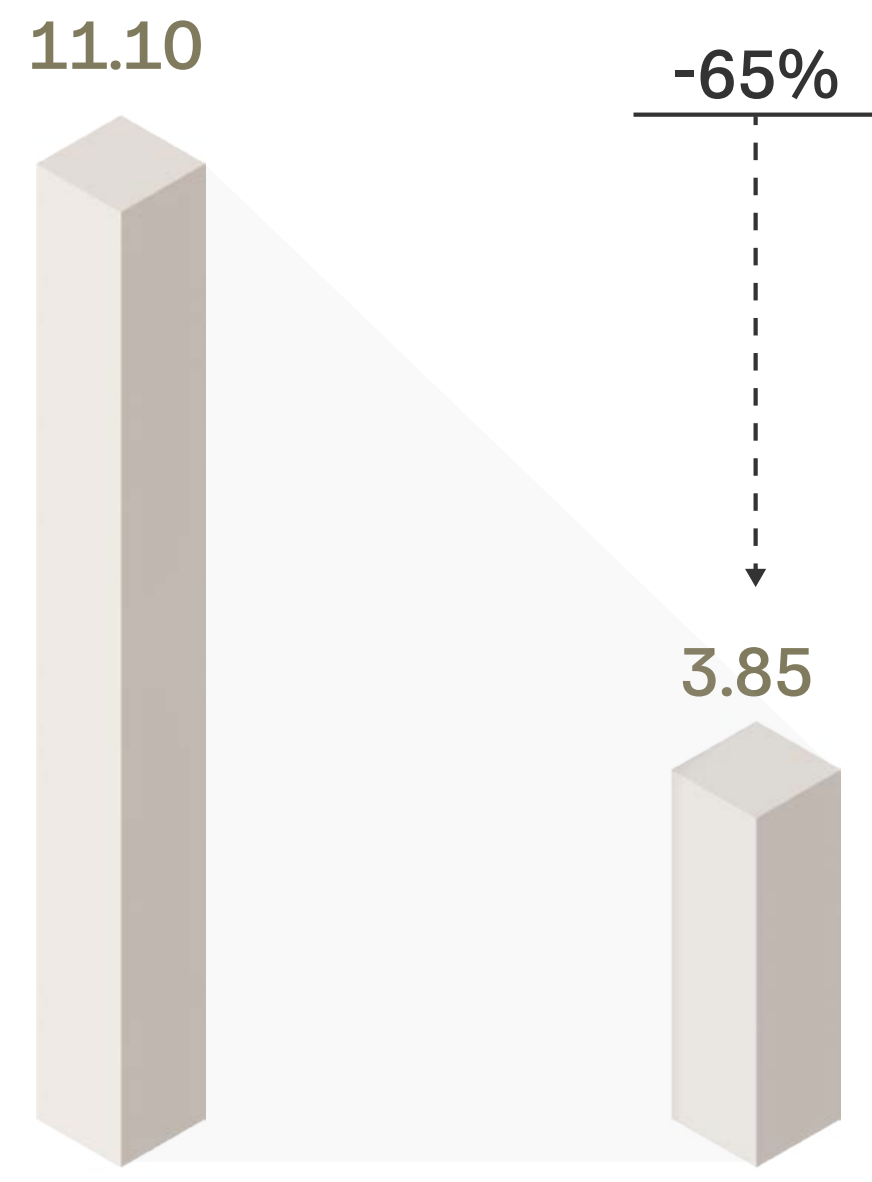
Comparison between the benchmark house and Living Places full LCA analysis.



LCA: 11,10 kgCO<sub>2</sub>eq/m<sup>2</sup>/year



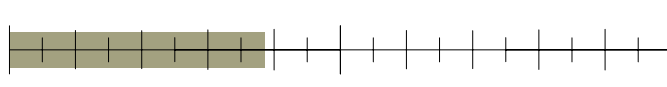
Benchmark house



Emissions comparison



LCA: 3,85 kgCO<sub>2</sub>eq/m<sup>2</sup>/year



Living Places



# People

How we assess and  
benchmark a building's indoor  
environment

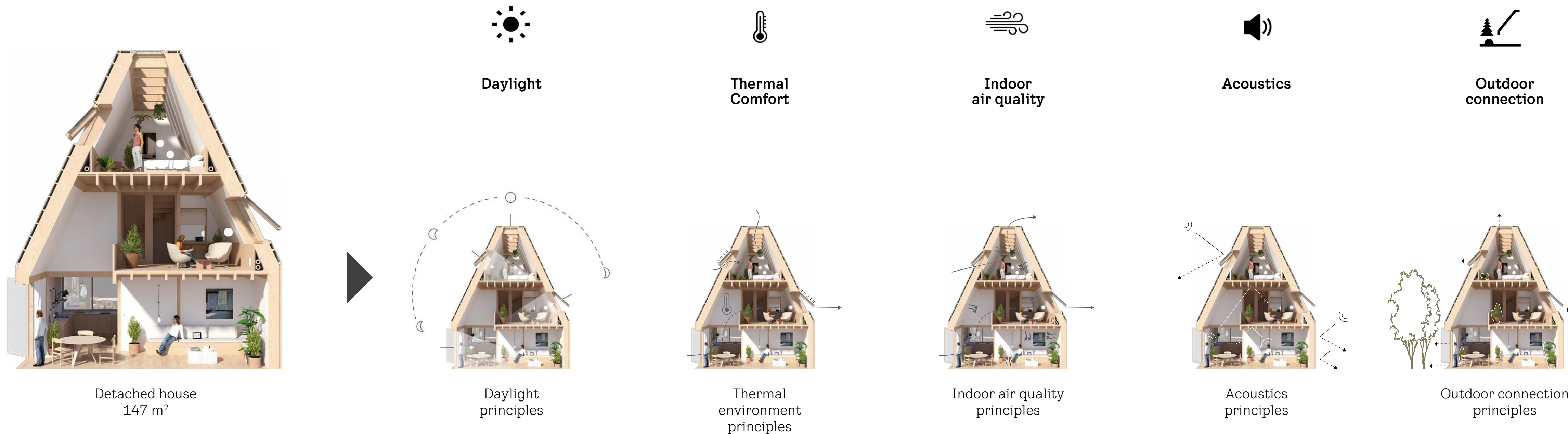


# From a complex system to individual components.

To ensure a first class indoor environment we have based the methodology for Living Places on the healthy building principles. These are split into 5 categories - daylight, thermal comfort, indoor air quality, acoustics, and outdoor connection.

## Building

## Healthy building principles






# Healthy building principle: Daylight

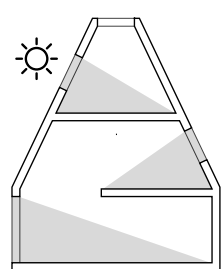
Light: Using daylight as a key principle in healthy building design significantly enhances the indoor environment. Natural light is known to boost mood, increase productivity, and improve overall wellbeing. By maximising daylight in buildings, we reduce the need for artificial lighting, which not only saves energy but also creates a more comfortable and visually appealing space. The presence of natural light helps regulate circadian rhythms, leading to better sleep patterns and overall health. Therefore, incorporating daylight into building design is a vital strategy for creating healthier, more sustainable, and more enjoyable living and working.

## Healthy indoor targets

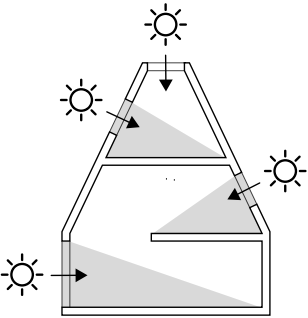
Indoor class	Active House Radar
<b>Daylight autonomy</b> (DA300/50)	
> 50% area	> 60% area
<b>Max operative temperature</b>	
< 26,5 °C (< 100h)	< 25,5-26,0 °C
<b>Min operative temperature</b>	
--	< 21,0-20,0 °C
<b>Fresh air supply</b>	
< 1000 ppm CO <sub>2</sub>	< 400-550 ppm CO <sub>2</sub>
<b>VOC emissions</b>	
< 300 µg/m <sup>3</sup> TVOC <sub>28</sub>	< 1000 µg/m <sup>3</sup> TVOC <sub>28</sub>
<b>Outdoor noise</b>	
< 25-30 dB	< 25-30 dB
<b>Inside system noise</b>	
< 25-30 dB	< 25-30 dB
<b>Acoustic privacy</b> (Contact sound)	
--	< 43-48 dB



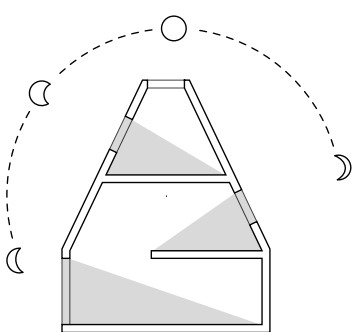
Daylight



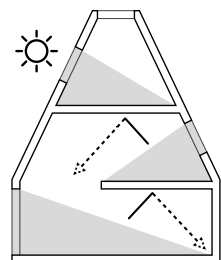
Daylight autonomy



Daylight from multiple directions



Daylight following the circadian rhythms



Glare and reflectance management



Thermal Comfort



Ventilative cooling



Draught control



Dynamic shading



Operative temperature



Indoor air quality



Fresh air (CO<sub>2</sub> concentration)




Low-emitting building materials



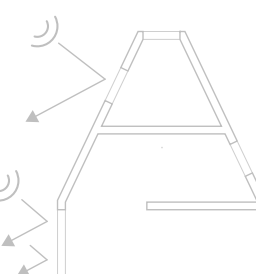
Particle removal and filtration



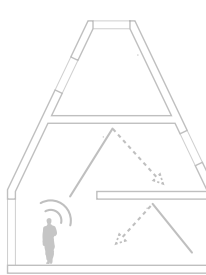
Dampness (cross and stack ventilation)



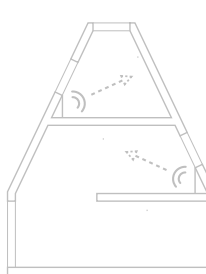
Acoustics



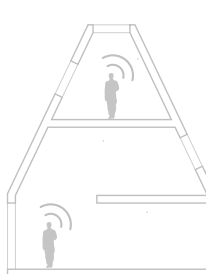
Noise insulation




Controlled sound transmission



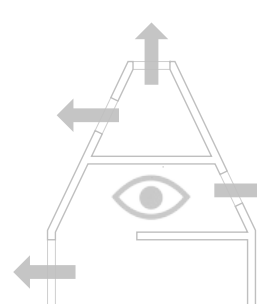
System noise



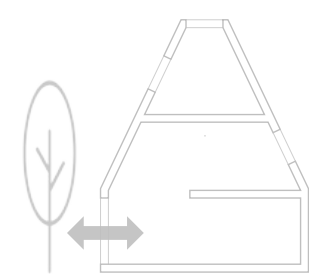
Acoustic privacy



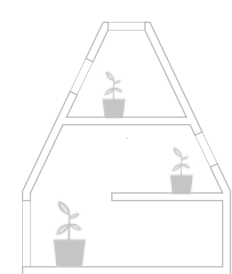
Outdoor connection



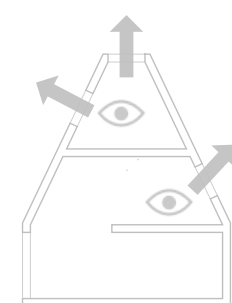
Direct view of nature



Direct access to nature



Bring outdoor in



Direct sky view



# Healthy building principle:

## Thermal environment

Thermal environment in buildings is effectively achieved through methods like ventilative cooling, fresh air circulation, and dynamic shading. These techniques ensure a comfortable indoor climate by balancing temperatures, enhancing air quality, and regulating natural light. Such strategies not only provide a pleasant and healthy environment for occupants but also promote energy efficiency and sustainability in building design.

### Healthy indoor targets

Indoor class	Active House Radar
<b>Daylight autonomy</b> (DA300/50)	
> 50% area	> 60% area
<b>Max operative temperature</b>	
< 26,5 °C (< 100h)	< 25,5-26,0 °C
<b>Min operative temperature</b>	
--	< 21,0-20,0 °C
<b>Fresh air supply</b>	
< 1000 ppm CO <sub>2</sub>	< 400-550 ppm CO <sub>2</sub>
<b>VOC emissions</b>	
< 300 µg/m³ TVOC <sub>28</sub>	< 1000 µg/m³ TVOC <sub>28</sub>
<b>Outdoor noise</b>	
< 25-30 dB	< 25-30 dB
<b>Inside system noise</b>	
< 25-30 dB	< 25-30 dB
<b>Acoustic privacy</b> (Contact sound)	
--	< 43-48 dB




Daylight



Thermal Comfort



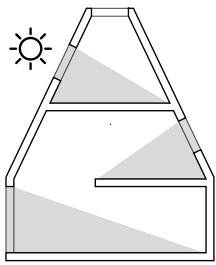
Indoor air quality



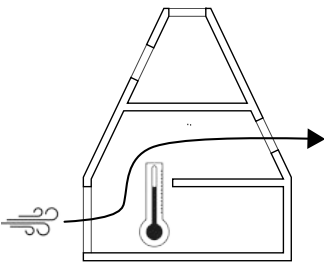
Acoustics



Outdoor connection



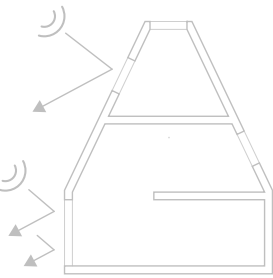
Daylight autonomy



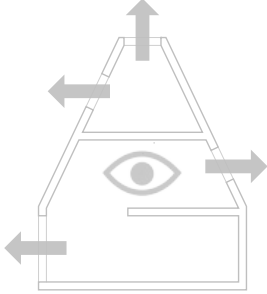
Ventilative cooling



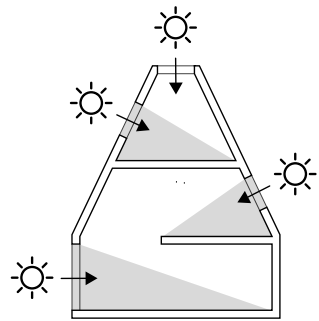
Fresh air (CO<sub>2</sub> concentration)



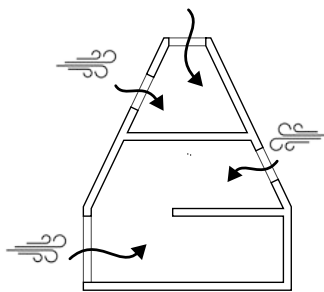
Noise insulation



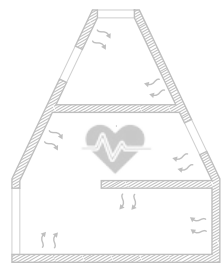
Direct view of nature



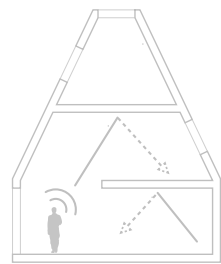
Daylight from multiple directions



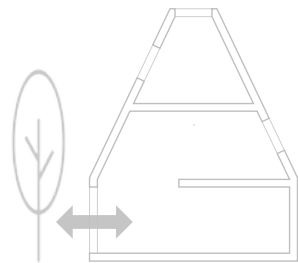
Draught control



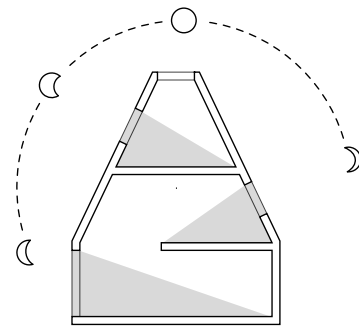
Low-emitting building materials



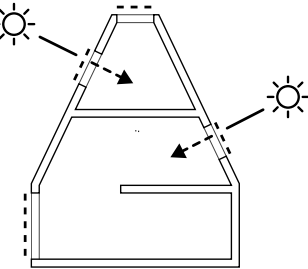
Controlled sound transmission



Direct access to nature



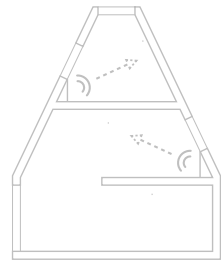
Daylight following the circadian rhythms



Dynamic shading



Particle removal and filtration



System noise



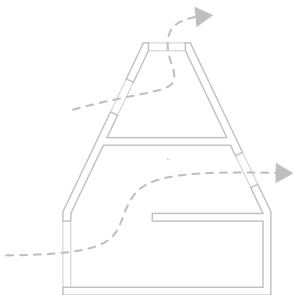
Bring outdoor in



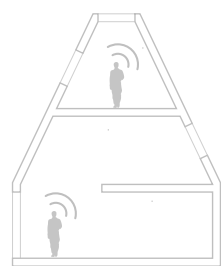
Glare and reflectance management



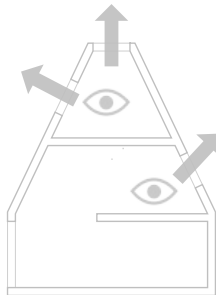
Operative temperature



Dampness (cross and stack ventilation)



Acoustic privacy



Direct sky view



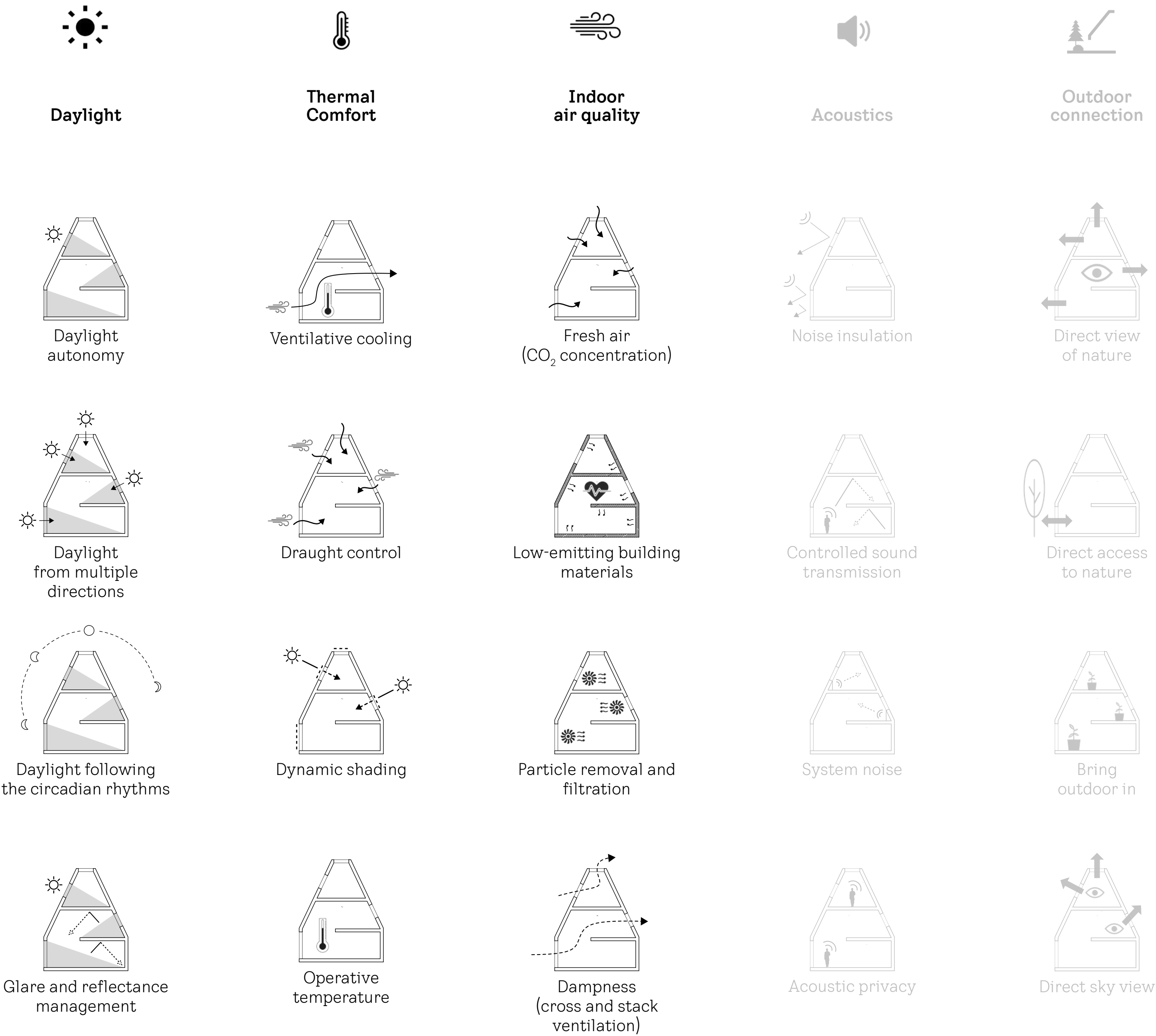
# Healthy building principle:

## Indoor air quality

Indoor air quality, a key principle for a better indoor environment, is enhanced through cross ventilation and the stack effect, which promote fresh air circulation. Using healthy building materials reduces indoor toxins, while advanced filtration systems effectively remove airborne particles. These strategies collectively ensure cleaner, healthier air, contributing significantly to occupant wellbeing.

### Healthy indoor targets

Indoor class	Active House Radar
<b>Daylight autonomy</b> (DA300/50)	
> 50% area	> 60% area
<b>Max operative temperature</b>	
< 26,5 °C (< 100h)	< 25,5-26,0 °C
<b>Min operative temperature</b>	
--	< 21,0-20,0 °C
<b>Fresh air supply</b>	
< 1000 ppm CO <sub>2</sub>	< 400-550 ppm CO <sub>2</sub>
<b>VOC emissions</b>	
< 300 µg/m <sup>3</sup> TVOC <sub>28</sub>	< 1000 µg/m <sup>3</sup> TVOC <sub>28</sub>
<b>Outdoor noise</b>	
< 25-30 dB	< 25-30 dB
<b>Inside system noise</b>	
< 25-30 dB	< 25-30 dB
<b>Acoustic privacy</b> (Contact sound)	
--	< 43-48 dB





# Healthy building principle: Acoustics

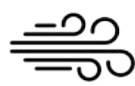
Outdoor connection, as a healthy building principle, enhances indoor environments by providing direct views of nature, easy access to outdoor spaces, and incorporating natural elements indoors. These approaches create a serene atmosphere, promote well-being, and bridge the indoor-outdoor divide, significantly improving the quality of life for occupants.



Daylight



Thermal Comfort



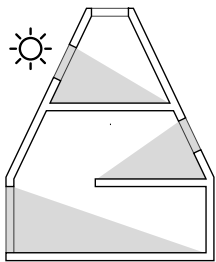
Indoor air quality



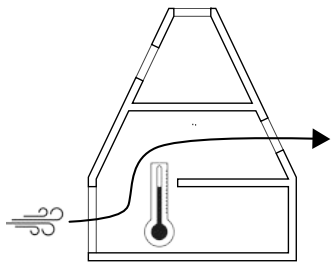
Acoustics



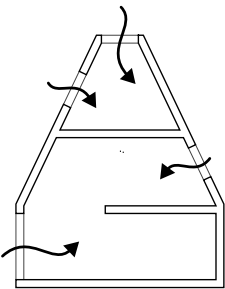
Outdoor connection



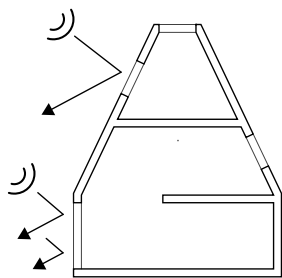
Daylight autonomy



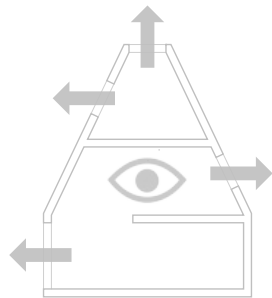
Ventilative cooling



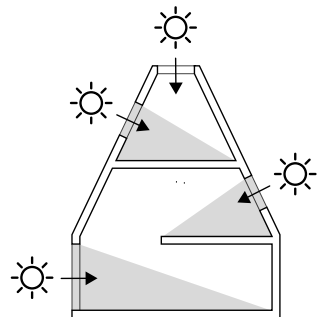
Fresh air (CO<sub>2</sub> concentration)



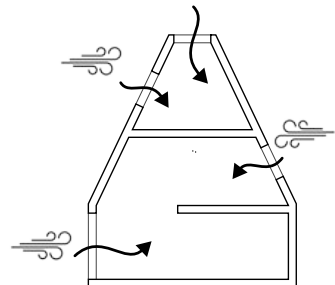
Noise insulation



Direct view of nature



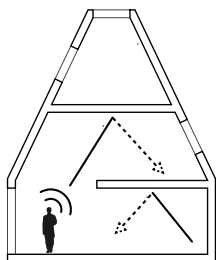
Daylight from multiple directions



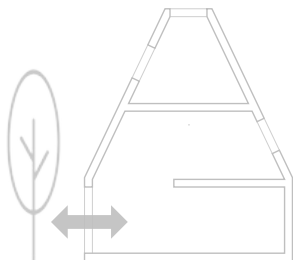
Draught control



Low-emitting building materials



Controlled sound transmission



Direct access to nature

## Healthy indoor targets

Indoor class      Active House Radar

**Daylight autonomy** (DA300/50)

> 50% area      > 60% area

**Max operative temperature**

< 26,5 °C (< 100h)      < 25,5-26,0 °C

**Min operative temperature**

--      < 21,0-20,0 °C

**Fresh air supply**

< 1000 ppm CO<sub>2</sub>      < 400-550 ppm CO<sub>2</sub>

**VOC emissions**

< 300 µg/m<sup>3</sup> TVOC<sub>28</sub>      < 1000 µg/m<sup>3</sup> TVOC<sub>28</sub>

**Outdoor noise**

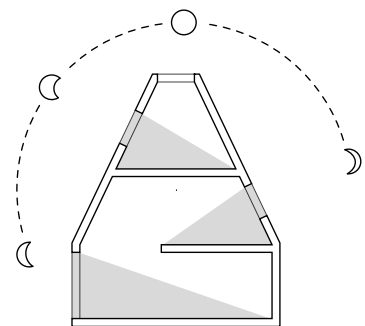
< 25-30 dB      < 25-30 dB

**Inside system noise**

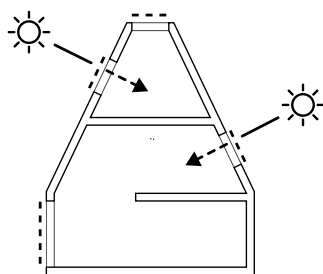
< 25-30 dB      < 25-30 dB

**Acoustic privacy** (Contact sound)

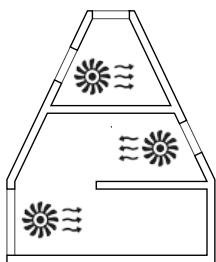
--      < 43-48 dB



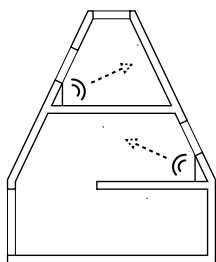
Daylight following the circadian rhythms



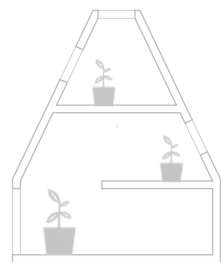
Dynamic shading



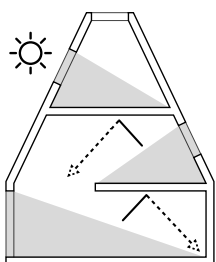
Particle removal and filtration



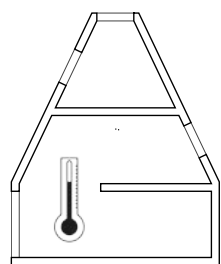
System noise



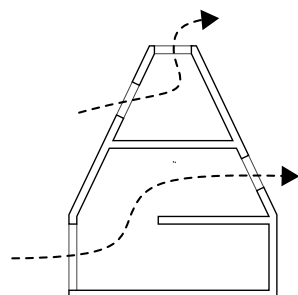
Bring outdoor in



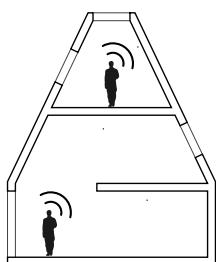
Glare and reflectance management



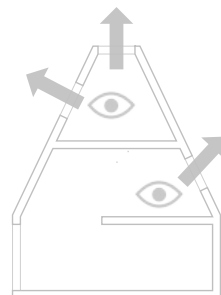
Operative temperature



Dampness (cross and stack ventilation)



Acoustic privacy



Direct sky view



# Healthy building principle: Outdoor connection

Acoustics, as a healthy building principle, improves indoor environments through noise insulation, controlled sound transmission, and reduced system noise. These measures create a quieter, more peaceful space, enhancing comfort and focus for occupants, and contributing to overall wellbeing.



Daylight



Thermal Comfort



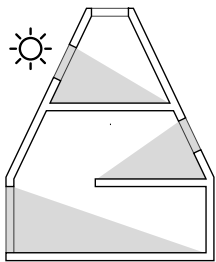
Indoor air quality



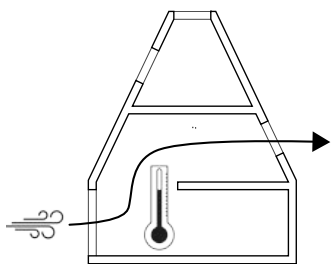
Acoustics



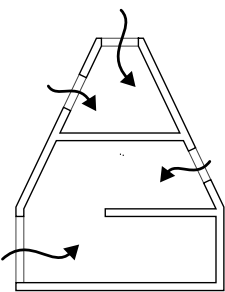
Outdoor connection



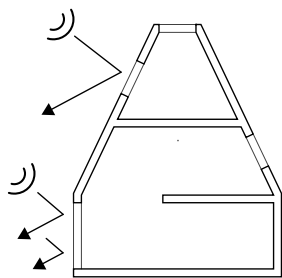
Daylight autonomy



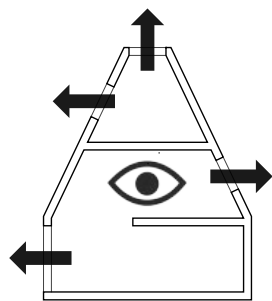
Ventilative cooling



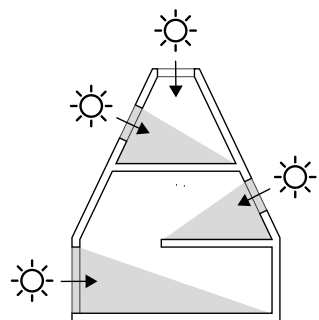
Fresh air (CO<sub>2</sub> concentration)



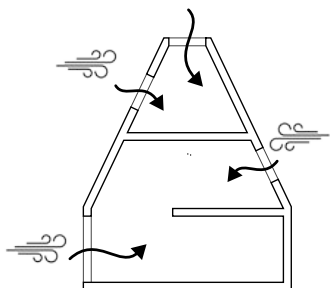
Noise insulation



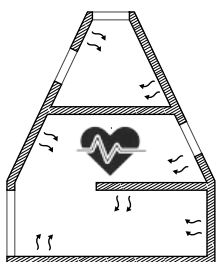
Direct view of nature



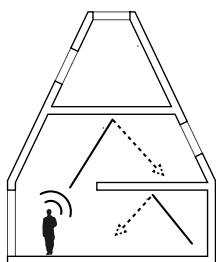
Daylight from multiple directions



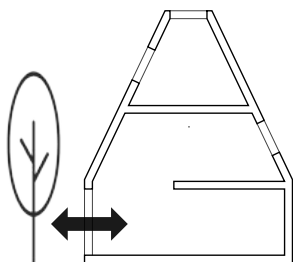
Draught control



Low-emitting building materials



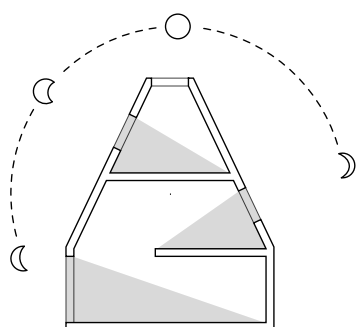
Controlled sound transmission



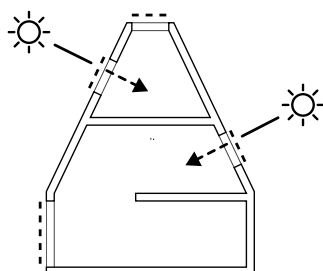
Direct access to nature

## Healthy indoor targets

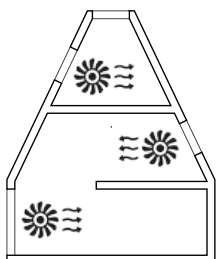
Indoor class	Active House Radar
<b>Daylight autonomy</b> (DA300/50)	
> 50% area	> 60% area
<b>Max operative temperature</b>	
< 26,5 °C (< 100h)	< 25,5-26,0 °C
<b>Min operative temperature</b>	
--	< 21,0-20,0 °C
<b>Fresh air supply</b>	
< 1000 ppm CO <sub>2</sub>	< 400-550 ppm CO <sub>2</sub>
<b>VOC emissions</b>	
< 300 µg/m <sup>3</sup> TVOC <sub>28</sub>	< 1000 µg/m <sup>3</sup> TVOC <sub>28</sub>
<b>Outdoor noise</b>	
< 25-30 dB	< 25-30 dB
<b>Inside system noise</b>	
< 25-30 dB	< 25-30 dB
<b>Acoustic privacy</b>	(Contact sound)
--	< 43-48 dB



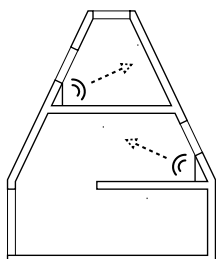
Daylight following the circadian rhythms



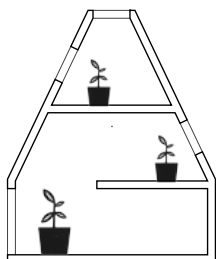
Dynamic shading



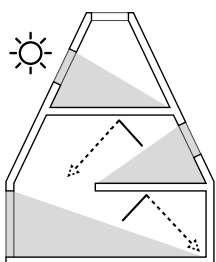
Particle removal and filtration



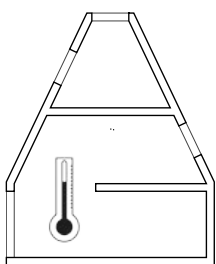
System noise



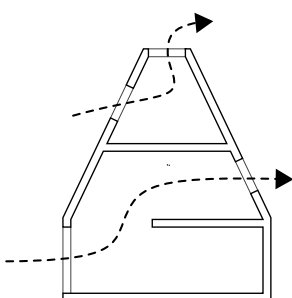
Bring outdoor in



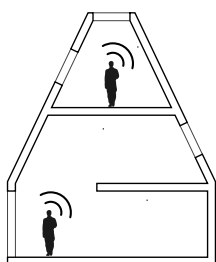
Glare and reflectance management



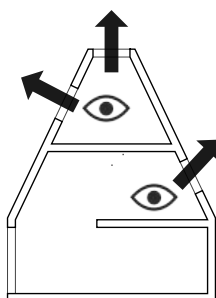
Operative temperature



Dampness (cross and stack ventilation)



Acoustic privacy



Direct sky view



# Healthy building principle:

## Reference house



### REFERENCE HOUSE SELECTION

In our analysis, we compared the reference house with the Active House Radar, focusing on healthy building principles. We evaluated key factors like energy efficiency, indoor climate, and environmental impact. This helped us gauge how well the house aligned with Active House standards and overall healthy living criteria.



Daylight



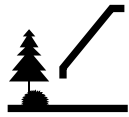
Thermal Comfort



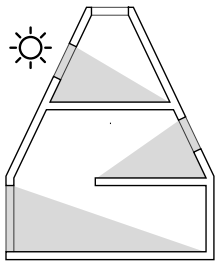
Indoor air quality



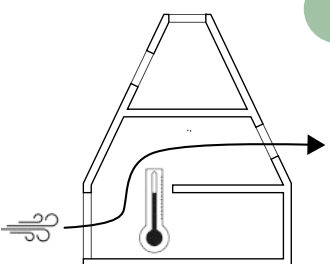
Acoustics



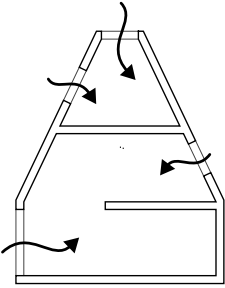
Outdoor connection



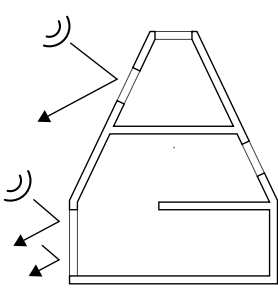
Daylight autonomy



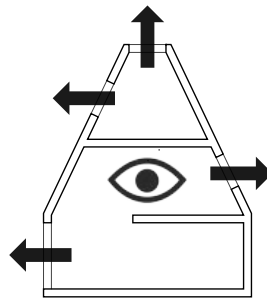
Ventilative cooling



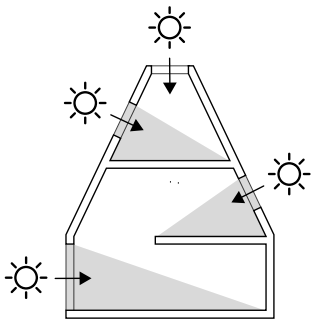
Fresh air (CO<sub>2</sub> concentration)



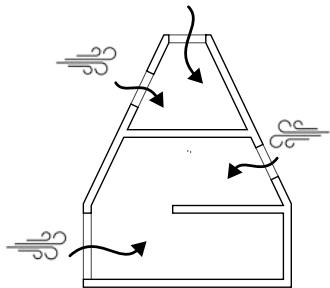
Noise insulation



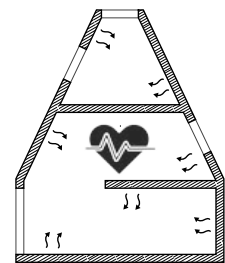
Direct view of nature



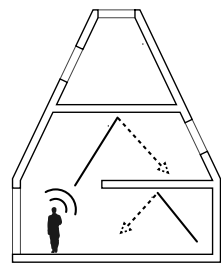
Daylight from multiple directions



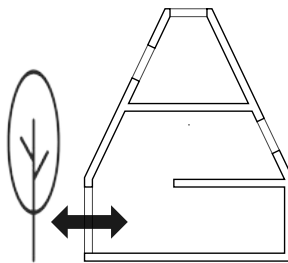
Draught control



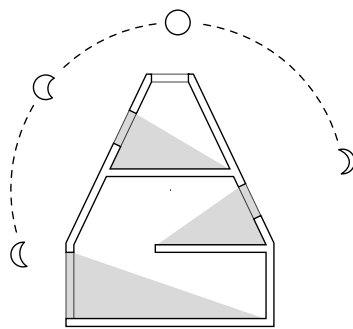
Low-emitting building materials



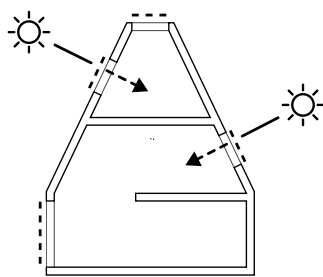
Controlled sound transmission



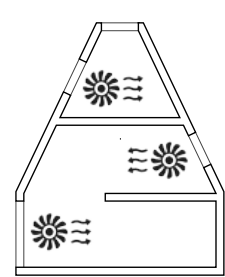
Direct access to nature



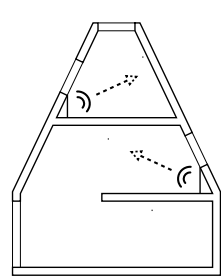
Daylight following the circadian rhythms



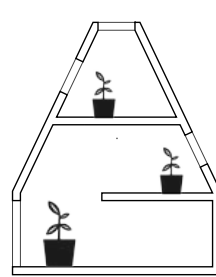
Dynamic shading



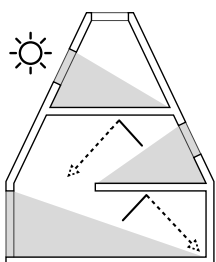
Particle removal and filtration



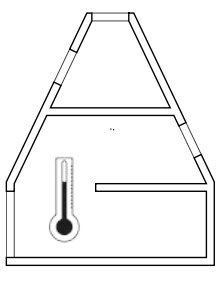
System noise



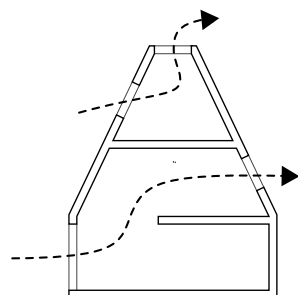
Bring outdoor in



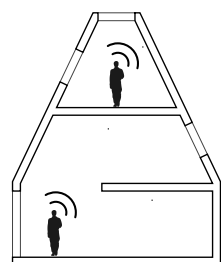
Glare and reflectance management



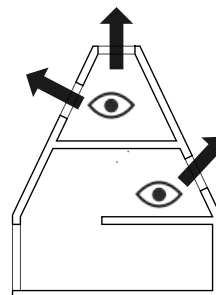
Operative temperature



Dampness (cross and stack ventilation)



Acoustic privacy



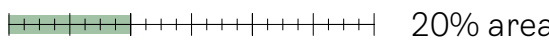
Direct sky view

## Indoor class score:

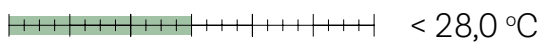


### Class 3

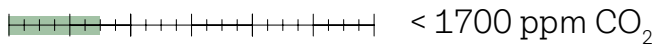
Daylight autonomy (DA3000/50)



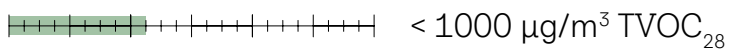
Overheating



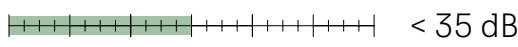
Fresh air supply



VOC emissions



Outdoor noise





# Healthy building principle:

## Living Places

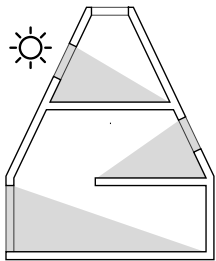


### LIVING PLACES SELECTION

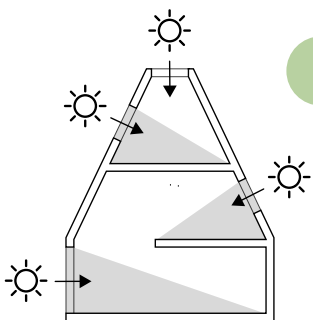
To enhance the indoor environment, Living Places has incorporated numerous healthy building principles. This integration has resulted in a best-in-class indoor environment, ensuring optimal living conditions. By focusing on these five principles, these spaces promote health and wellbeing. Additionally, this approach aligns with environmentally friendly practices, making these houses not only comfortable but also environmentally responsible.



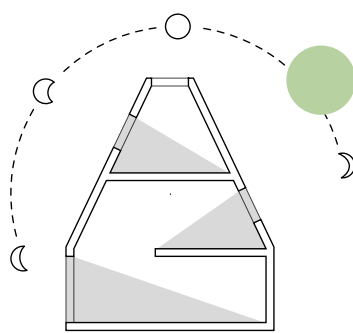
Daylight



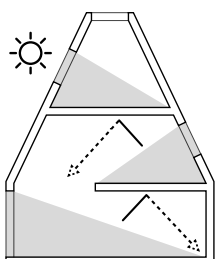
Daylight autonomy



Daylight from multiple directions



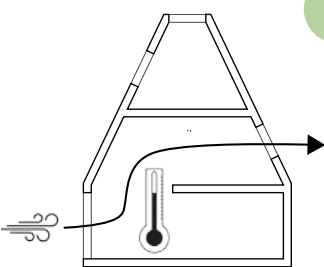
Daylight following the circadian rhythms



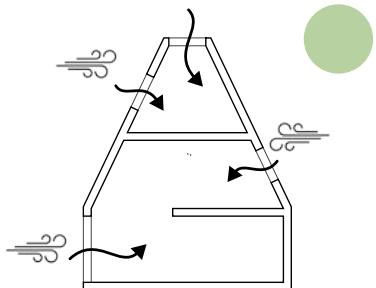
Glare and reflectance management



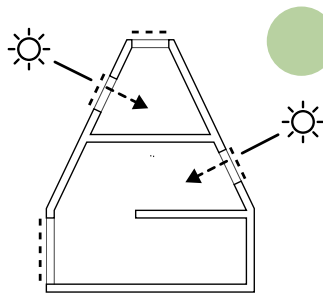
Thermal Comfort



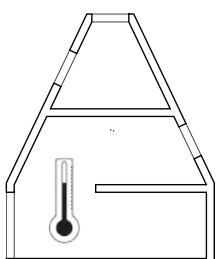
Ventilative cooling



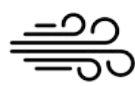
Draught control



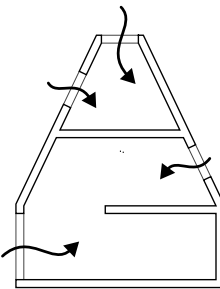
Dynamic shading



Operative temperature



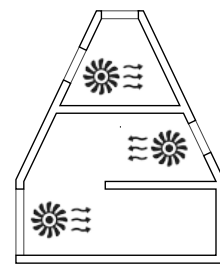
Indoor air quality



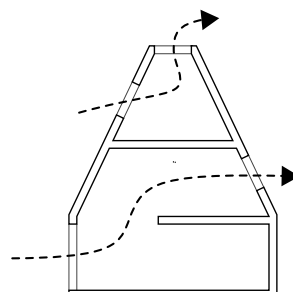
Fresh air (CO<sub>2</sub> concentration)



Low-emitting building materials



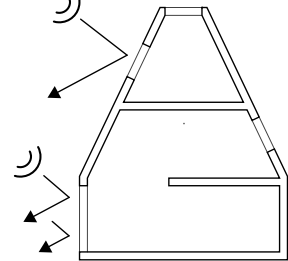
Particle removal and filtration



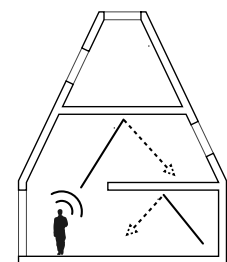
Dampness (cross and stack ventilation)



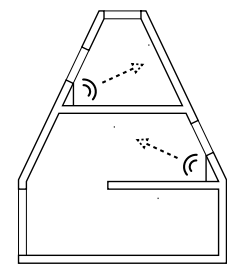
Acoustics



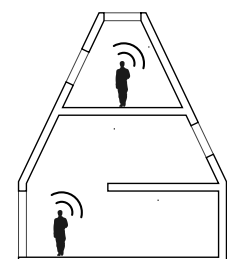
Noise insulation



Controlled sound transmission



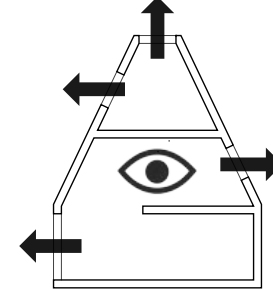
System noise



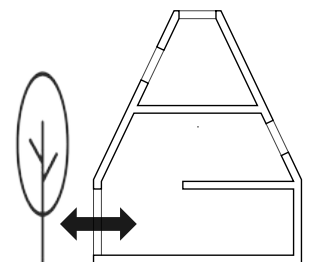
Acoustic privacy



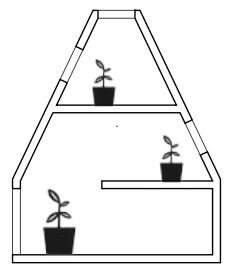
Outdoor connection



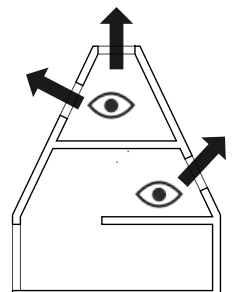
Direct view of nature



Direct access to nature



Bring outdoor in

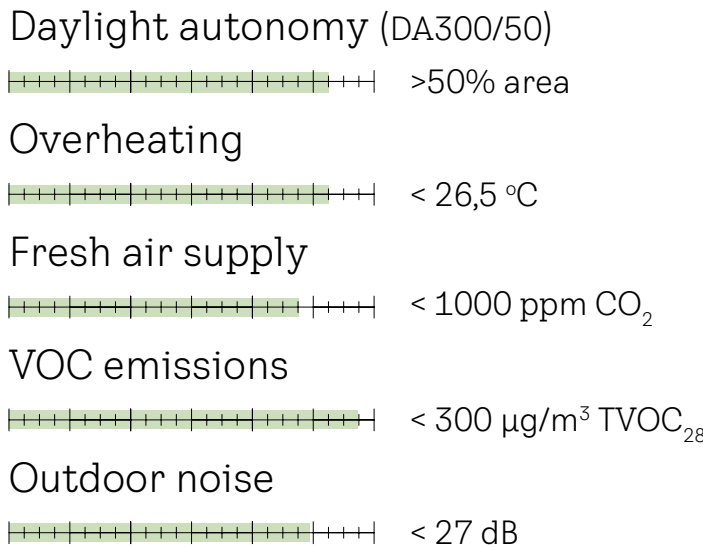


Direct sky view

## Indoor class score:



### Class 1





04

# Living Places Principles

Living Places a new set of  
principles to enable a better  
built environment



# Living Places Principles description

This chapter outlines the ambitious goals of the Living Places five guiding principles. Healthy, Shared, Simple, Adaptive, and Scalable.

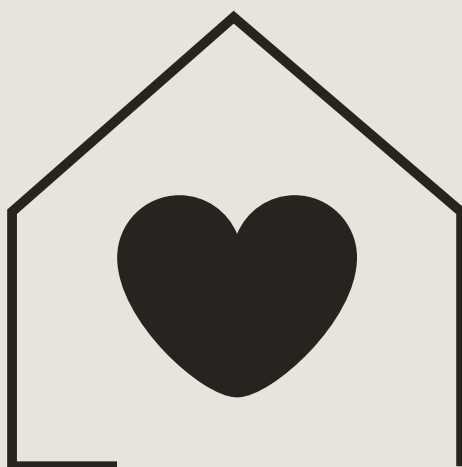
These principles are designed to cultivate a harmonious balance between human wellbeing and environmental health. Firstly, they promote lifestyles conducive to the health of people and the planet. Secondly, they advocate for community enrichment through shared living spaces, fostering stronger social ties.

Thirdly, the principles support simple living and building designs that facilitate easy updates and longevity. Fourthly, they aim for inclusivity, offering a variety of living options to cater to diverse needs. Lastly, they focus on scalability, ensuring that housing with low emissions and affordable housing is accessible to a broader population. This chapter will delve into how each principle contributes to a vision of sustainable, community-oriented, and flexible living spaces for all.



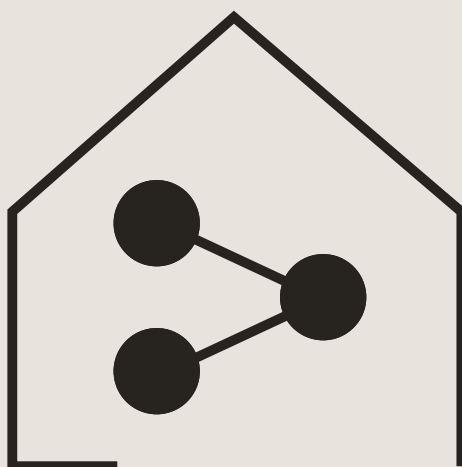


Living Places  
Principles  
description



Healthy  
principle

Benefiting both people and planet through the careful selection of materials, building techniques, utilities, and design configuration of indoor and outdoor spaces.



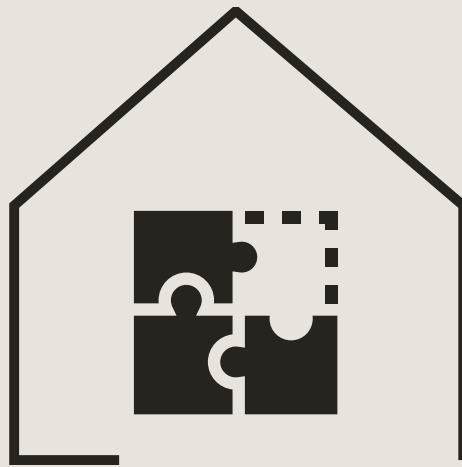
Shared  
principle

Strengthening the sense of community by combining private dwellings with shared spaces, resources, outdoor areas, and amenities.



Simple  
principle

Offering a simple modular building system that requires little to no maintenance and can easily be upgraded, repaired, and fitted with smart appliances.



Adaptive  
principle

Creating a scalable solution that responds to the needs for more ways of living.



Scalable  
principle

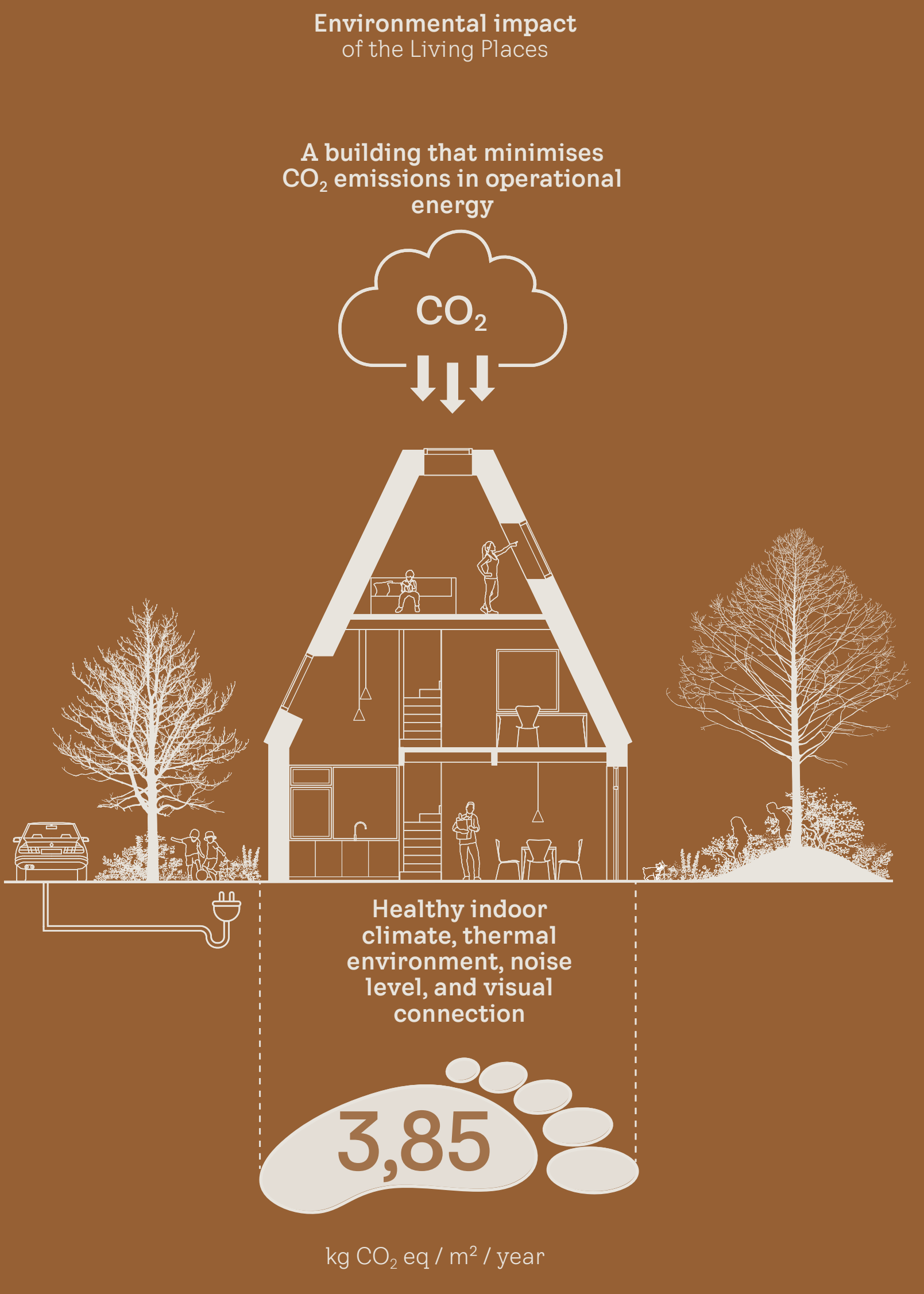
By creating homes that challenge the way we design, plan, and finance homes we can unlock housing for the many.



# Healthy Planet

What if we could reduce the environmental impact, while enhancing the health and wellbeing of people?

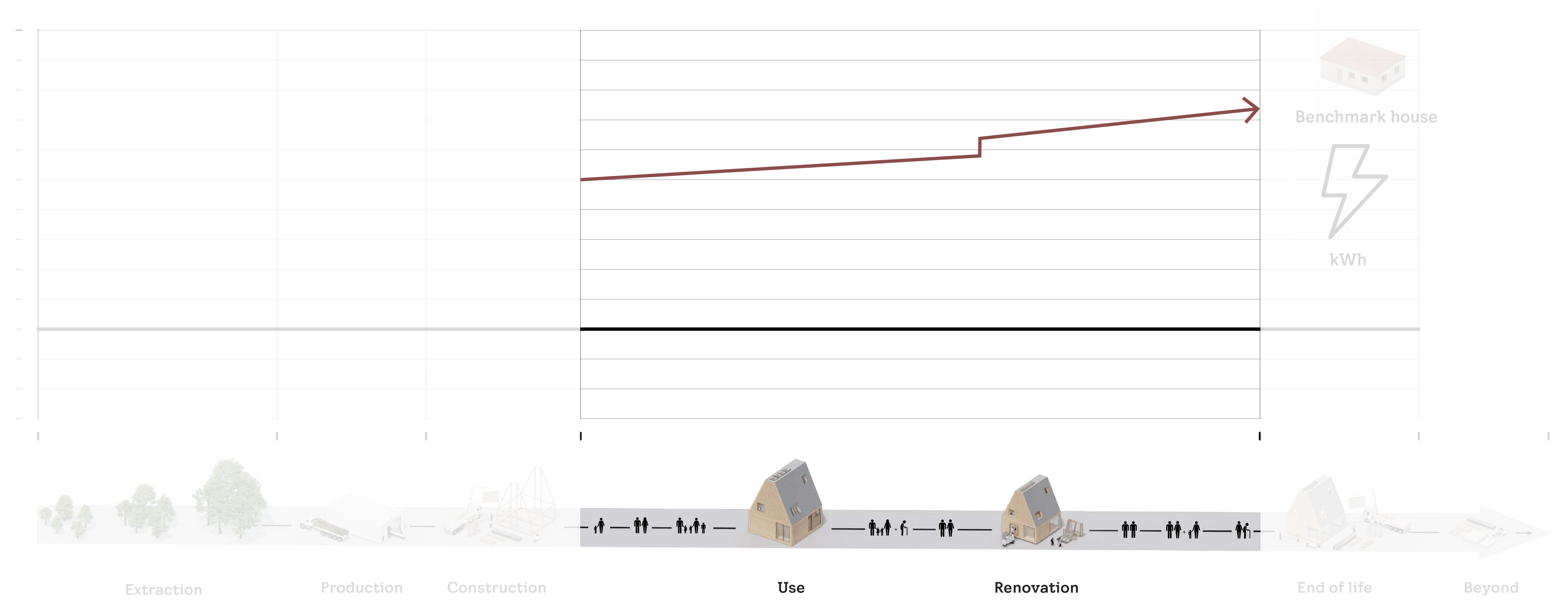
Benefiting both people and planet, through the careful selection of materials, building techniques, utilities, and design configuration of indoor and outdoor spaces.





# Sustainability focus of yesterday

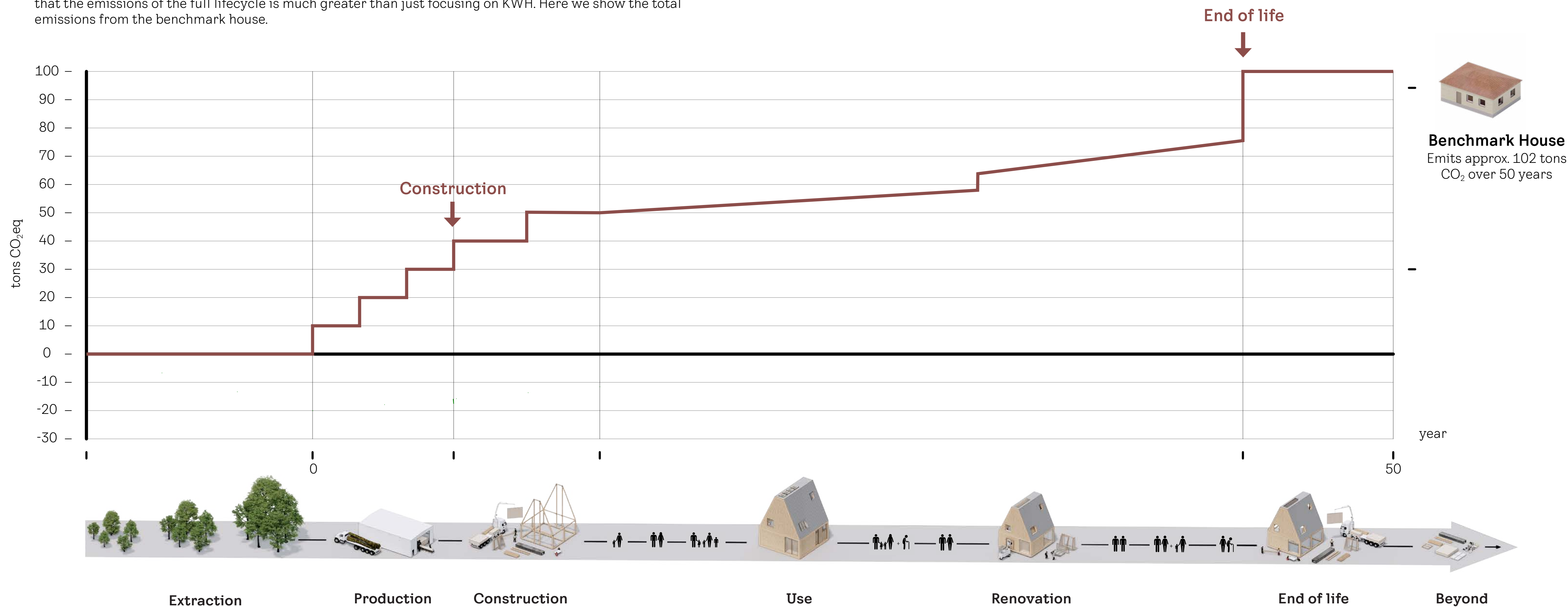
For the past last 40 years the building industry has focused solely on energy consumption during the use phase, and hereby neglecting the full life cycle.





# Full life cycle emissions from benchmark house

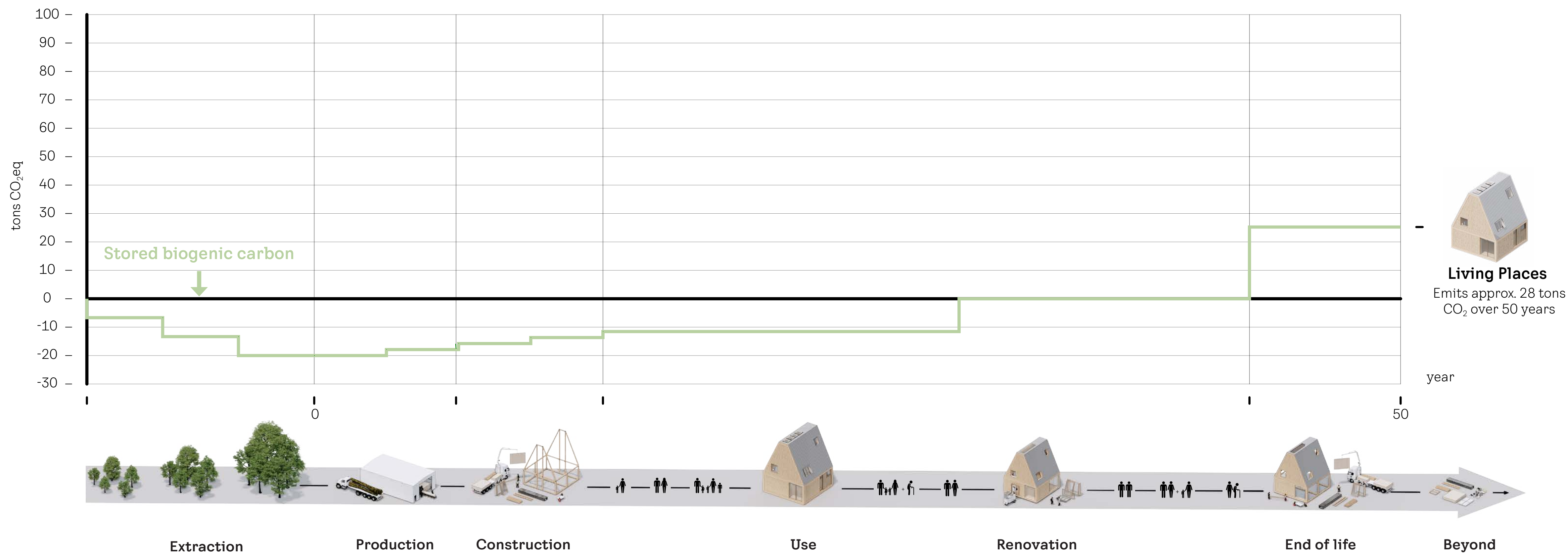
However, we need to take responsibility for the entire lifecycle of a building. When doing that we realise that the emissions of the full lifecycle is much greater than just focusing on KWH. Here we show the total emissions from the benchmark house.





# Full life cycle emissions from Living Places

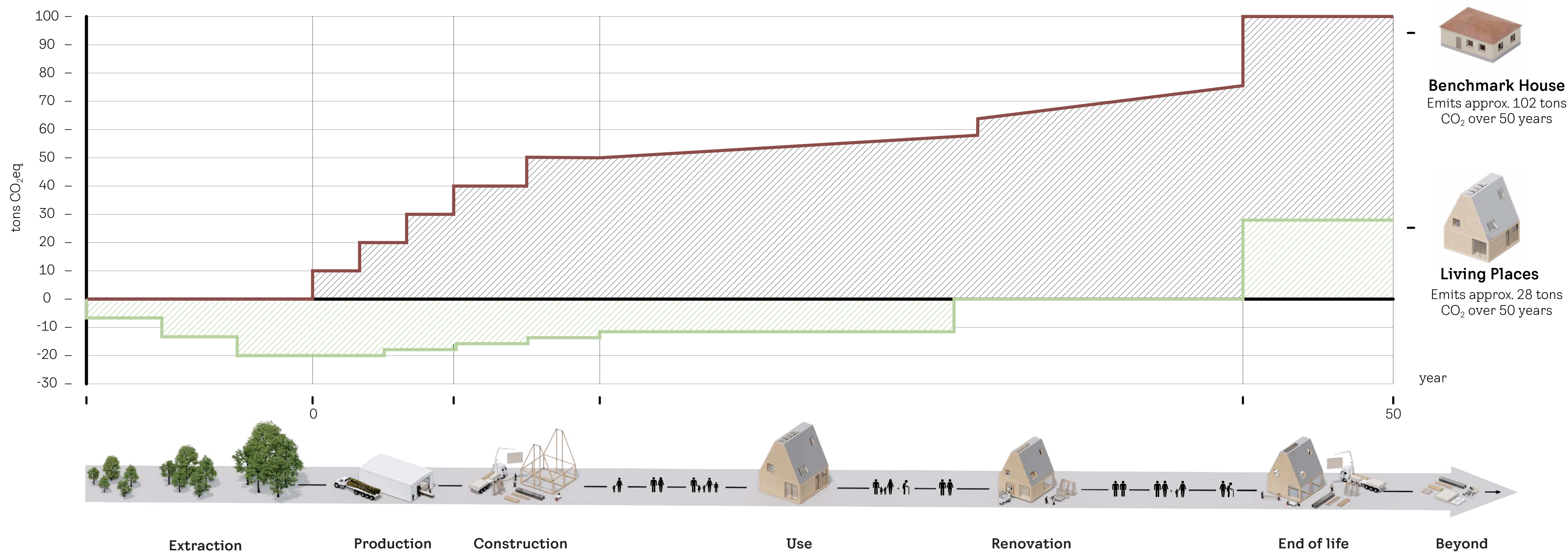
The Living Places house is CO<sub>2</sub>-negative through most of its lifetime – partly because of the stored biogenic carbon in the trees used as building materials.





# Full life cycle emissions Comparison

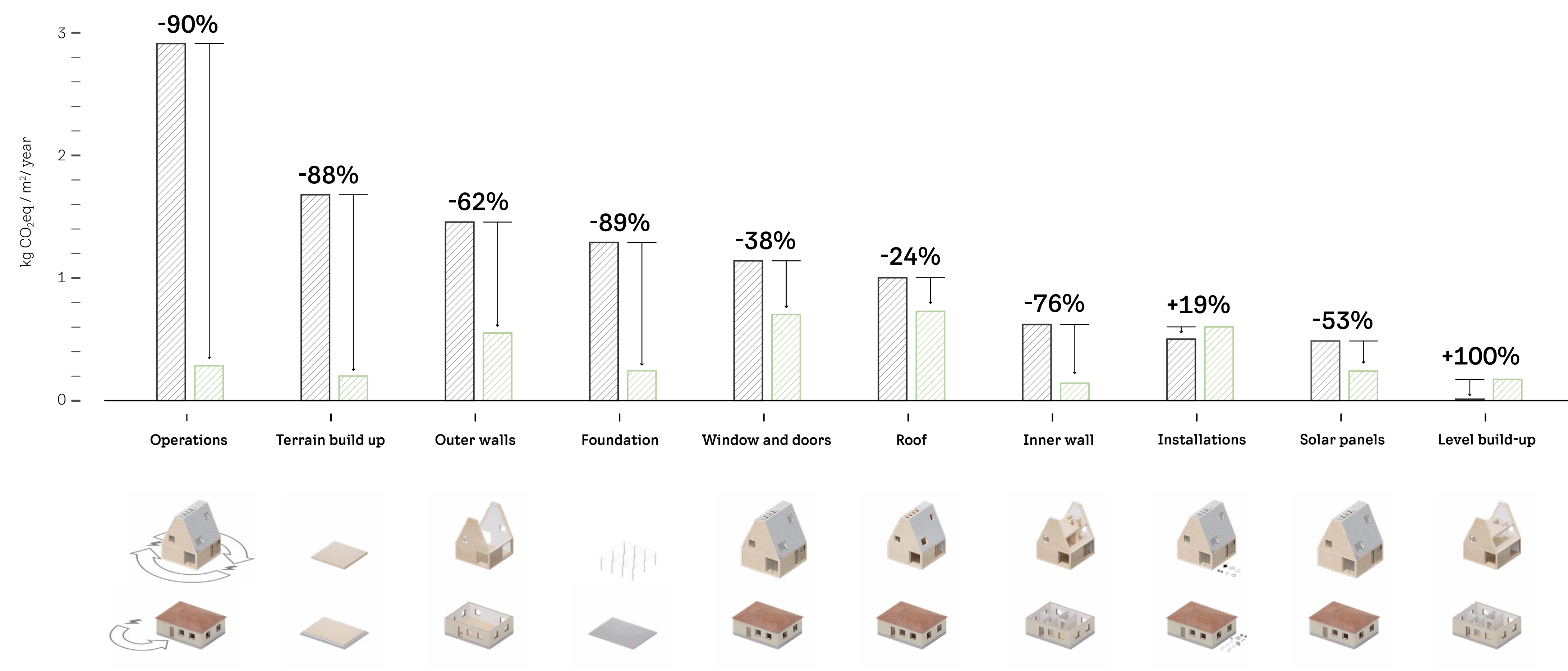
The diagram compares the CO<sub>2</sub> emissions of the full life cycle of the Benchmark house and the Living Places house.





# Optimisation of each component

Diagram showing the comparison between each element.  
This shows where we get the biggest savings.



Source: LCA calculations done by Artelia, 2022.

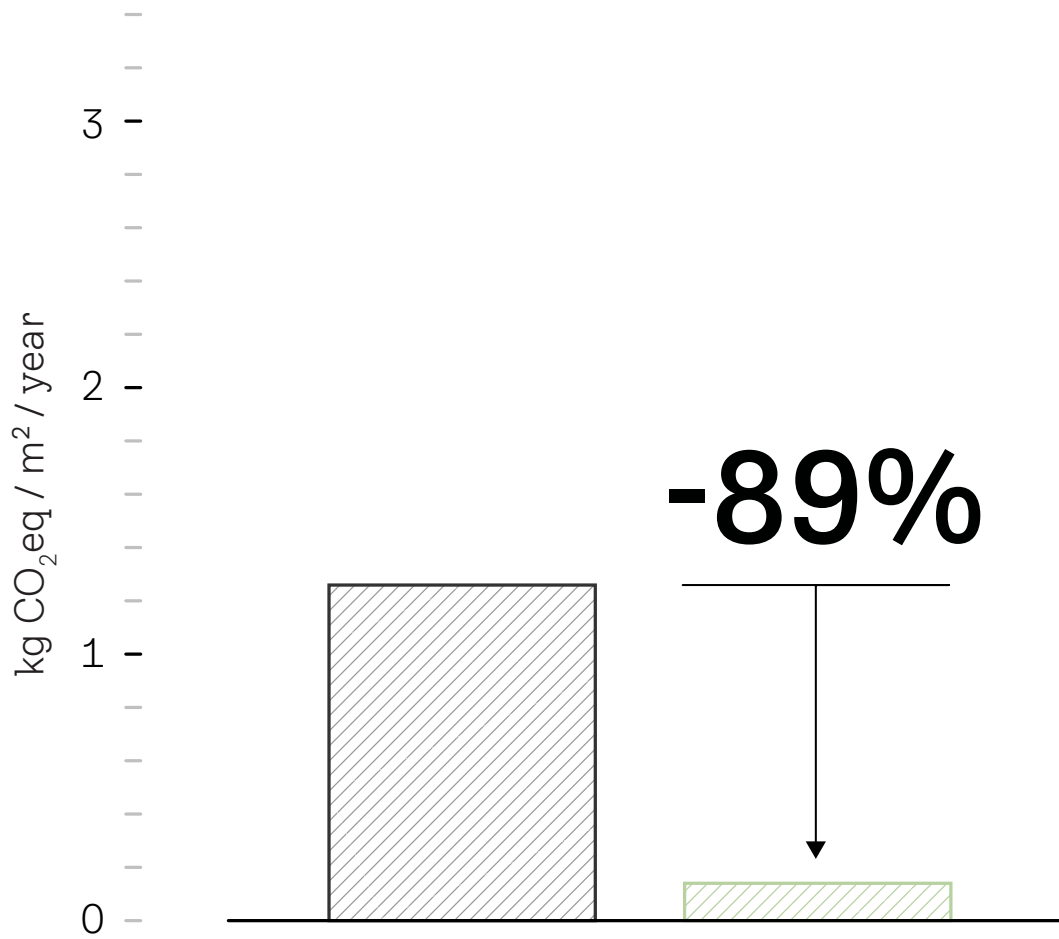


# Foundation comparison

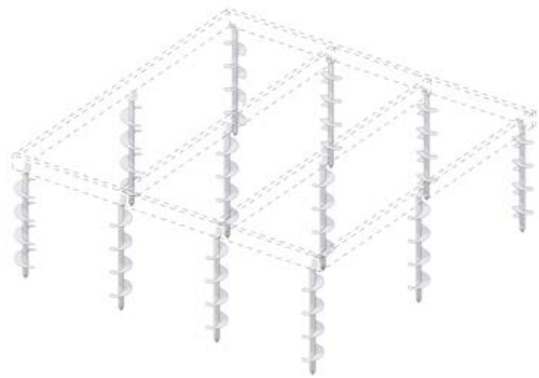
Foundation comparison between the benchmark house (Strip foundation in Leca and concrete) and Living Places (screwpile).



Benchmark House



Emission Comparison



Living Places

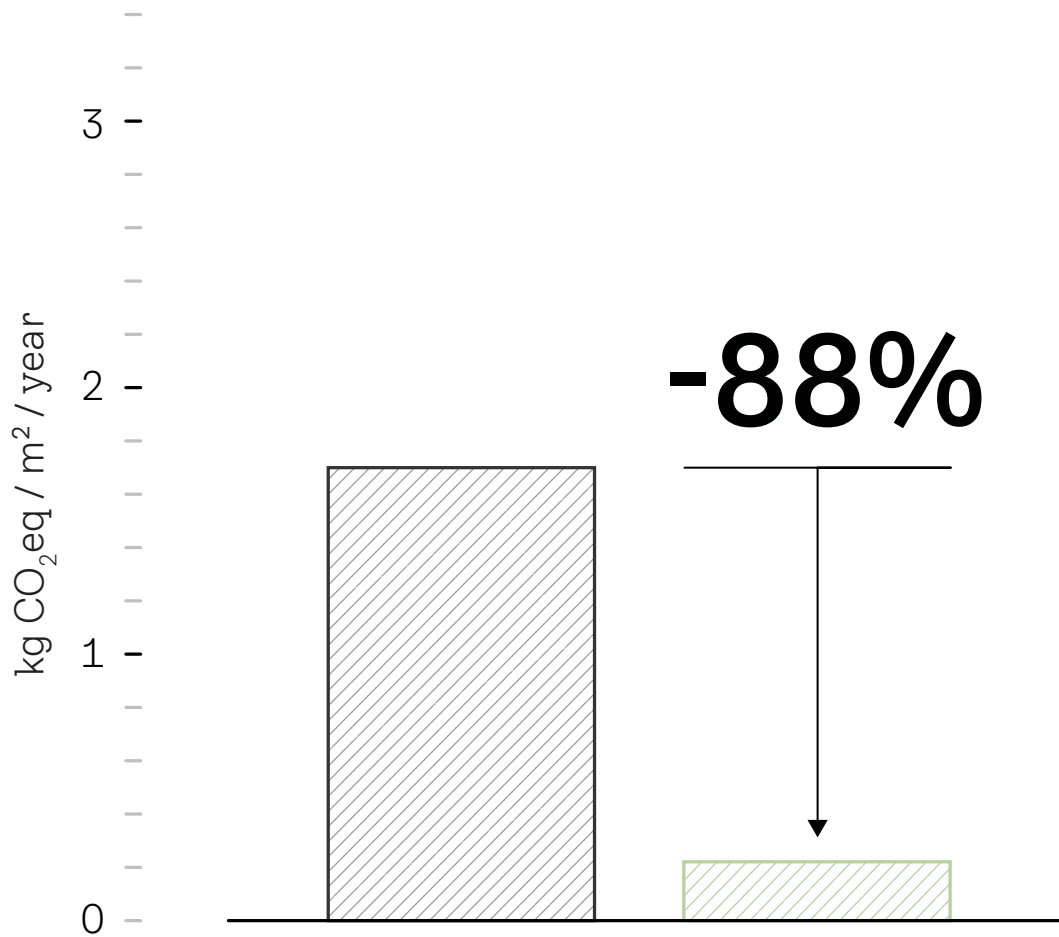


# Terrain build-up comparison

Terrain build-up comparison between the benchmark house (traditional concrete) and Living Places (lightweight wooden cassette).



Benchmark House



Emission Comparison

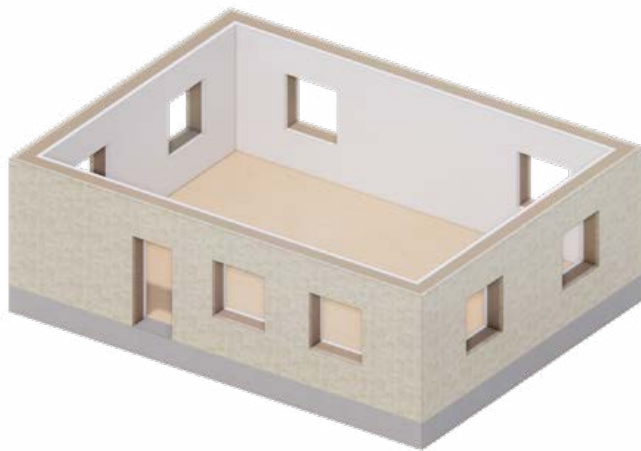


Living Places

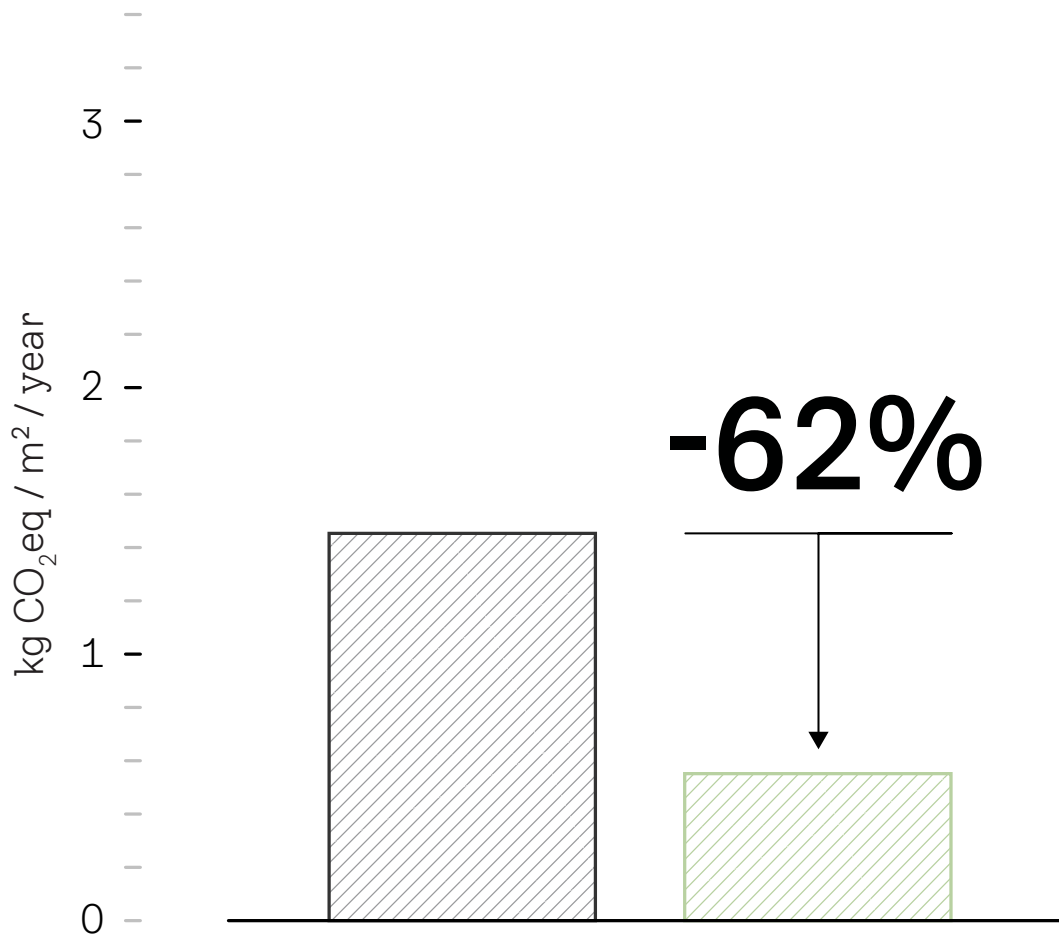


# Outer wall comparison

Outer walls comparison between the benchmark house (heavy concrete back wall & brick facade) and Living Places (wood cassette with wood fiber & wood facade).



Benchmark House



Emission Comparison

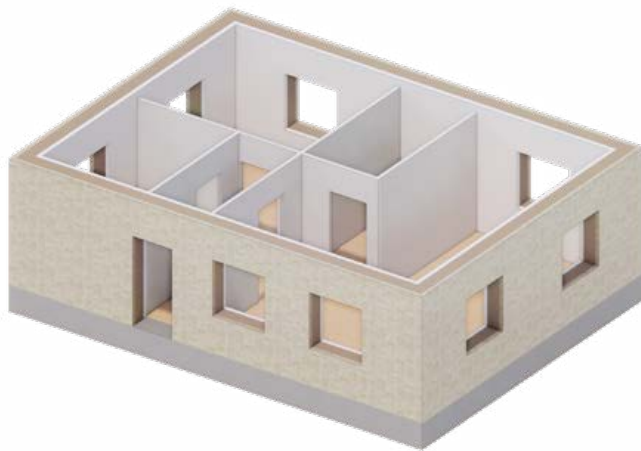


Living Places

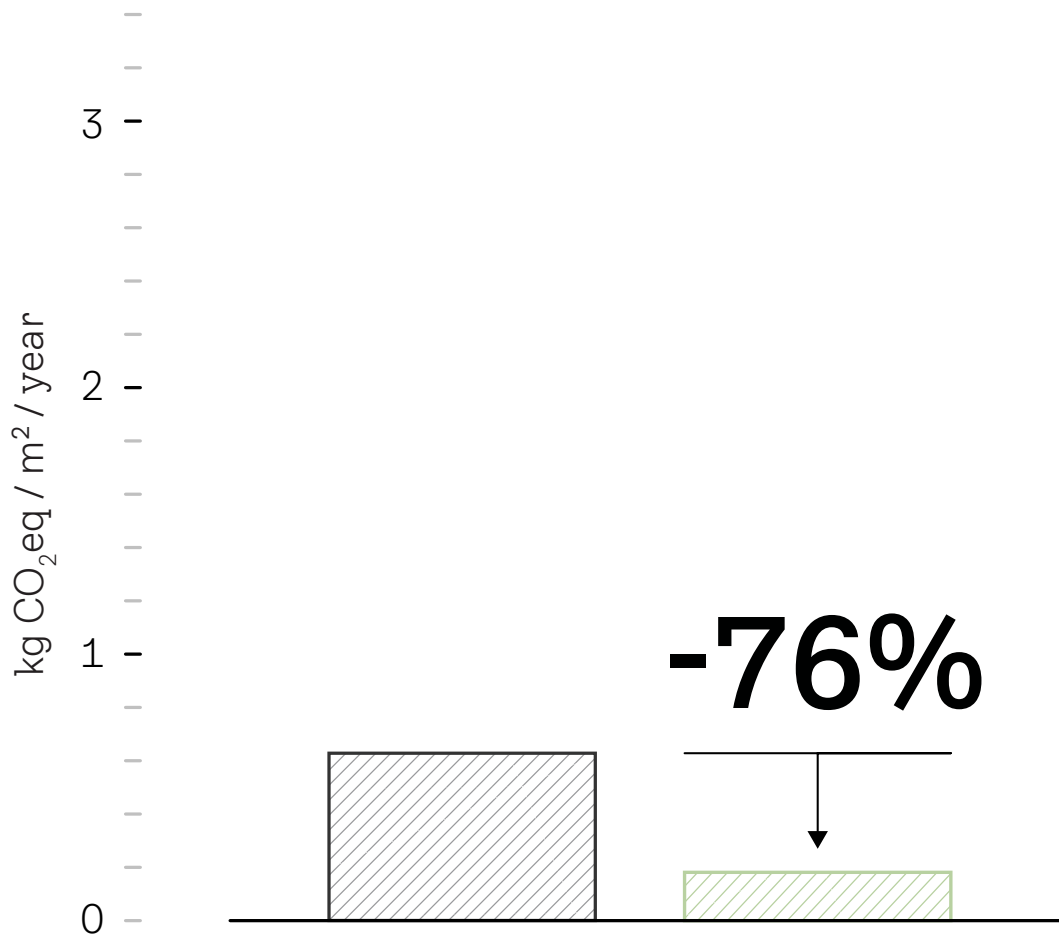


# Inner wall comparison

Inner wall comparison between the benchmark house (aerated concrete) and Living Places (Wooden frame, with osb and plaster).



Benchmark House



Emission Comparison

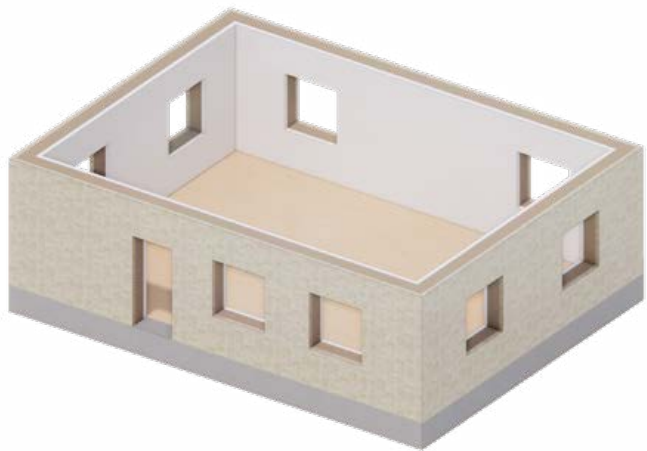


Living Places

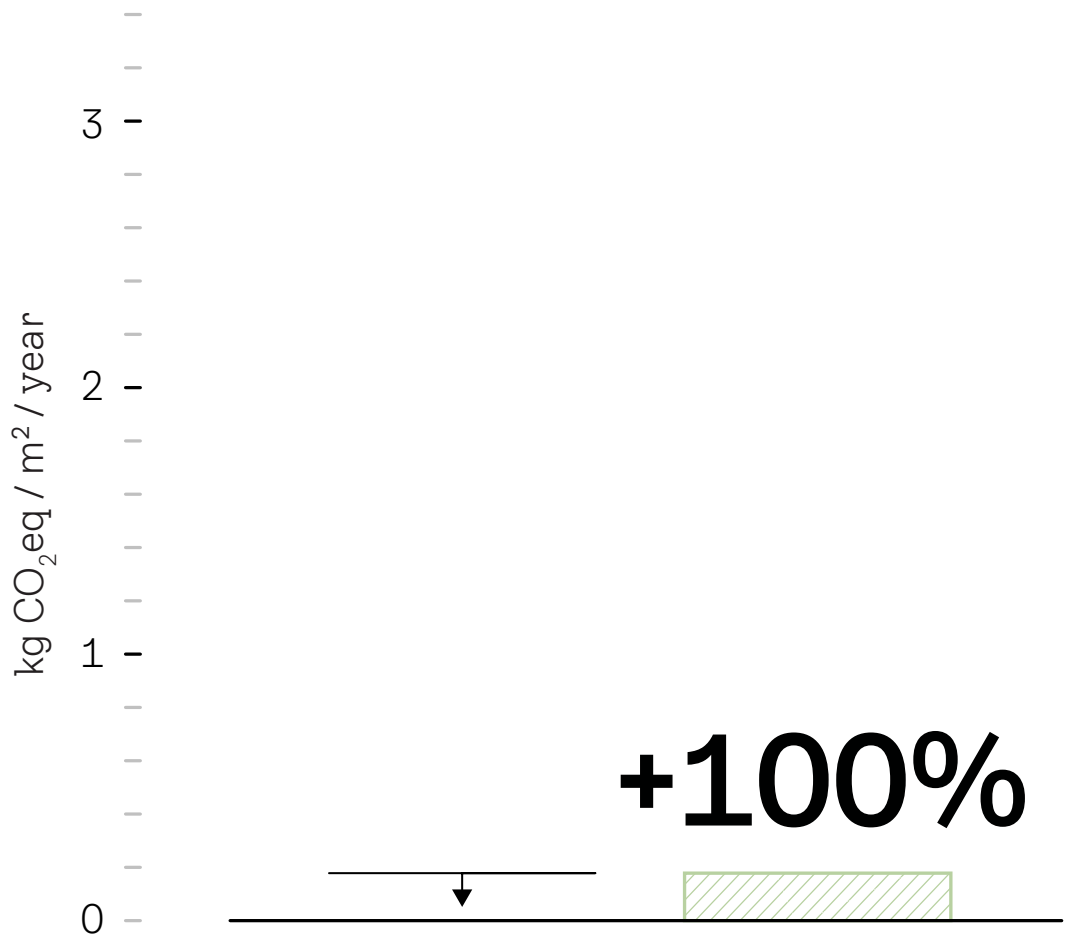


# Level build-up comparison

Level build-up comparison between the benchmark house (no level build-up) and Living Places (lightweight wood cassette deck with plaster).



Benchmark House



Emission Comparison



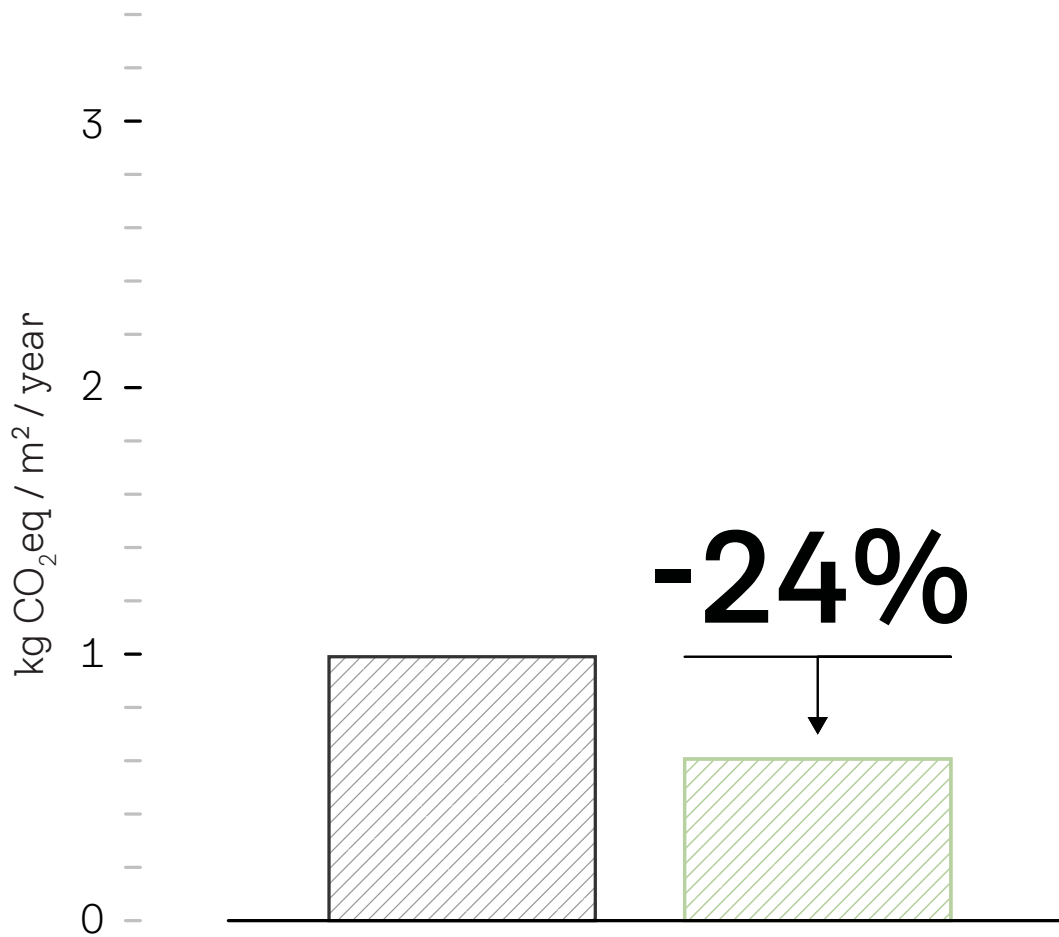
Living Places

# Roof comparison

Roof comparison between the benchmark house (barred construction with ventilated attic and roof tiles) and Living Places (lightweight wood cassette with wood fiber insulation and metal roofing).



Benchmark House



Emission Comparison



Living Places

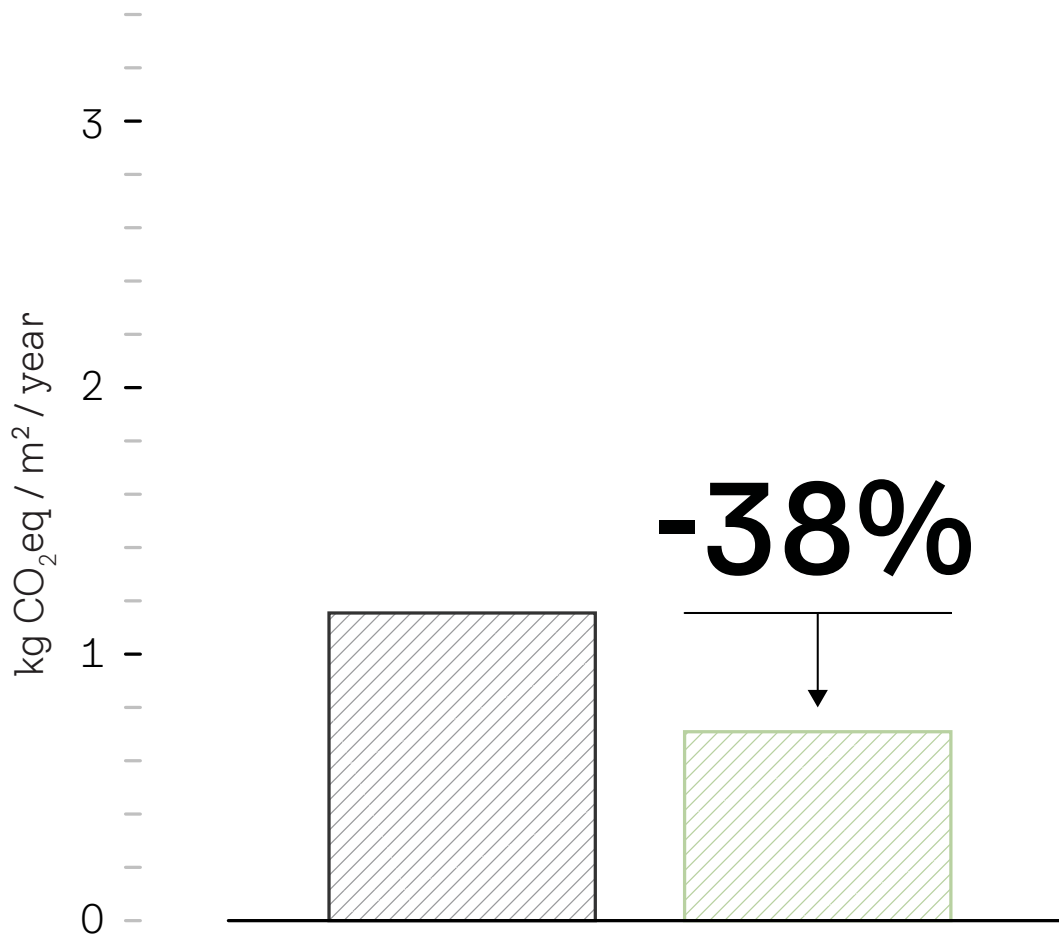


# Windows & doors comparison

Roof comparison between the benchmark house (triple layer, wood- aluminium window) and Living Places (3 layer wood-wood window, skylight wood-aluminium).



Benchmark House



Emission Comparison



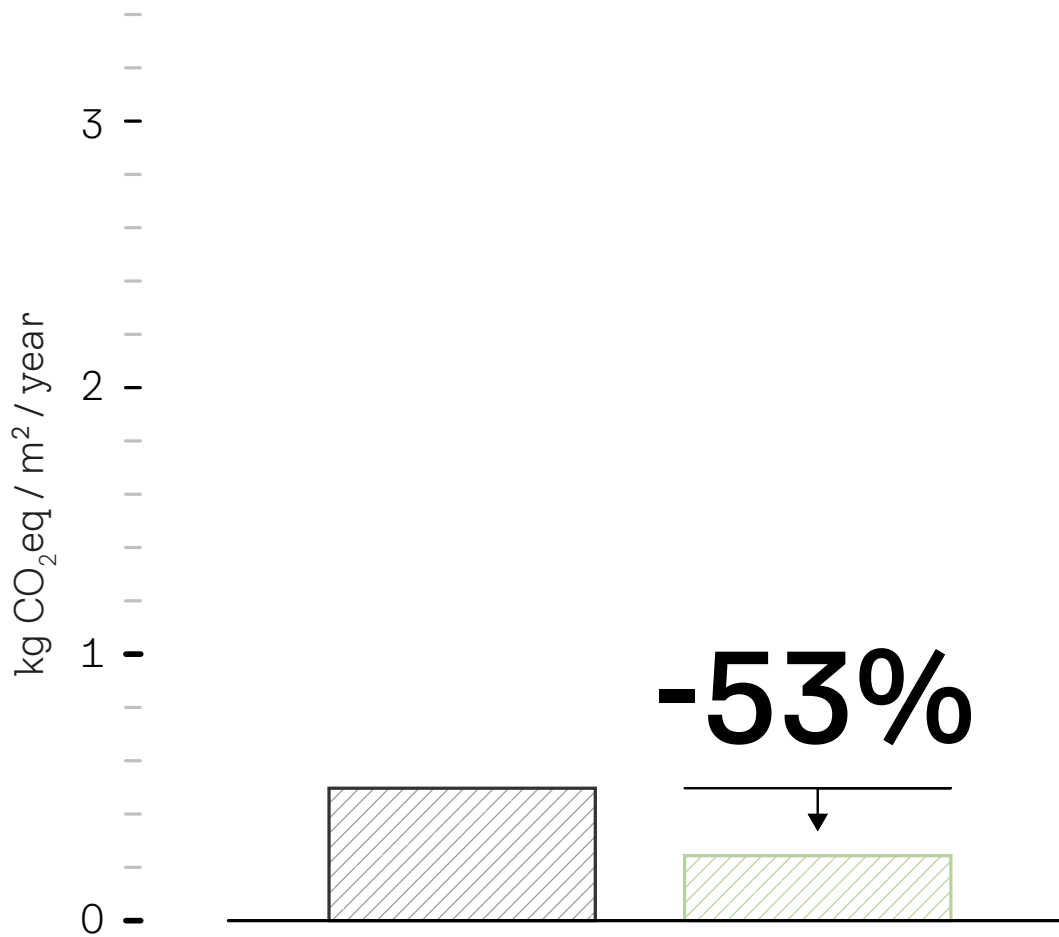
Living Places

# Solar panel comparison

Solar panel comparison between reference house and Living Places. The reduction is gained by selecting high efficiency panels.



Benchmark House



Emission Comparison



Living Places

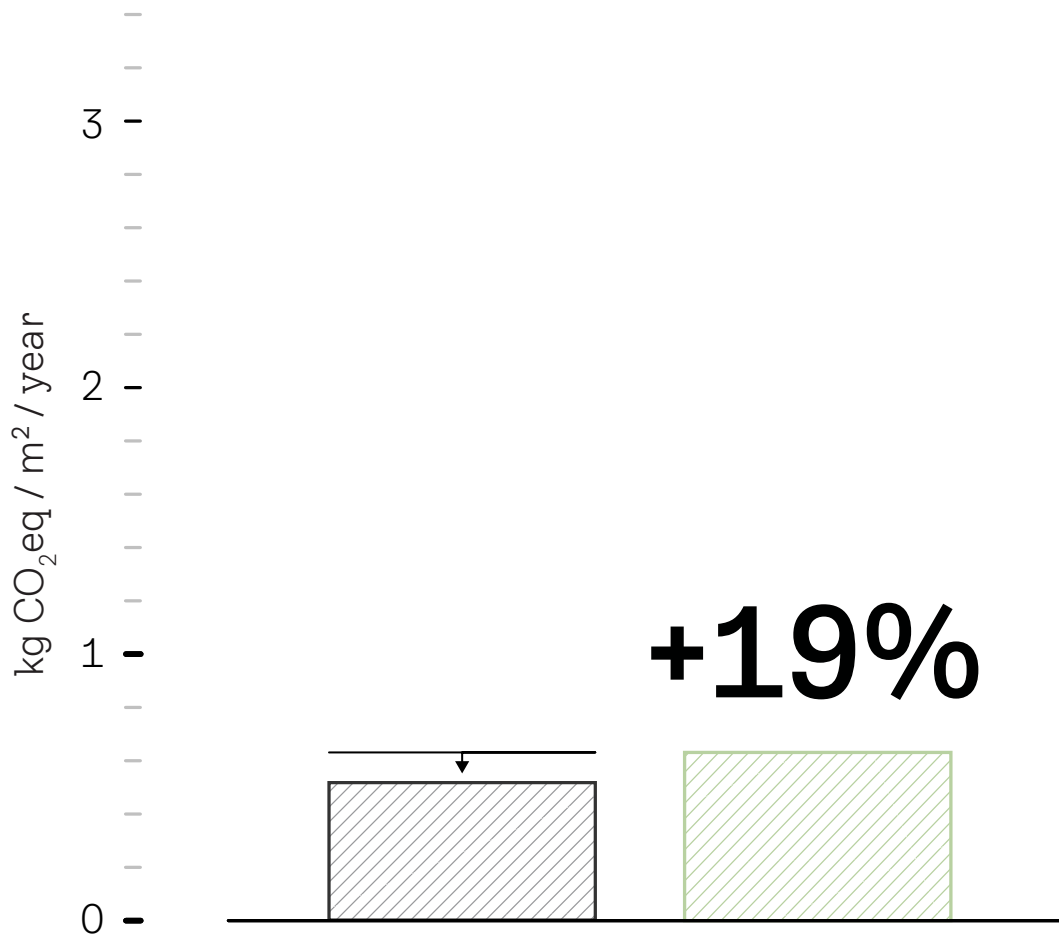


# Installations & ventilation comparison

Installation and ventilation comparison between the benchmark house (Mechanical ventilation, solar panels) and Living Places (Highly efficient solar panels and natural ventilation).



Benchmark House



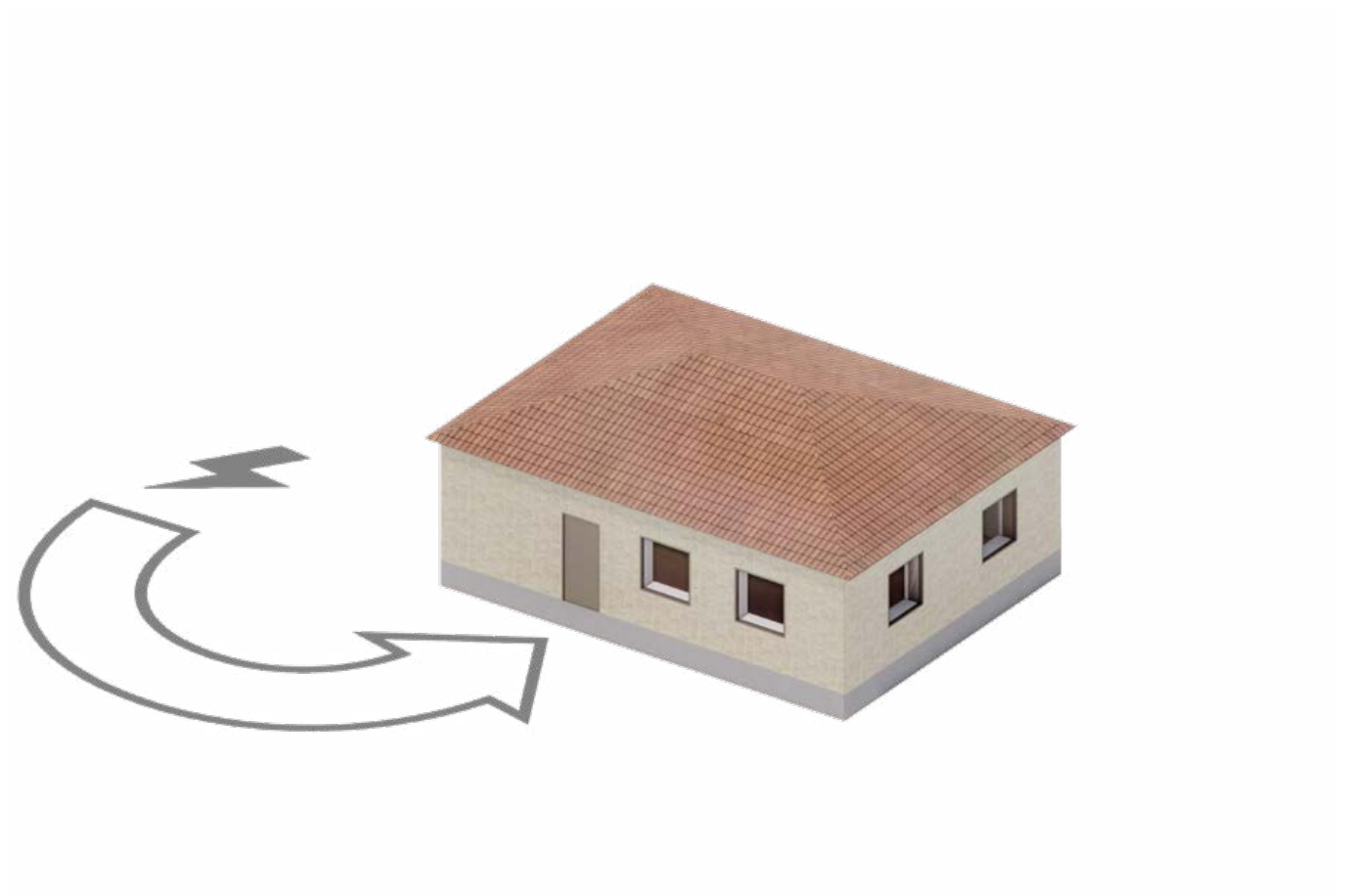
Emission Comparison



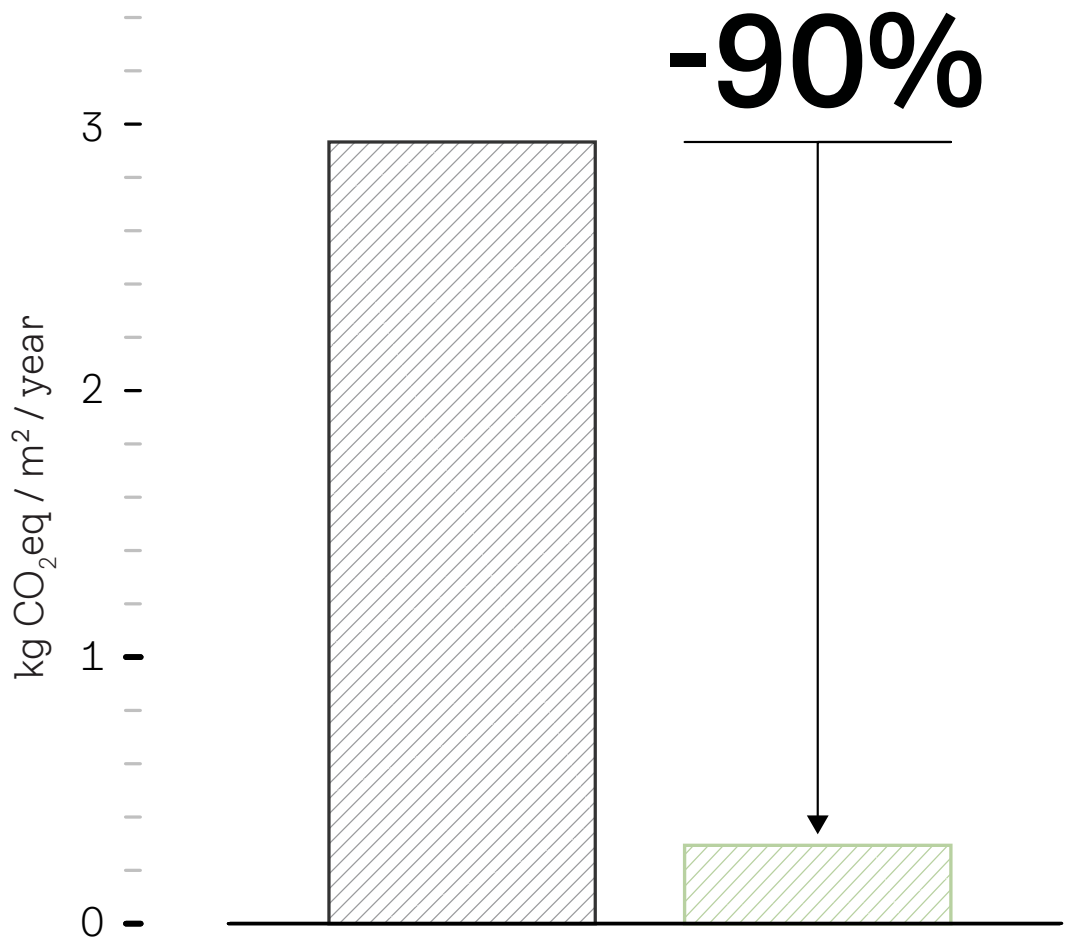
Living Places

# Operation comparison

Operational comparison between the benchmark house (District heating and grid connection ) and Living Places (Air to water heat pump solar panels, grid connections).



Benchmark House



Emission Comparison



Living Places

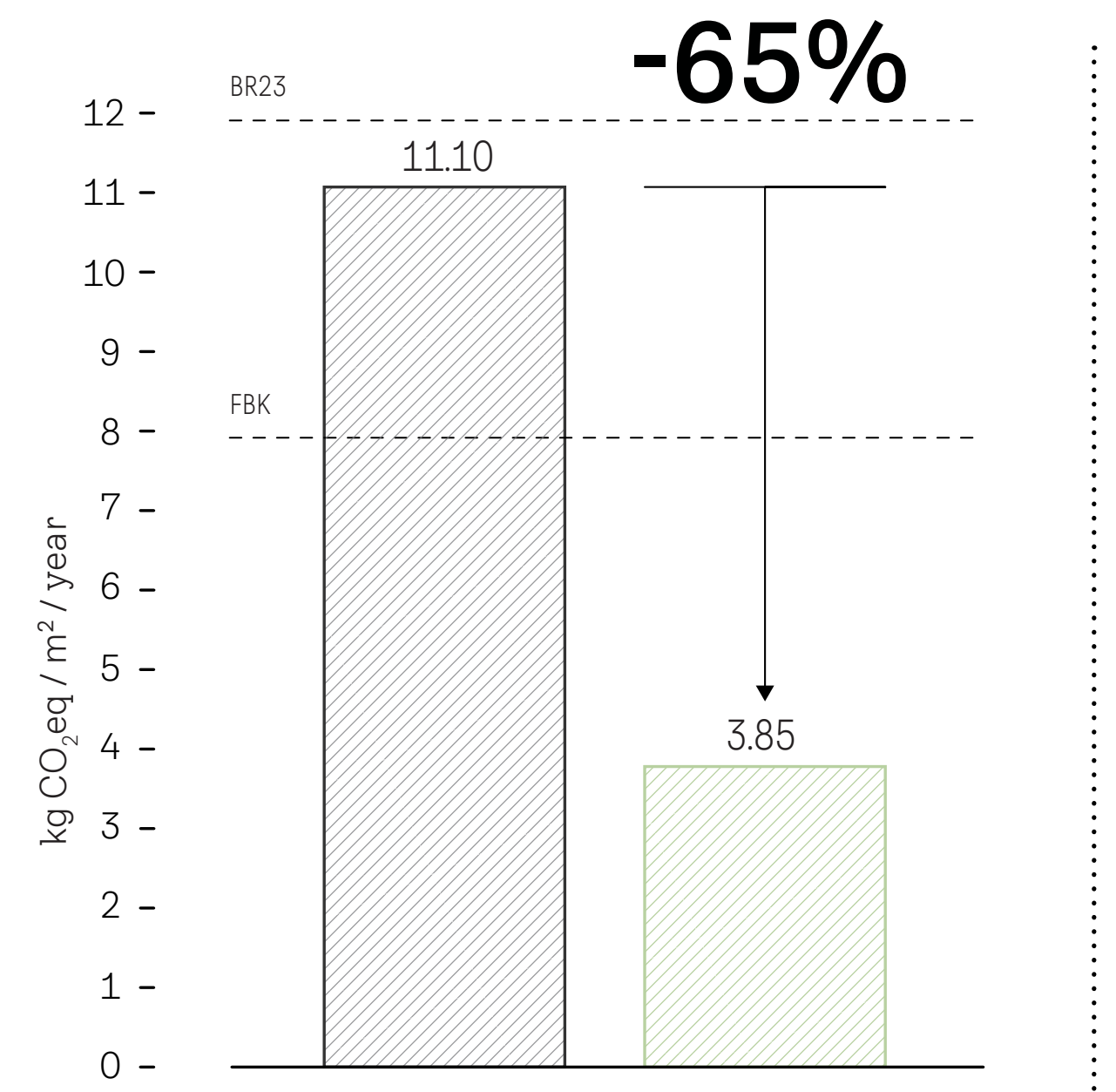


# Total comparison

Comparison between the benchmark house and Living Places full LCA analysis.



Benchmark House



Emission Comparison

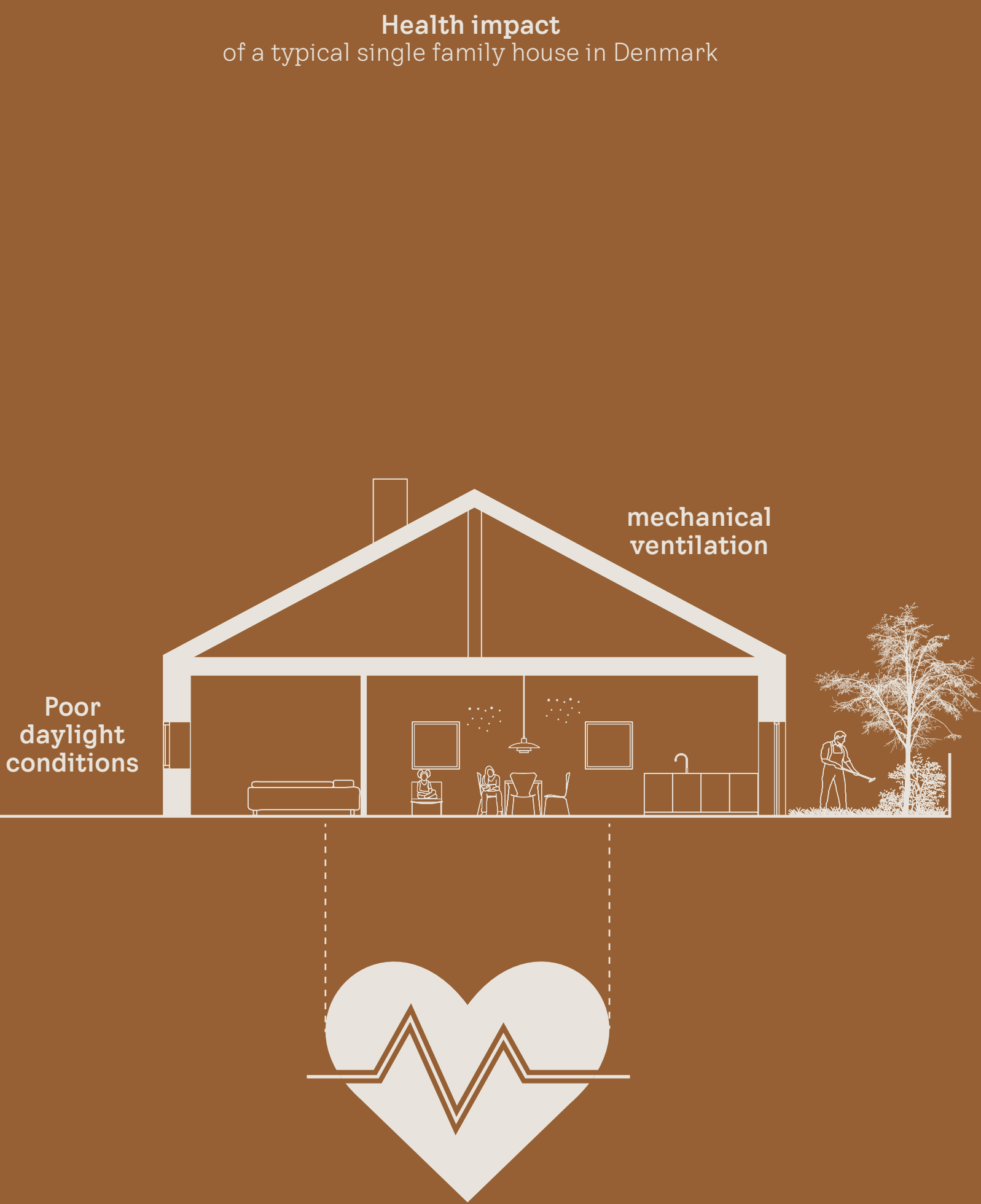


Living Places

# Healthy People

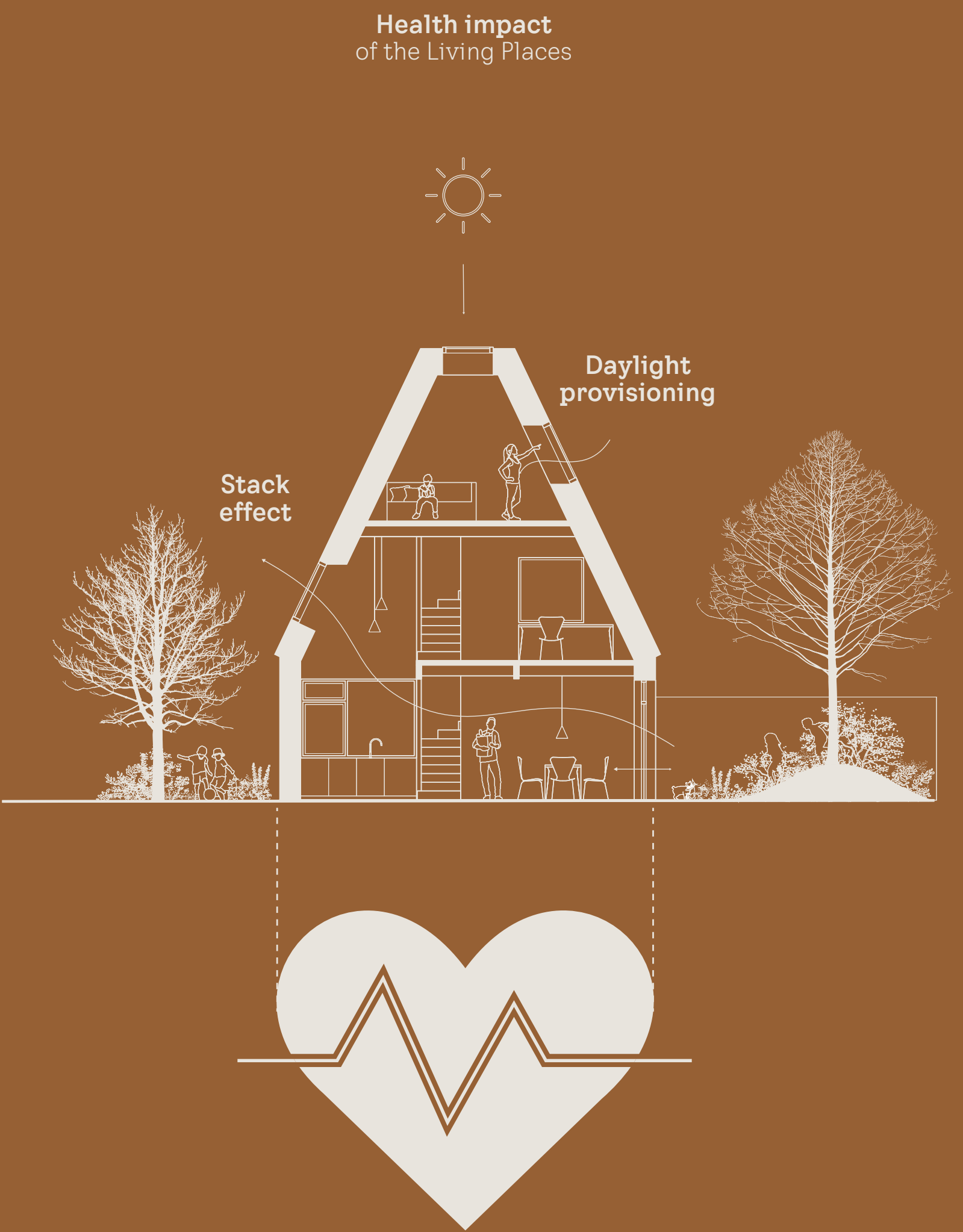
What if we could reduce the environmental impact, while enhancing the health and wellbeing for people?

Benefiting both people and planet through the use of healthy building principles. Focusing on daylight, thermal indoor environment, indoor air quality, acoustics and connections to the outdoors we ensure homes that enhance the wellbeing of people.



## Indoor climate class 3

The reference house's lack of healthy building principles led to a low Active House radar score, signifying a subpar indoor environment.



## Indoor climate class 1

By integrating healthy house principles, we achieve a higher Active House score and, thereby, an indoor environment that is three times better.



# Healthy Building principles

We spend 90% of our time indoors, so the way we build and live directly affects our physical and mental health. Living Places focuses not only on how we create a better living environment for our planet but also on creating a path towards a future-oriented society that enhances living conditions for people as well. Living Places showcases how we can build homes that don't just make us less sick but actually contribute to improving our health.

Combining mechanical ventilation and effective filtration of outdoor air with natural ventilation through windows and doors secures a healthy indoor climate through the whole year, even when the outside temperature drops. Both roof windows and the mechanical ventilation are connected to sensors which automatically open the windows, activate blinds, and increase the air flow to prevent overheating and bad indoor air quality.

In addition, an effective cooker hood is installed to remove particles from the indoor air.

By installing roof windows on both the pitched and flat roof, more daylight is let into the rooms, increasing the feeling of wellbeing while also reducing the need for artificial light.



DAYLIGHT



THERMAL COMFORT



INDOOR AIR QUALITY



ACOUSTICS



OUTDOOR CONNECTION



# Healthy Building principles



Daylight



Thermal environment



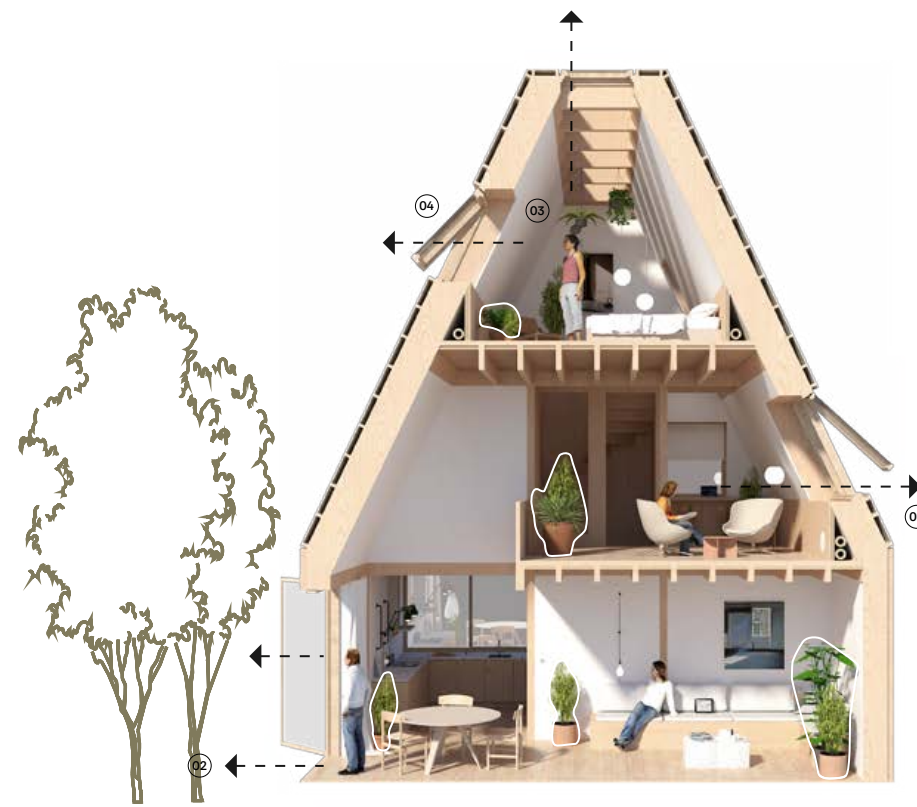
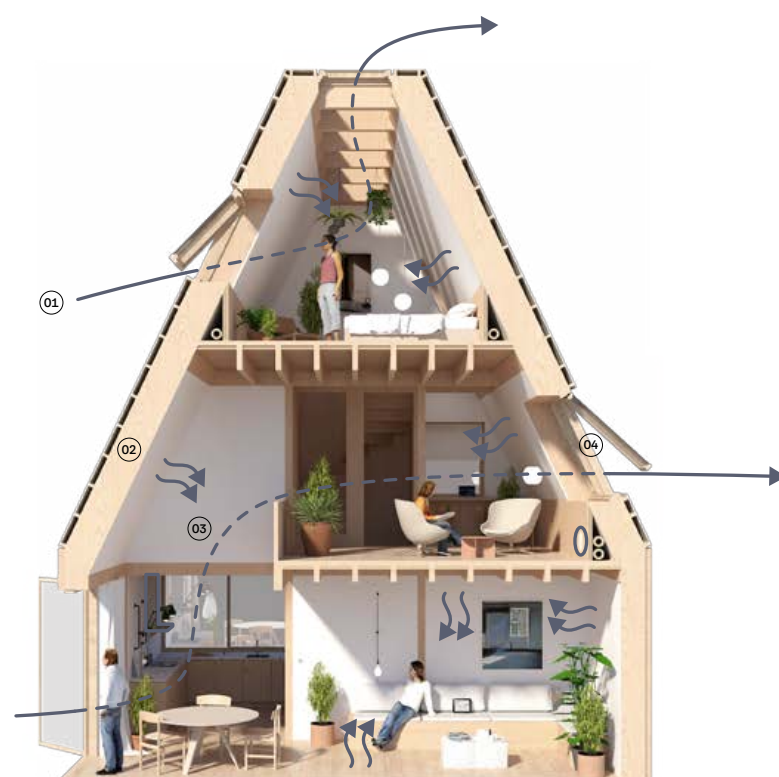
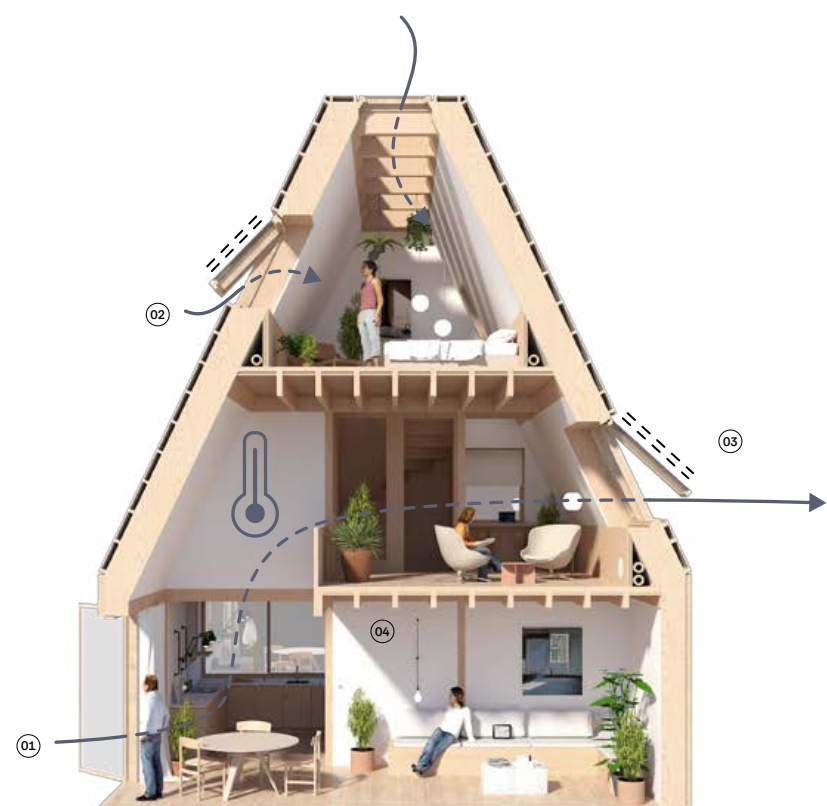
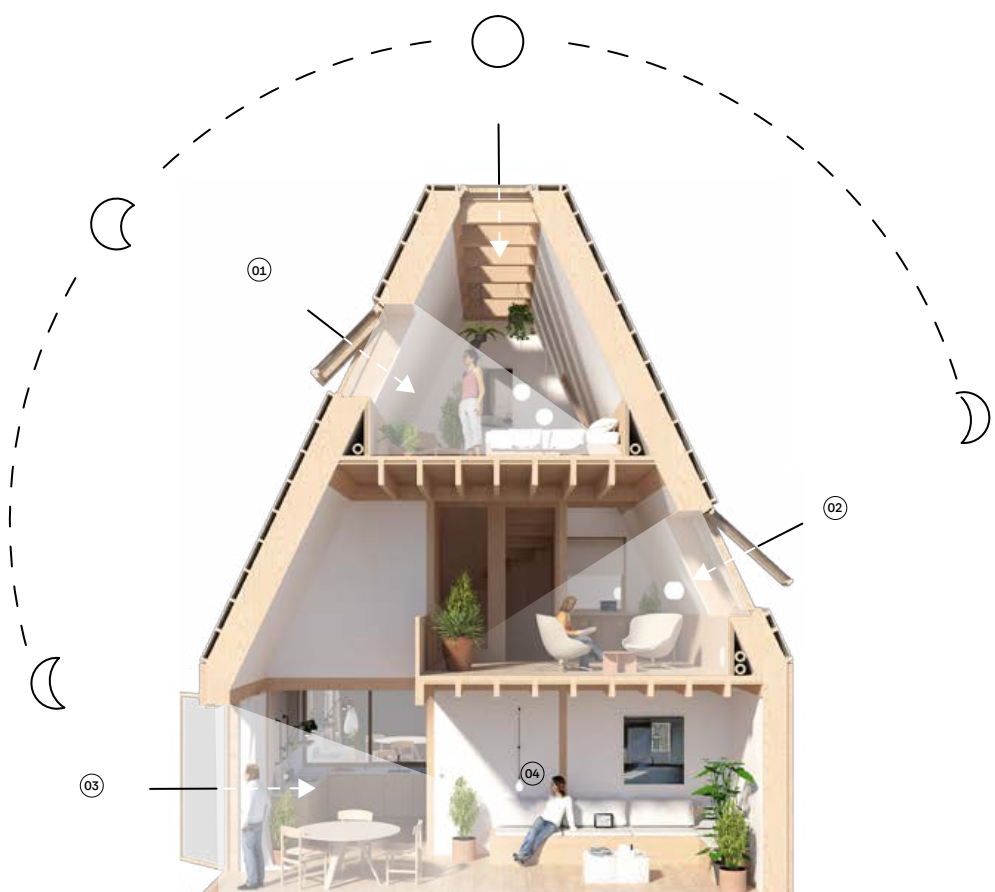
Indoor air quality



Acoustics



Outdoor connection



- 01 Daylight Autonomy
- 02 Daylight from multiple directions
- 03 Daylight following the circadian rhythms
- 04 Glare and reflectance management

- 01 Ventilative cooling
- 02 Draught control
- 03 Dynamic shading
- 04 Operative temperature

- 01 Fresh air (CO<sub>2</sub> concentration)
- 02 Low-emitting building materials
- 03 Particle removal and filtration
- 04 Dampness (cross and stack ventilation)

- 01 Noise insulation
- 02 Controlled sound transmission
- 03 System noise
- 04 Acoustic privacy

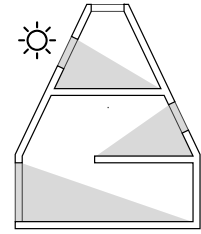
- 01 Direct view of nature
- 02 Direct access to nature
- 03 Bring the outdoor in
- 04 Direct sky view





# Daylight

01



## DAYLIGHT AUTONOMY

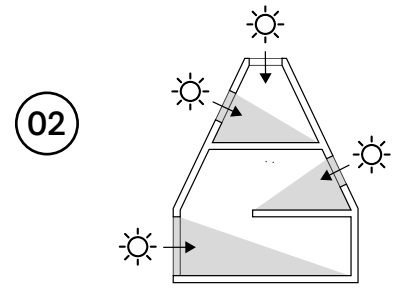
Daylight in buildings is composed of a mix – direct sunlight, diffuse skylight, and light reflected from the ground and surrounding elements. Daylighting design needs to consider orientation and building site characteristics, façade and roof characteristics, size and placement of window openings, glazing and shading systems, and geometry and reflectance of interior surfaces. Good daylighting design ensures adequate light during daytime.







## Daylight



**DAYLIGHT  
FROM MULTIPLE  
DIRECTIONS**

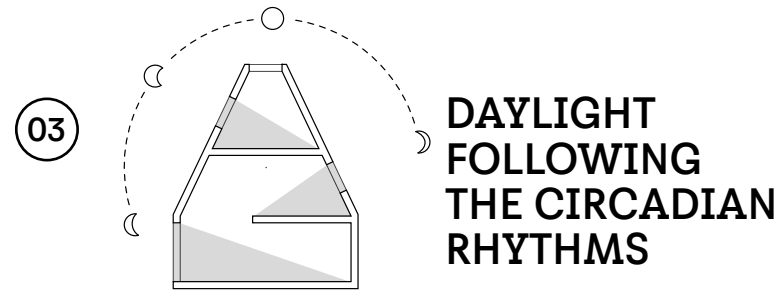
The positioning of windows will influence the distribution of daylight in the room and determine the amount of 'useful' daylight. Window position should also take into account the relation between the view to the outside and the eye level of the occupants. Windows in multiple facades/roofs ensures a good distribution throughout the day with the changing sun position.



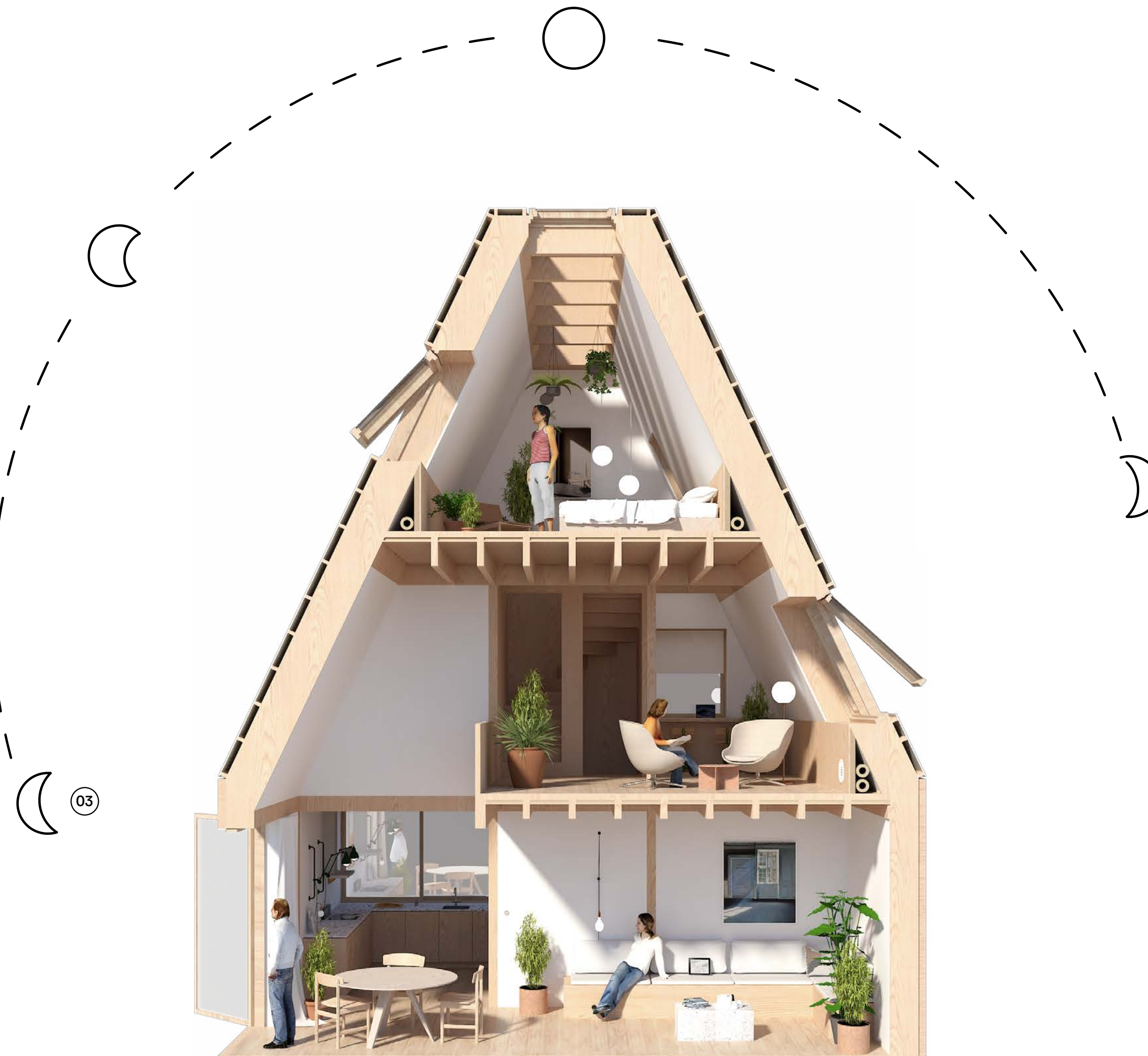




## Daylight



Many aspects of human physiology and behaviour are dominated by 24-hour rhythms that have a major impact on our health and wellbeing. They control sleep/wake cycles, alertness, performance patterns, core body temperature rhythms, as well as the production of the hormone melatonin and cortisol. These daily rhythms are called circadian rhythms and their regulation depends very much on the environment we live in. The dynamic variation of light, both daily and seasonal, is a critical factor in setting and maintaining our 24-hour daily rhythms – our circadian rhythms – which, in turn, play a key role in the regulation of the sleep/wake cycle.

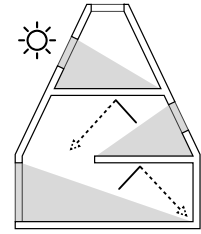






# Daylight

04



## GLARE AND REFLECTANCE MANAGEMENT

Glare and reflectance control helps to optimise visual comfort and safety. Glare, caused by excessive brightness or intense light, can lead to discomfort and visual fatigue. Effective management involves controlling the intensity and direction of light sources to minimise these adverse effects.

Reflectance management focuses on reducing unwanted reflections, which can hinder visibility and create distractions. This is particularly important in settings where reflective surfaces, such as glass or glossy materials, are prevalent. Employing anti-reflective coatings or strategically placing objects can help mitigate these issues.







# Daylight

## How we measure

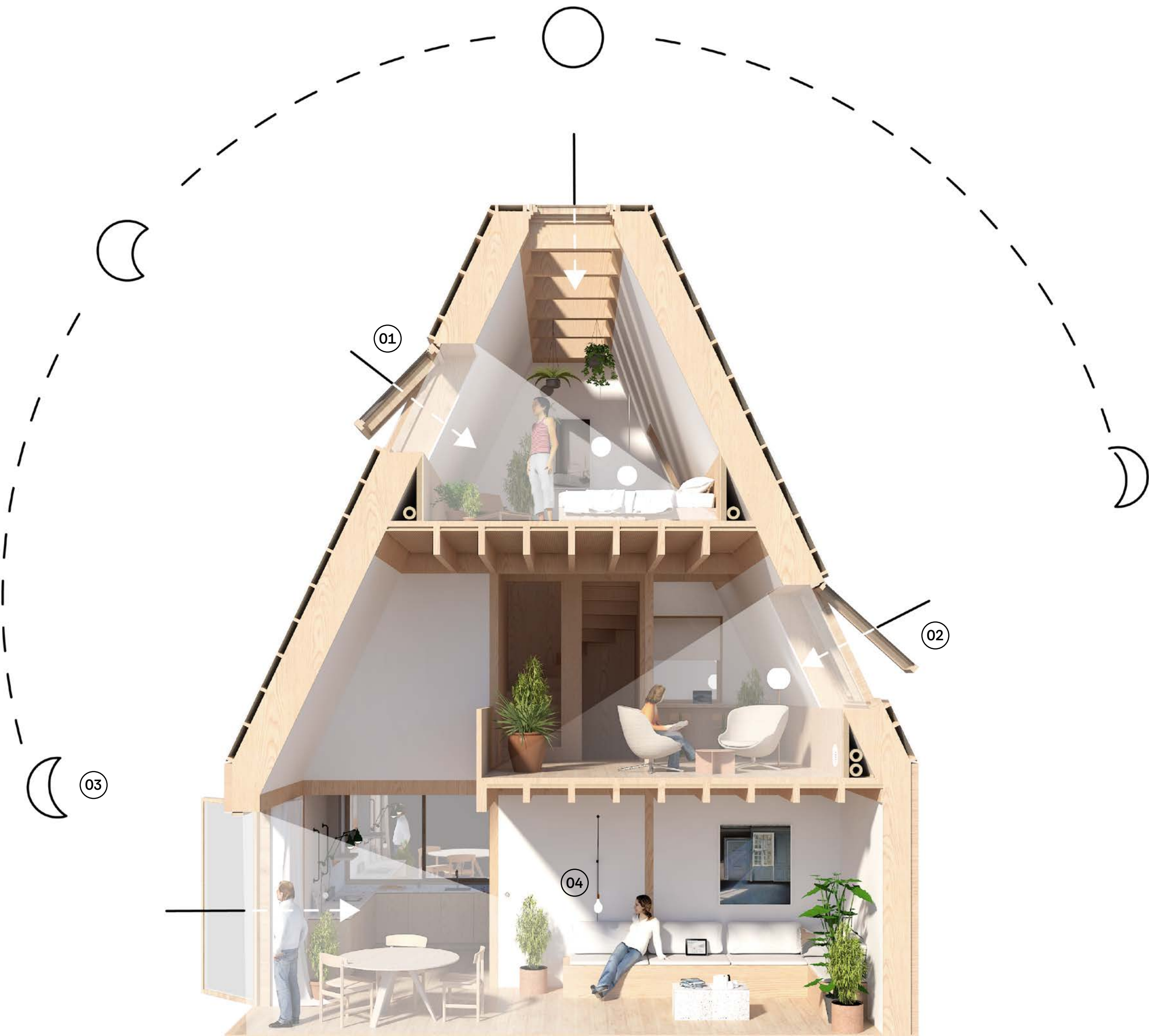
Through dynamic simulations of the daylight autonomy, it is possible to consider factors such as orientation, location, seasons, and occupant requirements.

The method used is the DA300/50, a target of 300 lux at least 50% of the yearly hours.

## Targets

### Active House Radar

Daylight autonomy		
1	2	3
>70%	>60%	>50%
Reflectance		
Ceiling	Wall	Floor
0,7	0,5	0,2



- 01

DAYLIGHT  
AUTONOMY
- 02

DAYLIGHT  
FROM MULTIPLE  
DIRECTIONS
- 03

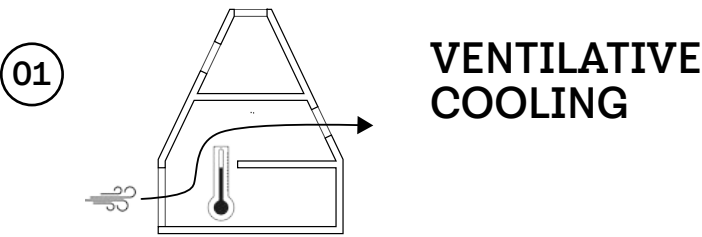
DAYLIGHT  
FOLLOWING  
THE CIRCADIAN  
RHYTHMS
- 04

GLARE AND  
REFLECTANCE  
MANAGEMENT





# Thermal environment



Ventilative cooling refers to the use of natural or mechanical ventilation strategies to cool indoor spaces via outdoor air. Using outside air reduces the energy consumption of cooling systems while maintaining the thermal environment. The most common technique is to use increased ventilation airflow rates and night ventilation. Natural ventilative cooling by opening windows is a very direct and fast method of influencing the thermal environment. An open window will cause increased air motion, and if the outdoor temperature is lower than indoors the room temperature will fall.

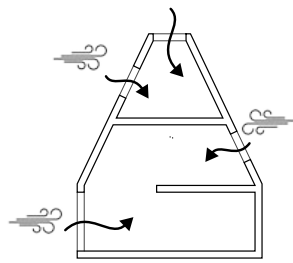






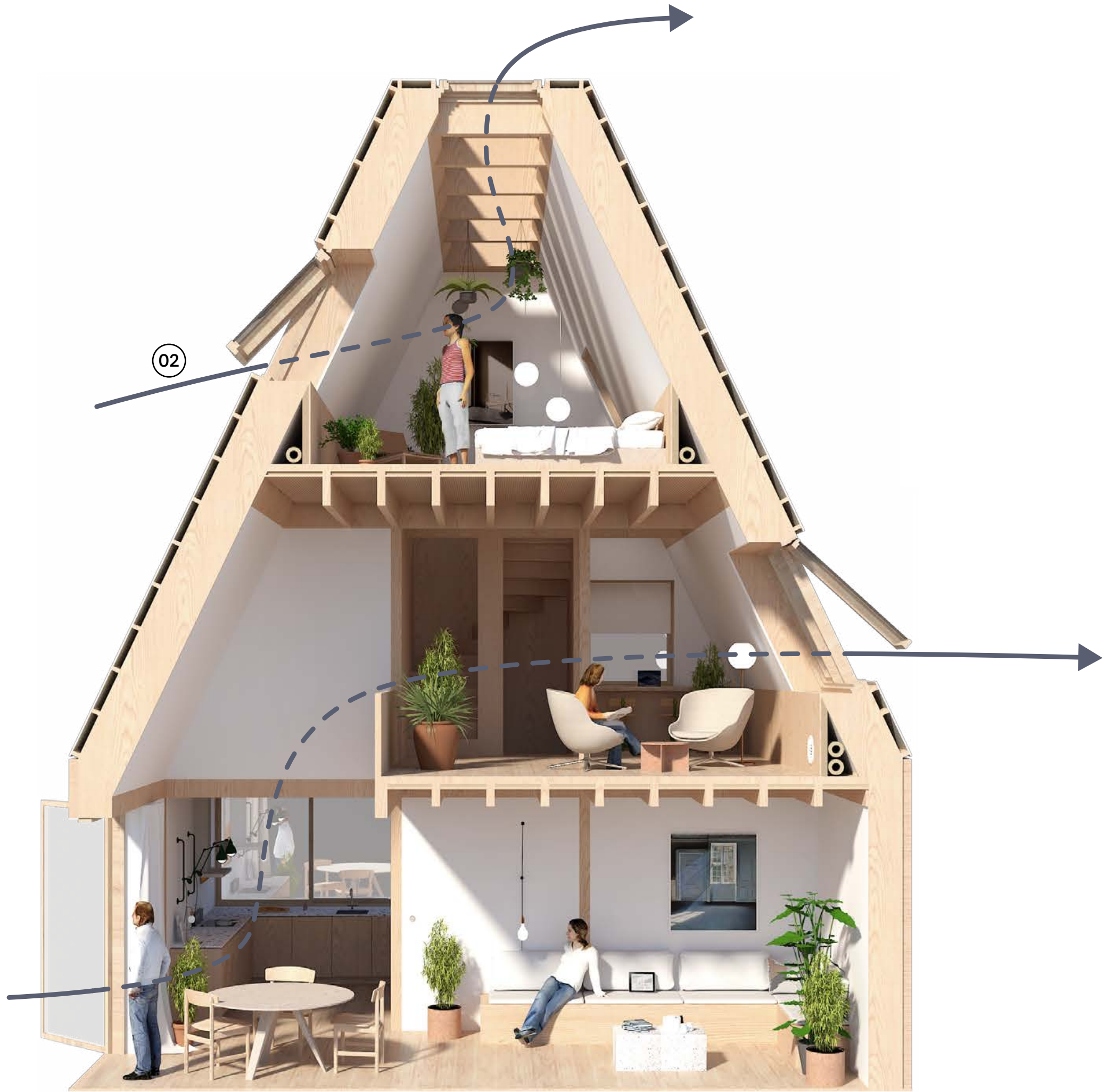
# Thermal environment

02



## DRAUGHT CONTROL

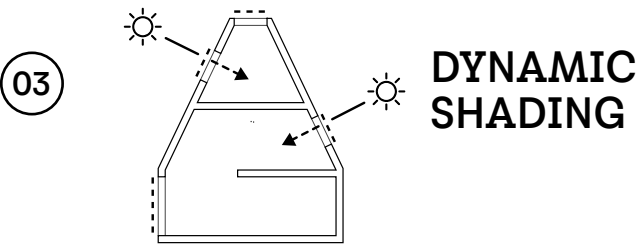
Effective draught control involves optimising the size and placement of ventilation openings to encourage a gentle, controlled airflow. This can be achieved through the strategic use of features like adjustable vents, window design, and building orientation. Additionally, using technologies such as automated sensors or airflow regulators allows for precise control, ensuring a balance between fresh air intake and draught prevention.







# Thermal environment



Blinds and shutters block solar radiation and thus reduce the amount of heat entering a room. Overheating during summer can be efficiently reduced, and even eliminated, using proper solar shading. An automatic control system can be used to operate the solar shading. The most reliable solution is sensor-based control, although time control can also achieve good performance. The advantage of an automatic control system is the ability to adjust the window and its accessories to match the actual needs of the occupants. If solar gain causes overheating, external shading is used; when it makes sense in relation to energy and comfort, the shading is deactivated.

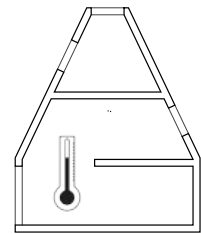






# Thermal environment

04



## OPERATIVE TEMPERATURE

Effective draught control involves optimising the size and placement of ventilation openings to encourage a gentle, controlled airflow. This can be achieved through the strategic use of features like adjustable vents, window design, and building orientation. Additionally, using technologies such as automated sensors or airflow regulators allows for precise control, ensuring a balance between fresh air intake and draught prevention.







# Thermal environment

## How we measure

To objectify the risk of overheating, a dynamic thermal simulation tool is used to determine hourly values of indoor operative temperature at room level.

## Targets

### Active House Radar

Max operative temperature

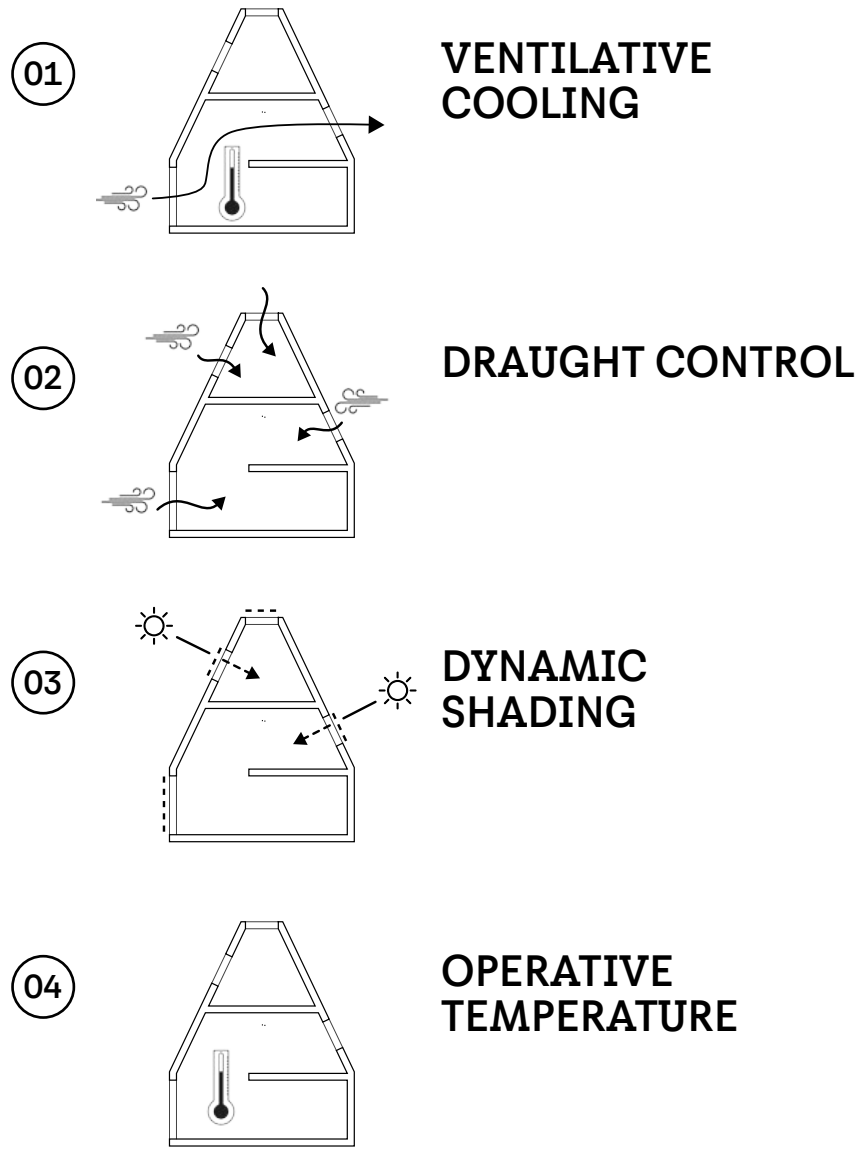
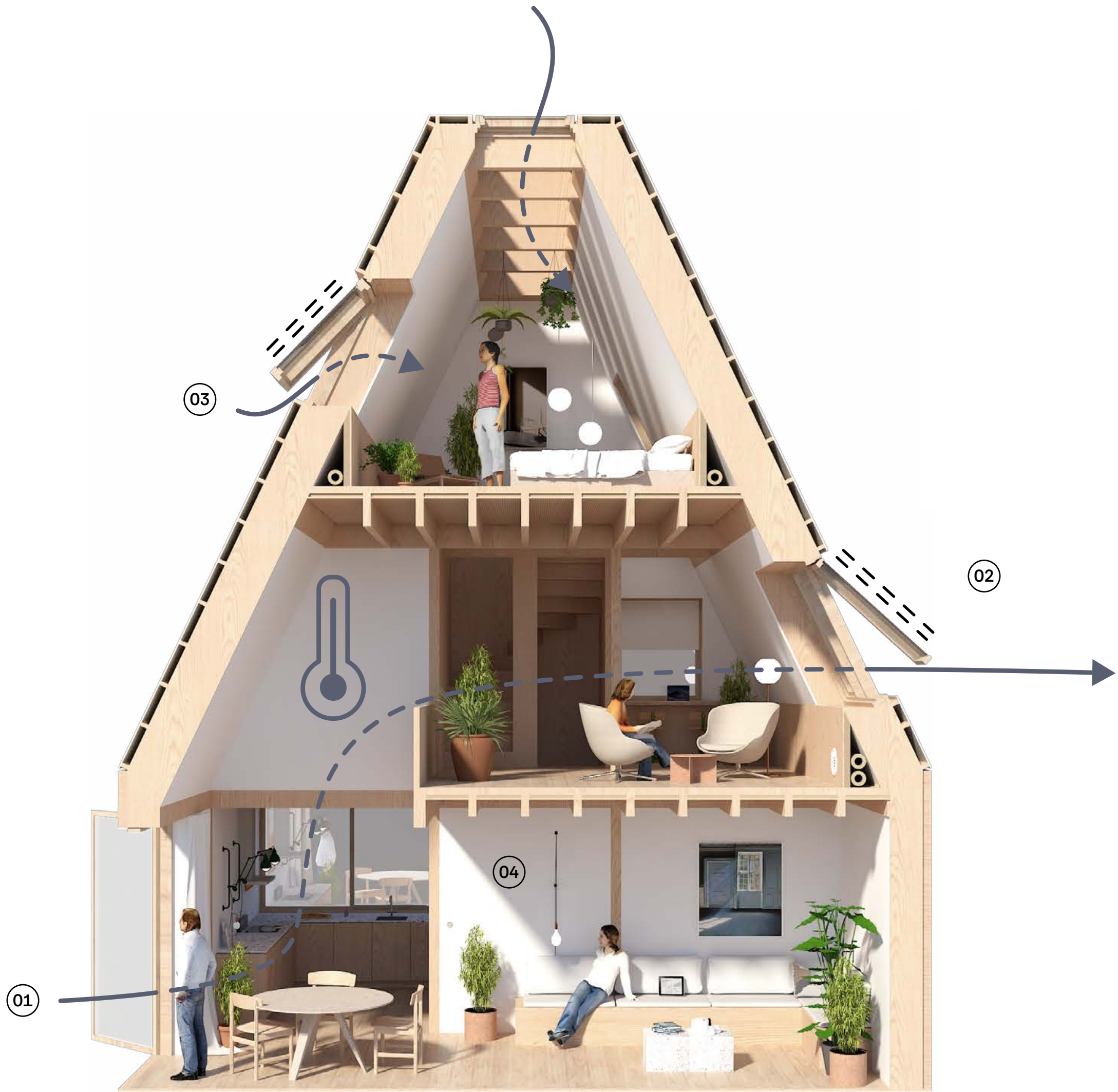
1	2	3
<25,5 °C	<26 °C	<27 °C

Min operative temperature

1	2	3
>21 °C	>20 °C	>19 °C

Air speed

Winter	Summer
0,20m/s	0,50m/s

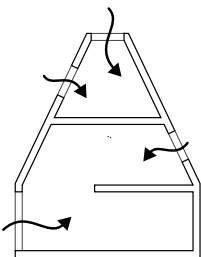






# Indoor air quality

01



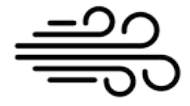
FRESH AIR AND  
CO<sub>2</sub>  
CONCENTRATIONS

Fresh air and carbon dioxide (CO<sub>2</sub>) concentrations play vital roles in maintaining a healthy indoor environment, and natural ventilation is a key factor in achieving this balance. Adequate fresh air intake is essential for diluting indoor pollutants, removing odors, and promoting overall wellbeing.

Natural ventilation, facilitated by well-designed openings such as windows and vents, allows for the exchange of stale indoor air with fresh outdoor air. This process helps regulate CO<sub>2</sub> levels, preventing them from reaching concentrations that can negatively impact cognitive function, concentration, and overall health. High CO<sub>2</sub> levels are often associated with poor ventilation and can contribute to symptoms such as headaches, fatigue, and decreased productivity.

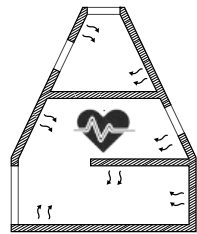






# Indoor air quality

02



## LOW-EMITTING BUILDING MATERIALS

Newly installed building materials such as furniture, insulation, flooring, and wet-applied products such as paints, sealants, and coatings can significantly introduce VOCs into living spaces. VOCs encompass a wide group of volatile substances of both natural and artificial origins which have a wide range of health effects from nose, eye, and throat irritation and headaches to liver, kidney, and central nervous system damage. To reduce the VOC concentrations indoors, it is important to carefully select products with low or no VOC emissions.

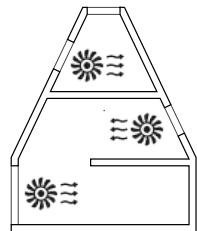






# Indoor air quality

03



## PARTICLE REMOVAL AND FILTRATION

To preserve indoor air quality and maximise olfactory comfort in occupied spaces, an effective kitchen hood can be installed to isolate and properly ventilate indoor pollution sources from cooking. Particles are emitted from all burning processes such as fireplaces or similar. Although these are experienced as cozy by many they should be avoided or used with caution.

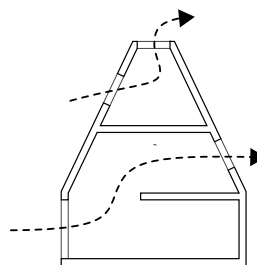






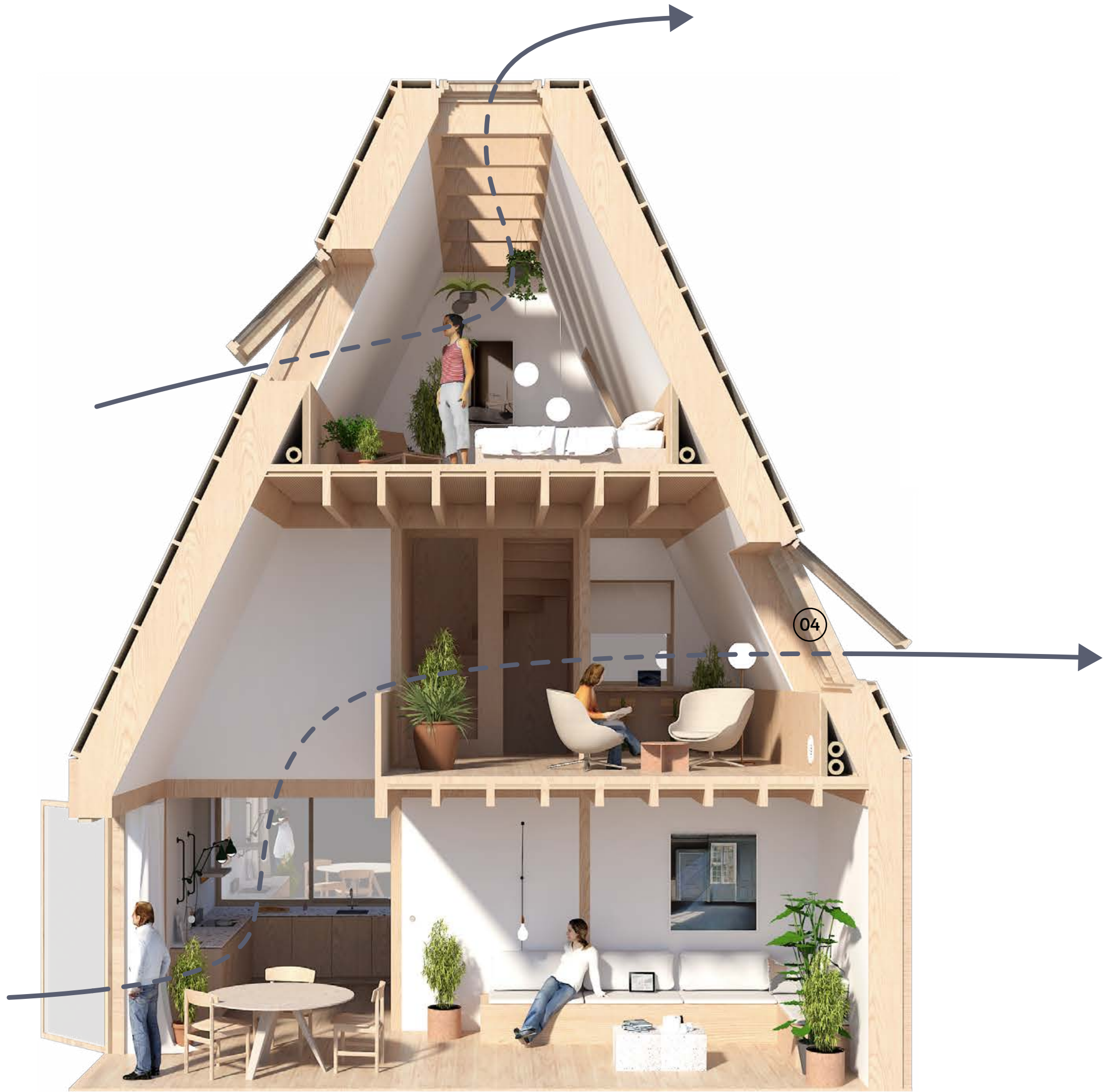
# Indoor air quality

04



**DAMPNESS  
CROSS AND STACK  
VENTILATION**

Warm air is lighter than cold air. That causes the stack effect, which means that warm air inside a building will rise. The warm air will leave the building at the top through leakages, stack ducts, or open windows and be replaced by outdoor air entering the building at ground level. The higher the building, the more powerful the stack effect. For the stack effect to work efficiently, there must be air passages through the building as well as operable windows at both top and bottom. Ideally these can be controlled together.







# Indoor air quality

## How we measure

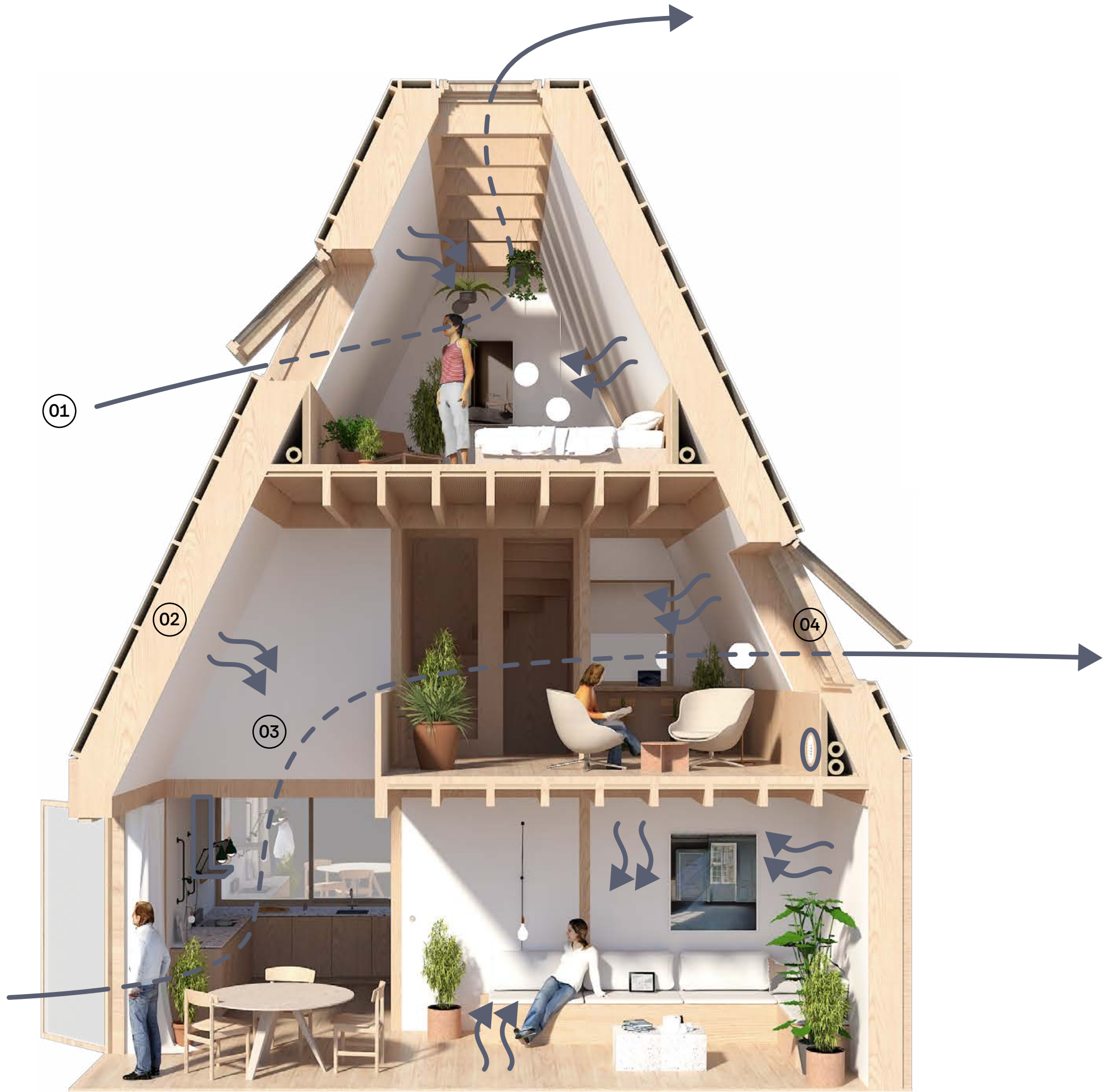
Multiple parameters define the indoor air quality, such as level of particles, carbon dioxide, volatile organic compounds (VOCs) from materials, radon, relative humidity, and mold.

## Targets

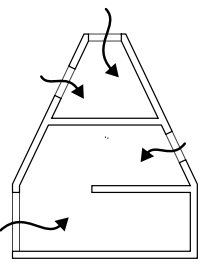
### Active House Radar

Fresh air supply (ppm CO<sub>2</sub>)

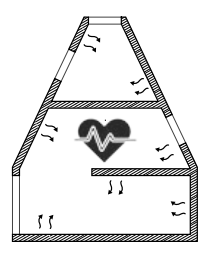
1	2	3
<400ppm	<500ppm	<800ppm



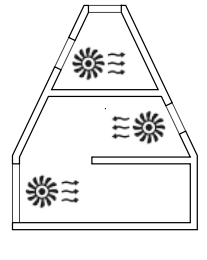
- 01



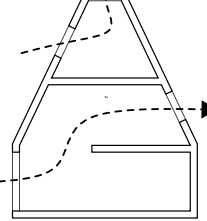
FRESH AIR  
CO<sub>2</sub> CONCENTRATION
- 02



LOW-EMITTING  
BUILDING MATERIALS
- 03



PARTICLE REMOVAL  
AND FILTRATION
- 04

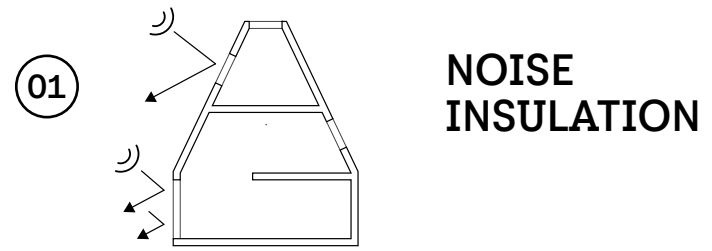


DAMPNESS  
CROSS AND STACK  
VENTILATION

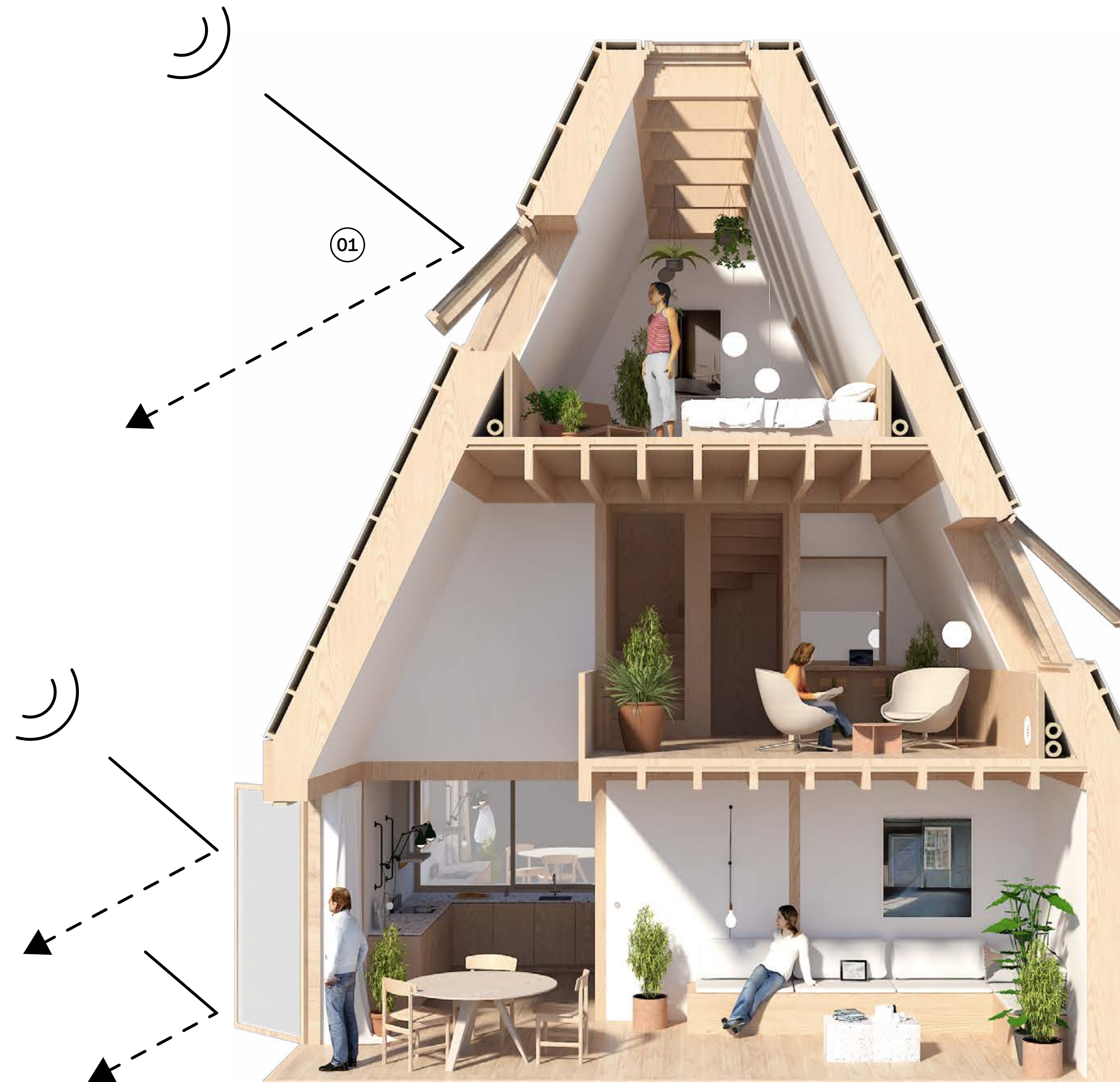




## Acoustics



One important function of the building envelope is to protect the interior from unwanted outdoor noise. Sound insulation is an important parameter of building components, as outdoor noise can have negative effects on health, mood, and learning capabilities.

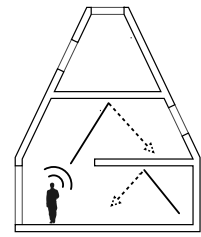






## Acoustics

02



### CONTROLLED SOUND TRANSMISSION

Reverberation time is an important parameter for the acoustical experience of indoor spaces. Buildings with 'soft' interior surfaces are often more appreciated by occupants and visitors. Typical examples of expected reverberation time are 3-10 seconds in a church; 2 seconds in a concert hall or auditorium; 0.6-1 second in a classroom; and 0.5 seconds in a home. Intelligibility of speech is often a key factor in a room – and large rooms, with hard, parallel surfaces, can be a challenge.

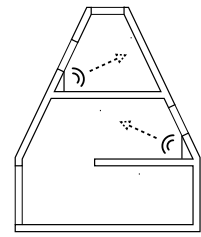






## Acoustics

03



### SYSTEM NOISE

At night, even lower noise levels are desired. It is important that occupants can adjust the settings of ventilation systems manually in order to limit noise levels when needed. Noise from heating and cooling systems must also be limited. Modern, energy-efficient buildings have increasingly complex service systems (e.g. heat pumps) – and special attention to avoid excessive noise from these systems should be taken.

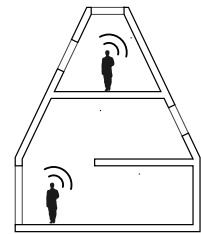






## Acoustics

04



### ACOUSTIC PRIVACY

Excessive noise levels can lead to stress, sleep disturbances, and an increased risk of cardiovascular issues. Acoustic privacy becomes particularly crucial in environments where concentration and focus are essential, such as offices, classrooms, and healthcare facilities. Interruptions caused by noise can impair cognitive function, hinder communication, and contribute to elevated stress levels.

Designing spaces with acoustic privacy in mind involves implementing sound-absorbing materials, strategic layout planning, and using technologies like sound masking systems. By minimising unwanted noise and ensuring a quieter environment, individuals can experience improved concentration, enhanced productivity, and reduced stress levels.







# Acoustics

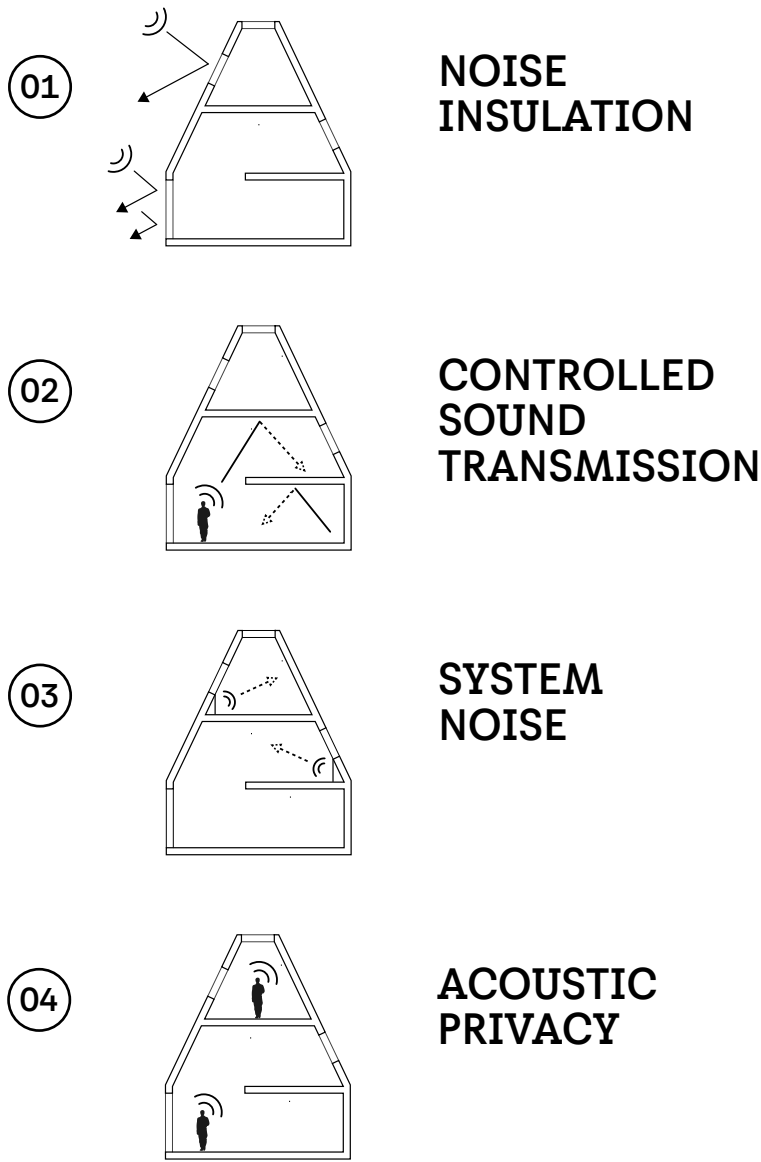
## How we measure

The levels are aimed at setting ambitions for calculations at the design stage.  
After completion, measurements can be done. These can be done by a professional, but also with a noise meter app on a smartphone.

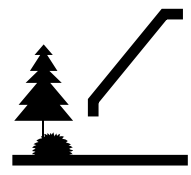
## Targets

### Active House Radar

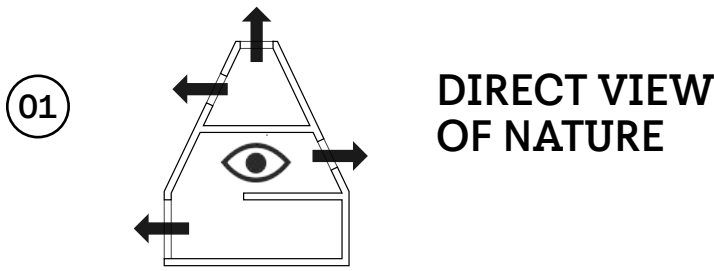
Sound pressure level		
1	2	3
<25dB	<30dB	<35dB
Inside system noise		
1	2	3
<25dB	<30dB	<35dB
Acoustic privacy (airbone sound)		
1	2	3
>62dB	>57dB	>52dB



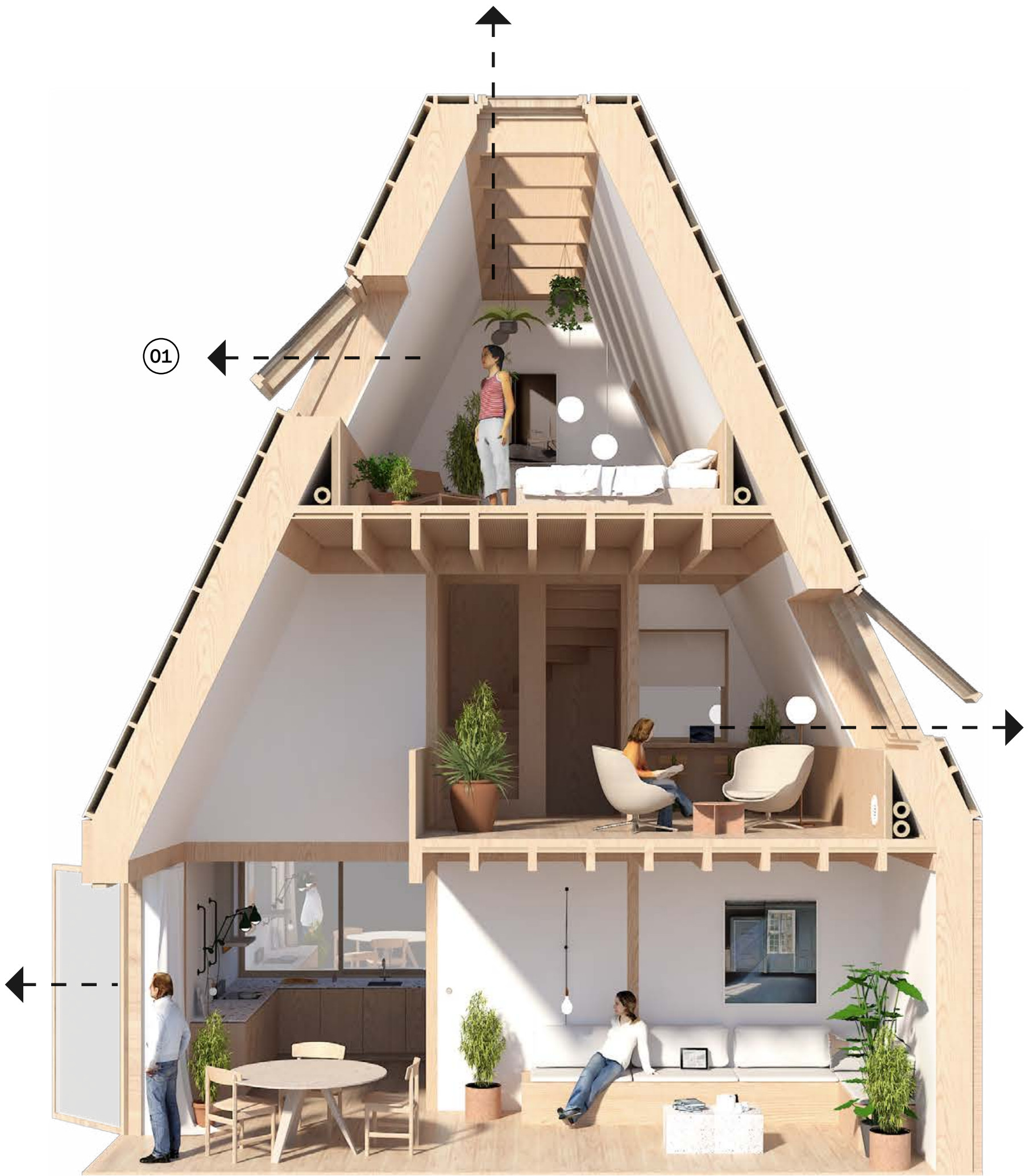




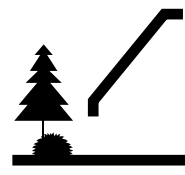
# Outdoor connection



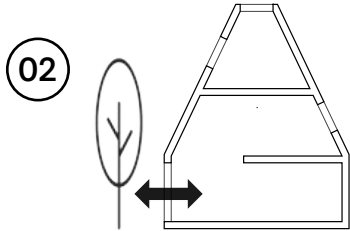
Meeting the need for contact with the outside living environment is an important psychological aspect linked to daylighting. The provision of daylight alone is not enough to satisfy user desires for views. Windows provide contact with the outside, supply information of orientation, give experience of weather changes, and allow us to follow the passage of time over the day.







# Outdoor connection

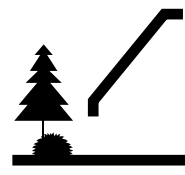


DIRECT ACCESS  
TO NATURE

Outdoor spaces must be treated as an extension of the house and designed to inspire the occupants to spend as much time as possible outside, offering a close contact to nature in all seasons of the year. The many associated benefits form direct access to nature and green spaces include lower levels of anxiety and depression, as well as improved mental recovery from stress and fatigue.

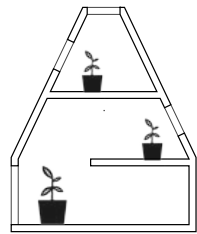






# Outdoor connection

03

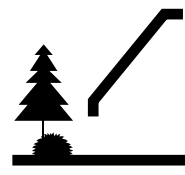


BRING THE  
OUTDOOR IN

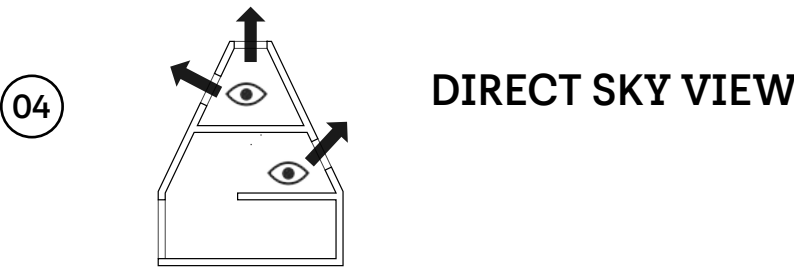
Incorporation of plants in the indoor environment is among others linked with decreased levels of depression and anxiety, better recovery from stress and illness, and increased psychological wellbeing.







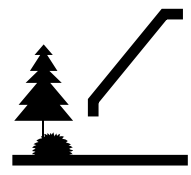
# Outdoor connection



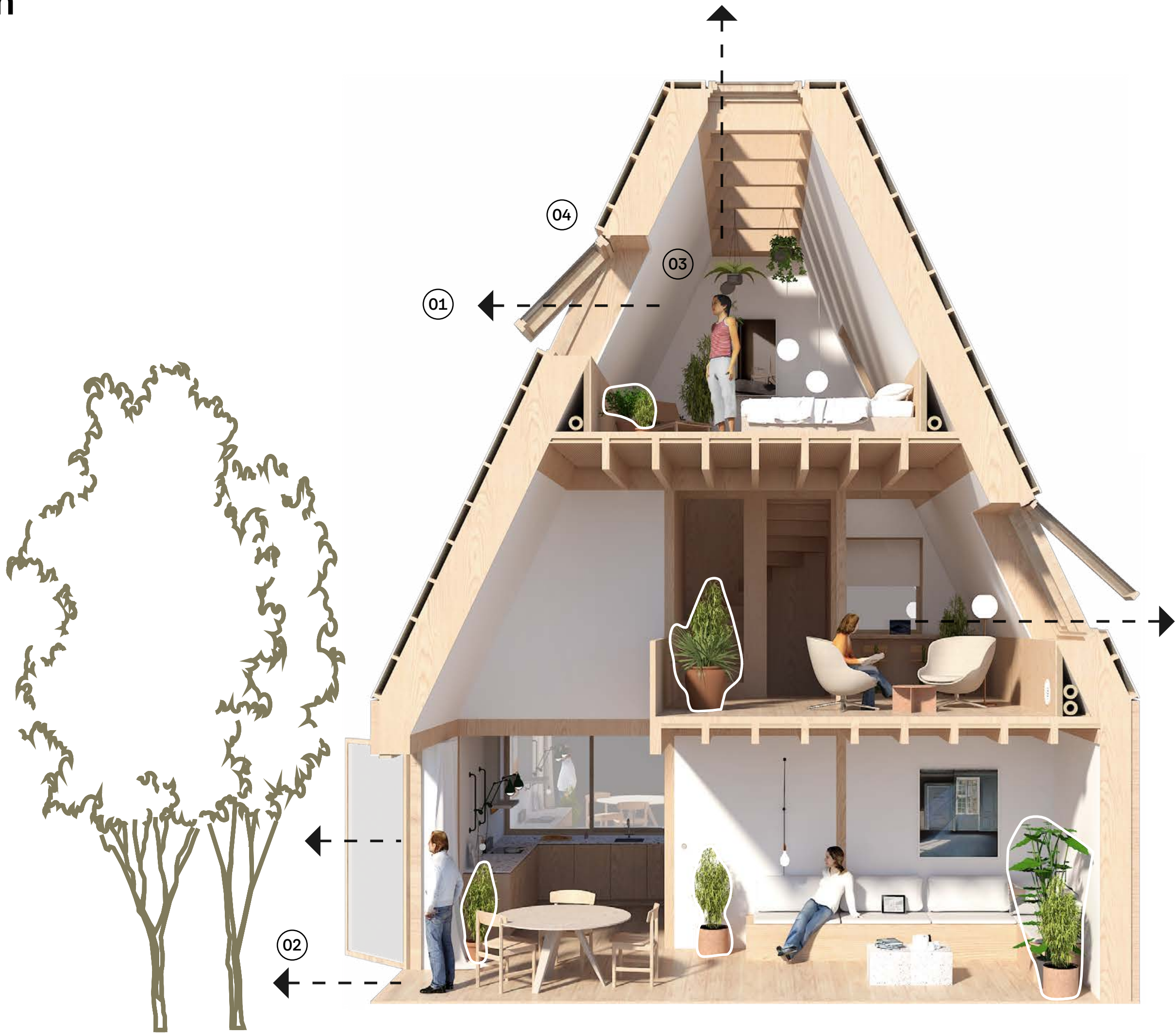
Skylights offer occupants a direct view of the ever-changing sky, allowing them to stay connected with the outside world. Witnessing daily changes in weather and light can foster a deep sense of connection to the outdoors and provide a natural way to perceive the passage of time throughout the day.







Outdoor connection  
How we measure



- 01 DIRECT VIEW OF NATURE
- 02 DIRECT ACCESS TO NATURE
- 03 BRING THE OUTDOOR IN
- 04 DIRECT SKY VIEW

# Indoor climate class comparison

Comparison of indoor climate simulations for Living Places and a traditional parcel house are compared by following the Active House specification.

The simulations are comparing the categories achieved by each room. Simulations are based on various input and assumptions.

## Reference house

Health impact



Class 3

### INDOOR CLIMATE CLASS 3

The reference house, designed with few healthy building principles, achieves a low indoor climate class, reflecting its lack of focus on design principles centered around healthy people.

## Living Places

Health impact



Class 1

### INDOOR CLIMATE CLASS 1

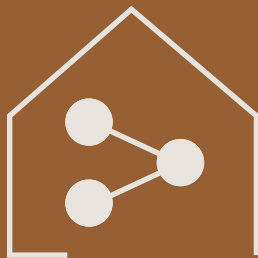
Living Places, designed with healthy building principles, achieves the highest indoor climate class, reflecting its focus on design principles centered around healthy people.



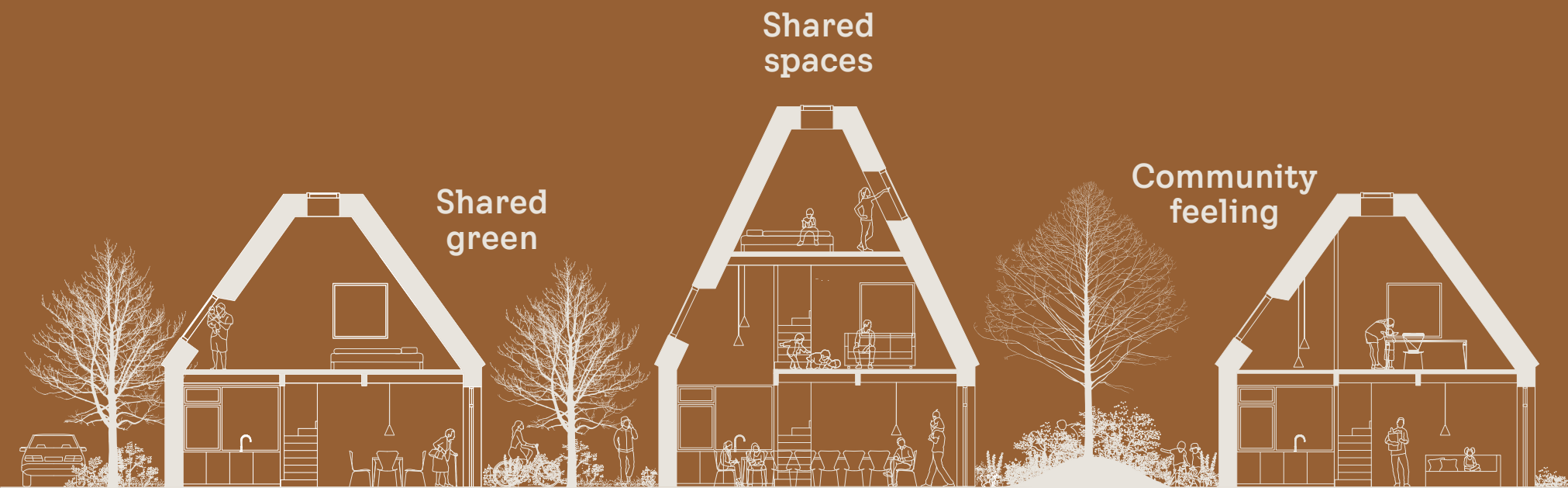
# Shared Principle

Can we strengthen the sense of community by rethinking how we live?

Enabling a sense of community by combining private dwellings with shared spaces, resources, outdoor areas, and amenities.



Traditional suburban development is intensifying segregation, highlighting a divide both in space and mindset.



Shared living fosters integration through shared spaces, nurturing a sense of community and belonging amidst residents,

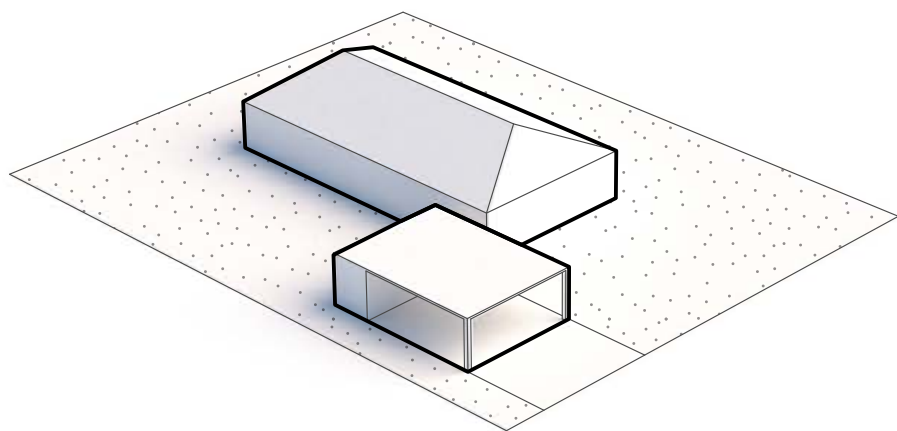
# Shared Living promotes access over ownership

What if we could move past the idea that “bigger is better” and free ourselves of the notion that more material goods will make us happier?

In fact, what if we could be happier living in smaller spaces, as long as we could access more shared services? With the above in mind, each home will combine private dwellings with shared spaces, resources, outdoor areas, and amenities.

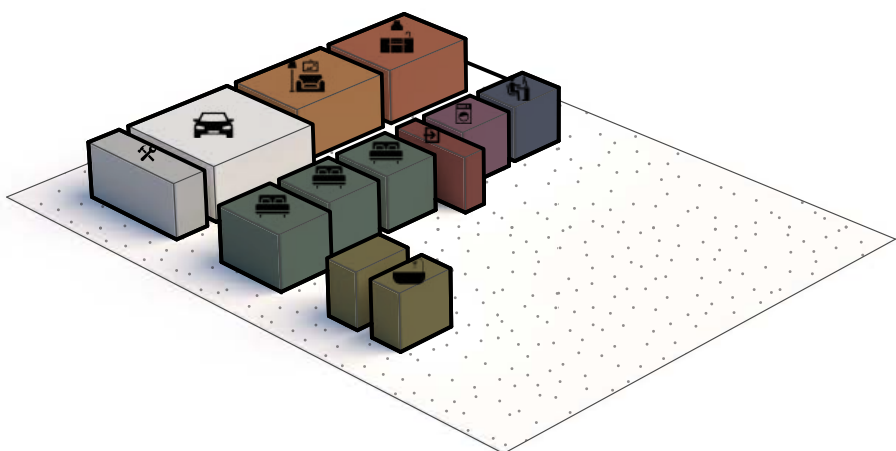
On the one hand, the shared spaces will allow people to meet their neighbours and proactively engage in shaping their community. These spaces will also reduce the costs associated with unused square meters by pooling resources into common facilities, goods, and services that promote access over ownership.

01



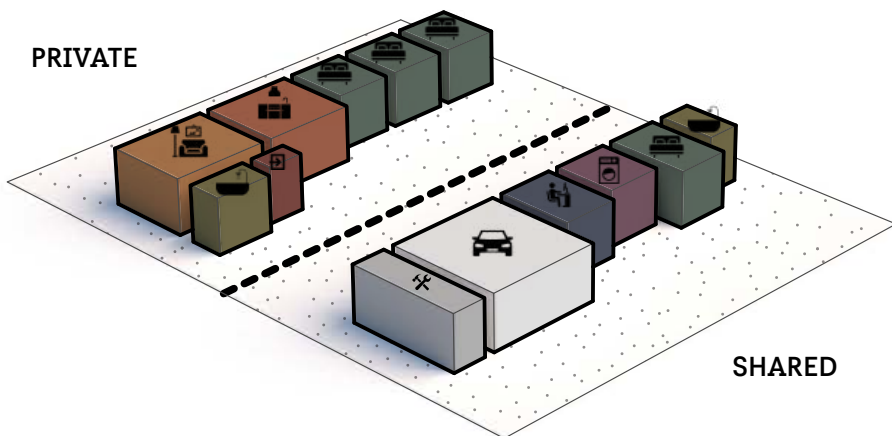
Today the average parcel house in Denmark is 140 m<sup>2</sup> with a plot of 800 m<sup>2</sup>

02



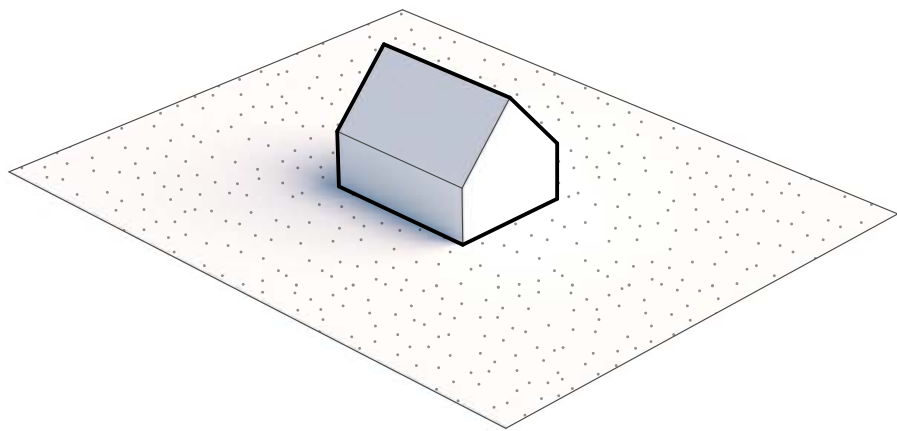
Spaces are of different sizes and purposes – the parcel house has grown for the last 60 years

03



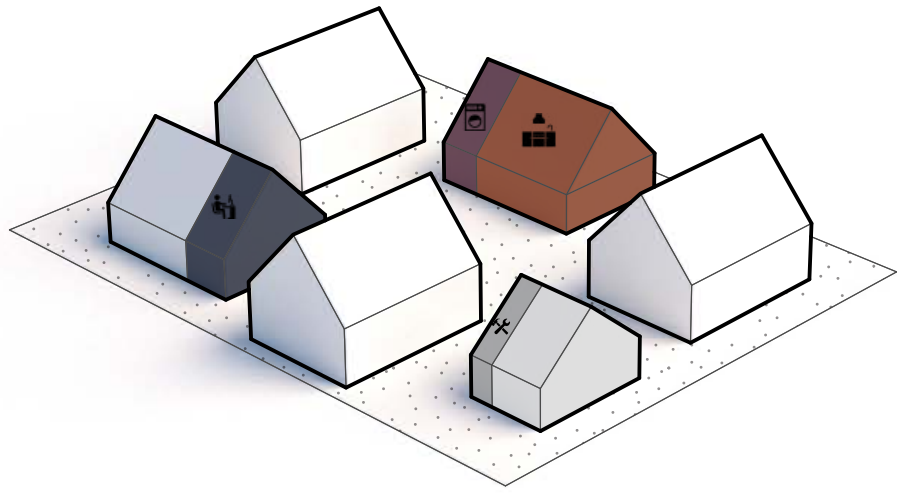
But what if we designed for affordability? To do this we have to divide the standard parcel house into what can be shared and what can't

04



This means that we can shrink the size of the home to just 100 m<sup>2</sup> instead of the original 140 m<sup>2</sup>

05



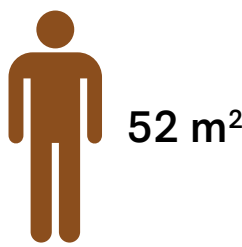
This allows for densification of the site, creating a small village community that shares common spaces and outdoor areas



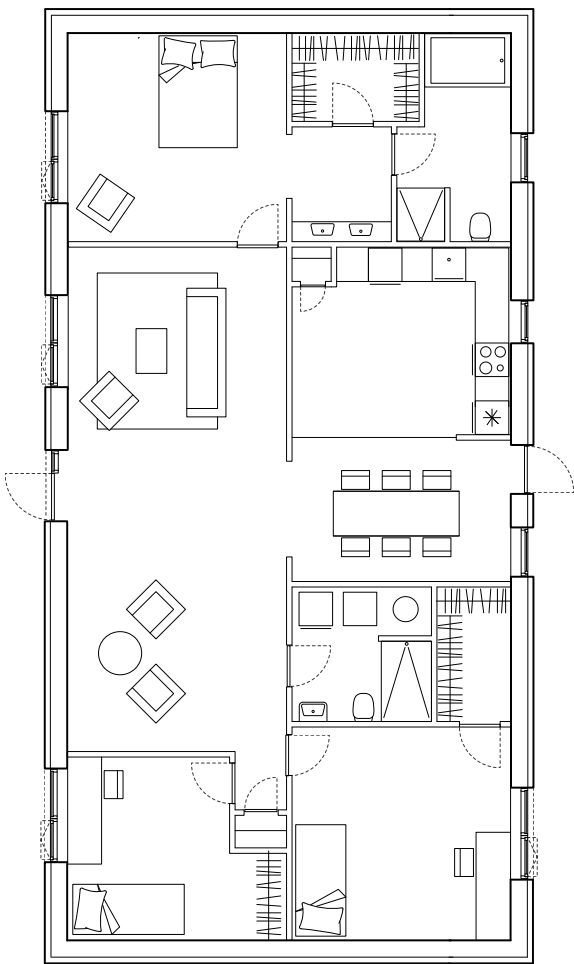
# Shared Living typology

## Efficient area per person

REFERENCE HOUSE

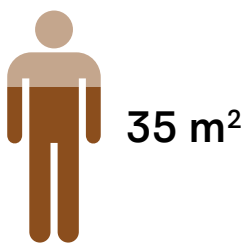


Ground Floor

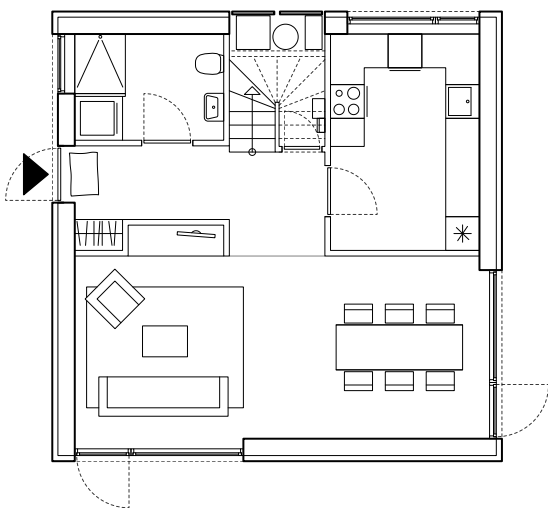


3 persons  
3 bedrooms

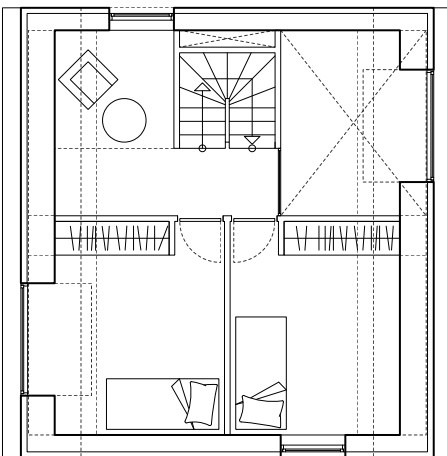
LIVING PLACES



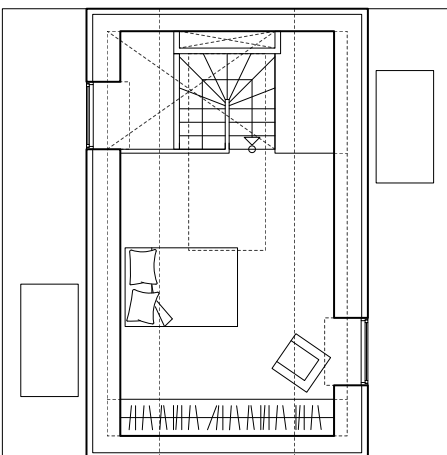
Ground Floor



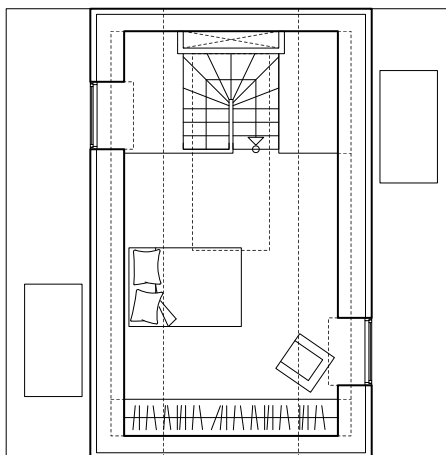
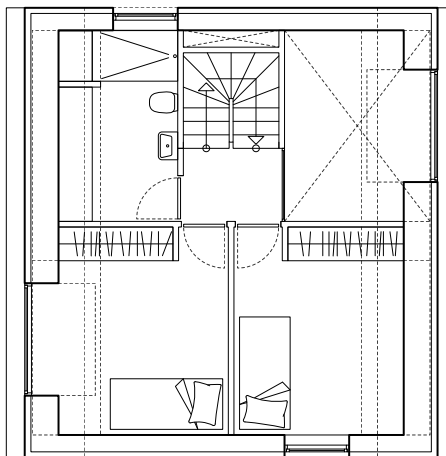
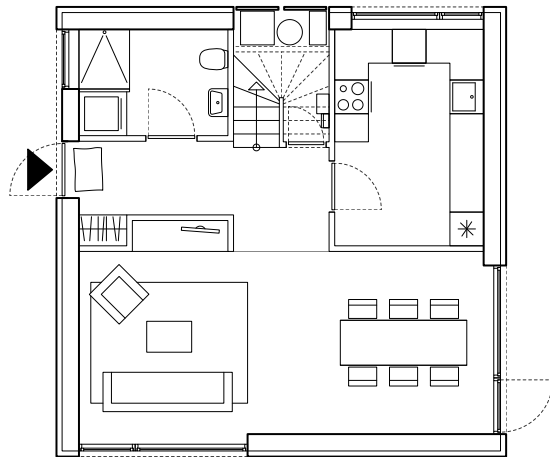
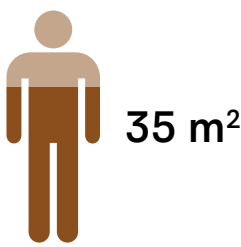
First Floor



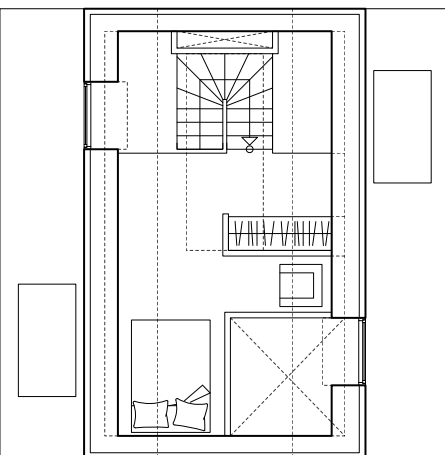
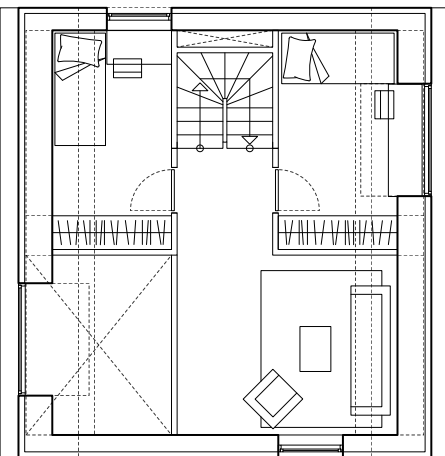
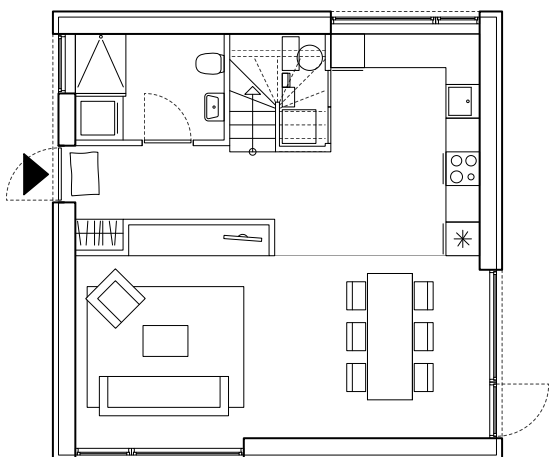
Second Floor



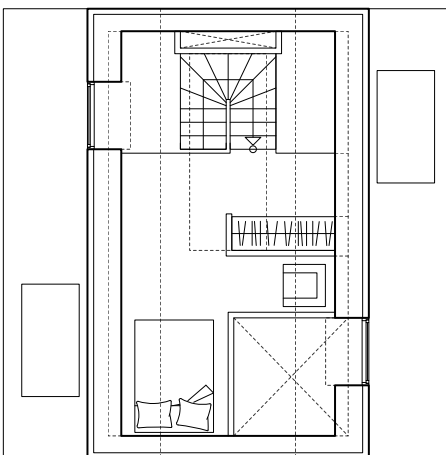
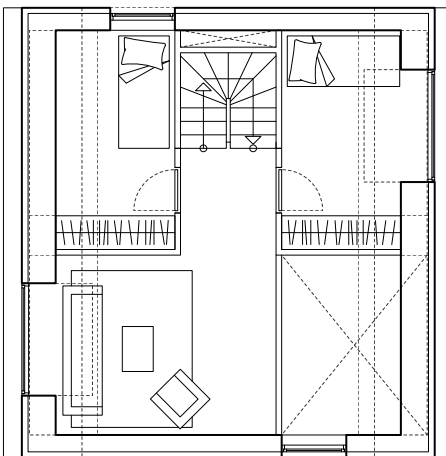
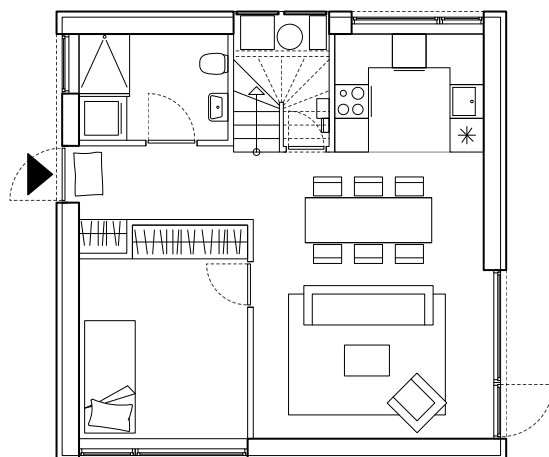
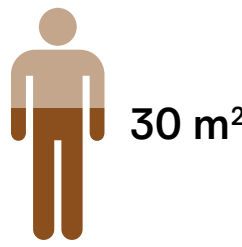
4 persons  
3 bedrooms



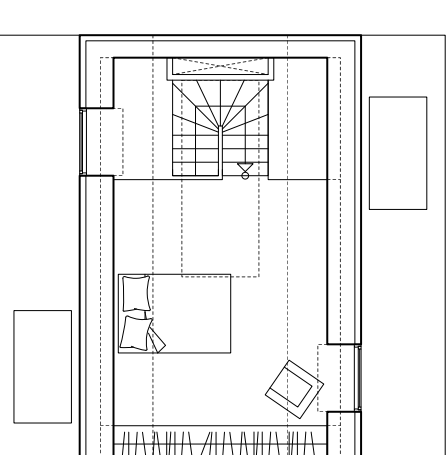
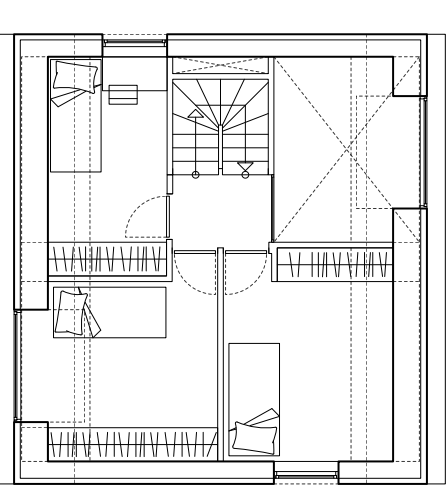
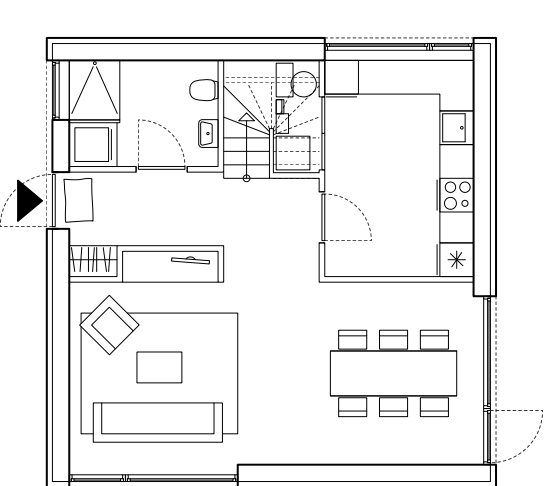
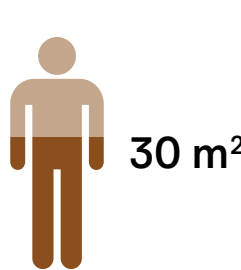
4 persons  
3 bedrooms



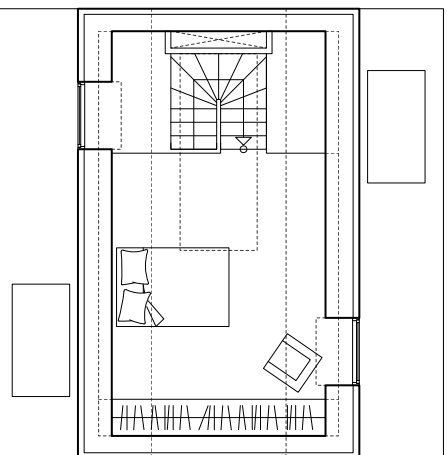
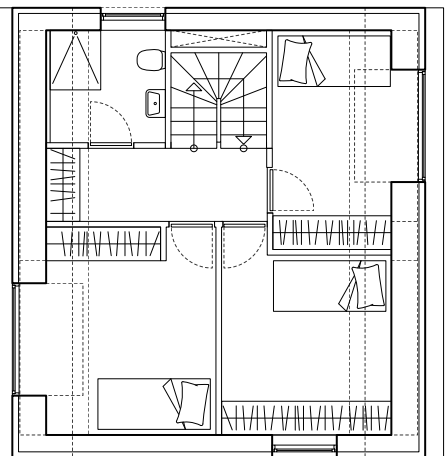
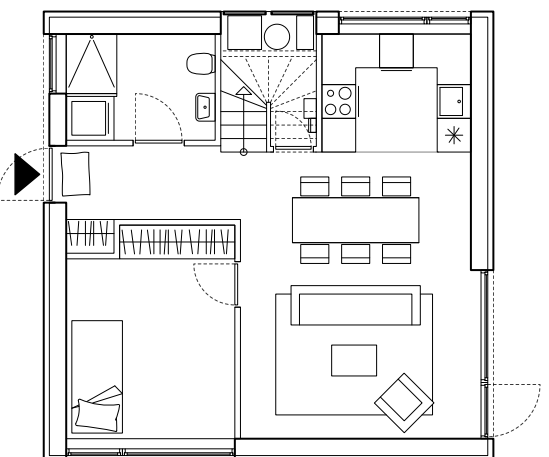
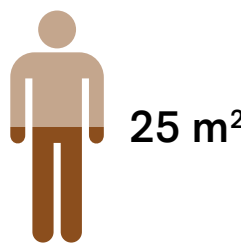
4 persons  
3 bedrooms



5 persons  
4 bedrooms



5 persons  
4 bedrooms



6 persons  
5 bedrooms

Reference house area according to DI Byggeri

# Designing from solitude to community

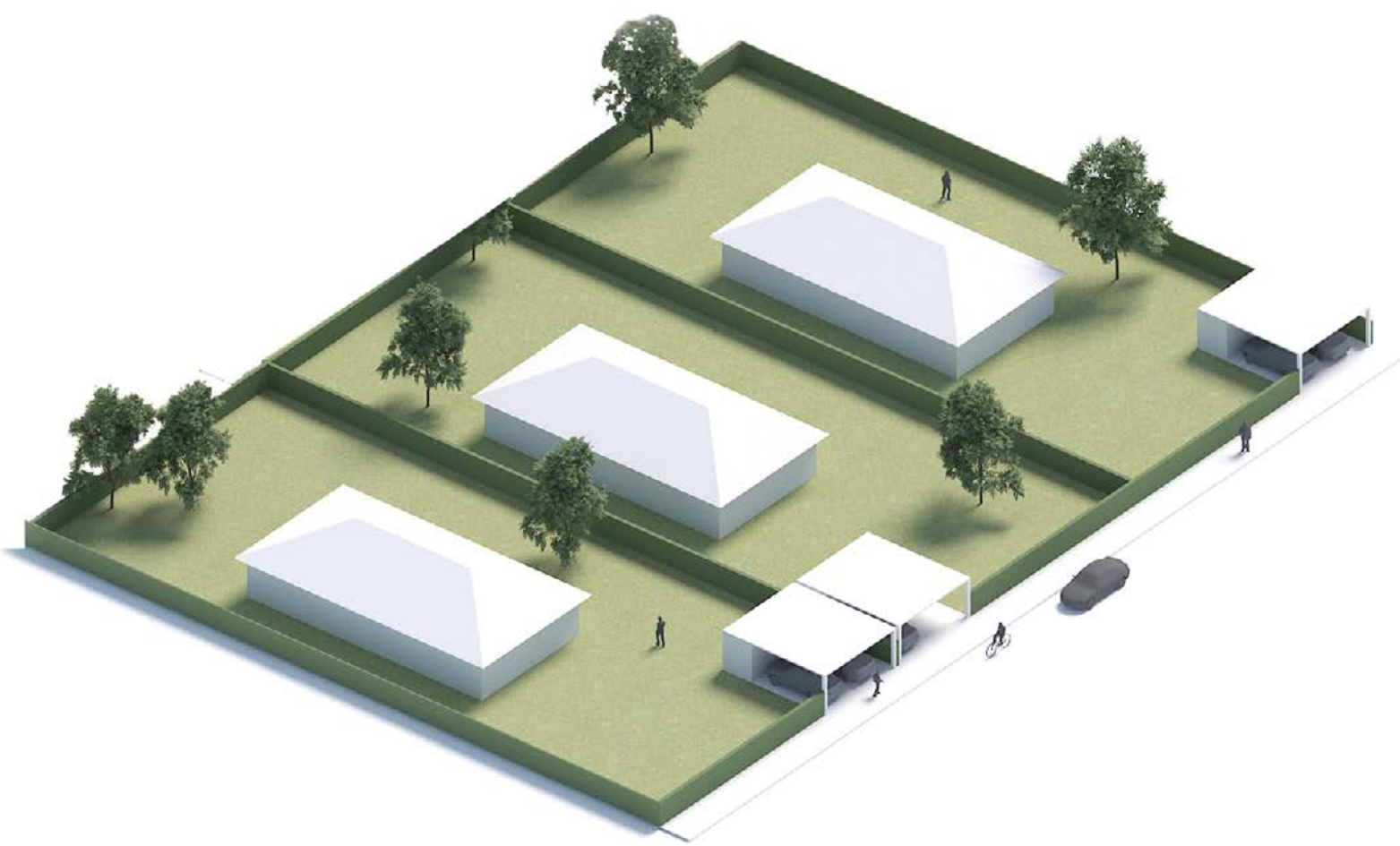
As humans, we crave community and fundamentally seek a sense of belonging. We want people with whom we can share – our responsibilities, yes, but also the experiences we enjoy that form the glue in our relationships. So, when designing Living Places, we must aim to redefine what our home aspirations look like to better serve our human needs.

By combining principles of access over ownership with dense living we allow people to meet their neighbours and proactively engage in shaping their community. Transforming our disconnected homes to active communities. By creating homes and communities centered around the idea of sharing, we seek to create a new paradigm; a means to a more democratic society that understands that sharing is not a new fad but an age-old practice, creating better living environments for both people and the planet.

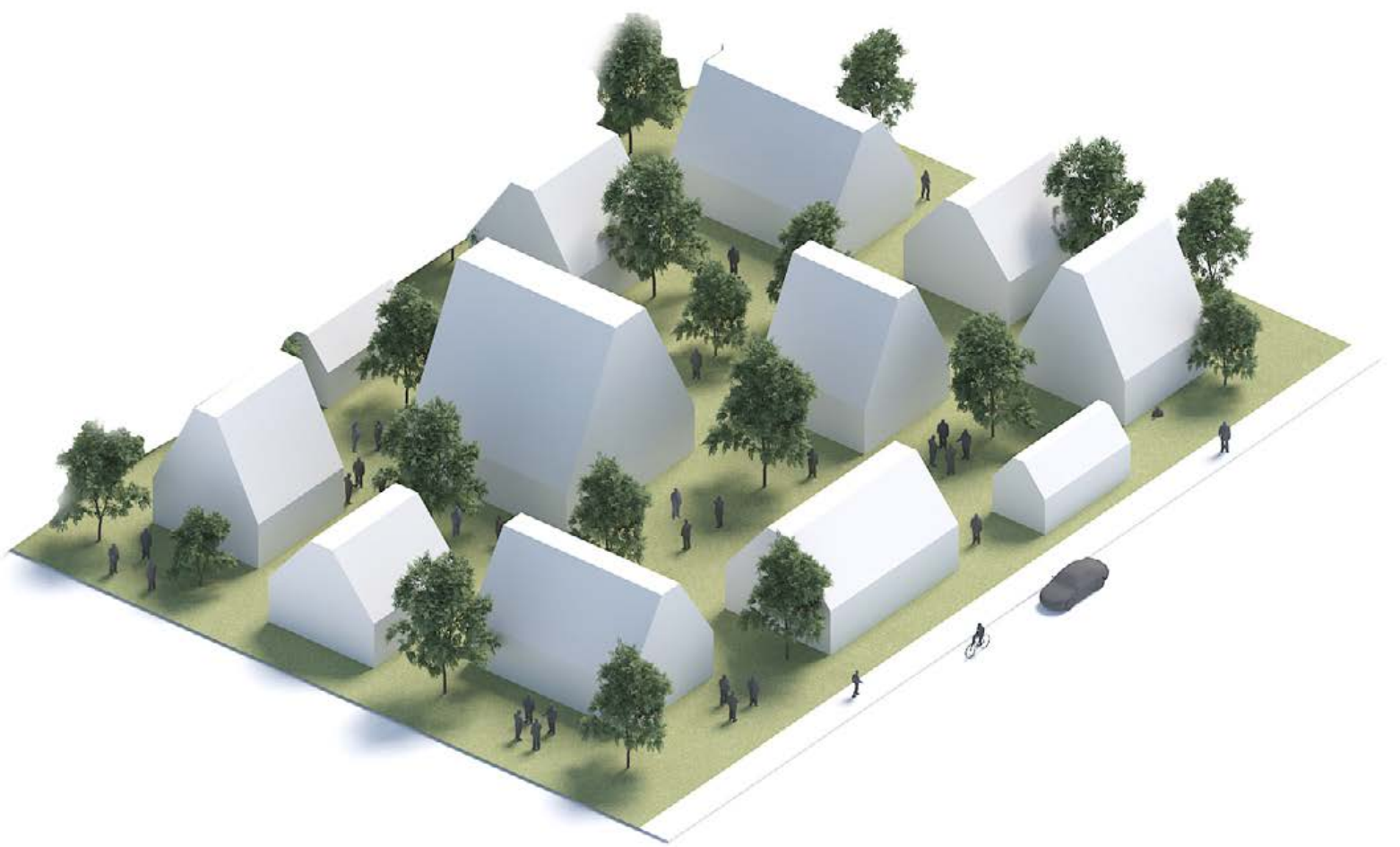
Shared living showcases how we can live closer while enhancing our way of life by creating active communities that significantly reduce our environmental impact and create better living environments for the many. Shared living enables us to significantly reduce environmental impact per person, and reduce land use while creating healthy homes for the many.

Impact of the design

## From separated private homes...

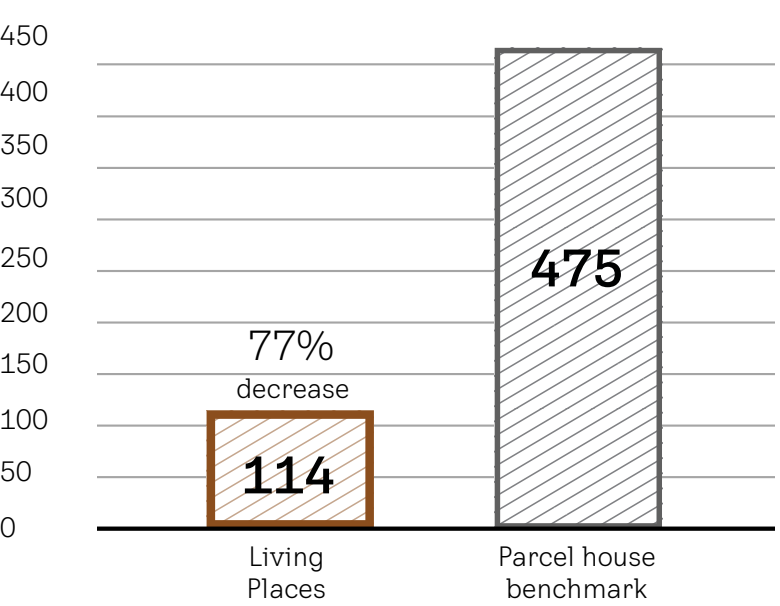


## ...to active communities



### Environmental impact:

kg CO<sub>2</sub> / person a year



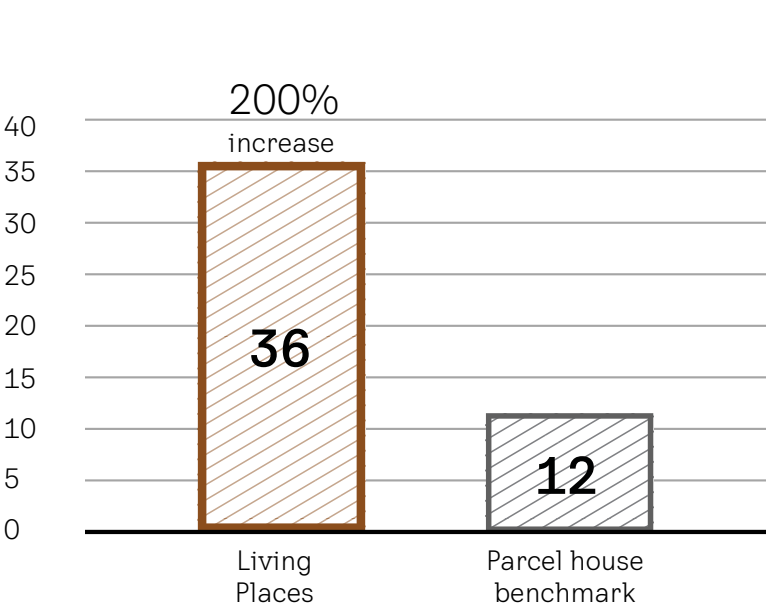
### Land use:

m<sup>2</sup> / person



### Density:

People / 2400 m<sup>2</sup> (site)

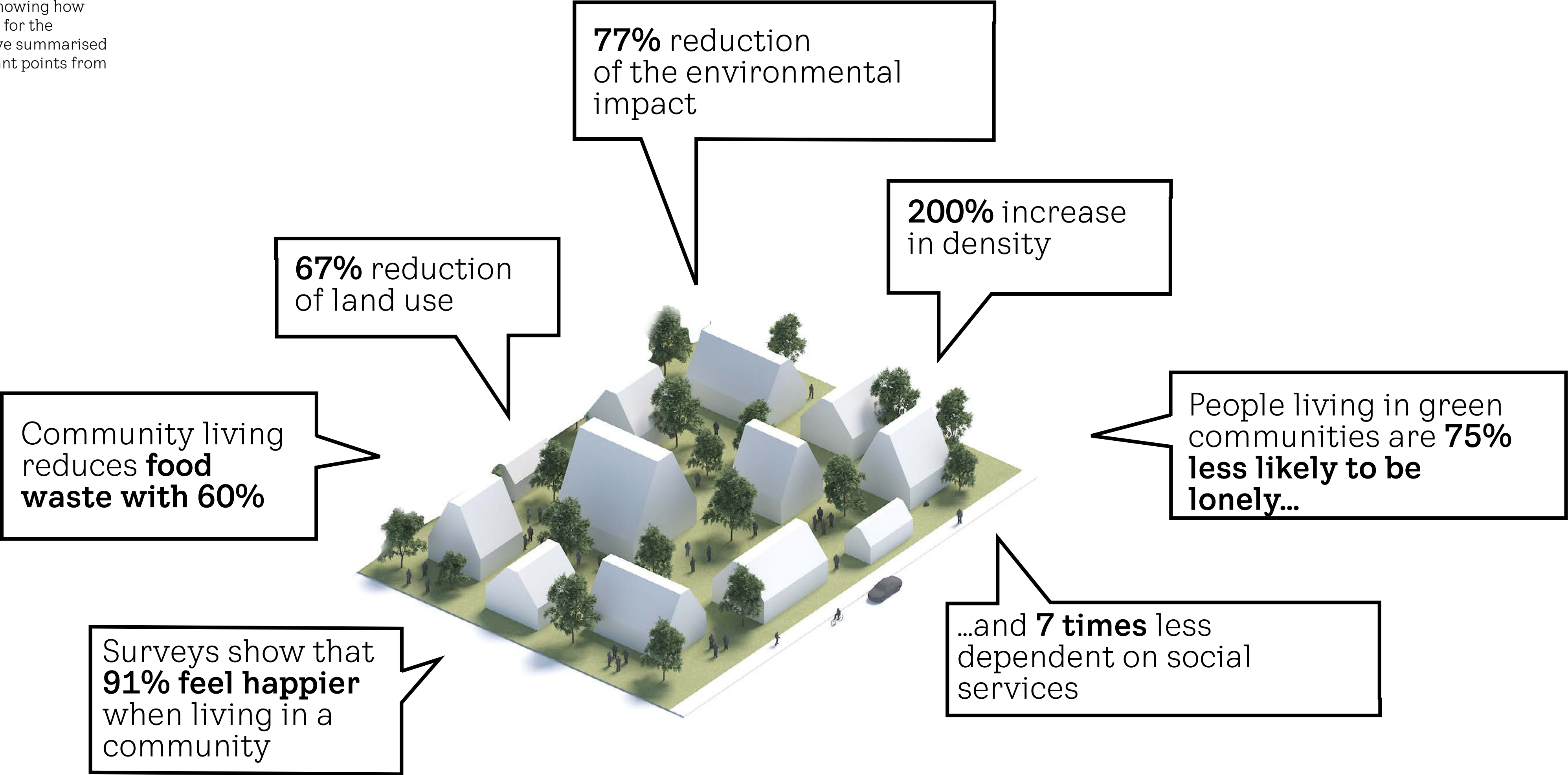


Estimation for 7 Units with 5 persons per unit



# Benefits of shared living

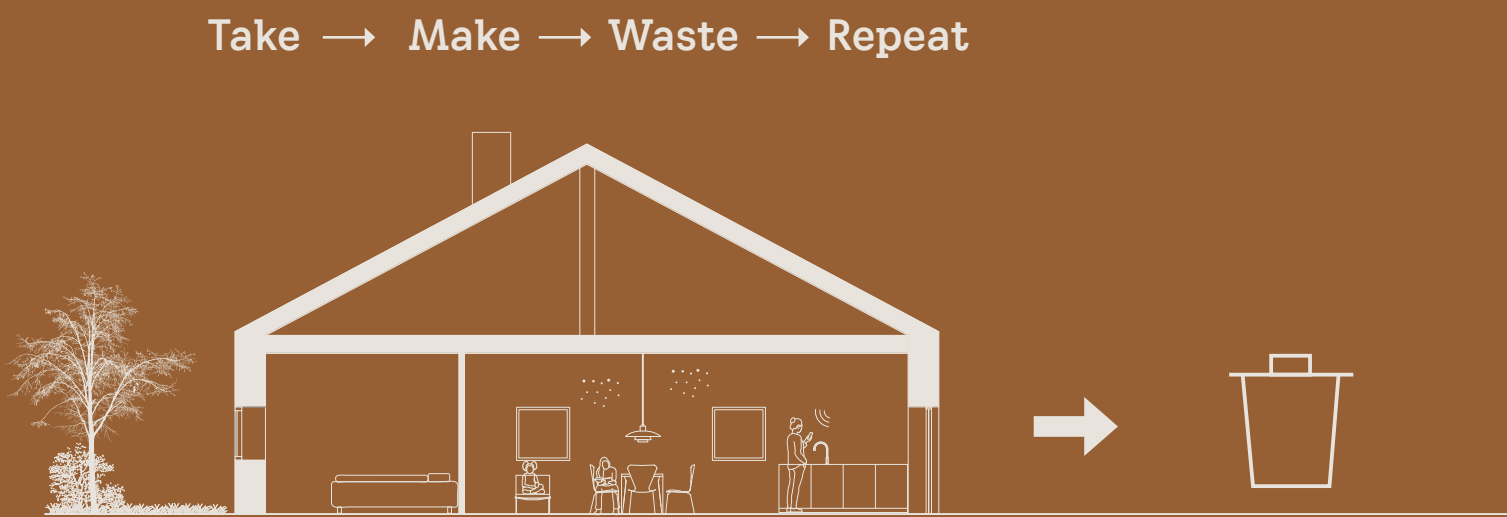
There are many studies showing how shared living is beneficial for the inhabitants. Below we have summarised some of the most important points from these studies.



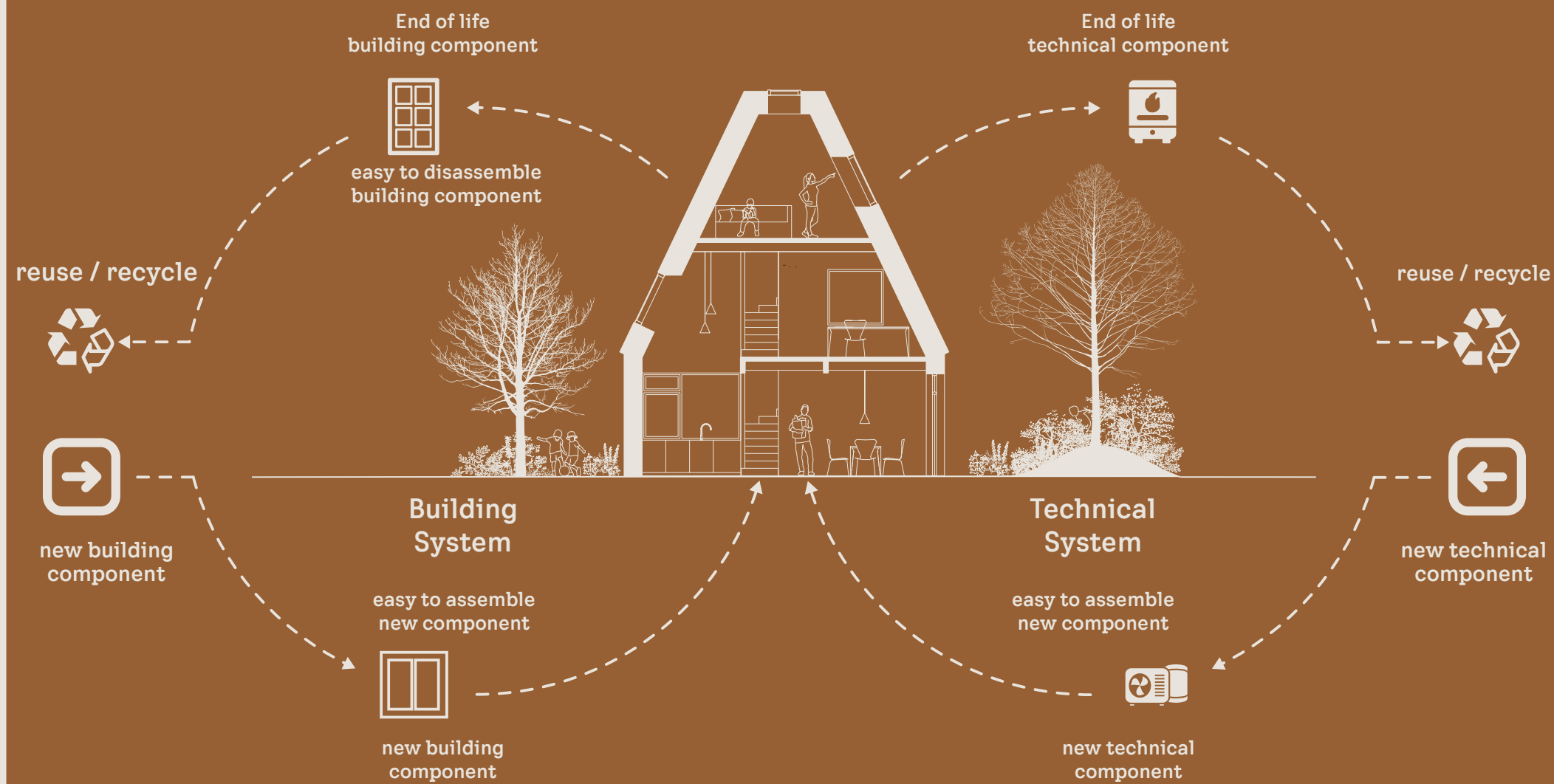
# Simple Principle

Can a new way of building enable easy upgrades, repairs, and a longer lifespan?

Offering a simple modular building system that requires little to no maintenance and can easily be upgraded, repaired, and fitted with smart appliances.



Our linear model, with its oversimplified approach, often produces inefficient and inadequate outcomes, reflecting a ‘take-make-waste’ methodology.



Design-for-disassembly extends product lifetimes and minimises waste, promoting reusability and sustainability.



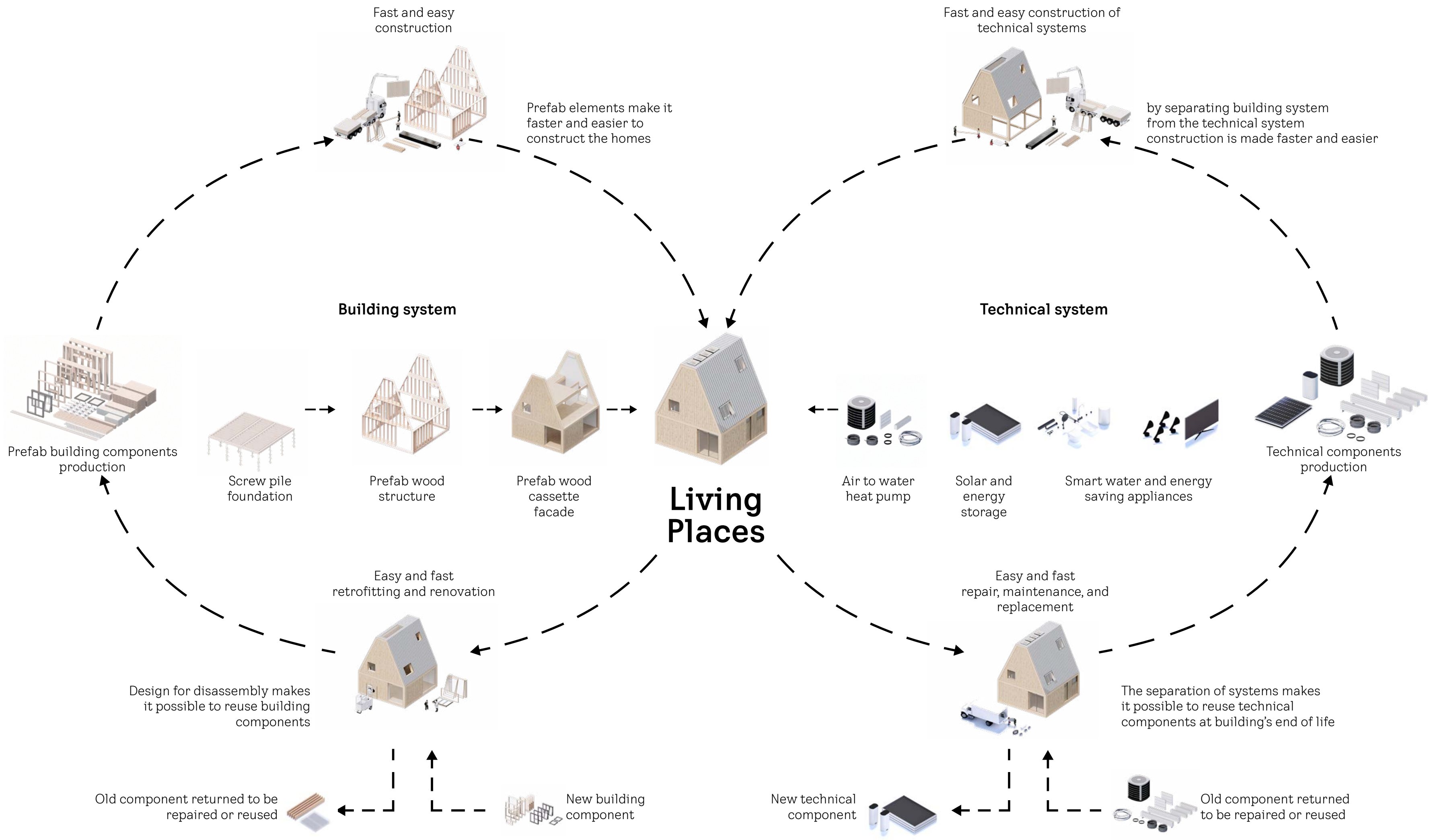
# Simple building system and technical system

By separating the technical systems and building systems we are able to create a system that enables a circular economy, reduced cost, labour, and waste production.

A vital part of the concept is bringing our built environment back to the basics. By carefully considering how the different components of a building come together, our homes will offer innovative, simple solutions for how the homes for the future should be built. This is achieved thanks to a modular building system that requires little to no maintenance.

Today we merge these two by building cables into the walls and casting the pipes in the foundation. This makes it hard to repair and maintain our technical systems, and the way we build expensive and inefficient.

By separating the building systems from the technical system and designing the homes so that these are easy to access and maintain, repair, and replace, we create homes that can accommodate new technical systems efficiently and at a reduced cost.





# Design for disassembly and lifespan of building parts

The design-for-disassembly method, by facilitating easy repairs, upgrades, and recycling, extends product lifetimes and curbs waste. This approach, which emphasises reusability and resource efficiency for sustainability, also ensures that the easiest components to replace have the shortest lifetimes, aligning maintenance with product longevity.

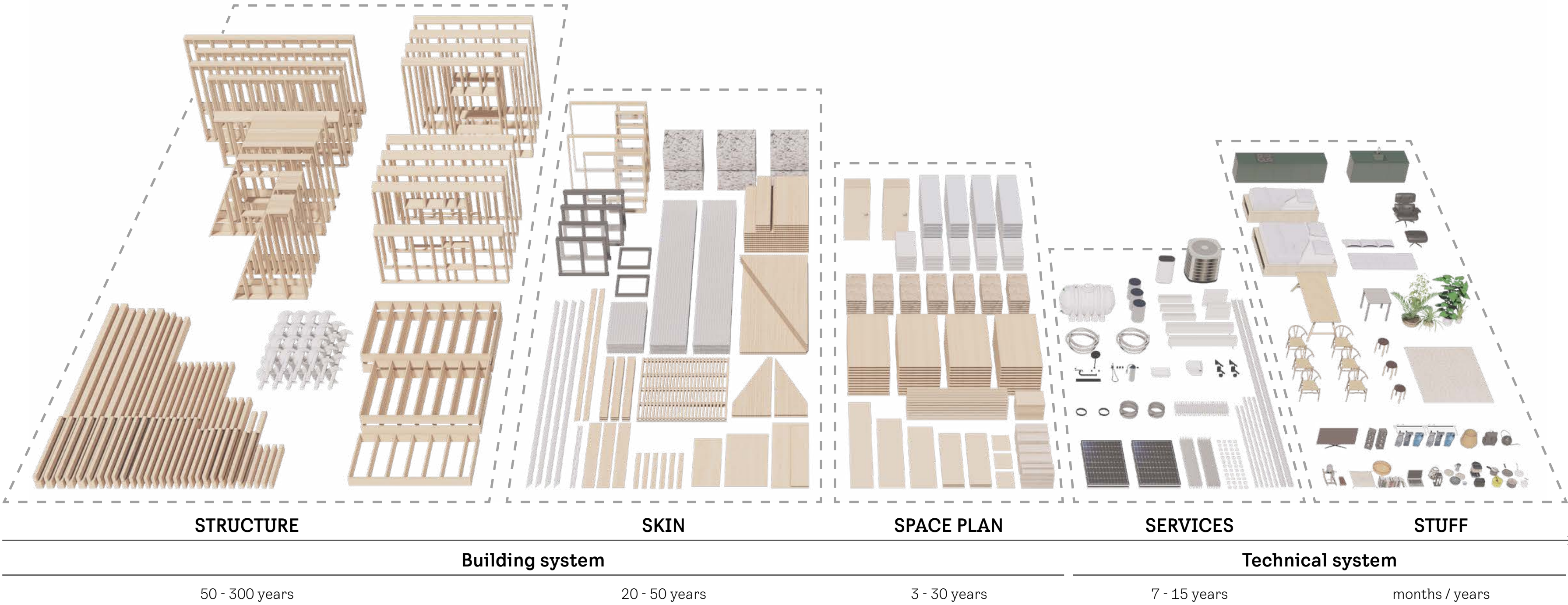
## Building



Living Places

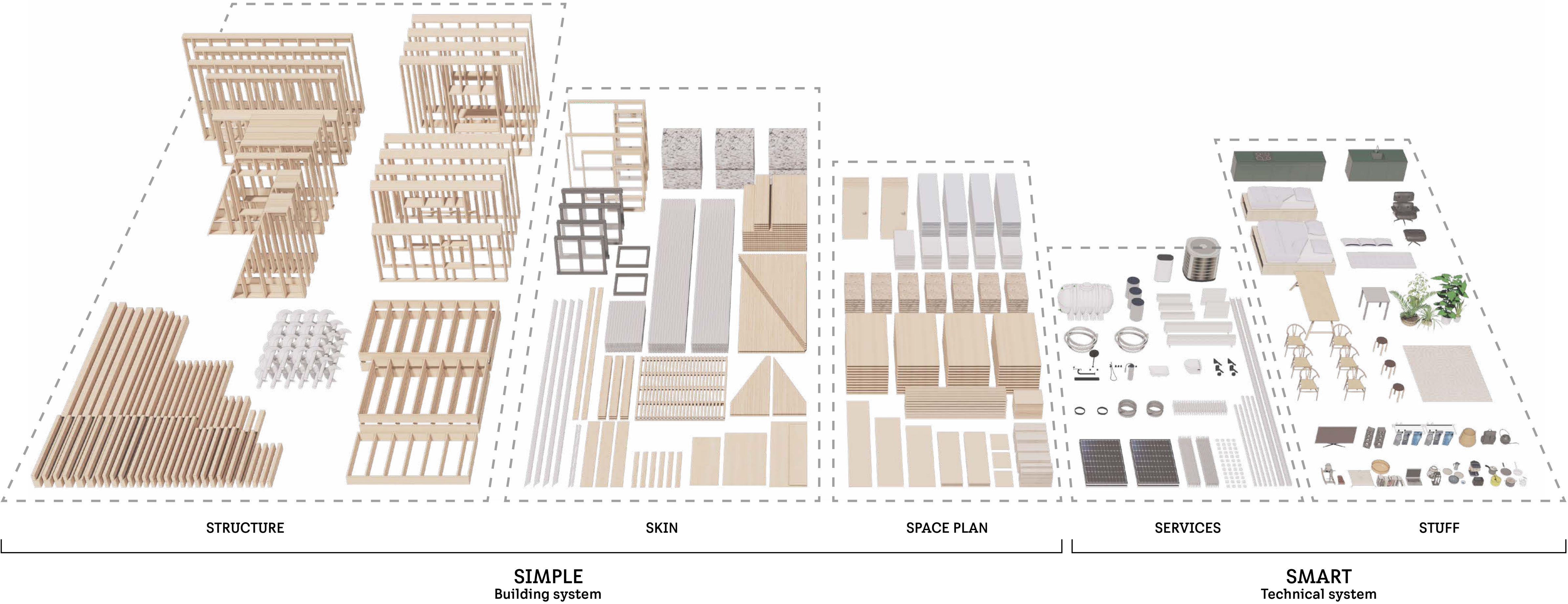
Simple home  
Smart appliances

## Components





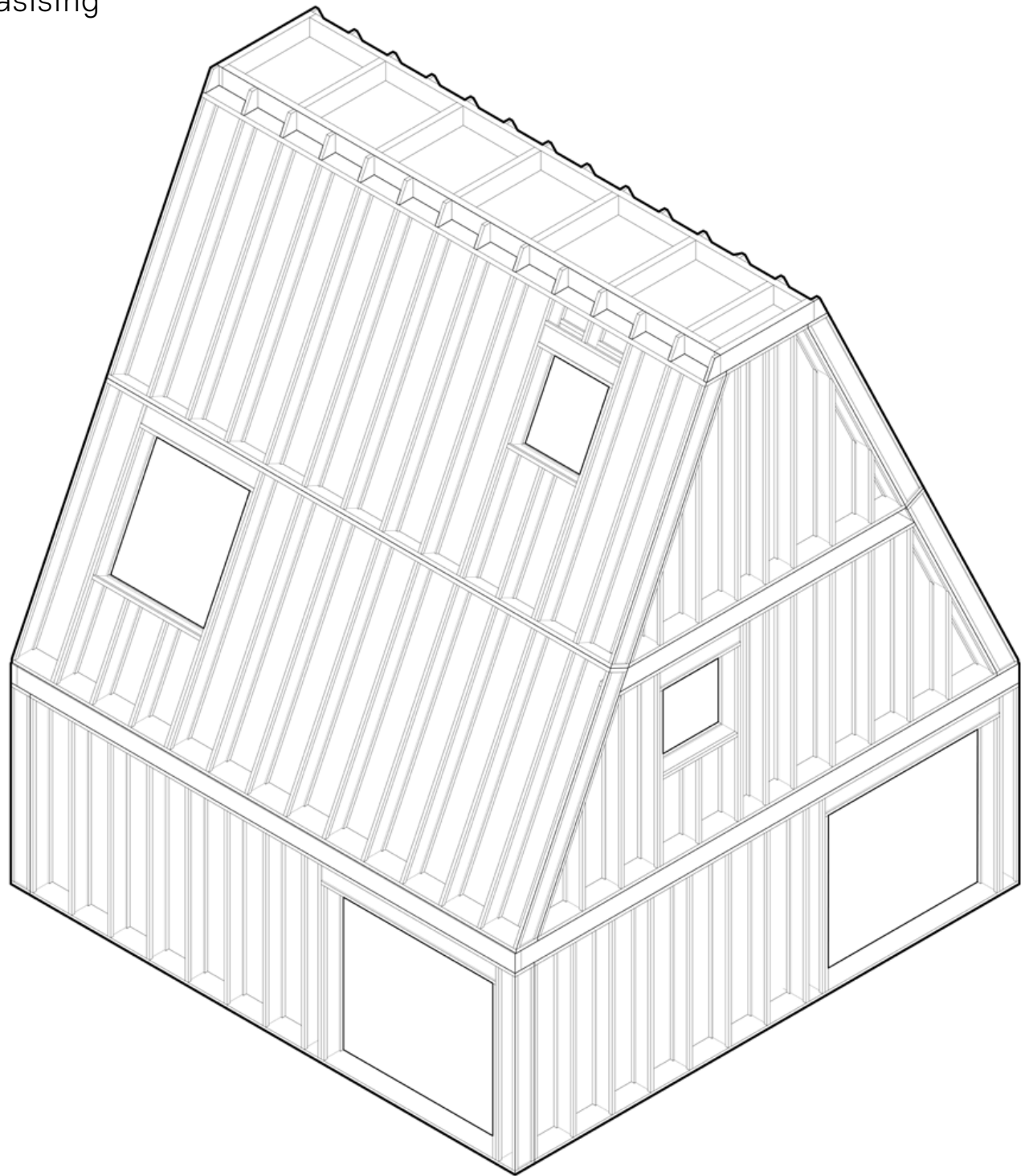
Simple house and smart appliances



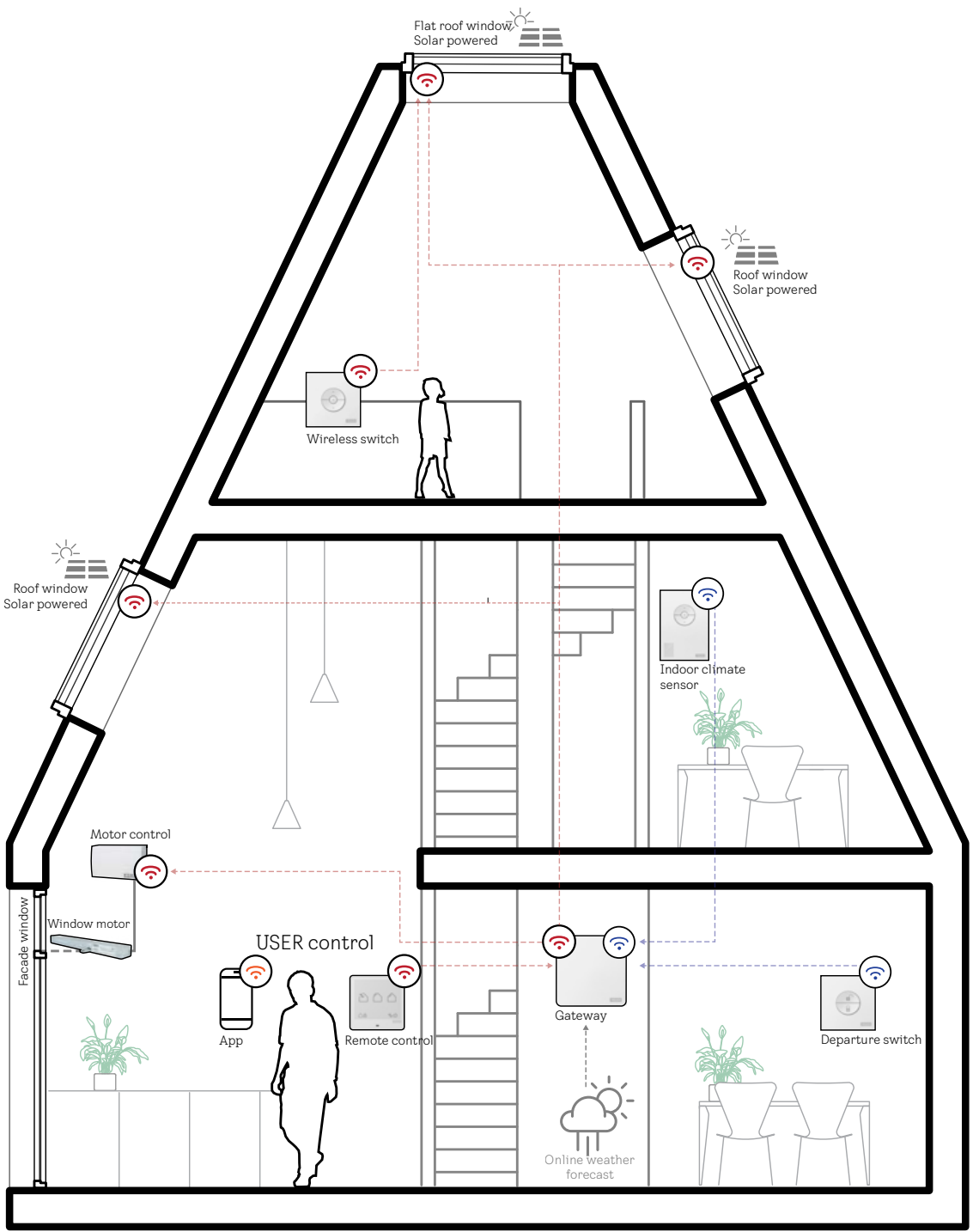


# Simple house and smart appliances

Our construction system innovates through subtraction, merging simple design with smart technology for a highly efficient, yet user-friendly solution. This approach exemplifies innovation by streamlining complexity and emphasising practicality.



SIMPLE



SMART



# Simple home Building system

## 1. Foundation / Ground slab

- Floor treatment with Indoor climate certified oil
- Ask plank floor with click system, 15x185 mm
- Spruce battens, 50x70 mm
- Vapor barrier, 0,20 mm
- Pine structural timber C18, 45x295 mm
- Cellulose insulation, 375mm. Fire class: B-s2, d0
- Hard wind barrier, 8 mm

## 2. Facade

- Spruce facade cladding boards, 21x124 mm. Vertical
- Spruce roofing battens, 38x73 mm. Horizontal
- Spruce roofing battens, 25x50mm. Vertical
- Wind panel with open diffusion, 8mm
- Pine structural timber C18, 45x295 mm
- Cellulose insulation, 295 mm. Fire class: B-s2, d0
- OSB plate G3, 18 mm
- Pine wood framing, 45x70 mm
- Wood fiber insulation, 45mm. Fire class: B-s2, d0
- Fiber gypsum boards, 15mm. Visible connections
- Interior linoleum paint

## 3. Roof construction

- Steel sinus plate, 18 mm. Zink-Magnesium treatment
- Spruce roofing battens, 38x73 mm. Horizontal
- Spruce roofing battens, 25x50mm. Vertical
- Wood fiber roofing plate, 25 mm
- Pine structural timber C18, 45x295 mm
- Pine interior battens, 45x45 mm
- Cellulose insulation, 340 mm. Fire class: B-s2, d0
- OSB plate G3, 18 mm
- Pine wood framing, 45x70 mm
- Wood fiber insulation, 45mm. Fire class: B-s2, d0
- Fiber gypsum boards, 15mm. Visible connections
- Interior linoleum paint

## 4. Slab

- Floor treatment with Indoor climate certified oil
- Ask plank floor with click system, 15x185 mm
- Fiber gypsum floor boards, 13 mm
- Pine floor plywood, 18mm
- Pine roofing plywood, 25mm
- Pine structural timber K18, 270x120 mm

## 5. Interior wall

- Interior linoleum paint
- Fiber gypsum boards, 15mm. Visible connections
- Pine wood framing, 45x70 mm
- Fiber gypsum boards, 15mm. Visible connections
- Interior linoleum paint

## 6. Windows

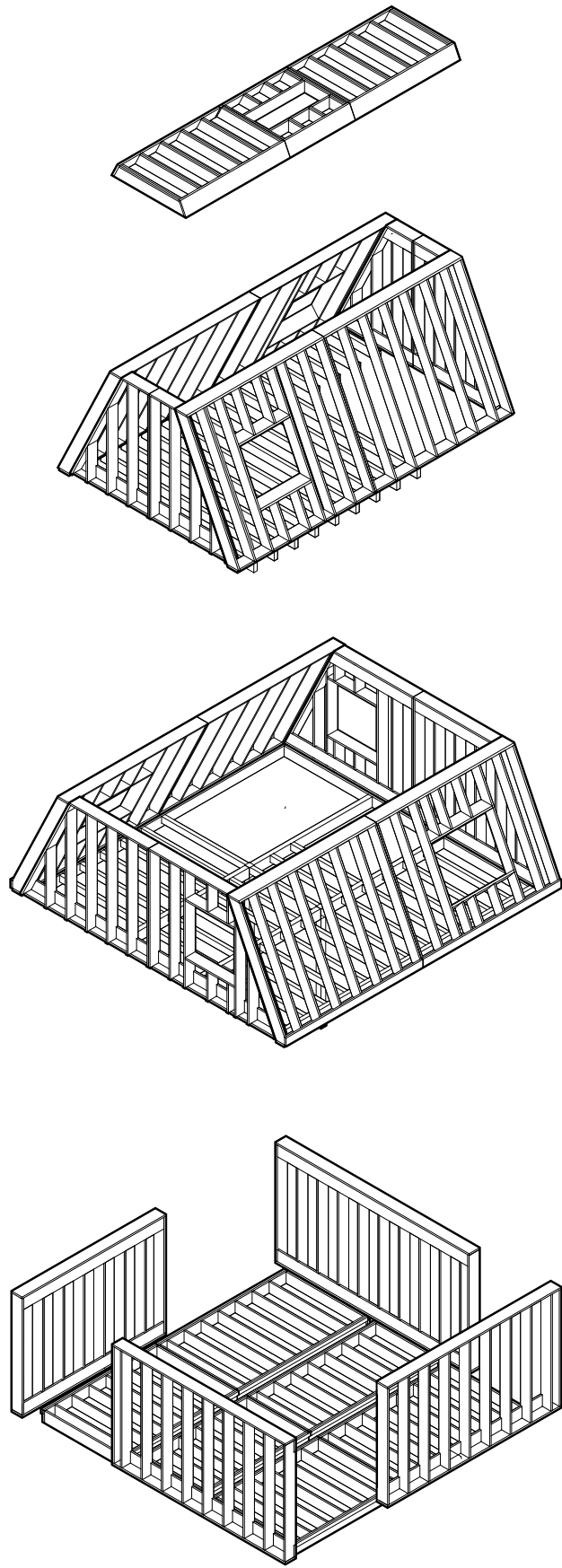
- Oiled oak frame
- Glass. Triple layer 6+14+4+14+6

## 7. Roof windows

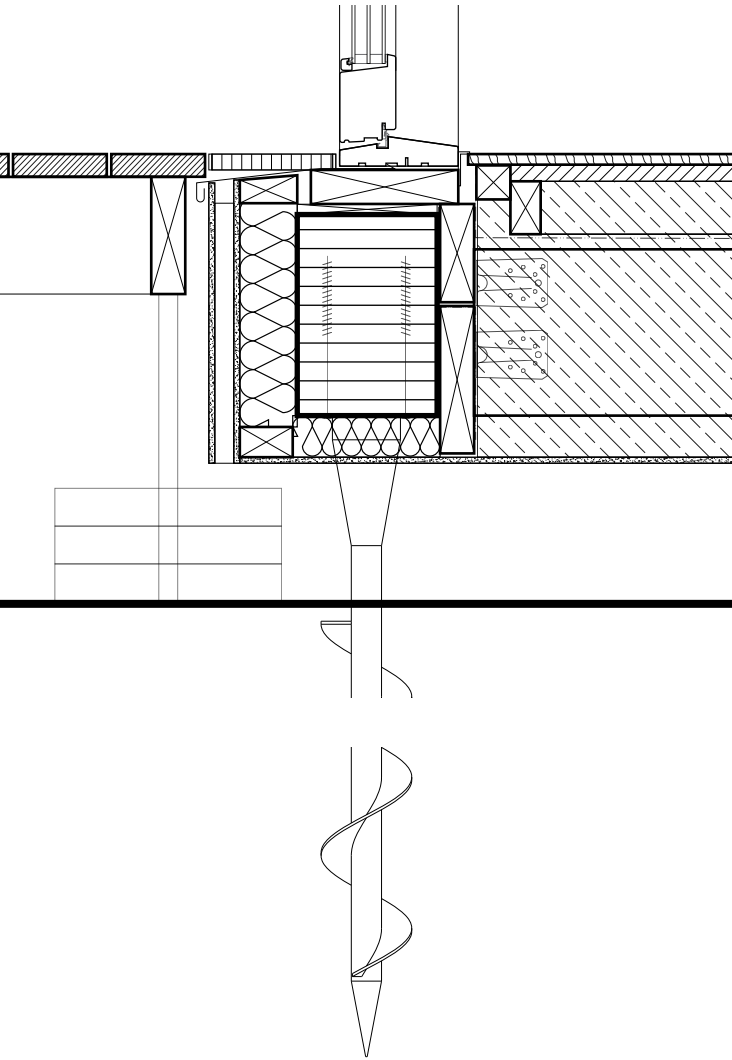
- Remote controlled window. Solar powered
- Indoor blinds. Solar powered
- Outdoor black out curtains. Solar powered

## 8. Flat roof windows

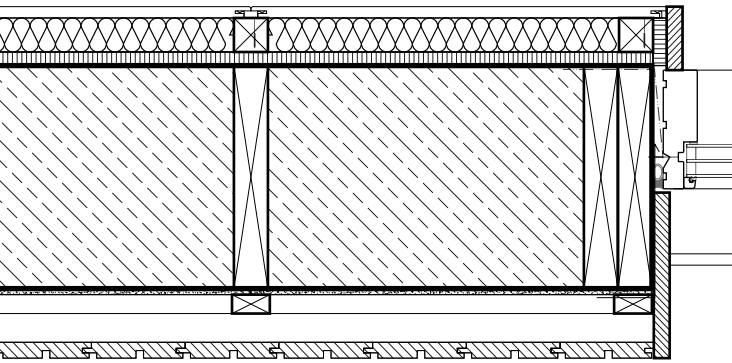
- Flat glass rooflight, 800x800 mm
- Black out curtains. Solar powered



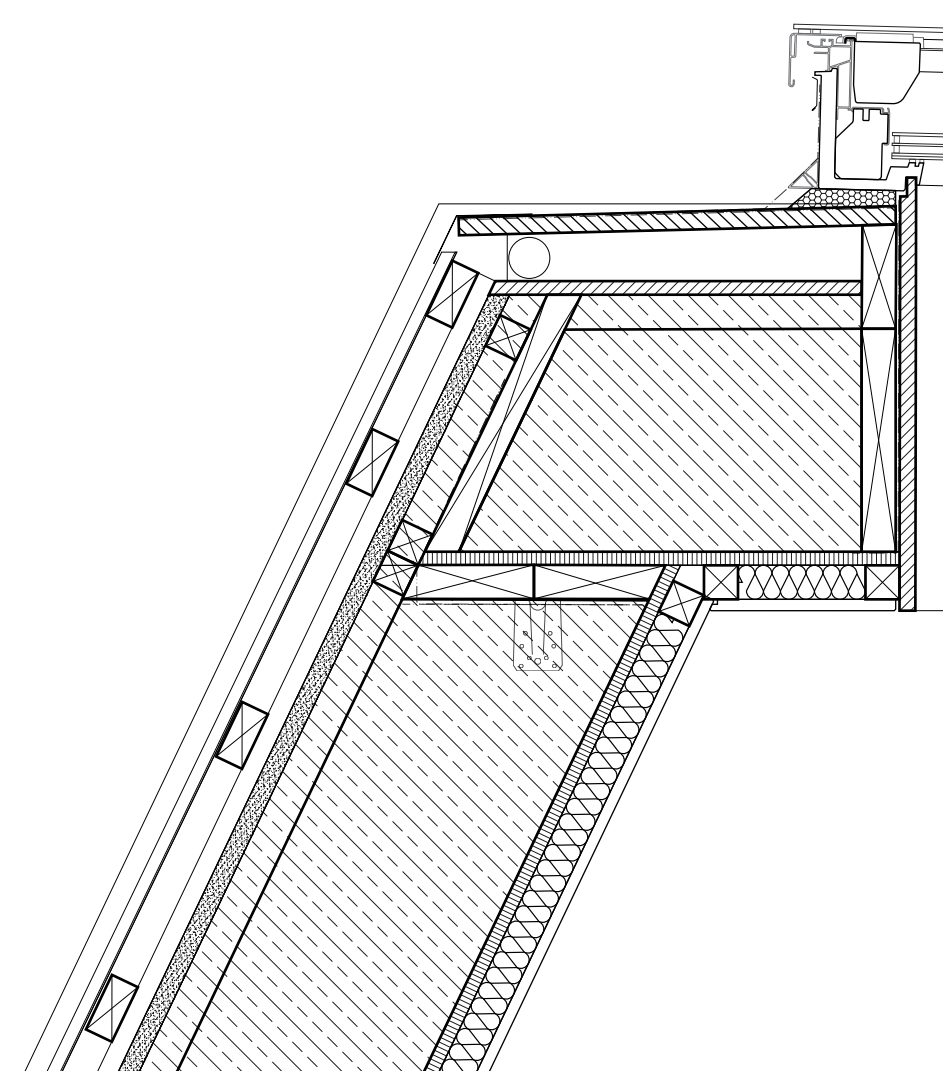
## 1. Foundation / Ground slab



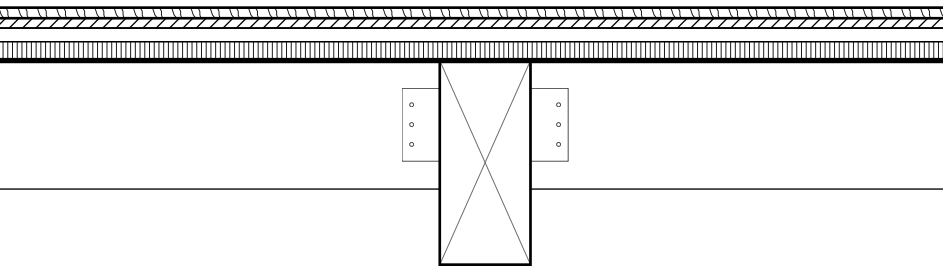
## 2. Facade



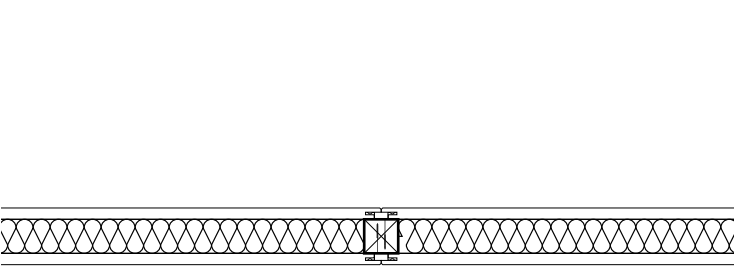
## 3. Roof construction



## 4. Slab

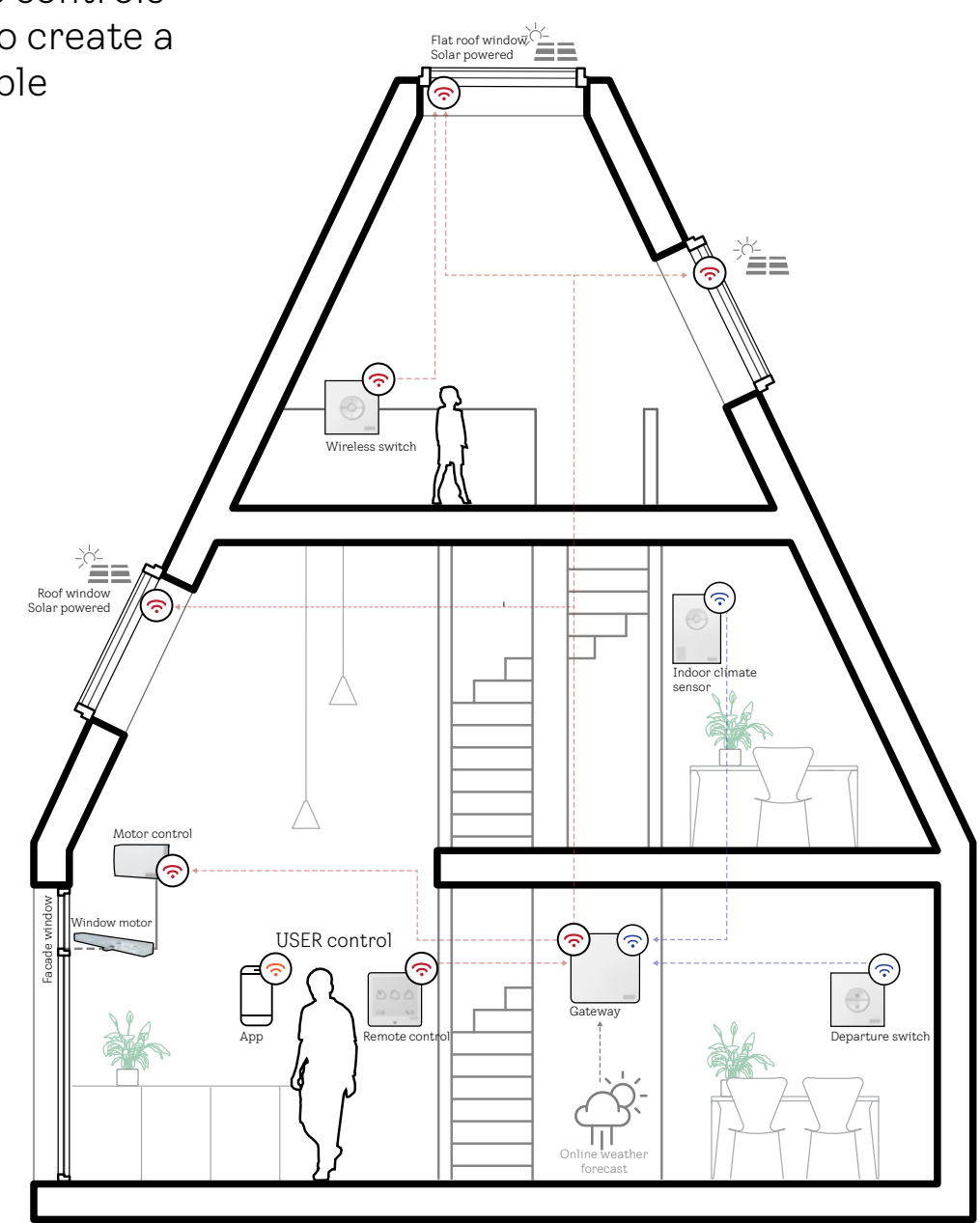


## 5. Interior wall



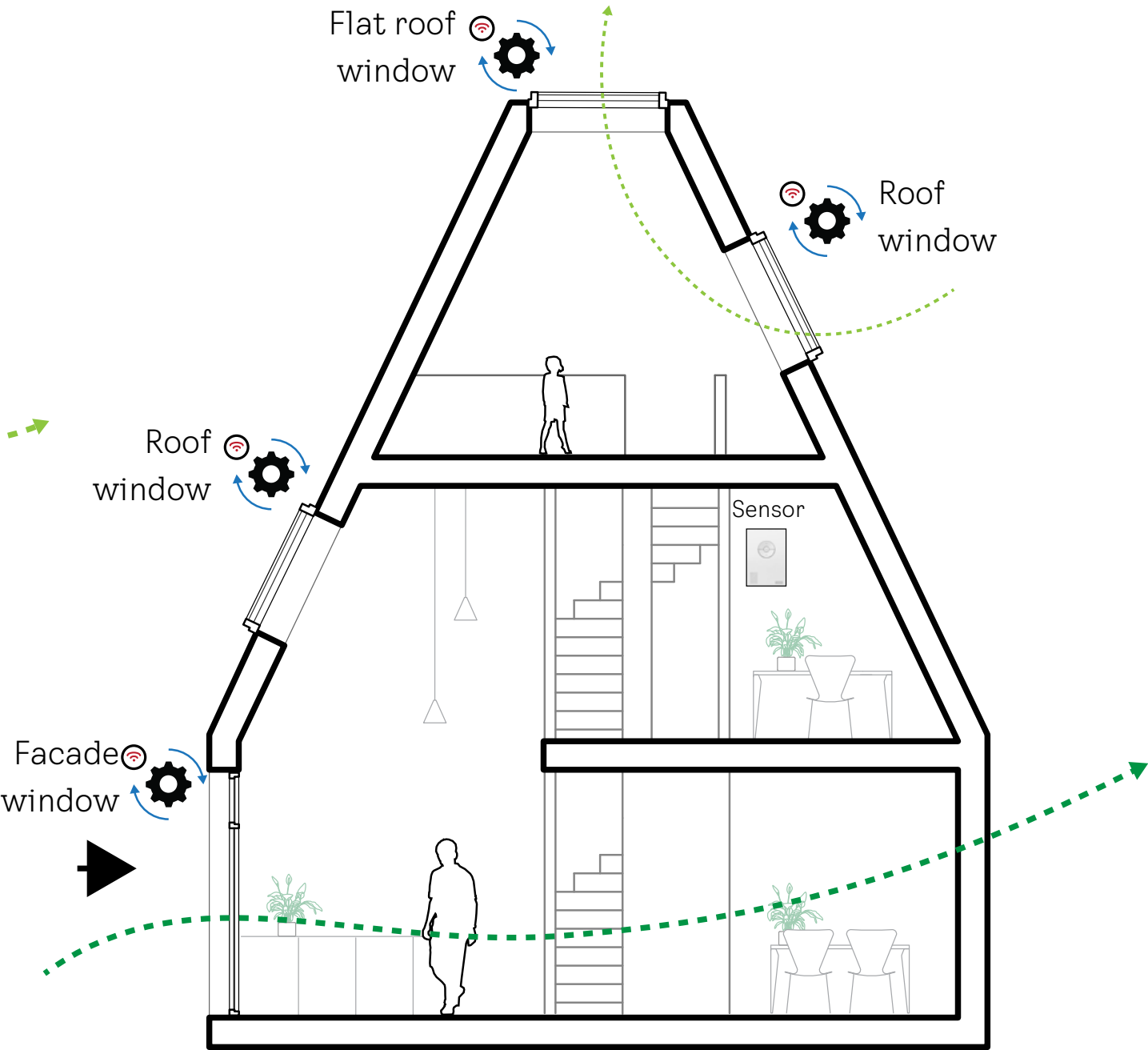
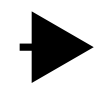
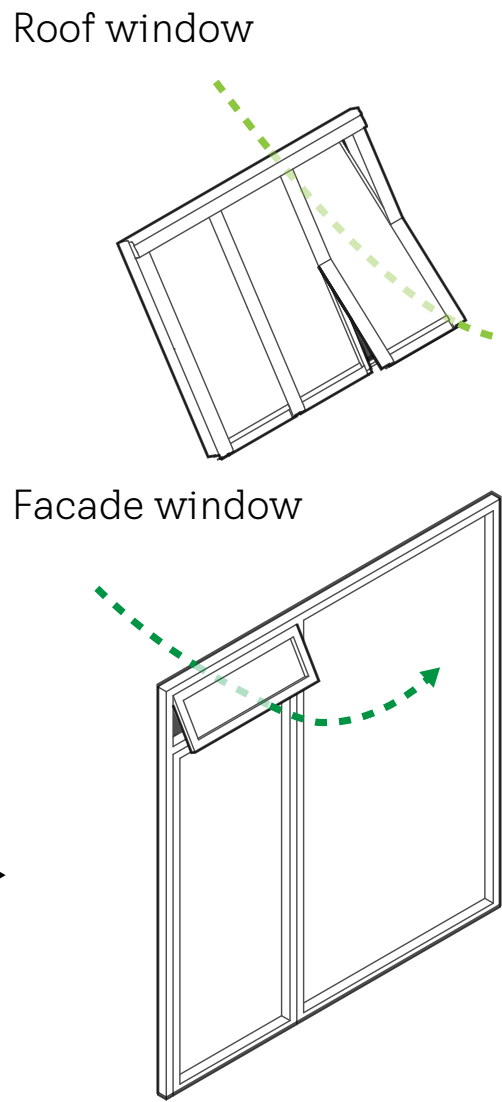
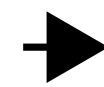
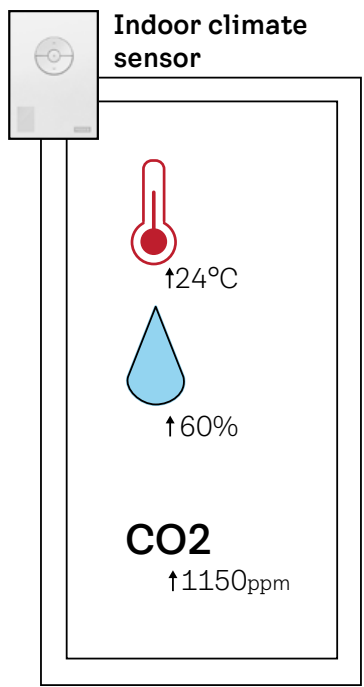
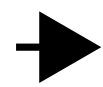
# Smart appliances and natural ventilation

Leverage natural ventilation. Our smart system simplifies design while maintaining optimal indoor air quality and comfort. Its intuitive controls harmonise with nature to create a healthier, more sustainable environment.



## NATURAL VENTILATION

The natural ventilation principle is created by natural driving forces, which are activated by opening the windows to create a satisfactory indoor climate when it is needed.



## SENSOR

Set points

The motorised windows open when the below setpoints are overwritten to ensure a satisfactory indoor climate.

CO<sub>2</sub>: 1150 ppm  
Temperature: 24 C°  
Humidity: 60 %

## MOTORISED WINDOWS

Control

In each living room and bathroom a motorised window is established, which is controlled according to the set points, either the skylight or the sash window.

## CROSS AND STACK VENTILATION

When the windows open, the natural driving forces (thermal buoyancy and cross ventilation) ensure a satisfactory indoor climate.

Thermal buoyancy: Warm air will rise and be replaced by fresh outside air further down the building.

Cross ventilation: Pressure differences on the facades caused by the wind will move the air through the building.



# A way of building ...with a big impact

By rethinking the way we build we can potentially have a big impact on the construction industry. The diagrams show that if we were to build all houses in single-family houses and row-chain and double houses, like Living Places, we could save approximately 1 million tons of CO<sub>2</sub> each year.

It would be a significant contribution to Denmark's climate goals that commit to cutting emissions by 70% by 2030<sup>1</sup>.

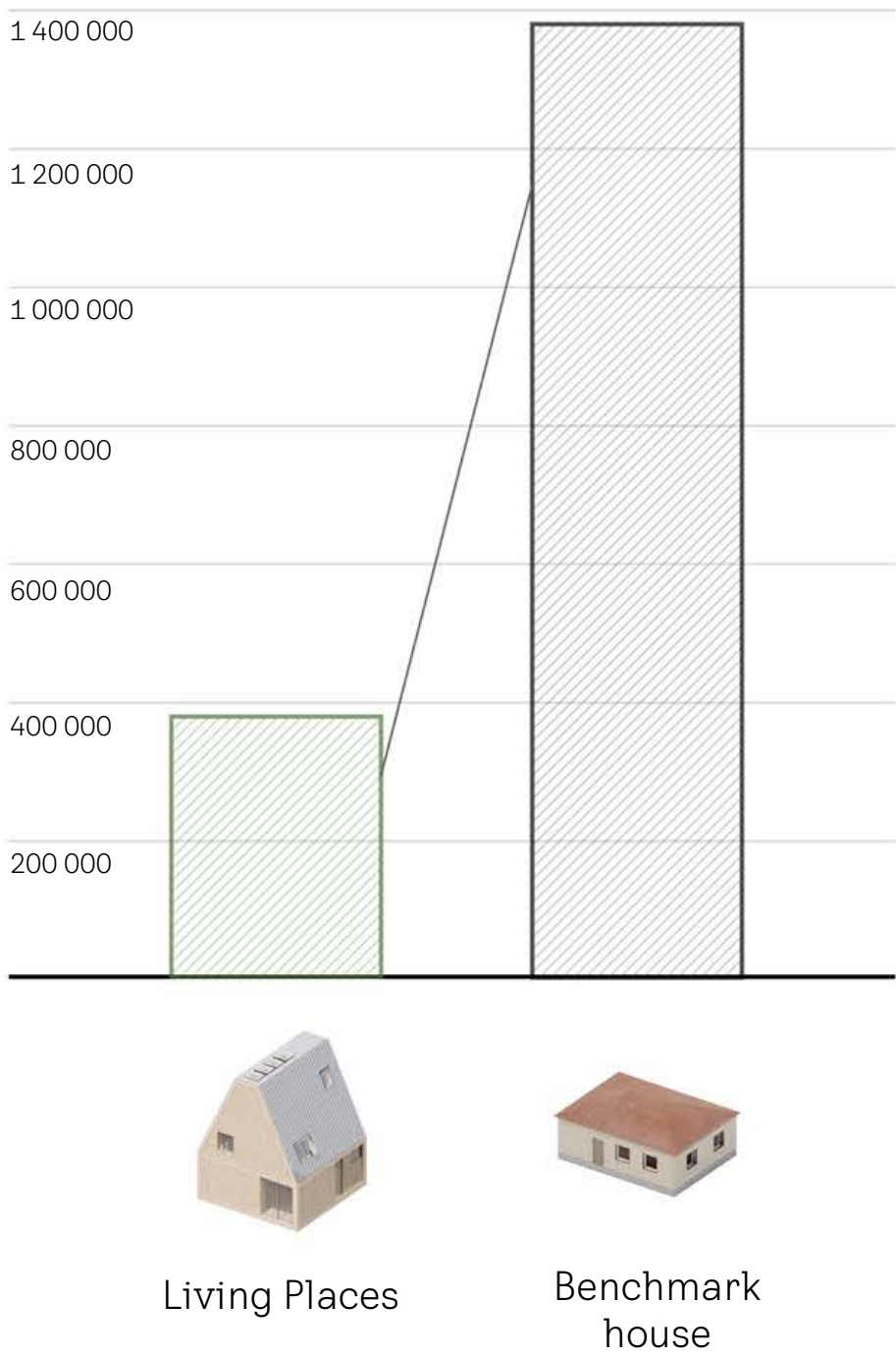
To achieve this goal, the building sector needs to reduce CO<sub>2</sub> emissions by 5.8 million tons<sup>2</sup>.

Living Places would reduce the emissions from the industry by 17%.

New homes in Denmark 2021



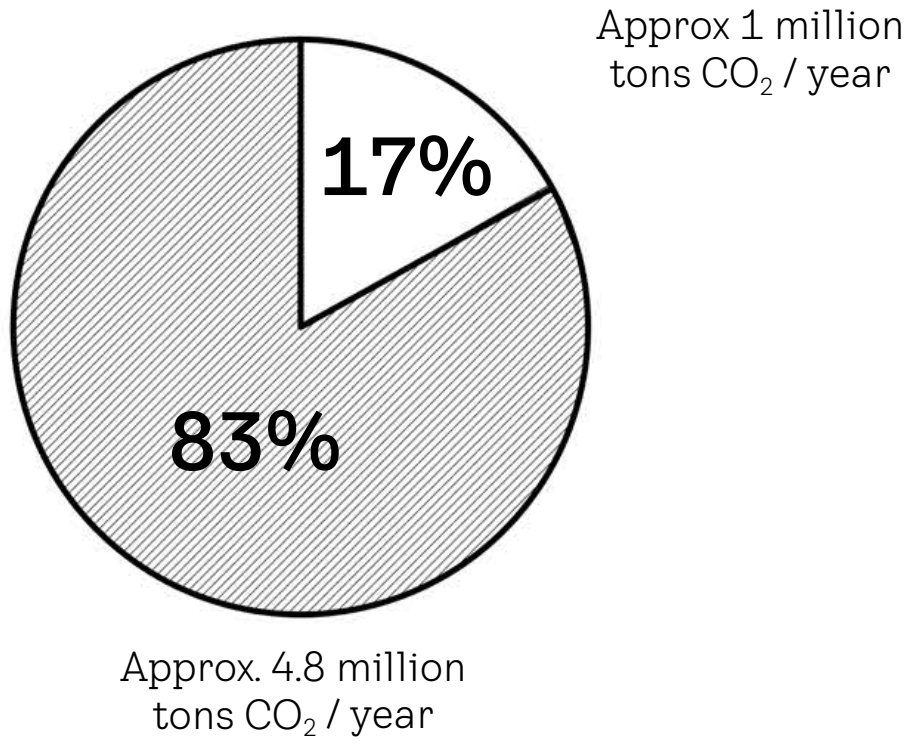
Environmental impact for new homes pr.  
year GWP 50 years



**Yearly CO<sub>2</sub> reduction**  
If all new family homes were constructed like  
Living Places

Approximately  
**1 000 000**  
tons CO<sub>2</sub> / year

17% reduction of the targeted 5.8 million tons of CO<sub>2</sub>, the construction industry has to reduce its emission by 2030 in order to comply with the Danish Climate Act.

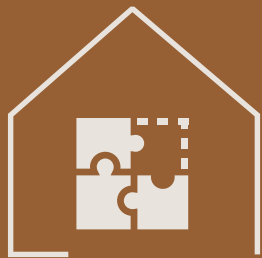


<sup>1</sup> Danish Climate Act (Danish Council on climate Change, 2020)  
<sup>2</sup> Klimapartnerskaberne, 2020

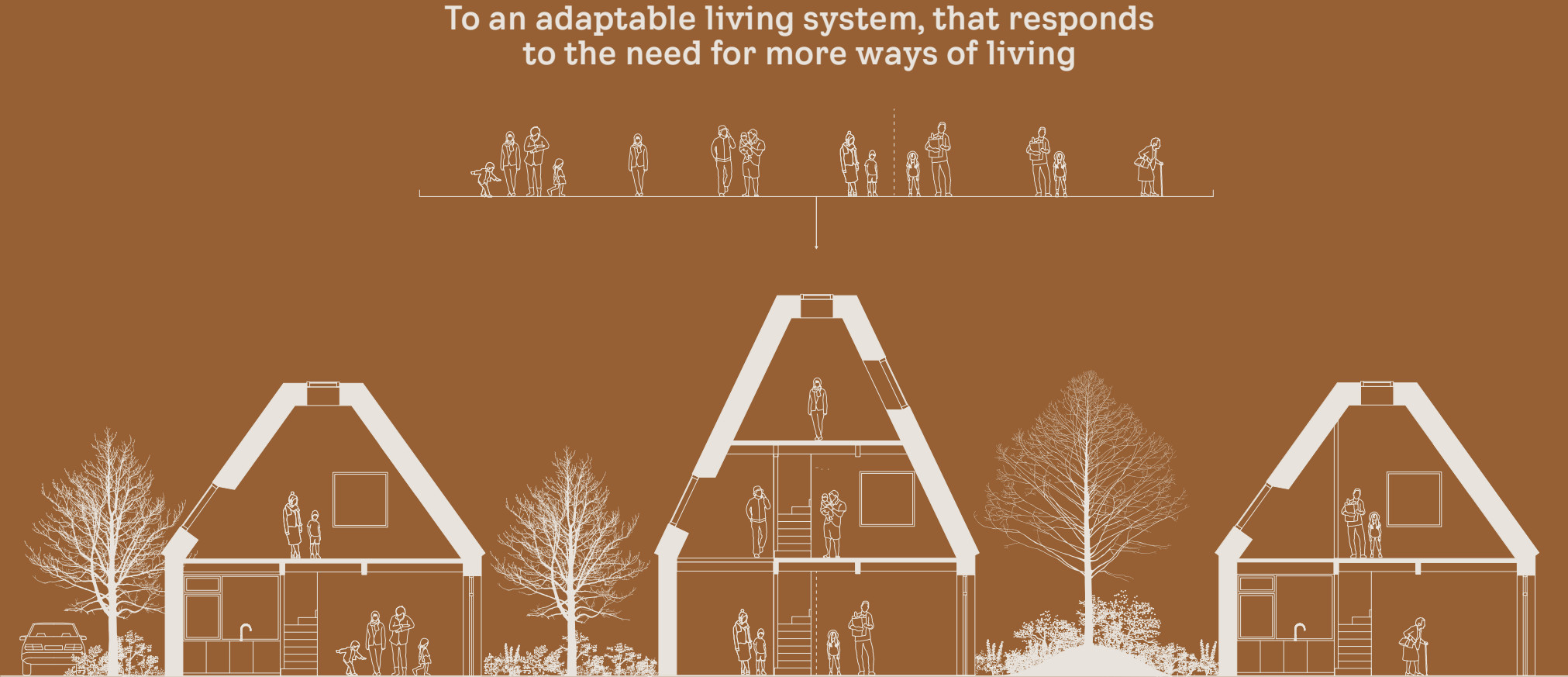
# Adaptive Principle

Can we create homes that respond to more ways of living?

The principle is scalable and adaptable, meeting the diverse needs of modern lifestyles. Flexible, customisable living spaces that can evolve with changing family sizes, work requirements, and personal preferences, providing a dynamic and versatile environment for a wide range of users.



Most housing offers adopt a ‘one-size-fits-all’ approach, typically providing standardised living spaces that lack the flexibility to cater to individual needs and preferences.



The principle emphasises personalisation, providing adaptable spaces that cater to the unique needs and lifestyles, offering a versatile solution for diverse ways of living.



# Typologies for the many

Throughout our lives, what we want and need from our homes changes. When we feel trapped by our living environments, we suffer. But when our homes are flexible enough to account for the unforeseen, we thrive – which is precisely what Living Places offers.

To solve this challenge Living Places is created in a range of typologies. As a result, our prototype is context-responsive, yet always retains a focus on the sloped roof, health, context, and sustainability.

This catalogue of typologies is designed to adapt to the constant needs for new ways of living.

“...80-85% of all new built square meters are between 1 and 5 stories.”<sup>1</sup>

<sup>1</sup> Build rapport 2020 - “Anvendelse af træ i byggeriet – Potentialer og barrierer”

**Tiny**  
2 floors / 1 home



Tiny House, Guest house, granny flat, Tool Shed, Workshop.

**X-small**  
3 floors / 1 home



Family House, Student apartment, Young Professionals, Co-living

**Small**  
3 floors / 1 homes



Family House, Generation Home, Shared House, Rowhouse

**Medium**  
4 floors / 2 homes



Town House, Generation Home, Shared House, Atelier

**Big**  
4 floors / 3 homes



Town House, Generation Home, Live-work, Co-work Atelier

**Large**  
5 floor / 3 homes



Community House, Apartment Block Multi-generational Home



# Typologies for the many

The vision is to provide homes that adapt to the challenges that we cannot anticipate – homes we can rely on for life. By embracing smart systems and simple design solutions, we enable people to actively shape their everyday lives and connect them to innovative community services and opportunities. Thanks to the modular building typologies, the homes are designed for disassembly – ensuring maximum flexibility and adaptability as well as a circular approach to the management and life cycle of our buildings.

Adaptability is ensured through a series of technical solutions that allow for the easy installation of services that don't burden the homeowner. For example, an adaptable interior floor plan means that the homeowner can switch up their space multiple times throughout different life stages.

The typologies are designed so they allow for maximum flexibility. They can be planned or retrofitted to change with the needs of their inhabitants. By creating a flexible envelope we abandon the notion of homes that are one size fits all, and enable homes that respond to the need for more ways of living.



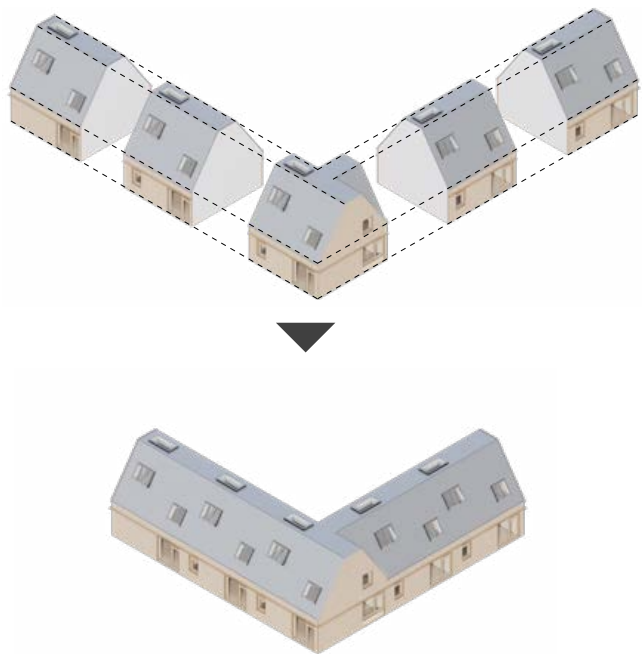


# Modularity thinking in systems

Our approach centers on modularity, allowing for versatile building configurations in rows or courtyards with scalable heights. This modular design, adaptable for structures from 2 to 5 floors, focuses on optimising Life Cycle Assessment (LCA) and cost effectiveness.

The choice to limit buildings to a maximum of 5 floors is strategic, adhering to simpler fire regulations to achieve a balance between low environmental impact and affordability. This modular system exemplifies efficient, adaptable urban development.

## Configuration



**Tiny**  
2 floors / 1 home



**MIDDLE HOUSE**



**GABLE HOUSE**



**CORNER HOUSE**

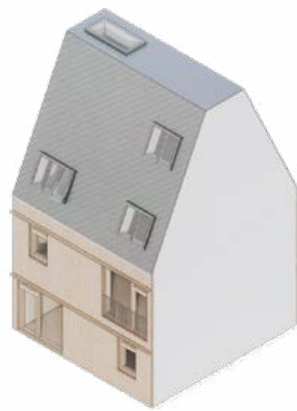
**X-small**  
3 floors / 1 home



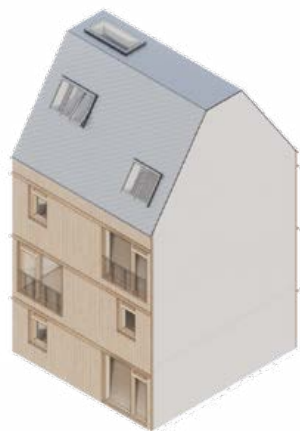
**Small**  
3 floors / 1 homes



**Medium**  
4 floors / 2 homes



**Big**  
4 floors / 3 homes



**Large**  
5 floor / 3 homes



# From module to various typologies

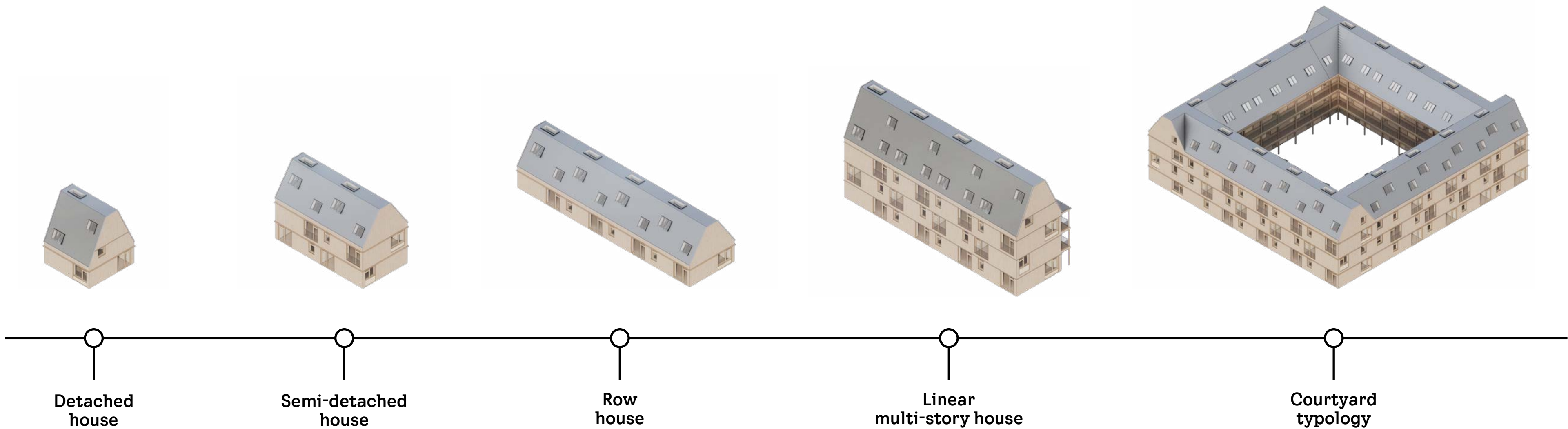
Our modular approach is designed to deliver a wide range of housing typologies, from single detached homes to multi-story residential complexes. At its core, the system is built on a foundation of interchangeable components that can be combined and reconfigured to suit various architectural styles and needs.

This modular flexibility allows for the seamless creation of diverse housing forms, including single detached houses, semi-detached houses, row houses, and courtyard structures.

Each module within the system can be customised, ensuring that every building, whether it's a compact single-family unit or a larger communal residence, is optimised for its specific use and inhabitants. The scalability of the design is a key feature, allowing for easy adjustment in size and complexity.

This means that the system can easily adapt from creating intimate, personalised spaces in single or semi-detached homes to forming more complex, interconnected structures in row houses or courtyard arrangements.

## VARIOUS TYPOLOGIES





# A scalable solution...

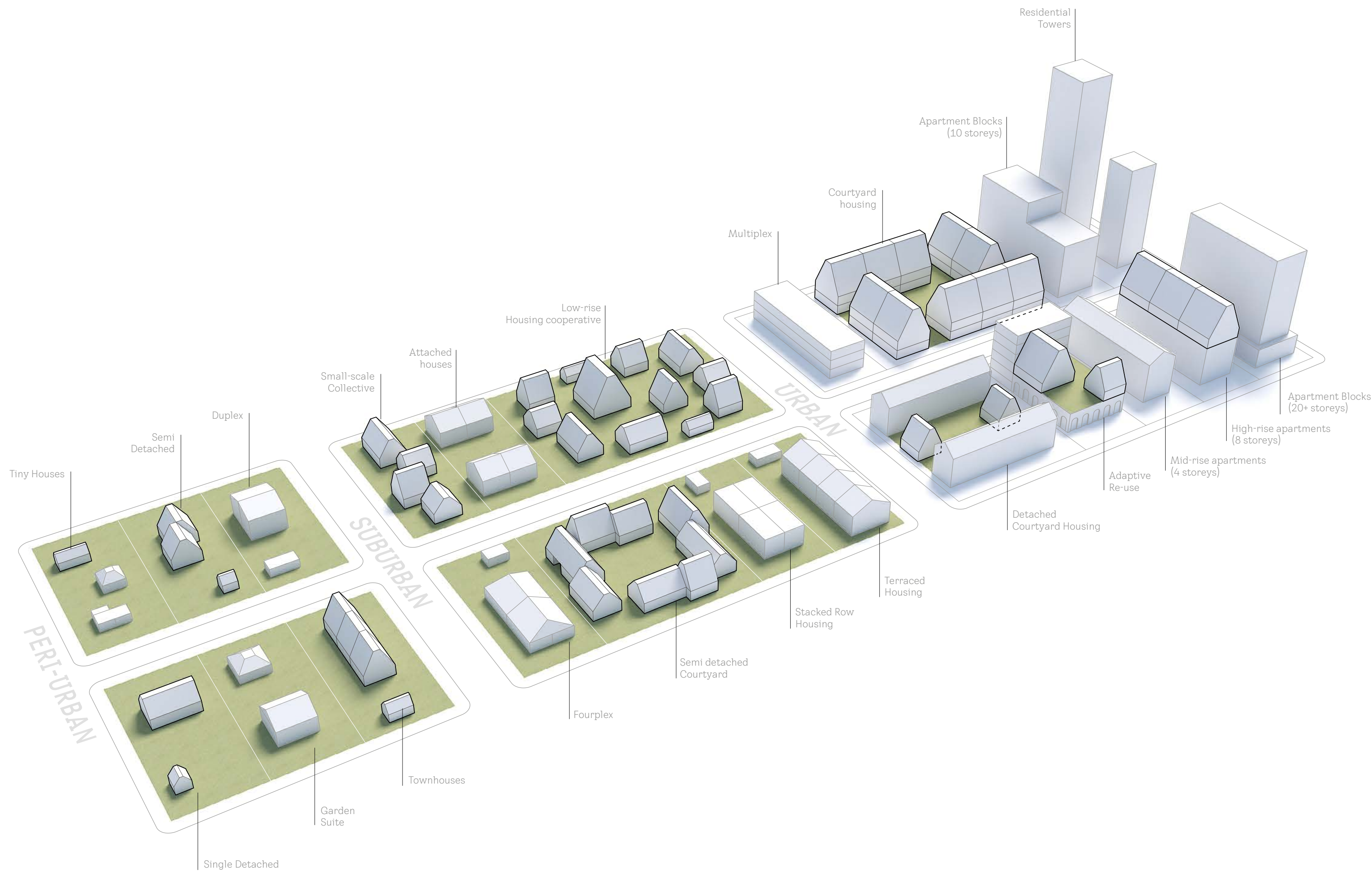
For Living Places to be truly impactful, it needs to be scalable. Every Living Places we create will incorporate our building principles, yet simultaneously account for contextual needs, like site specifics or resident family constellations.

Think of it as a system which can expand, shrink, multiply or diminish – all without compromising our vision and integrity. This flexible approach makes it easy to scale, enabling a building system that spans from suburban to urban environments, from new built to adaptive reuse.

To prove the adaptability of the Living Places concept, we have continuously tested the project on multiple locations spanning from greenfield development to urban development.

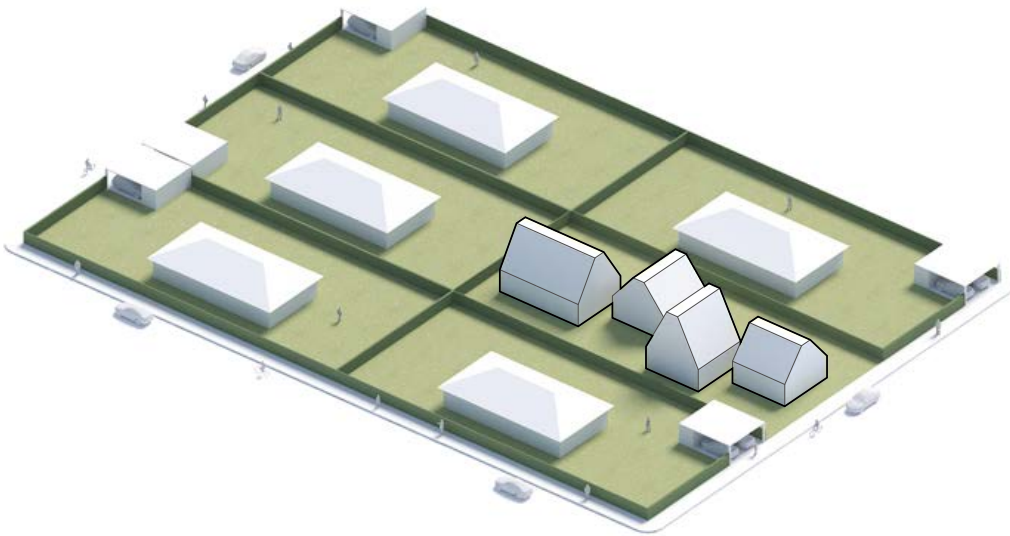
The test has proven that the concept can adapt to multiple locations and has the flexibility to withstand the challenges that each site poses.

The results give us a strong indication that the concept can adapt and scale to various locations both nationally and internationally.

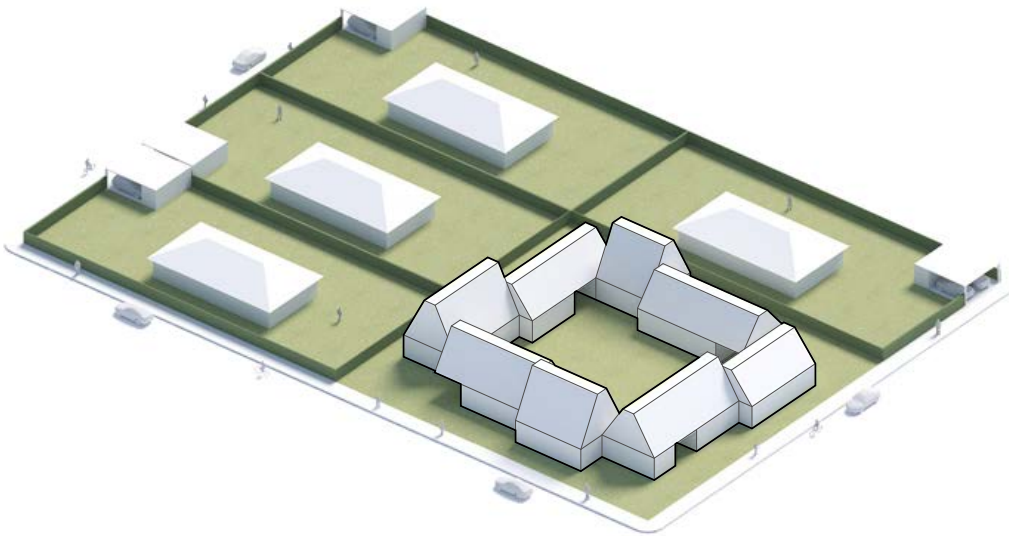


# Suburban integration

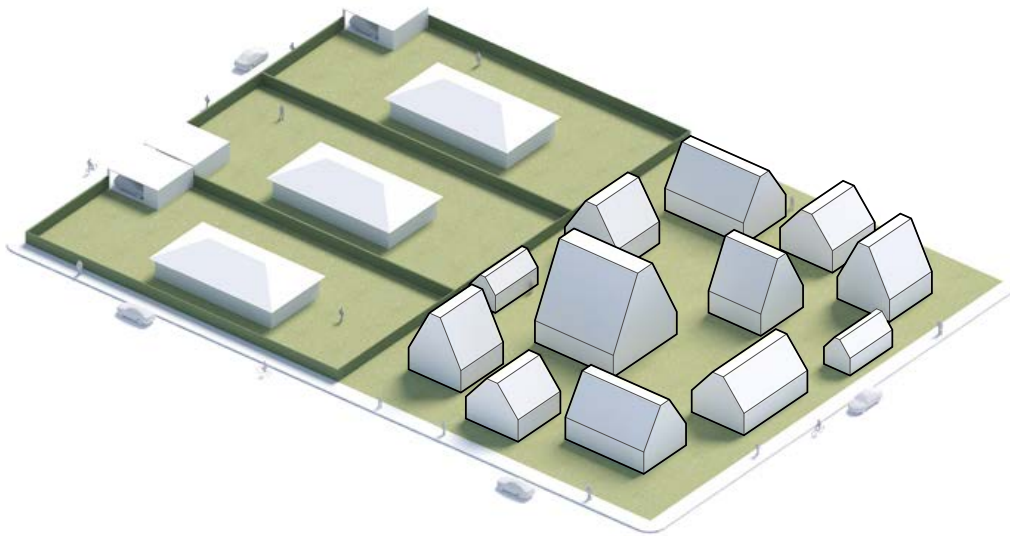
Diagrams showing how the project can integrate into a rural and suburban context.



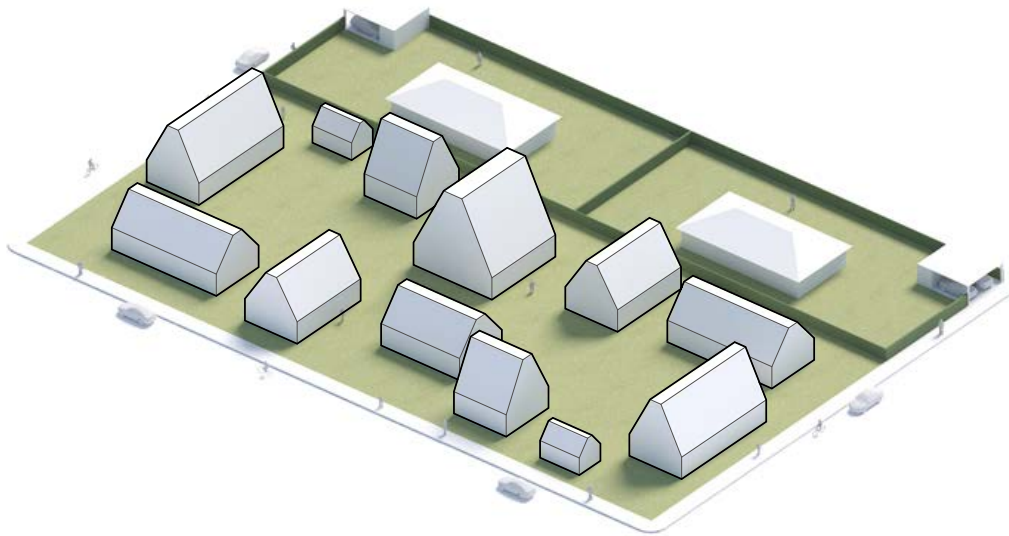
1 Plot Development



2 Plot Development



3 Plot Development



4 Plot Development

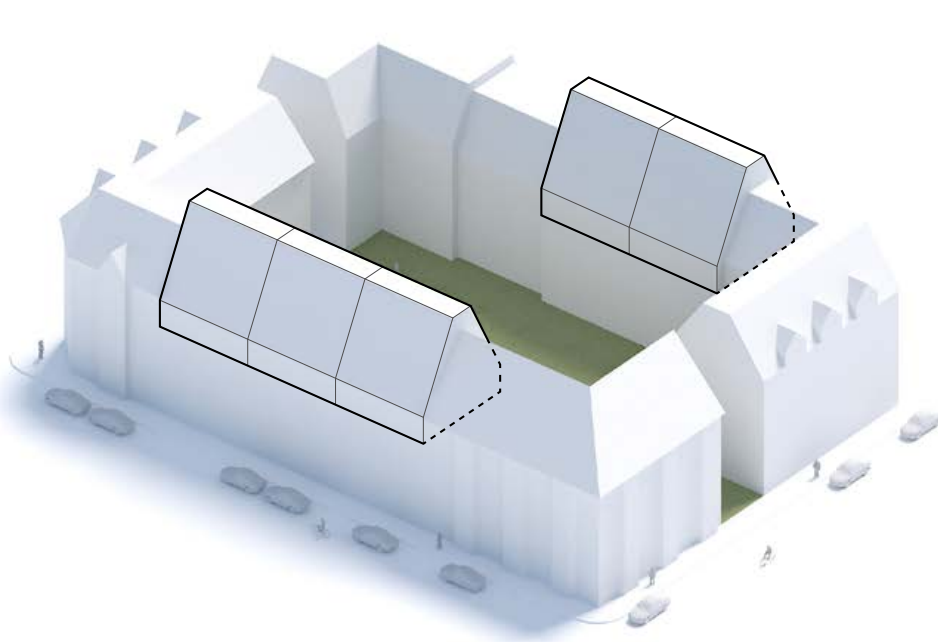




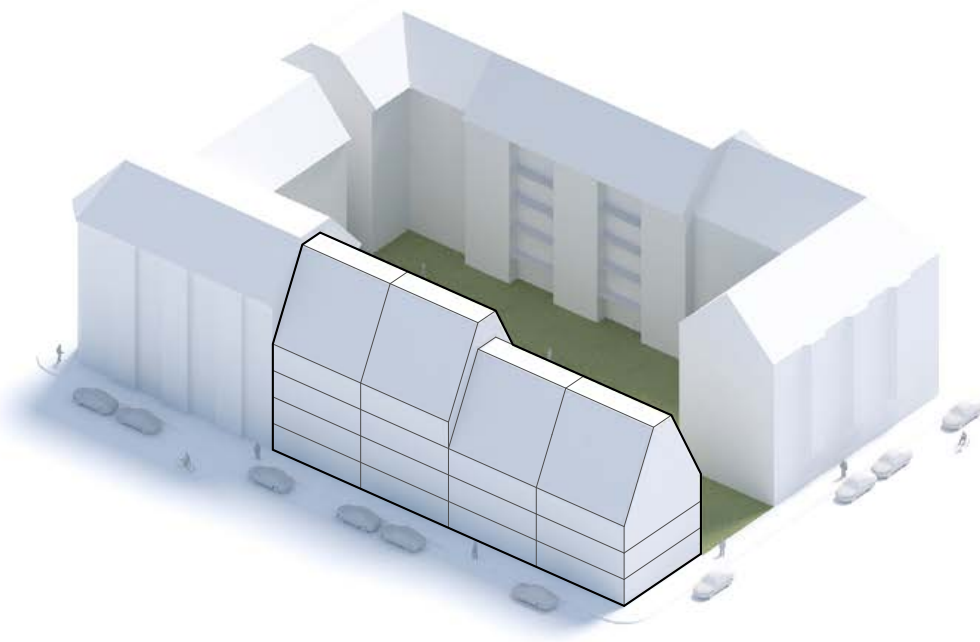


# Urban integration

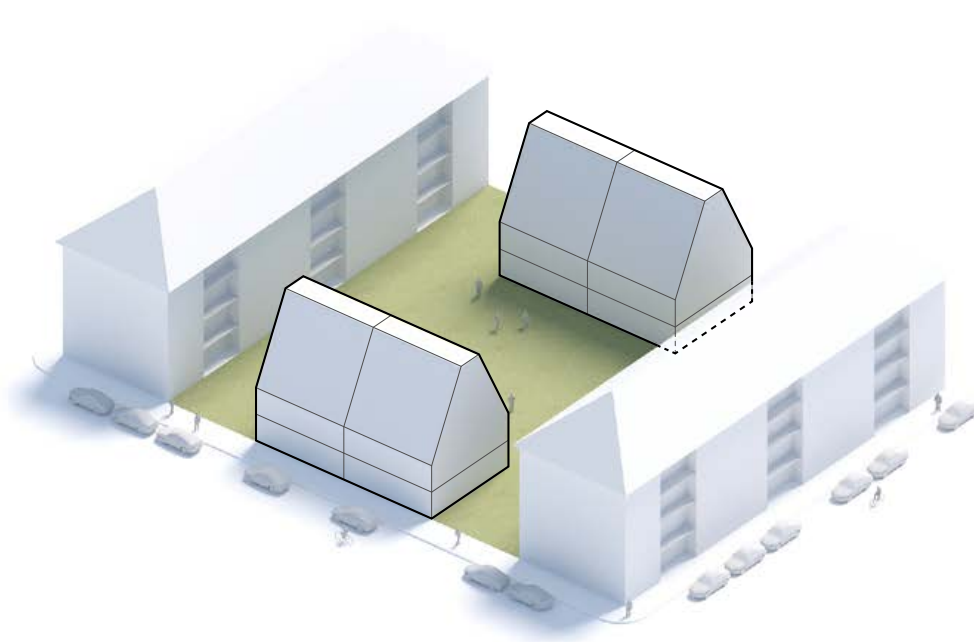
Diagrams showing how the project can integrate into an urban context.



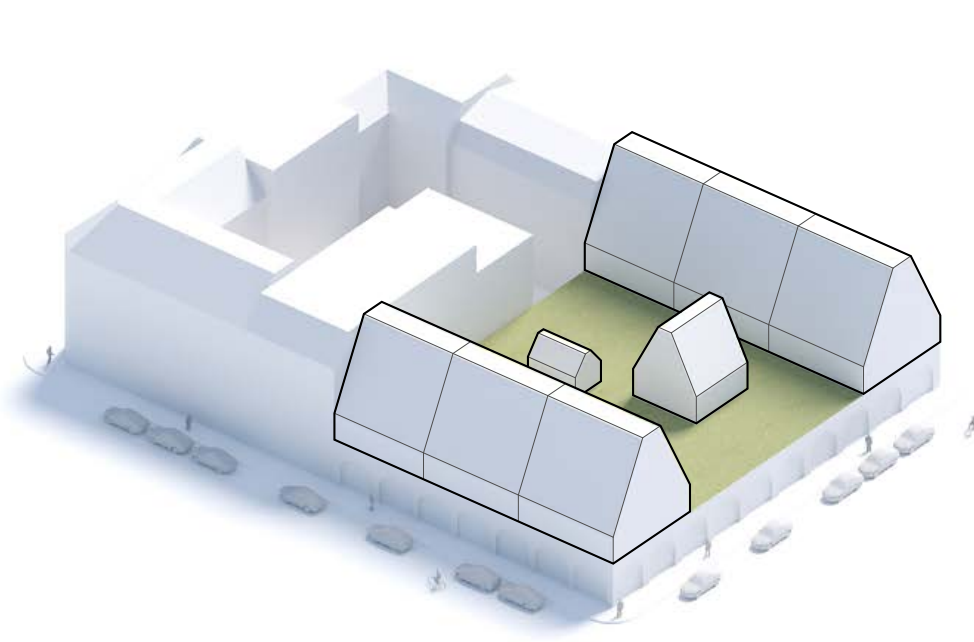
5 Raise the Roof



6 Perimeter Block Extension



7 Courtyard Densification



8 Adaptive Reuse



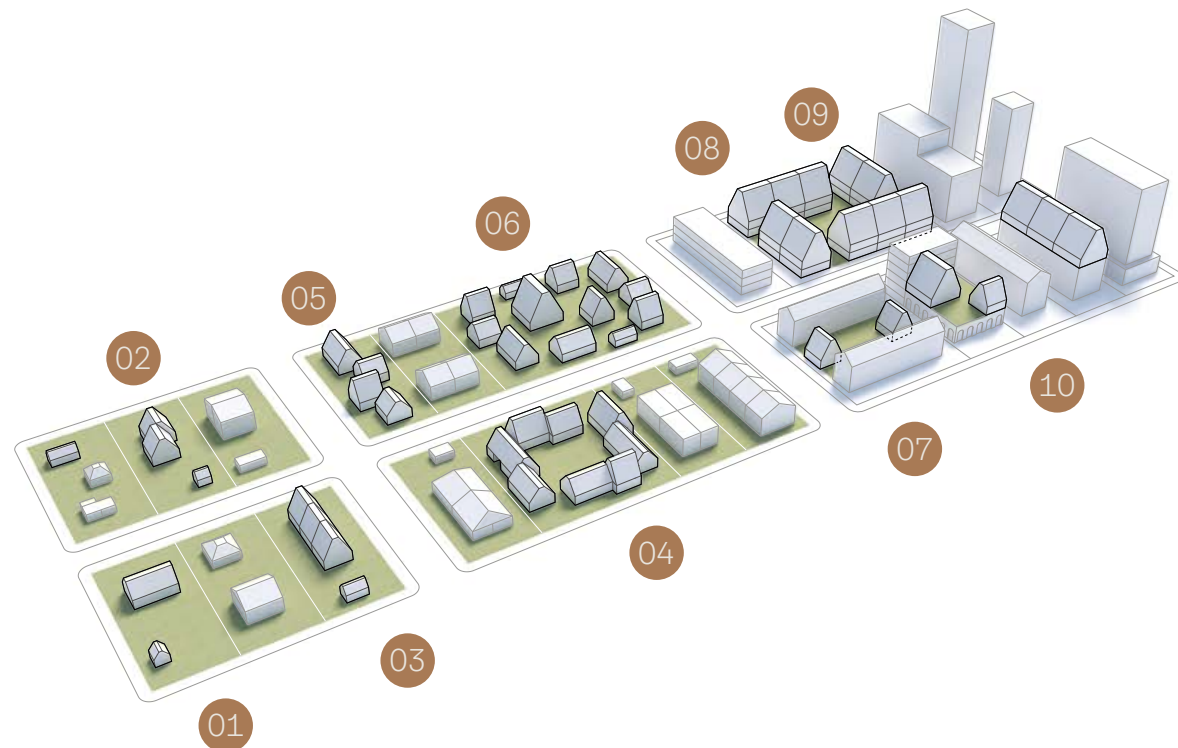




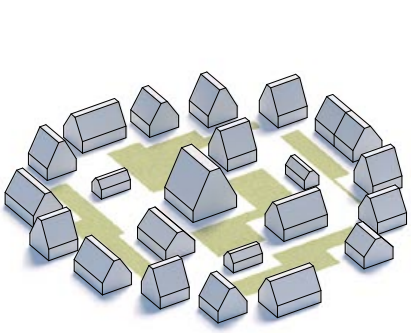
# Tested cases

The VELUX Living Places have been extensively tested in various locations to verify their adaptability and scalability. Our findings show that the concept is versatile and effective in any environment, though minor adjustments may be needed for complex sites with unique climates or urban densities. These adjustments ensure each installation is both functional and culturally relevant.

Feedback from these tests has refined our approach, leading to the use of innovative, sustainable materials and design elements adaptable to different conditions. We're also developing customisable modules for easier site-specific modifications, streamlining the adaptation process for diverse settings.

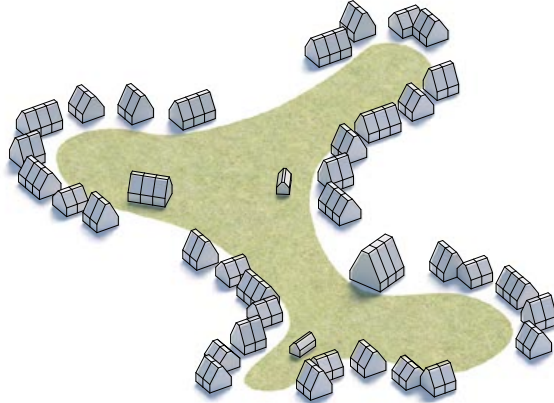


Rural



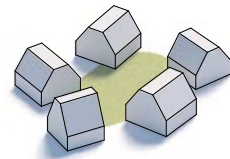
Rural - Single family house

01



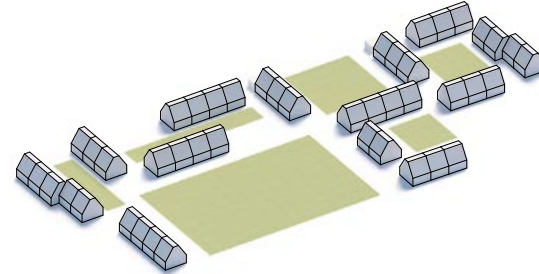
Rural - Row houses, semi-detached

02



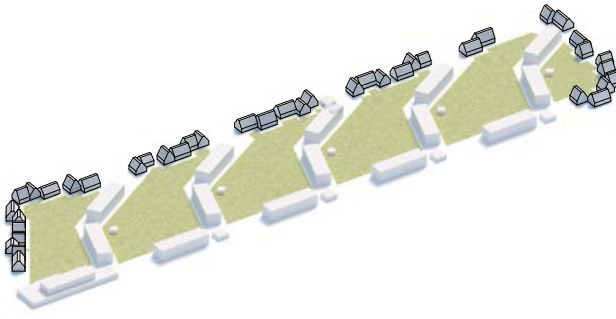
Peri urban - Co-living houses

03



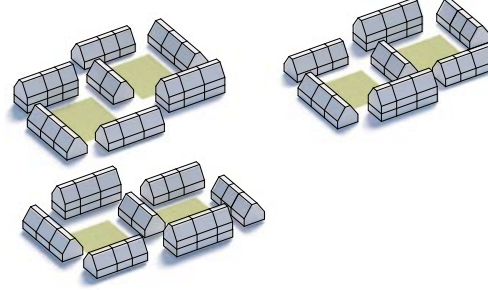
Peri urban - Row houses

04



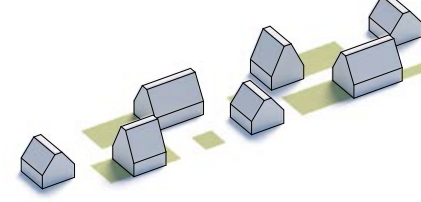
Suburban - Densification

05



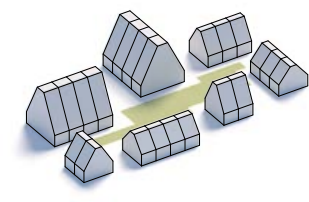
Suburban - Row houses

06



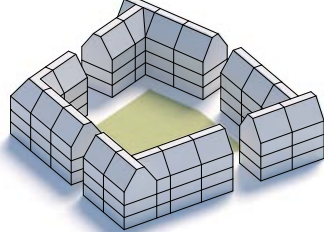
Suburban - Single family houses

07



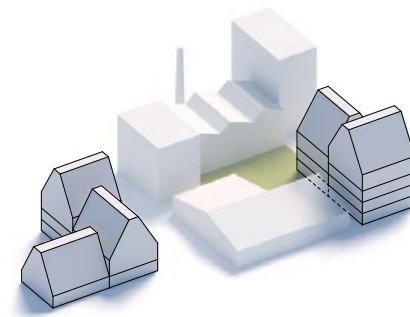
Urban - Row houses & Co-living

08



Urban - Block

09



Urban - Densification

10

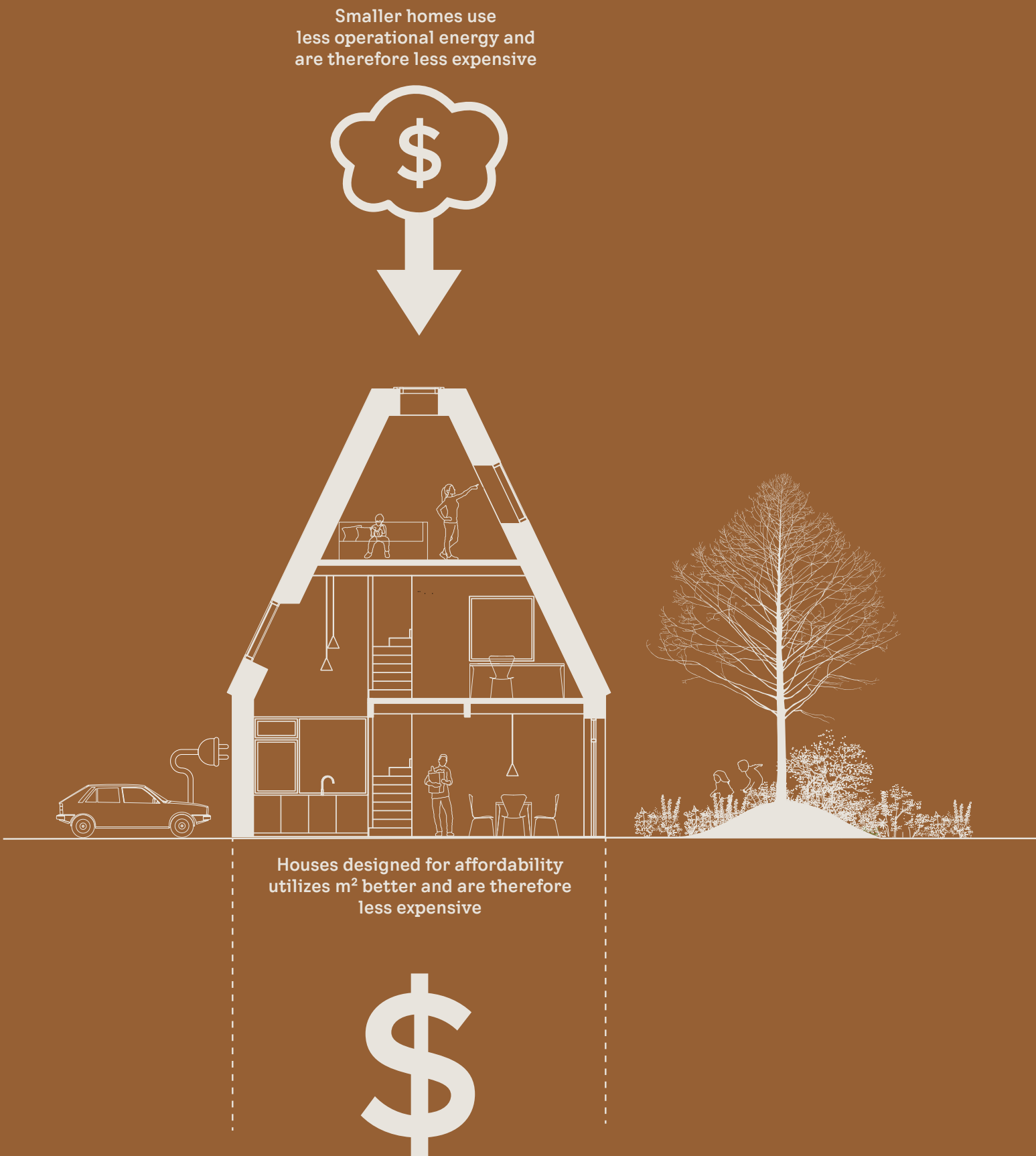
Urban



# Scalable Principle

What if by rethinking the way we design, plan, and finance homes we could unlock housing for the many?

By creating homes that challenge the way we design, plan, and think about them we can unlock housing for the many.



# Unlocking housing for the many

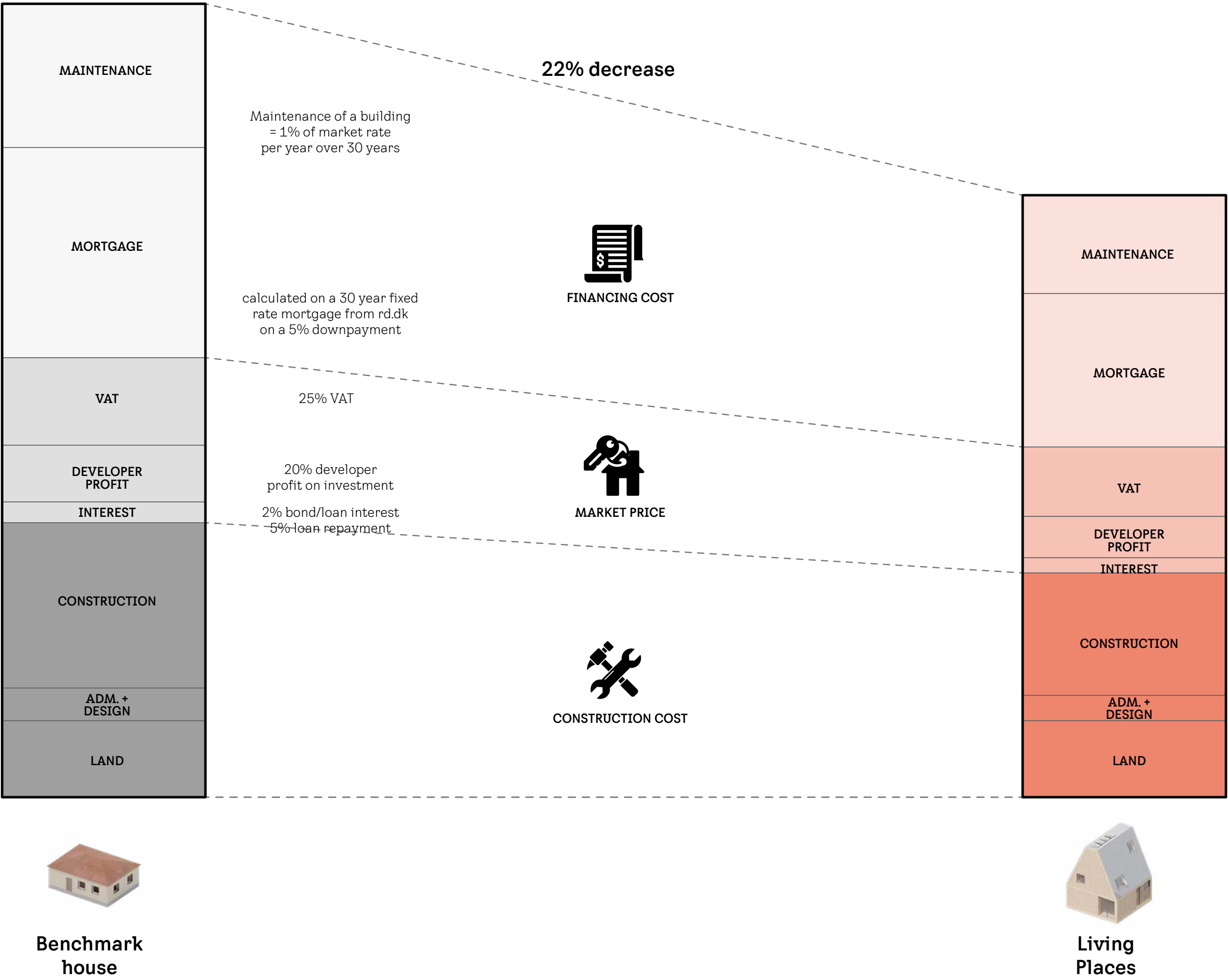
It is economically feasible for the average European citizen to live in a home that is healthy, sustainable, safe, and cost-effective without negatively impacting life on this planet.

The problem is that we think the cost is a barrier, and rightly so. Rapid urbanisation, outdated home ownership models, and precarious working conditions have continuously decreased our possibilities of living in a quality home, let alone buying one.

How can we flip this dynamic upside down and begin to reverse the affordable housing crisis? We can create affordable homes that challenge the one-size-fits-all logic, and adaptable and healthy homes that enable diverse ways of living at an affordable price.

By combing affordability through design, circular resource loops, and new financial models for homeowners, we can lower people's entry points into the housing market.

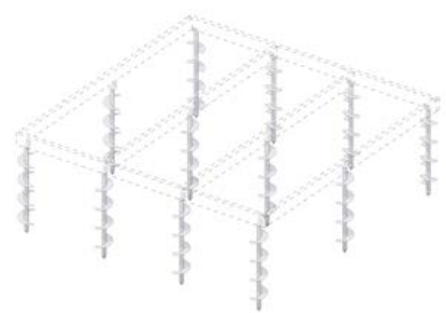
note: Speculative developer model calculations are based on m<sup>2</sup> prices for Copenhagen, Denmark over a 30 year period





# LCA and cost studies of build-ups

By using the process, we have investigated various build-ups. We have developed LCA and detailed drawings for numerous versions. This catalogue can be expanded and serves as a knowledge bank for the team.



Foundation

Linear, elements



Terrain deck

Structure, insulation, flooring



Exterior walls

Structure, insulation, facade cladding



Floor deck

Structure, insulation, flooring



Interior walls

Structure, insulation, finishes

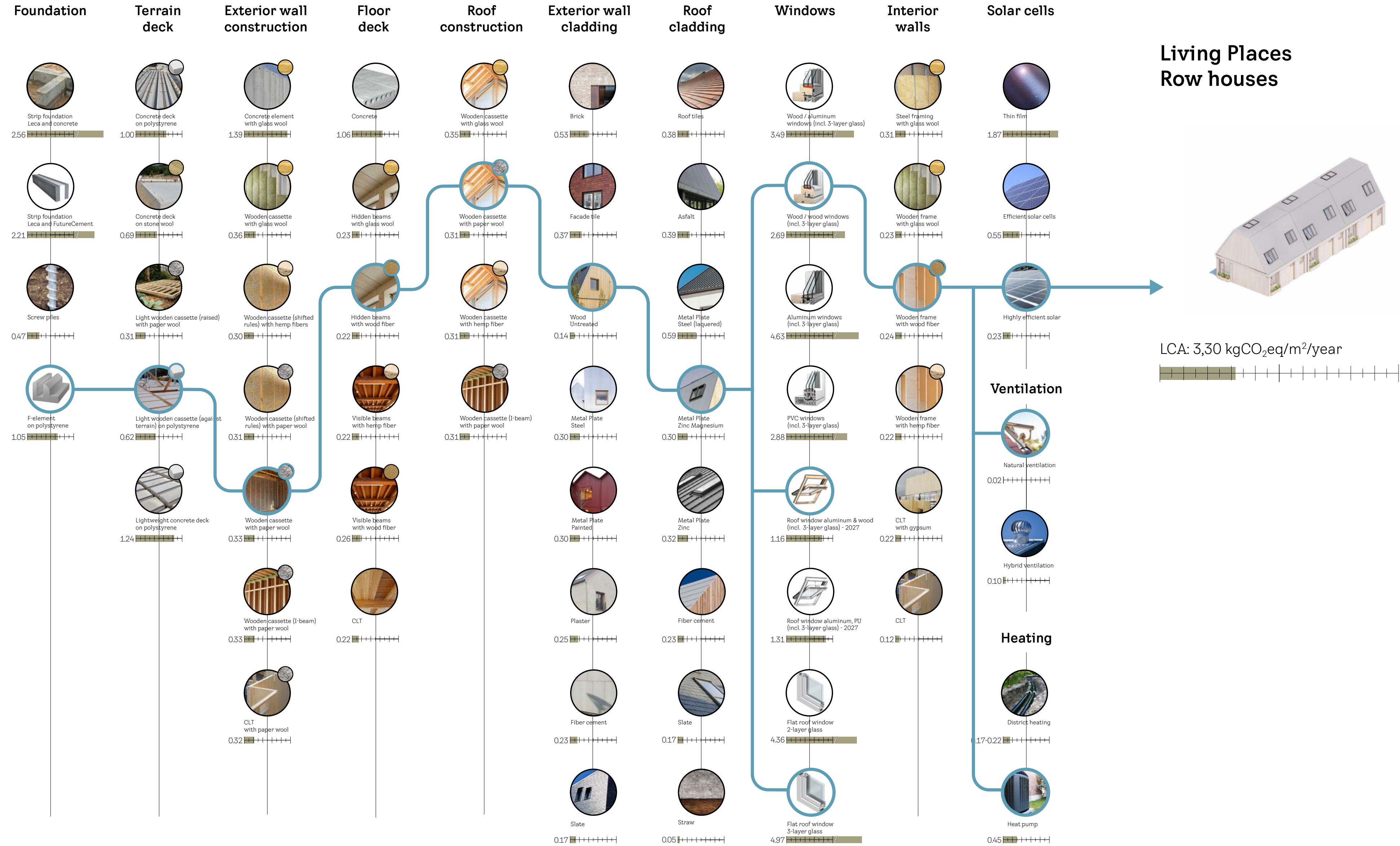
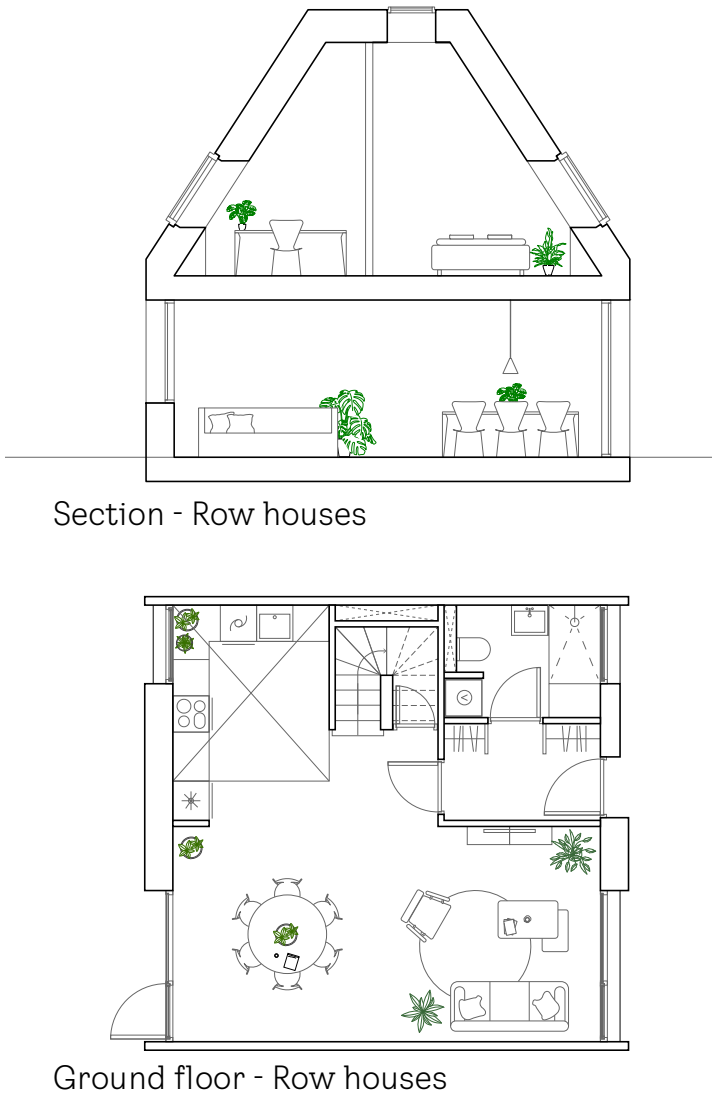


Roof construction

Structure, insulation, roof cladding

# Optimisation pathway - example

Initial version: single family houses in row configuration.

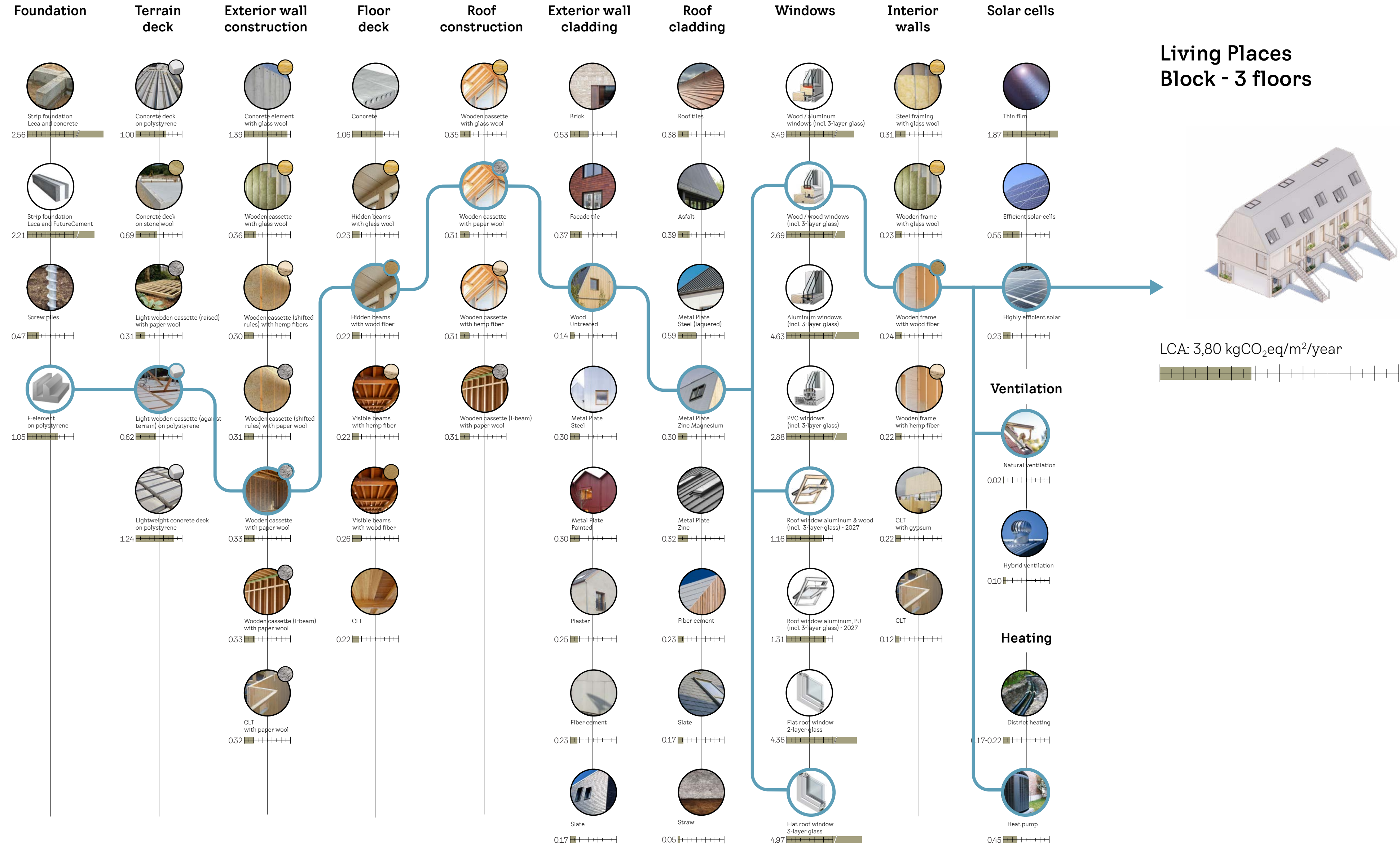
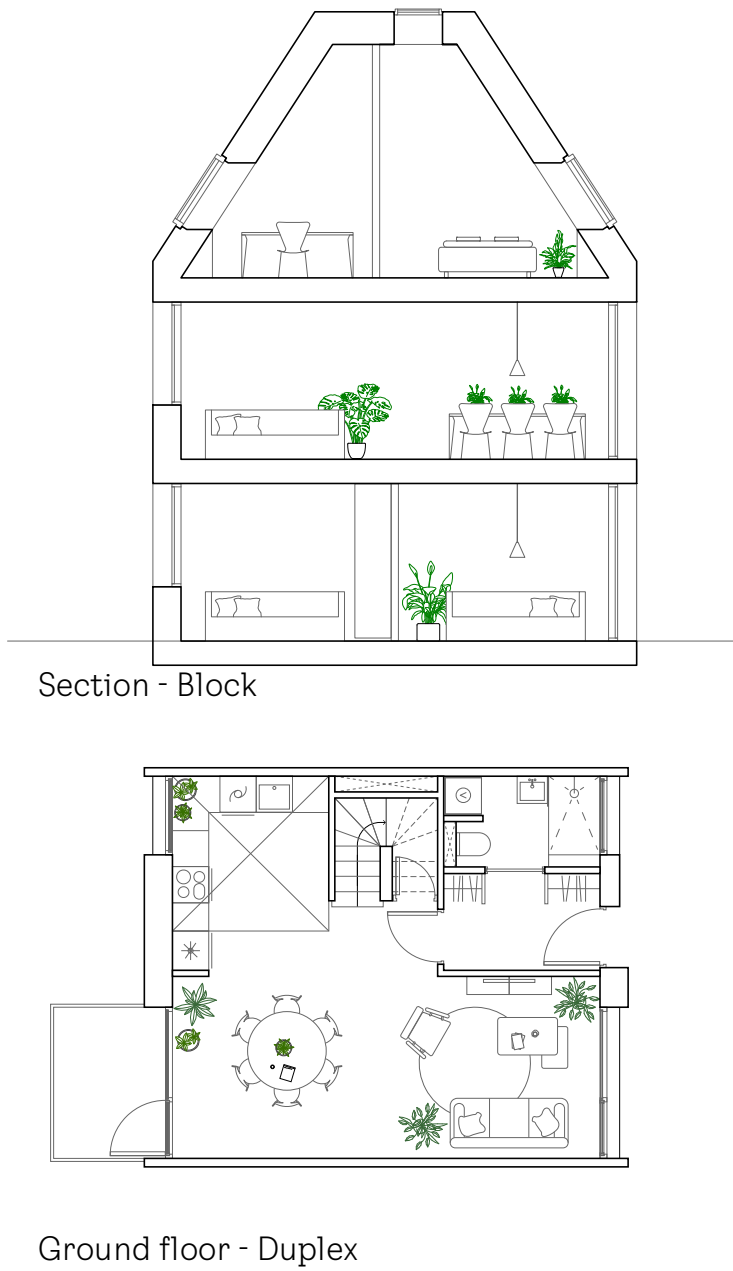


Source: LCA Calculation by Artelia, 2022.



# Optimisation pathway - example

The Double House is made in 3 levels, and allows for the concept to have a small apartment at the bottom that is useful for senior citizens or young professionals. This allows us to create a wider variety of housing options.

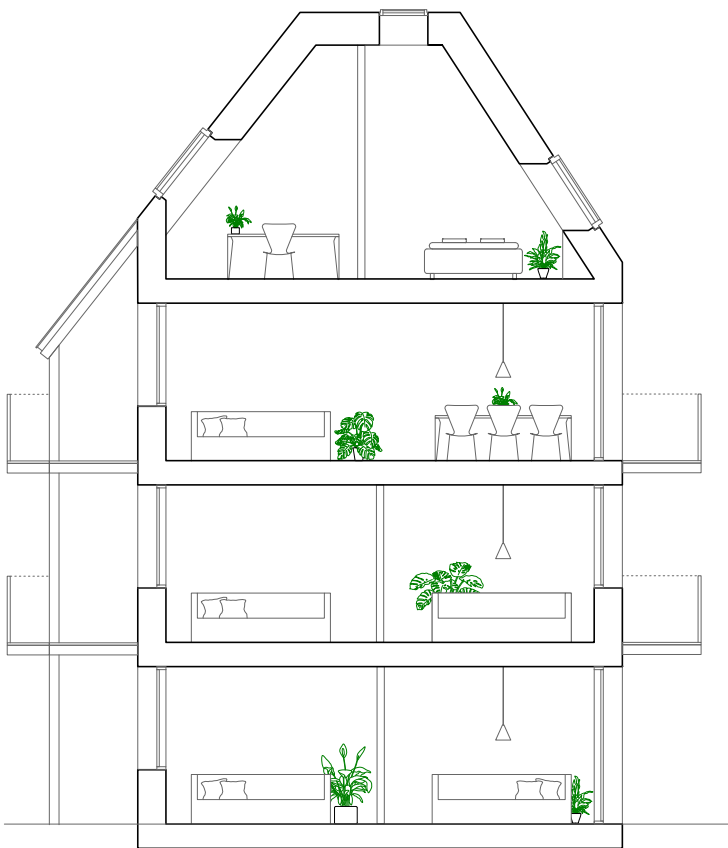


Source: LCA Calculation by Artelia, 2022.

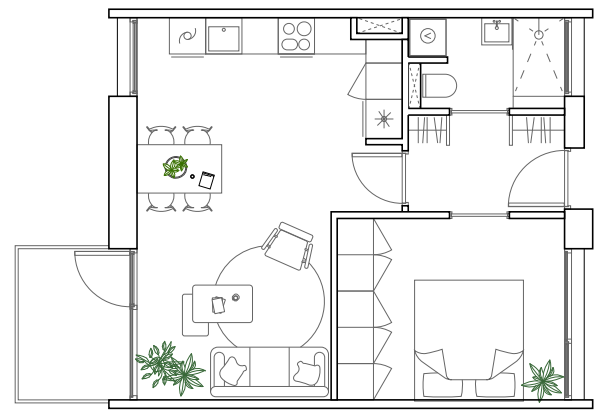


# Optimisation pathway - example

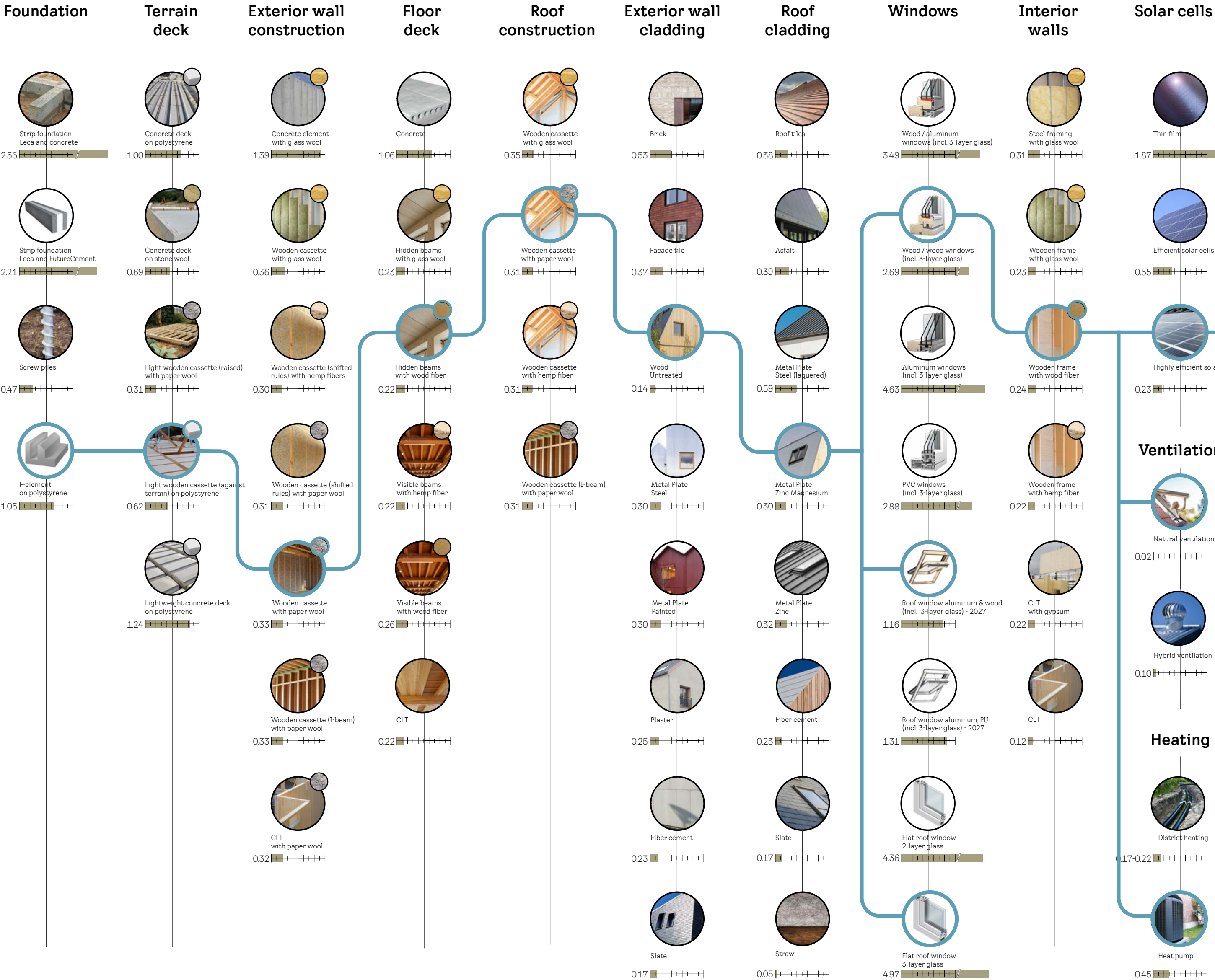
The short linear block is made in 5 stories, is only approximately 35 meters long and would be ideal as a fill-in project in urban contexts. It consists of 2 layers of smaller apartments and a 3 story typology for co-housing or a penthouse.



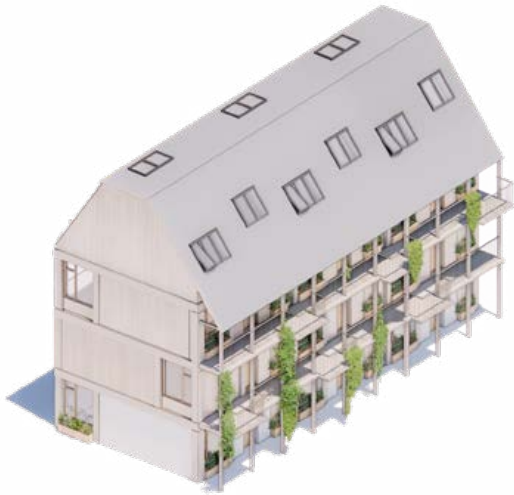
Section - Block



Ground floor - Apartment



## Living Places Block - 4 floors



LCA: 4,00 kgCO<sub>2</sub>eq/m<sup>2</sup>/year





05

# Prototype proof of concept

Living Places Copenhagen  
a living lab for the world



## A living lab for the world -

The project was successfully completed by the VELUX Group, showcasing their commitment to sustainable practices in the building industry. In collaboration with EFFEKT Architects, Artelia engineers, and Enemærke & Petersen contractors, this pioneering venture demonstrated the feasibility of constructing ultra low-carbon, healthy housing using existing technologies without incurring extra costs or compromising on quality, architecture, and indoor climate.

This initiative, a temporary landmark for the UIA 2023, not only elevated the partners involved but also significantly benefited the city. Our vision of creating a better living environment that serves both people and the planet was realised, contributing to a thriving future for humanity.

The site served as a living lab for VELUX and its partners, fostering the investigation and exploration of innovative solutions for future construction and living. These efforts provided valuable insights for the industry.

Additionally, the project intends to validate the concept of design for disassembly. After a successful 2.5 year period, the village will be deconstructed and relocated, extending the lifespan of the buildings and enabling placemaking in a new location. This approach exemplifies sustainable development and adaptability in modern construction.





# Living Places Copenhagen Results

The Living Places concept has Denmark's lowest CO<sub>2</sub> footprint and a first-class indoor climate. It has been built using existing technologies and materials, demonstrating that we do not have to wait for future technology to build far more sustainable homes that are healthy, affordable, and beautiful to live in.

Starting from the ground up, each building component has been optimised for the best constellation of price, indoor climate, and carbon footprint, with a special focus given to the envelope of the building where significant CO<sub>2</sub> savings can be achieved.

As a result, the Living Places concept has received third-party verification from AAU BUILD to have almost 3x lower CO<sub>2</sub> footprint than an average Danish single-family house at 3.85 kg CO<sub>2</sub> eq per m<sup>2</sup>/year compared to 11.10 kg CO<sub>2</sub> eq per m<sup>2</sup>/year for an average new build, Danish single-family house.

Furthermore, Living Places is designed with a strong focus on creating a healthy indoor climate using daylight and fresh air and has been awarded a best-in-class indoor climate.

## Environmental impact

3x lower LCA



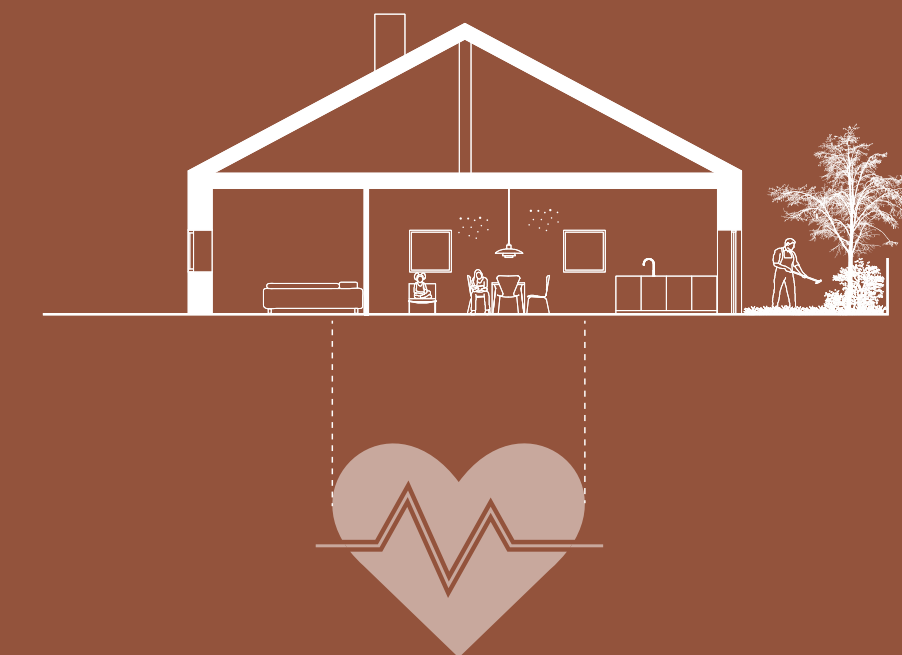
11.10 kg CO<sub>2</sub>/m<sup>2</sup>/year



3,85 kg CO<sub>2</sub>/m<sup>2</sup>/year

## Health impact

3x better indoor climate class



Indoor climate class 3



Indoor climate class 1







3,85 KG CO<sub>2</sub>/M<sup>2</sup>/YEAR  
THIRD PARTY  
VERIFICATION BY **AAU**  
**BUILD** - DEPARTMENT OF  
THE BUILT ENVIRONMENT<sup>1</sup>

<sup>1</sup>:Boligbyggeri fra 4 til 1 planet - 24 best practice cases, Aalborg Universitet, 2024



# Context

Jernbanebyen  
a new development in the city



## Location & Context

Living Places, now established in Copenhagen's Jernbanebyen, was selected for its prime showcasing opportunity at UIA 2023.

This location has proven ideal for demonstrating Living Places, capitalising on the event's prominence and Copenhagen's innovative urban character. It has been transformed into a vibrant showroom, making Jernbanebyen a destination that exemplifies sustainable, harmonious urban living as envisioned by the Living Places initiative.





Copenhagen V  
Jernbanebyen





Identity & context



Industrial area

Jernbanebyen in Copenhagen, formerly a busy industrial area for railway activities, is undergoing a transformation. After the industry subsided, the area is now in the process of being transformed into a modern district with preservation of its historical character



Cultural heritage

The buildings in Jernbanebyen, Copenhagen, embody the area's industrial history. With their distinctive architecture from the railway era, they serve as a tangible connection to the past, blending historical significance with contemporary urban life.



Event & creative offices

The former industrial buildings in Jernbanebyen, Copenhagen, are now repurposed as event spaces and creative offices. Their spacious and unique architecture offers an ideal setting for artistic and corporate events, and provides inspiring work environments for creative professionals and startups.



Experimental housing

Jernbanebyen in Copenhagen is experimenting with new housing typologies, including experimental student housing. This initiative blends modern design with the area's industrial heritage, focusing on sustainable, diverse living spaces that cater to various needs and lifestyles, particularly for students.



Food & culture

Jernbanebyen in Copenhagen features a lively food and cultural scene, anchored by Banegaarden, a converted old railway dock. This spot has evolved into a hub for diverse culinary and cultural activities, leveraging its industrial heritage to create a unique, vibrant community space.

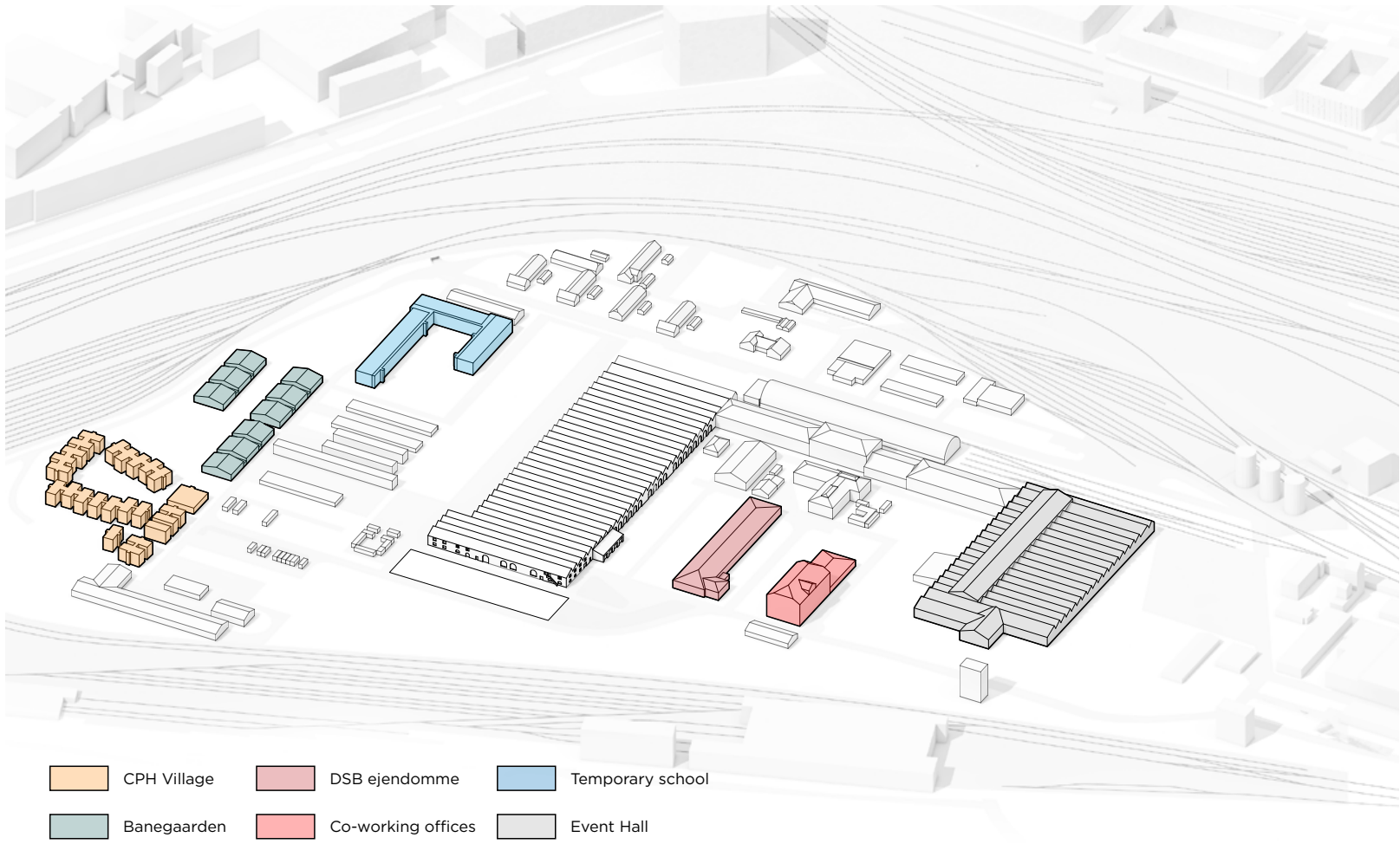


Local community

Jernbanebyen in Copenhagen is unique due to its engaged local community of residents, artists, and entrepreneurs. Their collective efforts and initiatives infuse the area with a distinct culture and vibrant atmosphere, creating a strong sense of identity and community spirit.

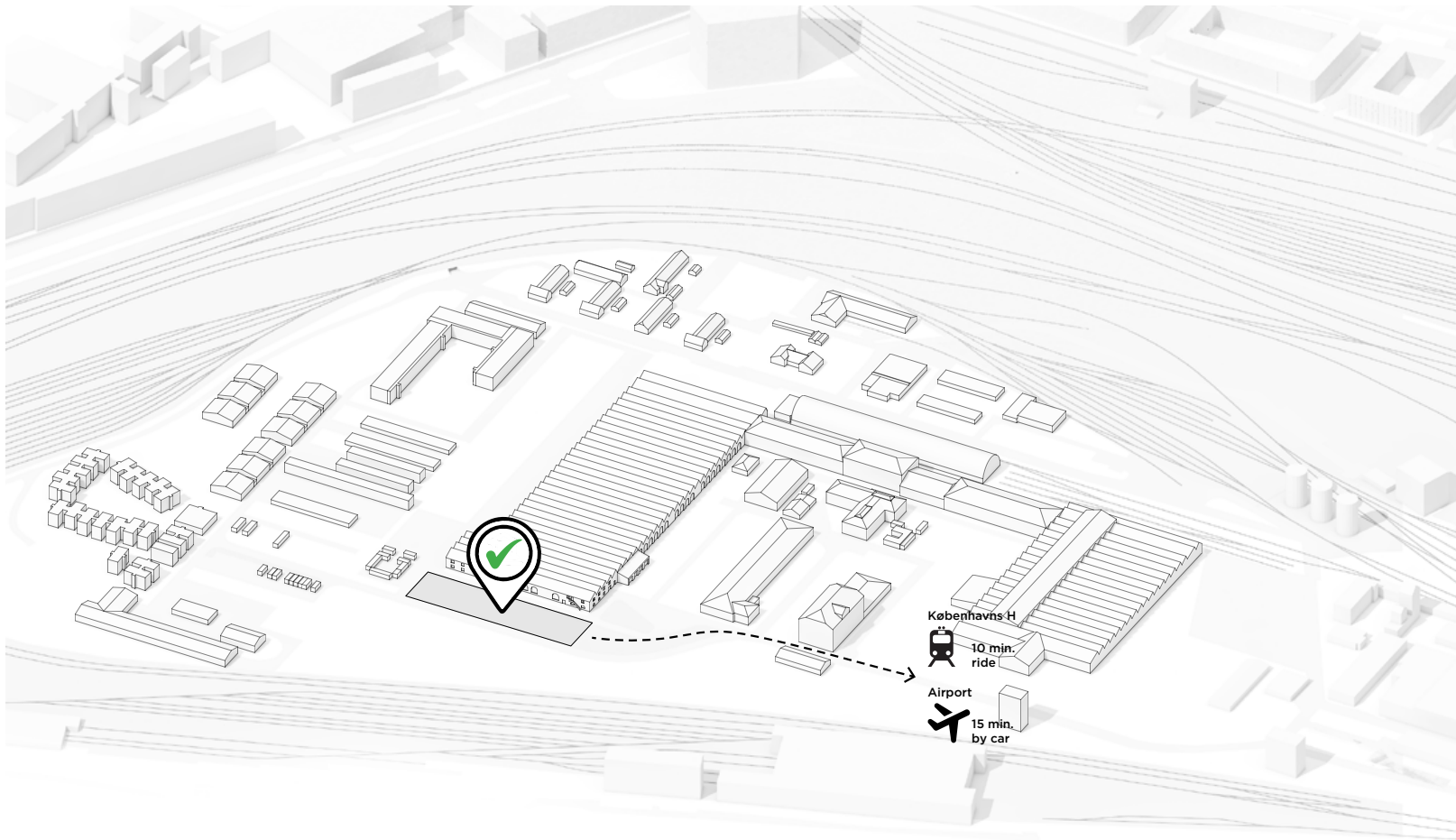


# Context Potential



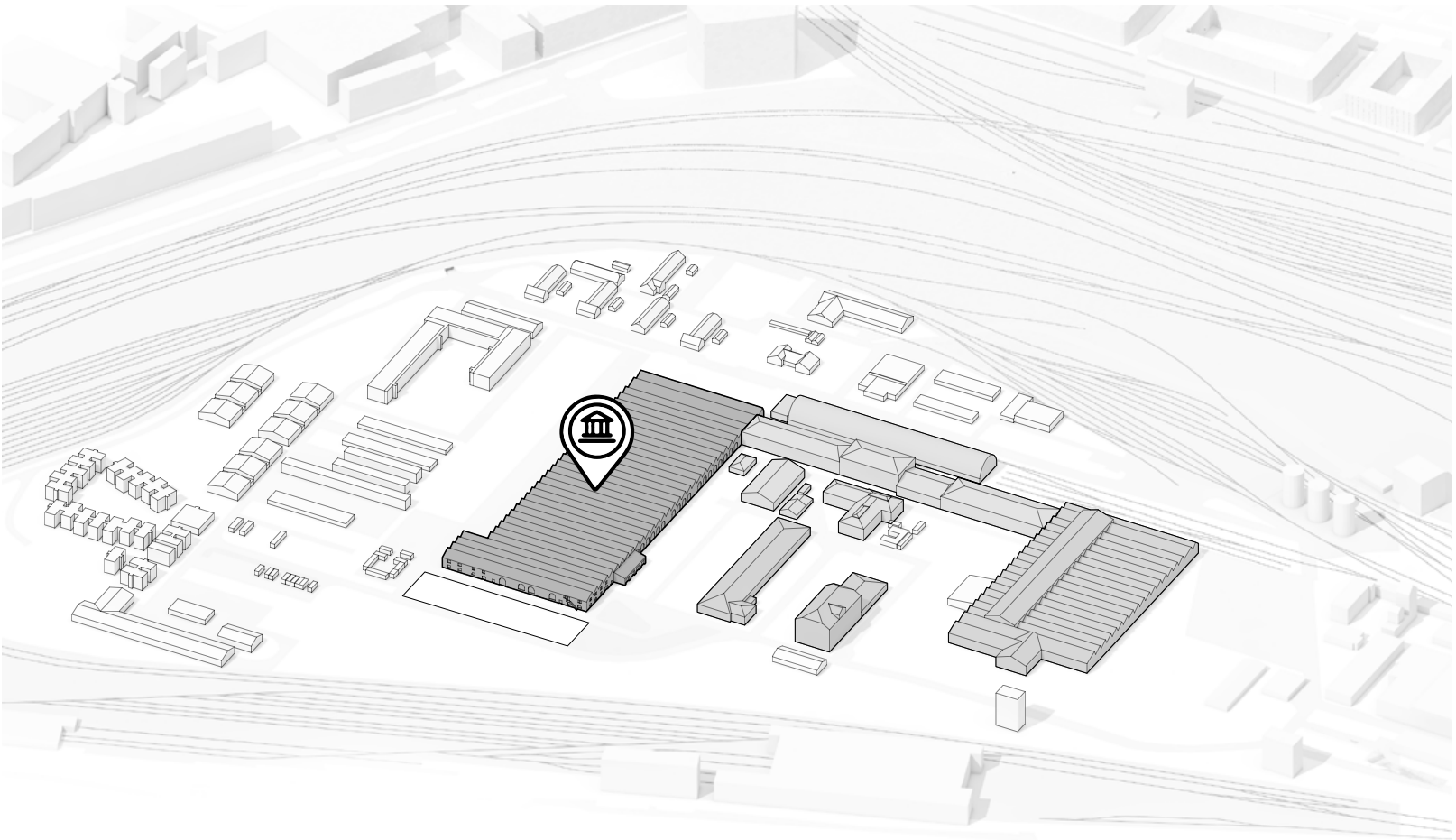
## Existing program

Located near the site are many existing programs that enhance the site’s potential, and enable a possible synergy between these.



## Well- located

The site is located in the heart of Copenhagen, and is accessible from all major neighborhoods. This location poses a huge potential to become a new favored hotspot for Copenhagen.



## Existing cultural heritage

The site is located next to the old train maintenance site. These buildings are of important cultural heritage and provide an amazing context for a project like this.







# Concept

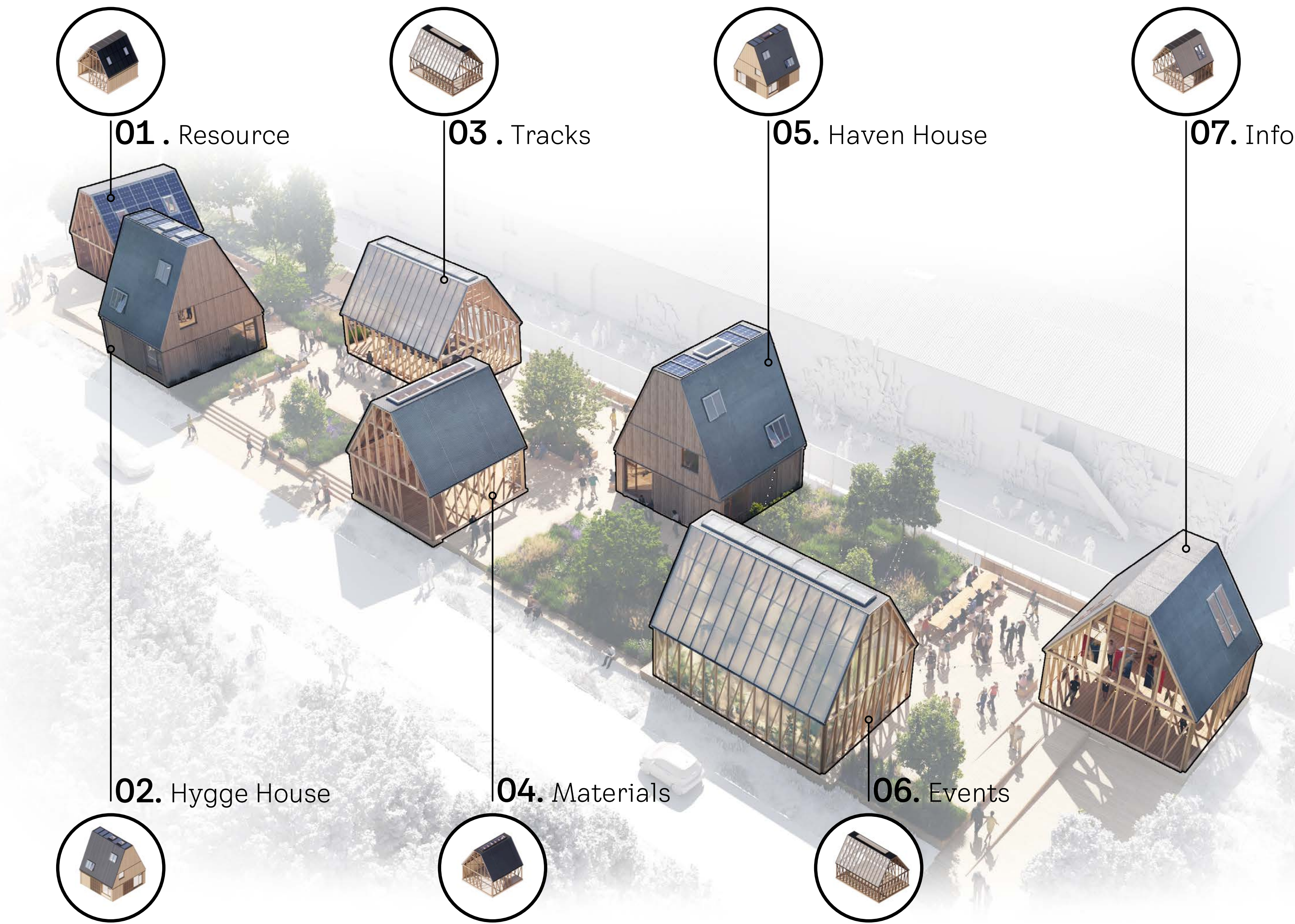
A new venue for all  
of Copenhagen



# Programming on site

On the 30th August 2022, the construction process of Living Places Copenhagen began. This experimental project aims to show how low carbon housing can be built using existing technologies – and in a way that does not incur any additional costs in construction and without compromising on quality, architecture, and indoor climate.

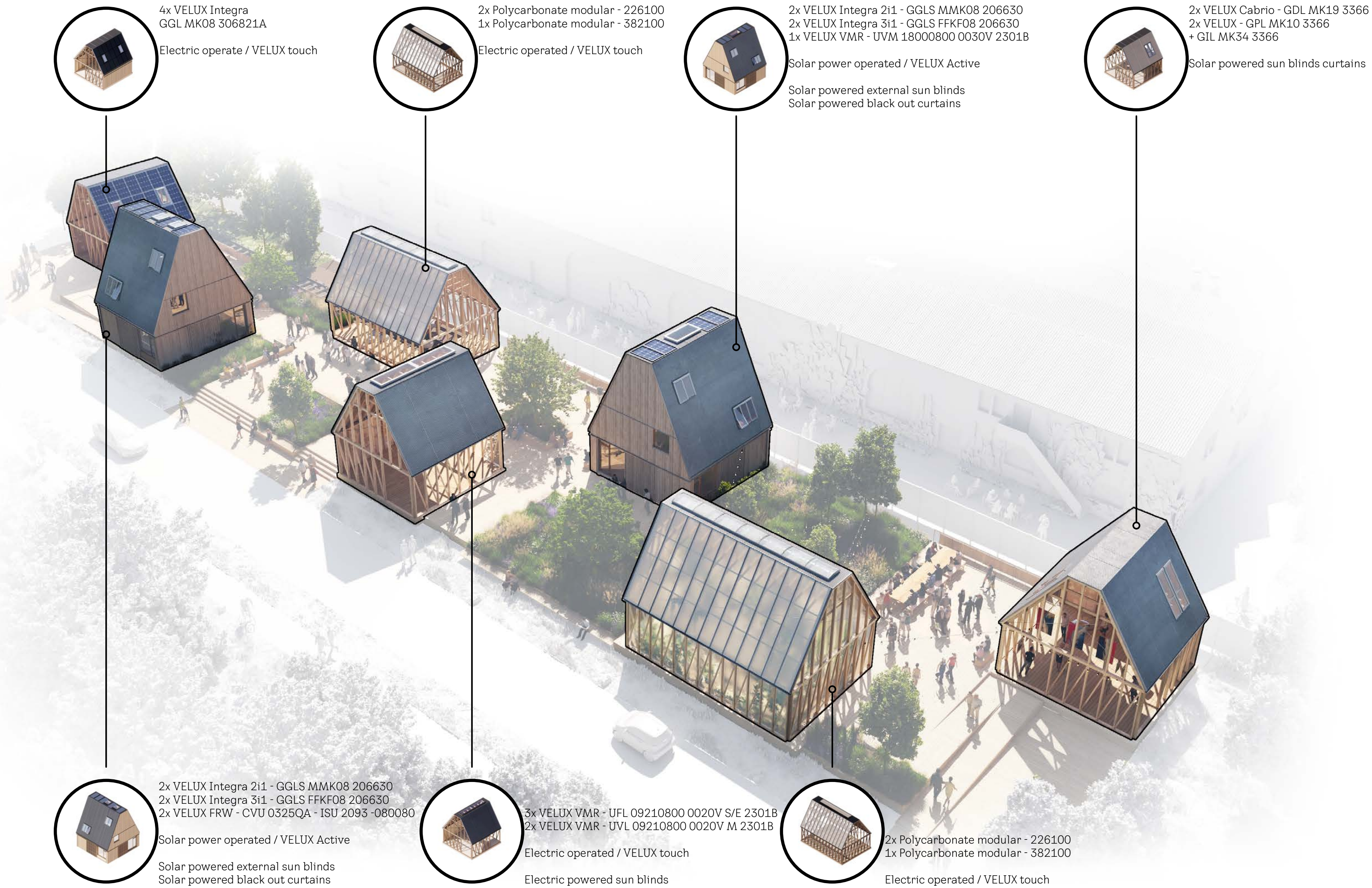
Living Places Copenhagen includes seven full-scale prototypes – five open pavilions and two completed houses. Each prototype is curated to show the synergy between how we live in homes and communities. The prototypes are built using everyday techniques and materials to gain valuable insights and learnings for developing new solutions for construction and living. Furthermore, the location will test desirability and the design-for-disassembly principle by deconstructing the village after 3-5 years and placing it somewhere else afterwards.





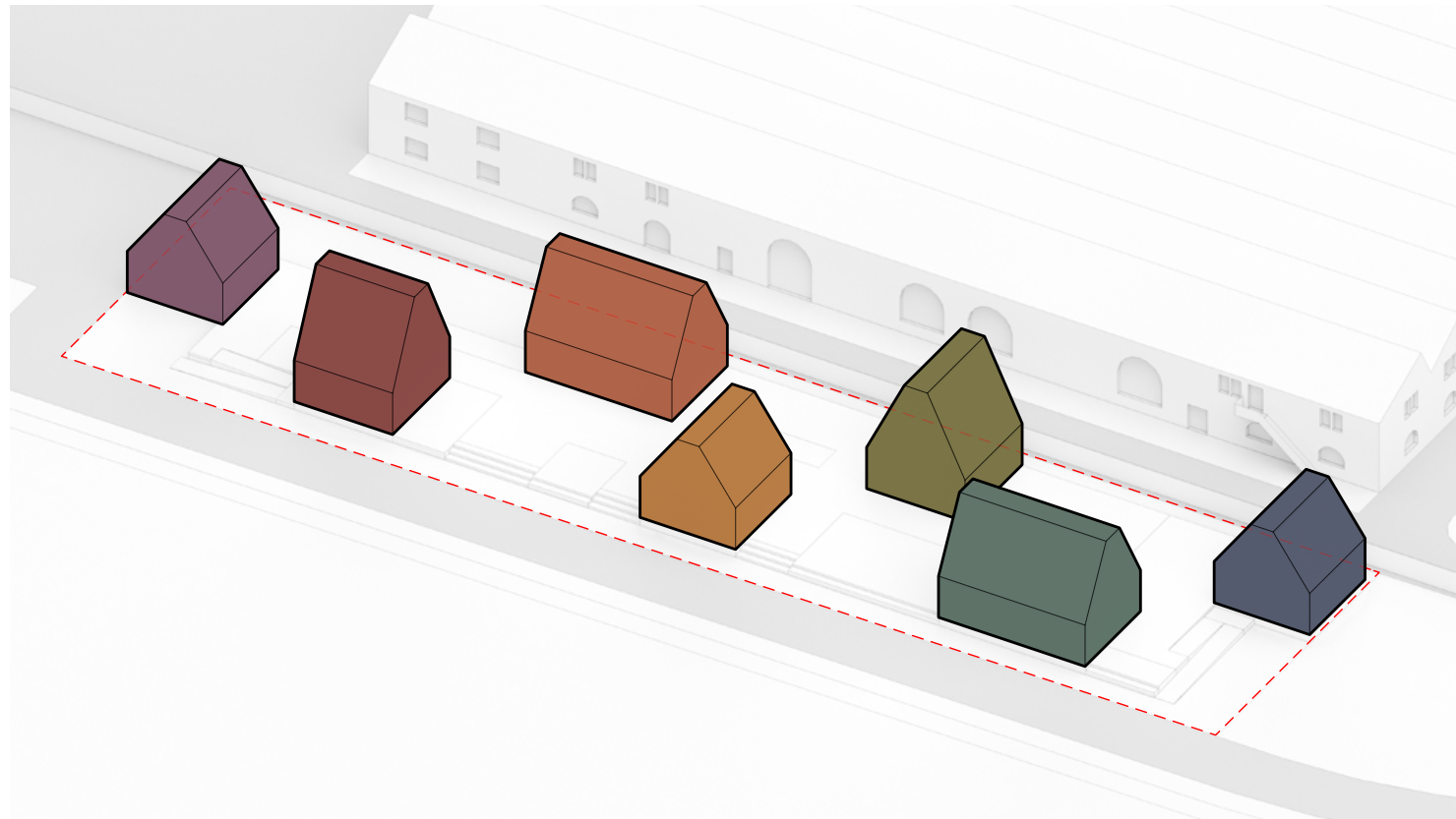
# VELUX integration

VELUX roof windows have been bringing daylight and fresh air into homes around the world for more than 80 years. Our wide range of roof windows and accessories can positively transform your home in many ways, while also improving your indoor environment.





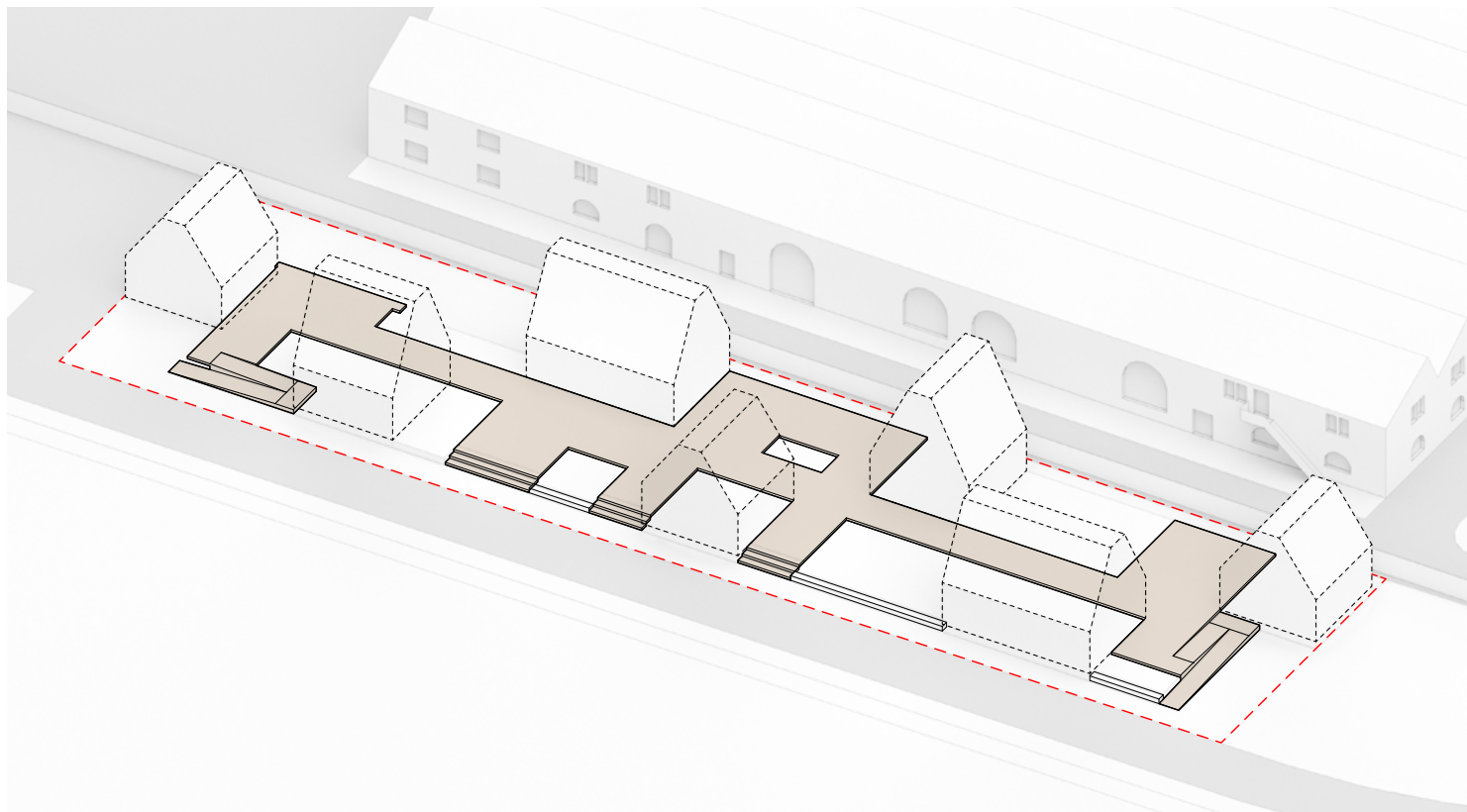
# Concept Diagram



- |                   |                |                 |                    |
|-------------------|----------------|-----------------|--------------------|
| Resource pavilion | Hygge House    | Tracks pavilion | Materials Pavilion |
| Haven House       | Event pavilion | Info pavilion   |                    |

## Buildings

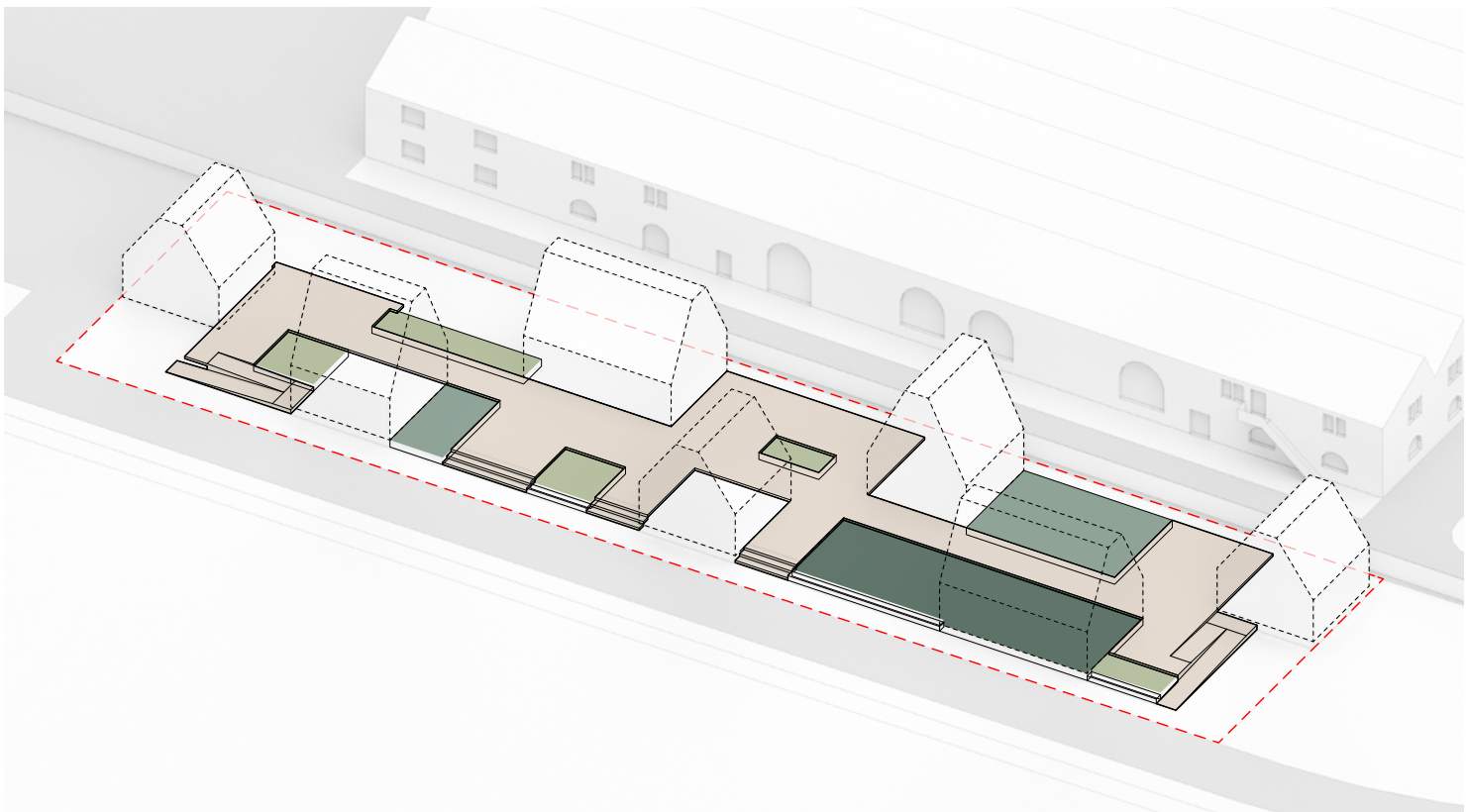
The seven buildings, each unique, together create a close-knit community atmosphere. Their shared spaces encourage interaction and connection. This architectural ensemble turns the area into a vibrant, communal living space.



- |              |
|--------------|
| Shared Space |
|--------------|

## Public space

The raised wooden deck between the seven buildings is a serene oasis, offering a natural gathering point that enhances the community feel in an urban setting.



- |                  |                     |                  |
|------------------|---------------------|------------------|
| Community Garden | Recreational Garden | Perennial garden |
|------------------|---------------------|------------------|

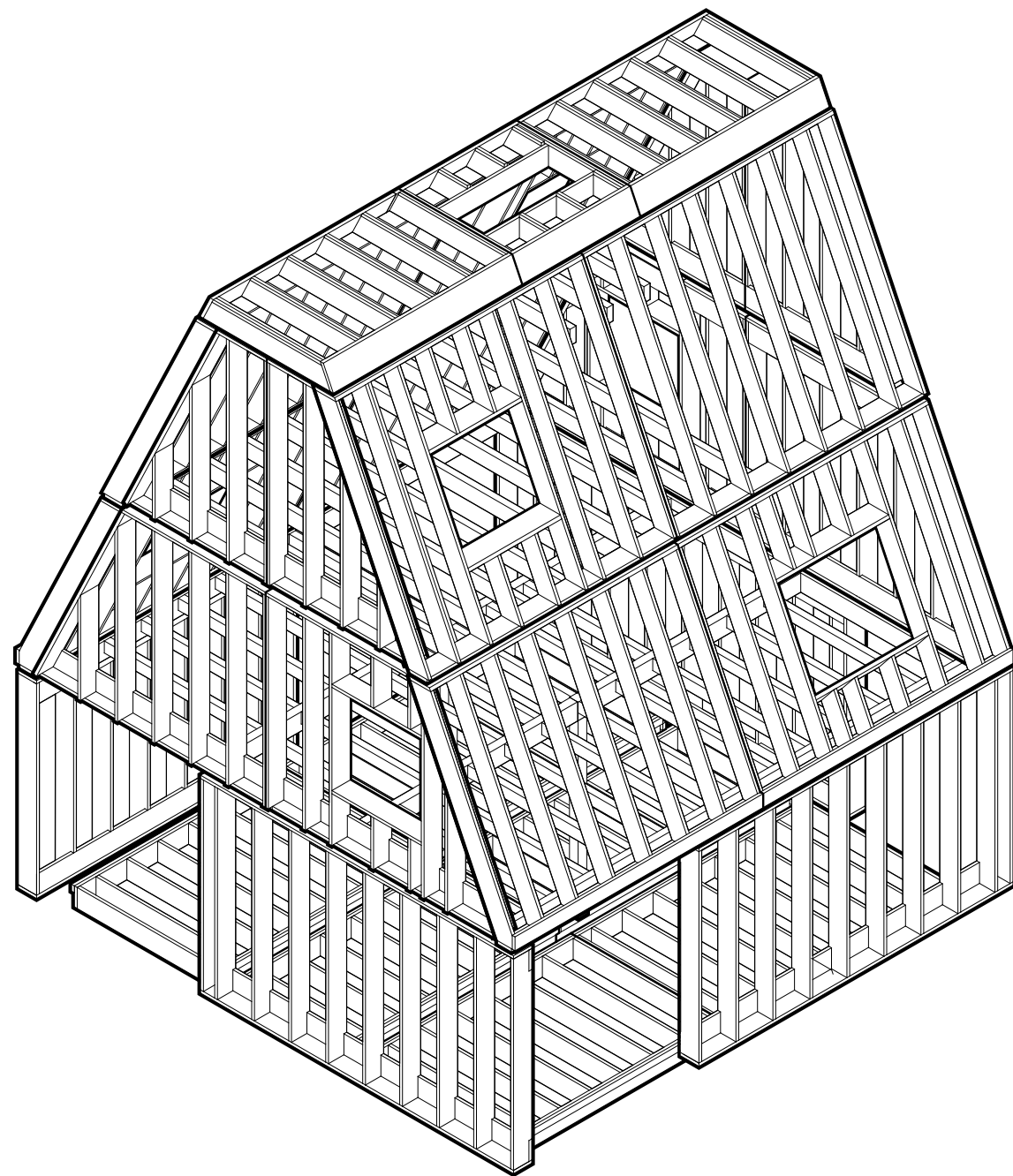
## Green space

The community garden cultivates togetherness, the recreational garden offers leisure and play, and the perennial garden brings year-round natural beauty, together enhancing community bonds and a connection to nature..

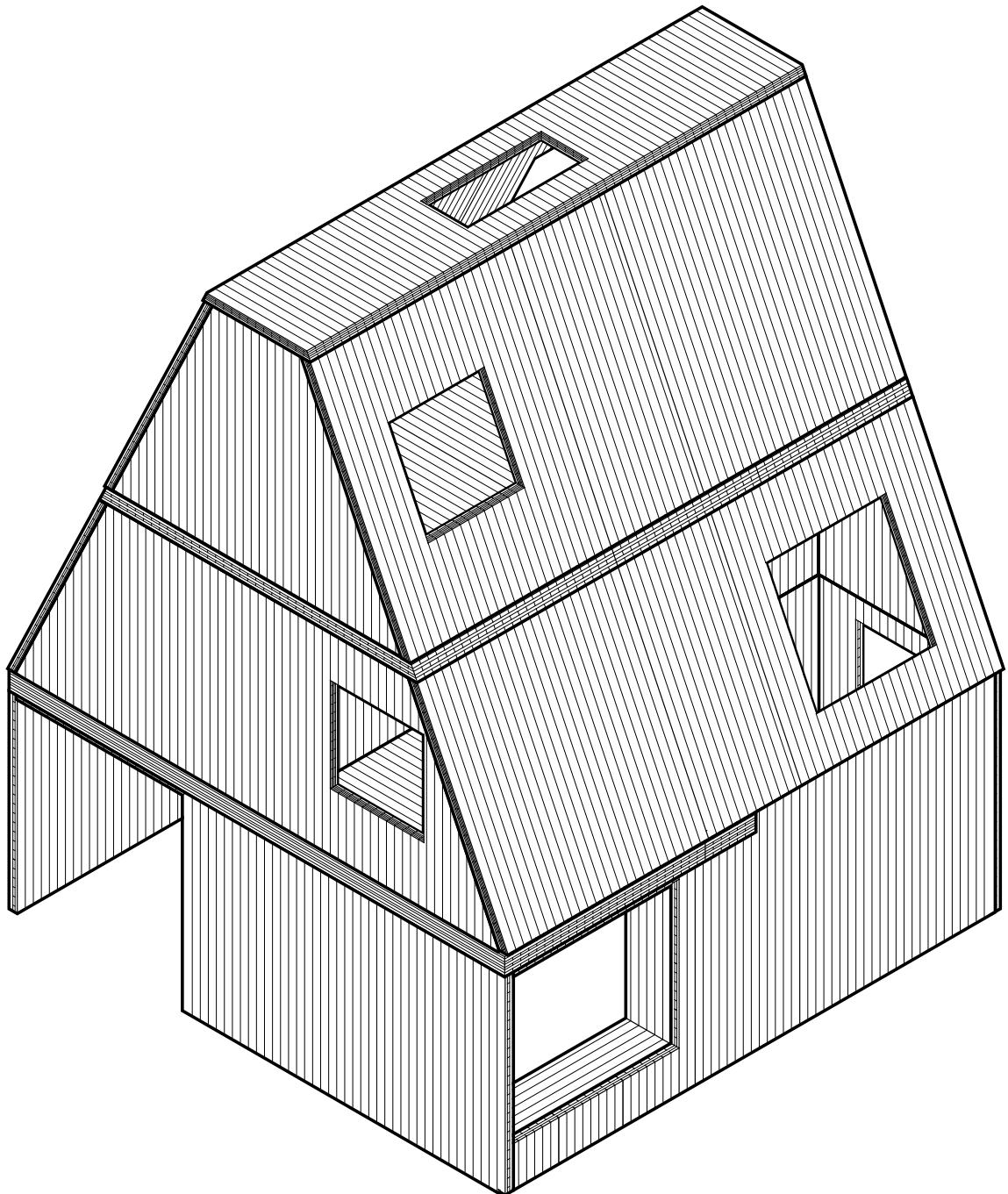


# Building systems concepts

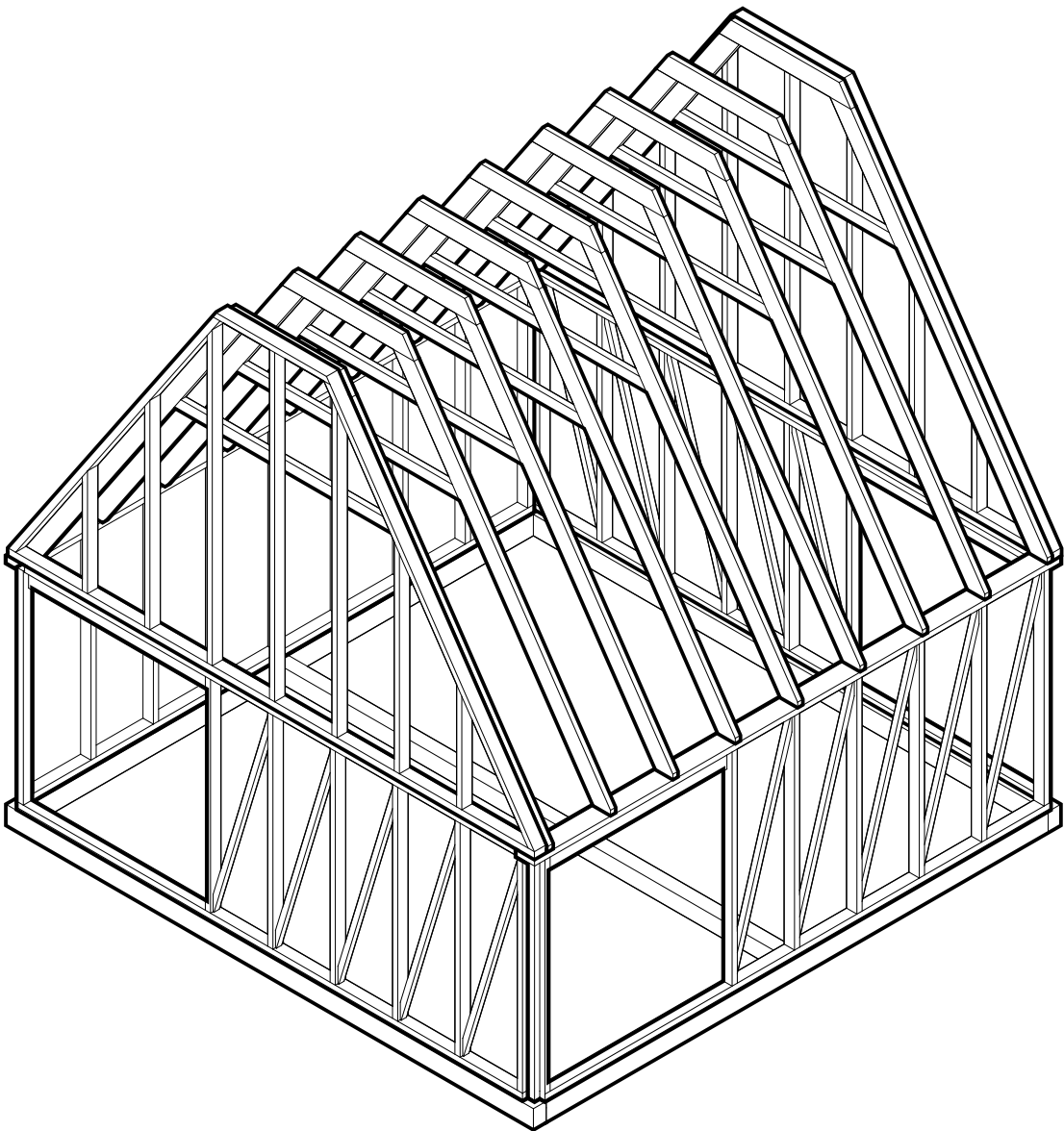
At the Living Places Copenhagen site, we have conducted a practical experiment with three building typologies: a timber frame house, a CLT house, and a timber frame structure pavilion. This project was aimed at exploring the effectiveness and sustainability of each construction method, providing valuable insights for advancing sustainable architecture practices.



**Timber frame structure**  
(house)



**CLT structure**  
(house)



**Timber structure**  
(pavilion)







Construction  
on-site







Ultra fast  
construction

August



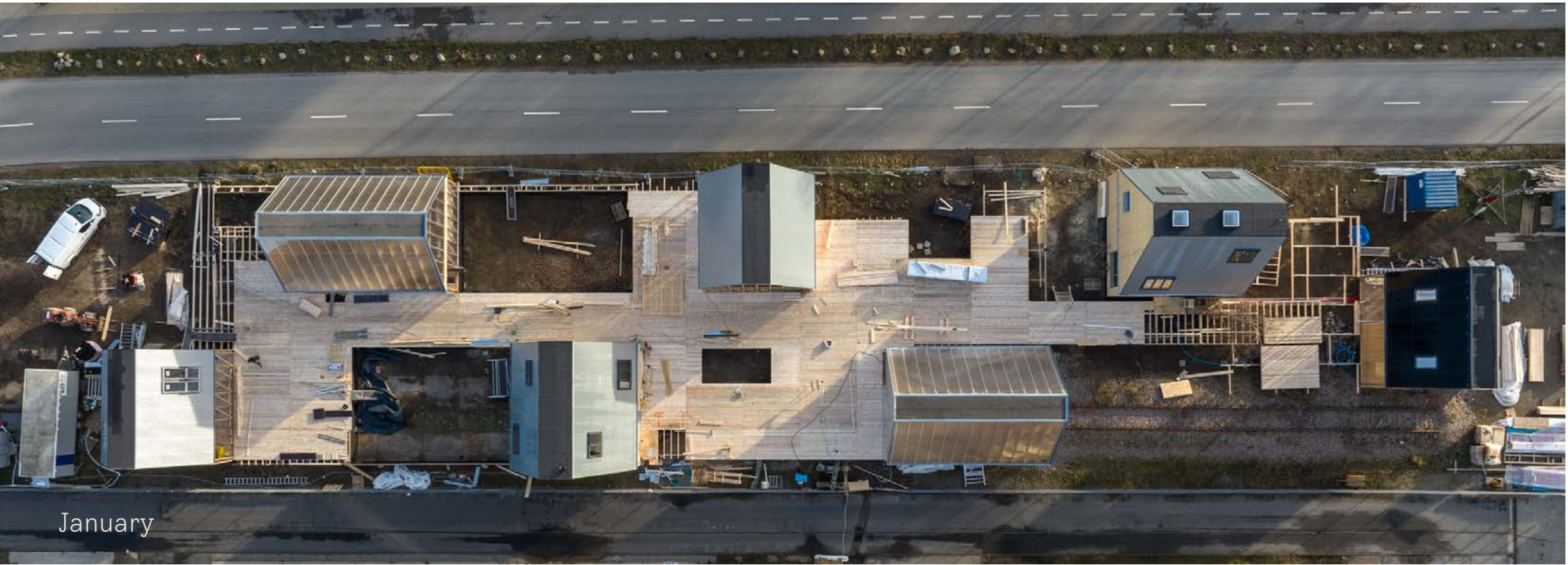
September



November



December



January



February

© Adam Mork







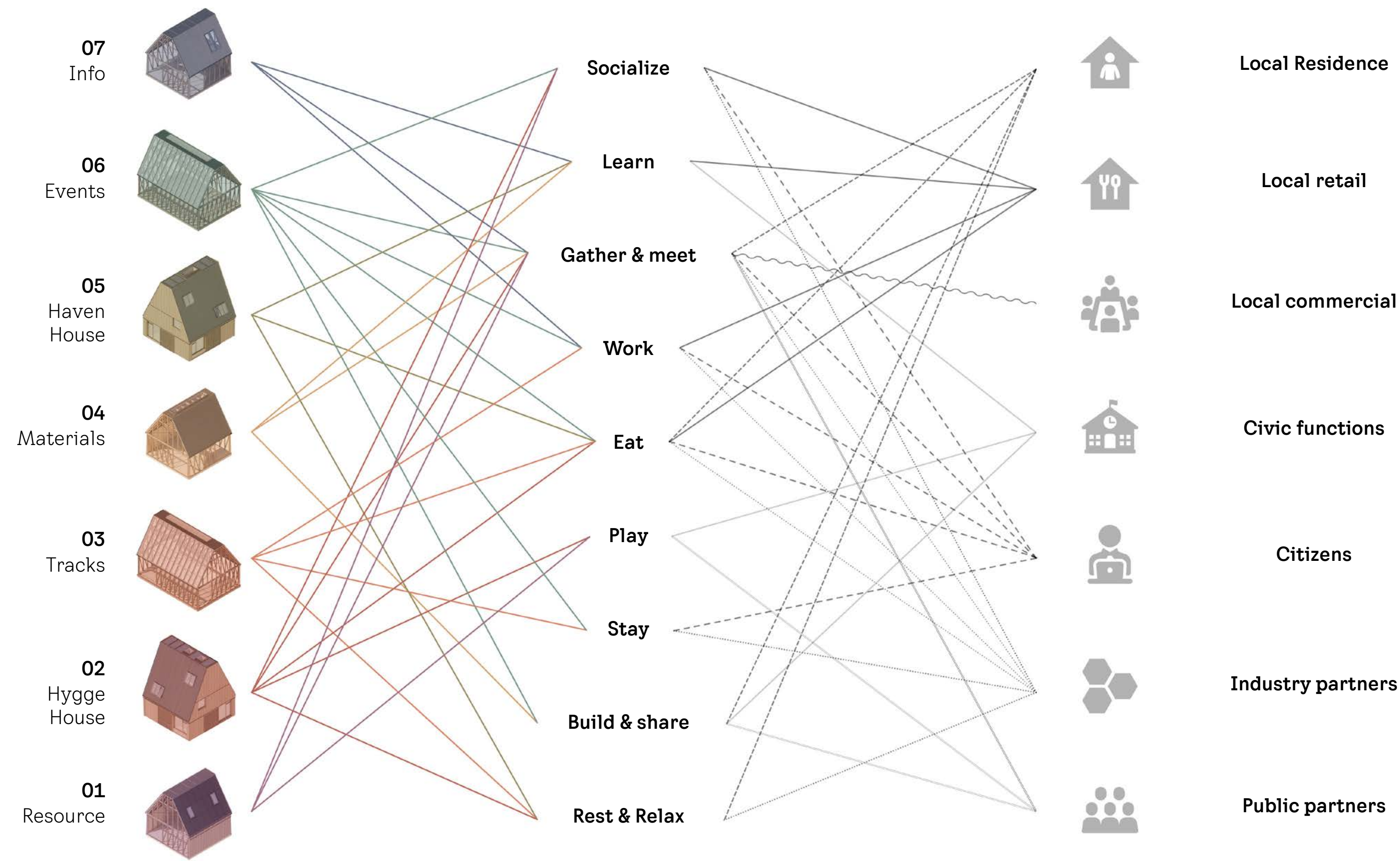
# Neighborhood integration

The project successfully integrated event, information, resource, living pavilions, and housing with the local community, creating spaces that have greatly enhanced the interaction between local residents, retail, civic functions, citizens, and partners. Event pavilions have become vibrant centres for community gatherings and local markets, fostering a lively social atmosphere.

Information and resource centres, now key community hubs, facilitate learning and collaboration, strengthening connections among residents and partners. The living pavilions and houses, with their innovative design, have seamlessly blended residential living with public spaces, encouraging a fluid interaction between private and communal life.

Local retail and civic functions have been revitalised by these integrations, becoming more inviting and integral to daily life. This has resulted in a dynamic, inclusive community, where each element enriches the collective urban experience, showcasing the project's success in creating a cohesive and vibrant living environment.

The project has been a huge success, attracting over 5000 visitors and hosting various activities. Its blend of event pavilions, resource centers, and communal living spaces has enlivened the area, making it a vibrant hub for the community and a model for urban development.

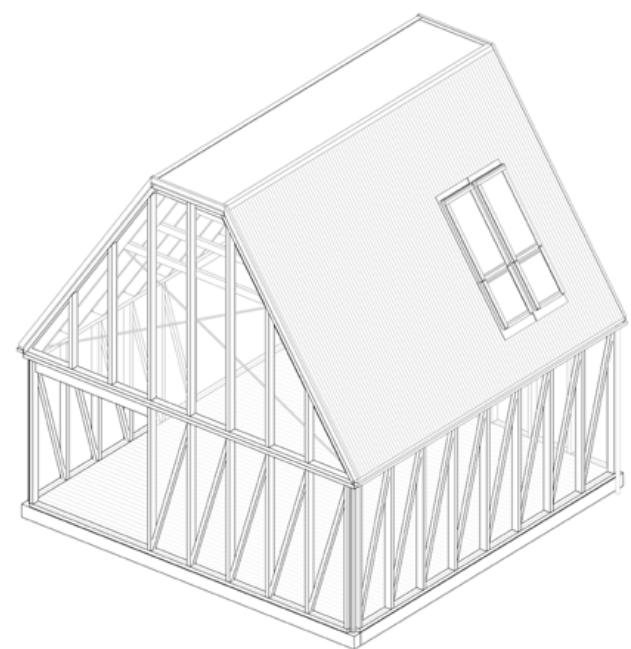




# Information Pavilion

The Information Pavilion, as the first structure visitors see, plays a pivotal role in introducing the area and the project. This pavilion is designed to educate and orient visitors through interactive displays and multimedia presentations, offering a clear overview of the project's vision and features.

It effectively sets the stage for the visitor experience, providing essential information, maps, and guides for navigating the area. As the initial touchpoint, the Information Pavilion is key to enhancing visitors' understanding and engagement with the entire project.

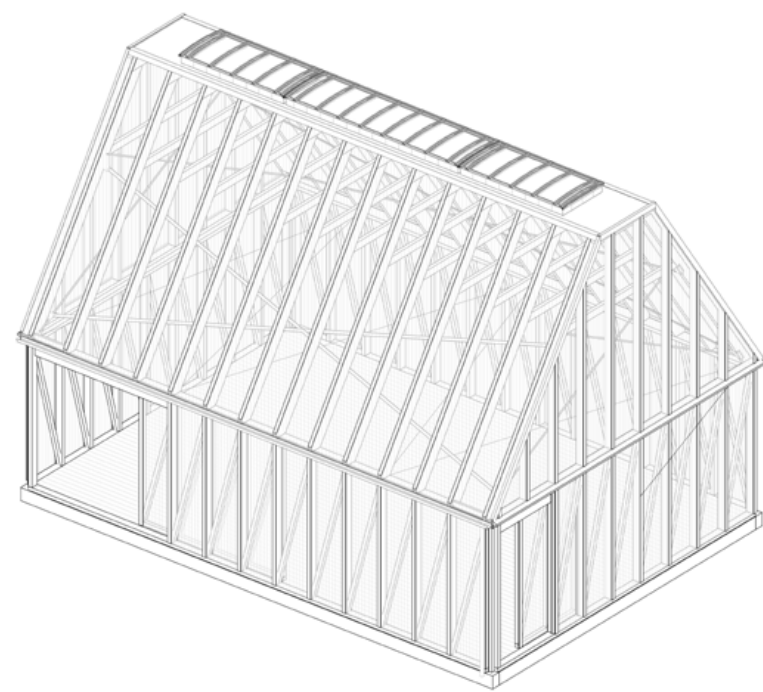




## Event Pavilion

The Event Pavilion, a versatile and multifunctional space, is ideal for hosting a variety of events, from small gatherings to large-scale functions. Its use of polycarbonate materials bathes the interior in soft, diffuse light, creating a welcoming atmosphere for all types of occasions.

This adaptability allows the pavilion to seamlessly transition between different events, such as workshops, cultural performances, and corporate meetings. The combination of its flexible design and inviting ambiance makes the Event Pavilion a favoured venue for diverse community and cultural engagements.

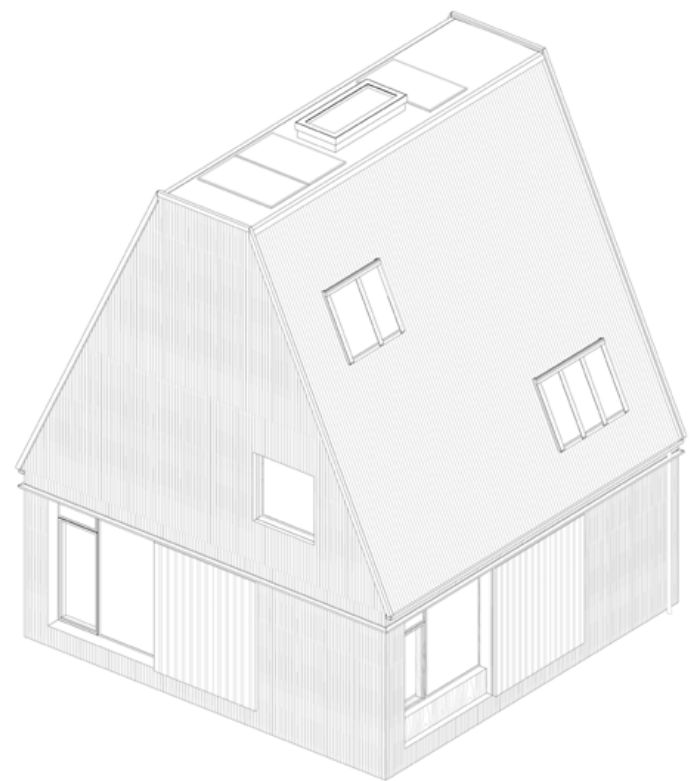




# Haven House

The Haven House demonstrates the benefits and challenges of using Cross-Laminated Timber (CLT) in modern architecture. Emphasising sustainable construction, it integrates functional and environmental aspects, showcasing how building techniques can align with eco-friendly principles. The house's natural aesthetic, featuring exposed raw wood surfaces, connects inhabitants with nature, enhancing its visual appeal.

This project serves as a practical example of CLT's potential in sustainable architecture, educating on eco-friendly building practices and promoting a deeper appreciation for environmentally conscious living.

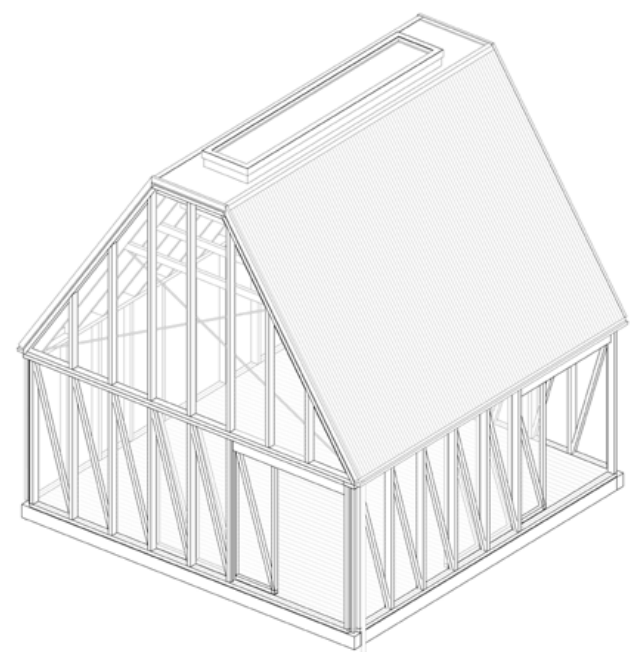




# Materials Pavilion

The Materials Pavilion is a dynamic exhibition space dedicated to exploring the future of living through innovative and sustainable concepts. Open all day, it offers interactive exhibitions on modern residential design, urban living, and low emission housing.

These displays provide a hands-on look into future living possibilities, inspiring visitors to consider new, environmentally harmonious living methods. A hub for innovative ideas in living spaces, the pavilion stands as a key destination for those interested in the convergence of design, technology, and sustainability.

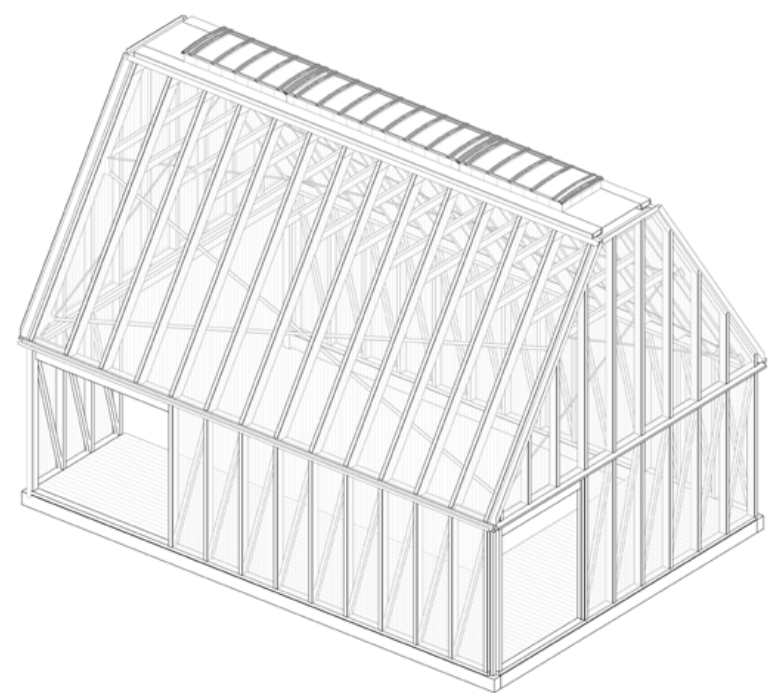




# Tracks Pavilion

The Tracks Pavilion, atop culturally significant train tracks, is a multifunctional space within Living Places Copenhagen. It blends event hosting with educational purposes, offering deep insights into sustainable living and design. Throughout the year, it hosts educational talks, becoming a learning hub for various audiences. The pavilion's location over existing train tracks is prominently featured in its design, serving as a constant reminder of the 'design-for-disassembly' approach.

This aspect not only preserves the site's cultural value but also exemplifies sustainable architectural practices, integrating history with modern innovation.

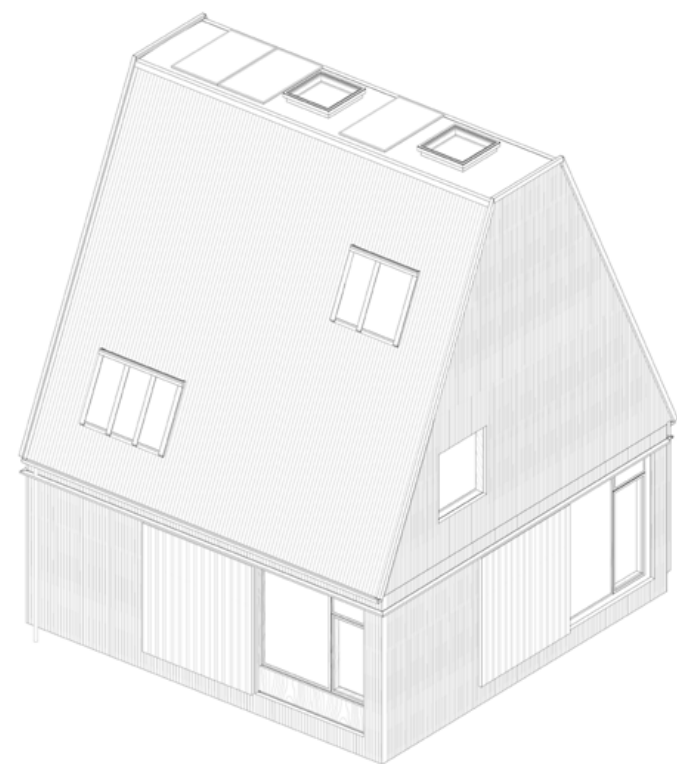




# Hygge House

The Hygge House highlights the balance between traditional building methods and modern low-emission practices, shedding light on the pros and cons of timber frame construction. Its design integrates seamlessly with both environmental and community needs, demonstrating that low-emission, wood-based buildings can achieve both familiarity and enhanced quality.

The house's detailed craftsmanship highlights a high level of quality, offering a modernised approach to timber framing. This project serves as an educational example, showing how traditional building techniques can be adapted for a low-emissions, optimised way of living.

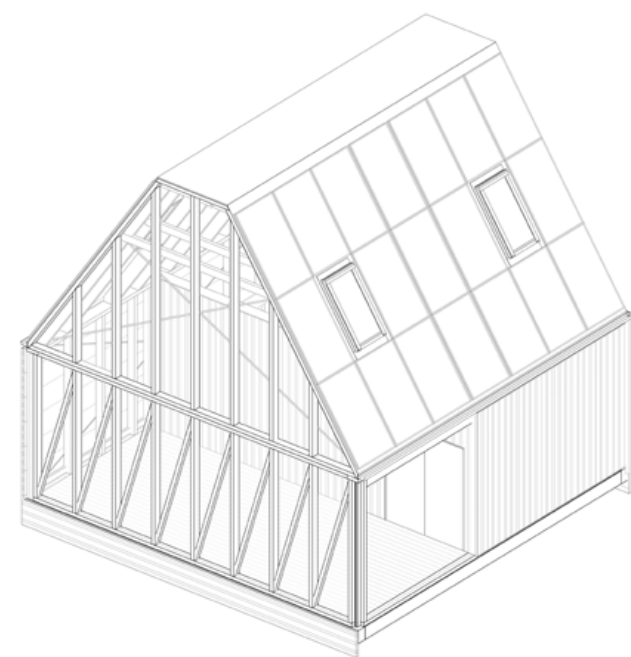




# Resource Pavilion

The Resource Pavilion serves as a vital back-of-house support for a network of pavilions, adeptly managing parking, trash collection, and energy production. This key pavilion ensures smooth operation by providing organised bike parking, therefore maintaining the other pavilions' aesthetics and functionality.

Its role in waste management emphasises environmental responsibility through advanced recycling and waste reduction practices. Additionally, the pavilion's focus on renewable energy production, possibly through solar panels, not only powers itself but also supports the energy needs of the entire pavilion network. This makes the Resource Pavilion an essential component in maintaining the efficiency and sustainability of the system.





# Programming overview

All pavilions and houses.



## Resource Pavilion

The Resource Pavilion is essential for supporting a pavilion network, efficiently handling bike parking, waste management, and energy production. It ensures smooth operations and upholds the aesthetics and functionality of other pavilions. Emphasizing environmental responsibility, it adopts advanced recycling and waste reduction practices.

With a focus on renewable energy, using solar panels, it not only sustains itself but also powers the pavilion network, highlighting its critical role in the system's efficiency and sustainability.



## Hygge House

The Hygge House combines traditional building techniques with modern low-emission practices, illustrating the advantages of timber frame construction. Its design meets environmental and community needs, proving that wood-based buildings can blend familiarity with superior quality.

The project showcases high-quality craftsmanship in timber framing, serving as an educational model for how traditional methods can evolve into sustainable, optimised living solutions.



## Tracks Pavilion

The Tracks Pavilion, located on historic train tracks, is a versatile space in Living Places Copenhagen, combining events and education focused on sustainability.

It regularly hosts talks, evolving into a center for learning about sustainable living and design. The pavilion's design, featuring the train tracks, highlights the 'design-for-disassembly' concept, merging the site's historical significance with sustainable architecture and modern innovation.



## Materials Pavilion

The Materials Pavilion is an all-day exhibition space exploring sustainable living and innovative residential design. Interactive displays offer insights into future living, focusing on urban living and low-emission housing.

It inspires new, eco-friendly living methods, making it a key destination for those interested in design, technology, and sustainability.



## Haven House

The Haven House showcases the use of Cross-Laminated Timber in sustainable architecture, combining functionality with eco-friendly design. Its natural aesthetic with exposed wood surfaces highlights a connection to nature.

This project serves as an example of CLT's role in eco-conscious construction, promoting sustainable building practices and environmental awareness.



## Event Pavilion

The Event Pavilion, with its versatile design and soft, diffuse light from polycarbonate materials, is suitable for a range of events, from intimate gatherings to large functions.

Its flexible space easily accommodates workshops, performances, and meetings, making it a popular choice for various community and cultural events.



## Information Pavilion

The Information Pavilion is the initial structure visitors encounter, introducing the project and area. It educates and orients through interactive displays and multimedia, offering an overview of the project's vision.

The pavilion sets the stage for the experience, providing information, maps, and guides. As the first touchpoint, it's important for enhancing visitors' understanding and engagement.



# Project

A new place for all  
of Copenhagen

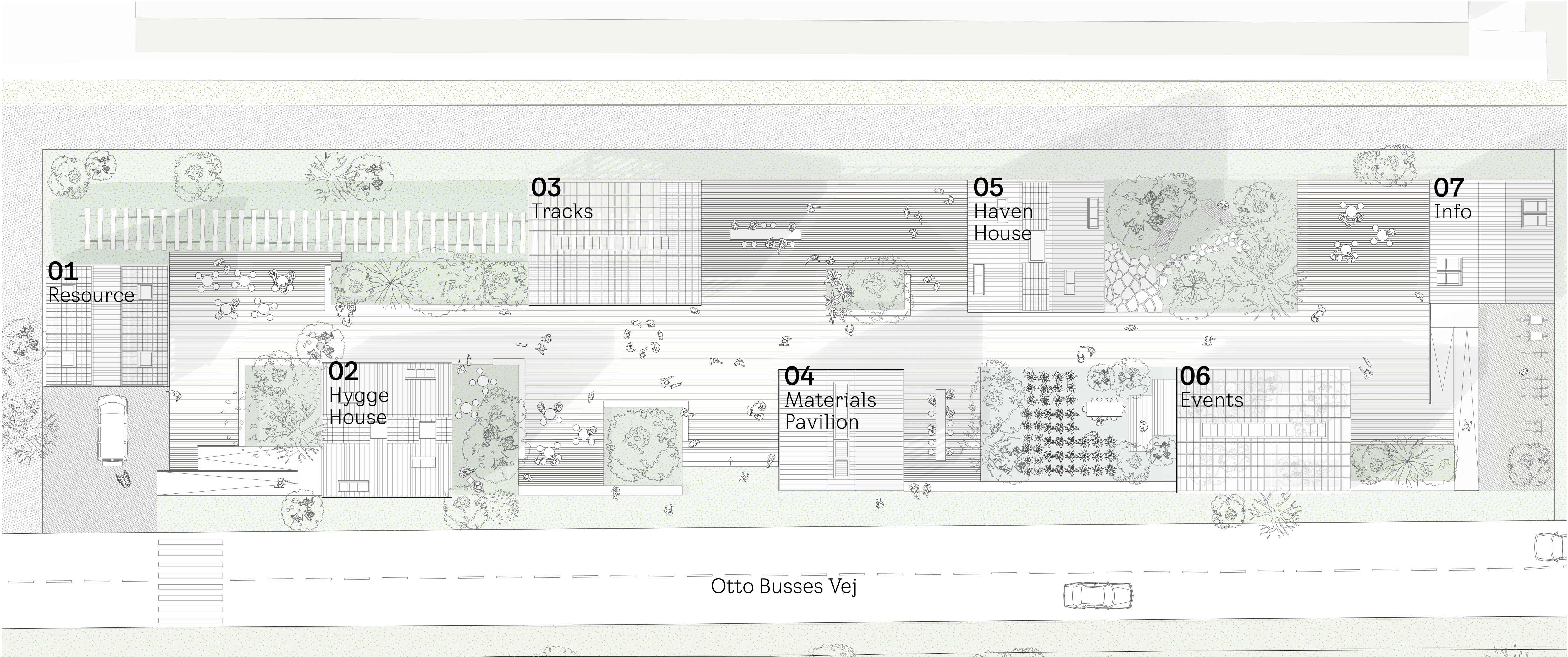






# Site plan

Scale 1.150



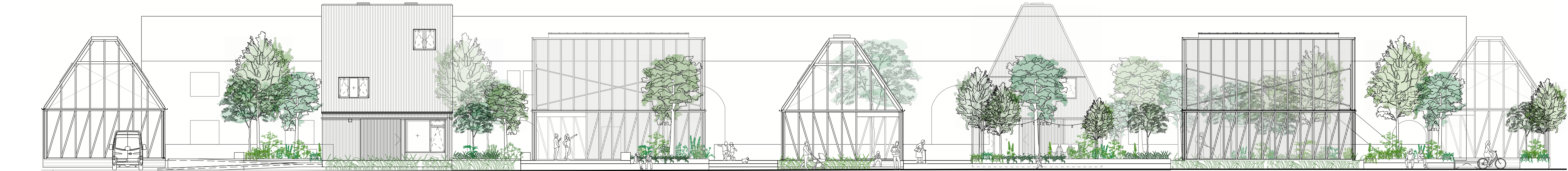






# Elevations

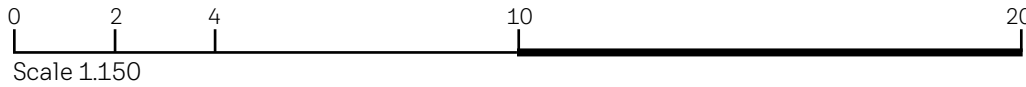
Scale 1.150



SOUTH ELEVATION



NORTH ELEVATION









# Sections

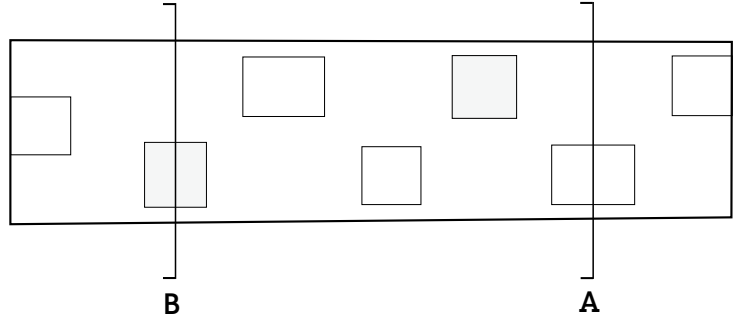
Scale 1.70



SECTION AA



SECTION BB





Green & shared spaces









# Houses



# Hygge House

Timber framing structures, also called “post and beam” structures, are traditionally used building technologies. They consist of vertical and horizontal linear elements that require incorporating stability planes.

Timber frame structures prove to be the most efficient use of materials when constructing buildings with less than four floors. Compared to CLT structures of similar geometry and size, timber frame structures require approximately three times less timber. Additionally, timber frame houses with identical interior sizes have the advantage of a smaller exterior site footprint. This is due to the ability to integrate insulation between the structural elements of the walls.





# Building system recipe

This slide provides detailed insights into the timber framing system used in our project. It highlights the structural elements and material efficiency of this traditional “post and beam” method, particularly suitable for buildings up to four floors. The slide details how timber framing requires less timber compared to CLT structures and demonstrates the integration of insulation within the wall structures, resulting in a smaller building footprint.

This detailed presentation serves as an informative guide to the specifics of our sustainable architectural approach.



## 0.0 DESCRIPTION

### 1. Foundation / Ground slab

- Floor treatment with Indoor climate certified oil
- Ask plank floor with click system, 15x185 mm
- Spruce battens, 50x70 mm
- Vapor barrier, 0,20 mm
- Pine structural timber C18, 45x295 mm
- Cellulose insulation, 375mm. Fire class: B-s2, d0
- Hard wind barrier, 8 mm

### 2. Facade

- Spruce facade cladding boards, 21x124 mm. Vertical
- Spruce roofing battens, 38x73 mm. Horizontal
- Spruce roofing battens, 25x50mm. Vertical
- Wind panel with open diffusion, 8mm
- Pine structural timber C18, 45x295 mm
- Cellulose insulation, 295 mm. Fire class: B-s2, d0
- OSB plate G3, 18 mm
- Pine wood framing, 45x70 mm
- Wood fiber insulation, 45mm. Fire class: B-s2, d0
- Fiber gypsum boards, 15mm. Visible connections
- Interior linoleum paint

### 3. Roof construction

- Steel sinus plate, 18 mm. Zink-Magnesium treatment
- Spruce roofing battens, 38x73 mm. Horizontal
- Spruce roofing battens, 25x50mm. Vertical
- Wood fiber roofing plate, 25 mm
- Pine structural timber C18, 45x295 mm
- Pine interior battens, 45x45 mm
- Cellulose insulation, 340 mm. Fire class: B-s2, d0
- OSB plate G3, 18 mm
- Pine wood framing, 45x70 mm
- Wood fiber insulation, 45mm. Fire class: B-s2, d0
- Fiber gypsum boards, 15mm. Visible connections
- Interior linoleum paint

### 4. Slab

- Floor treatment with Indoor climate certified oil
- Ask plank floor with click system, 15x185 mm
- Fiber gypsum floor boards, 13 mm
- Pine floor plywood, 18mm
- Pine roofing plywood, 25mm
- Pine structural timber K18, 270x120 mm

### 5. Interior wall

- Interior linoleum paint
- Fiber gypsum boards, 15mm. Visible connections
- Pine wood framing, 45x70 mm
- Fiber gypsum boards, 15mm. Visible connections
- Interior linoleum paint

### 6. Windows

- Oiled oak frame
- Glass. Triple layer 6+14+4+14+6

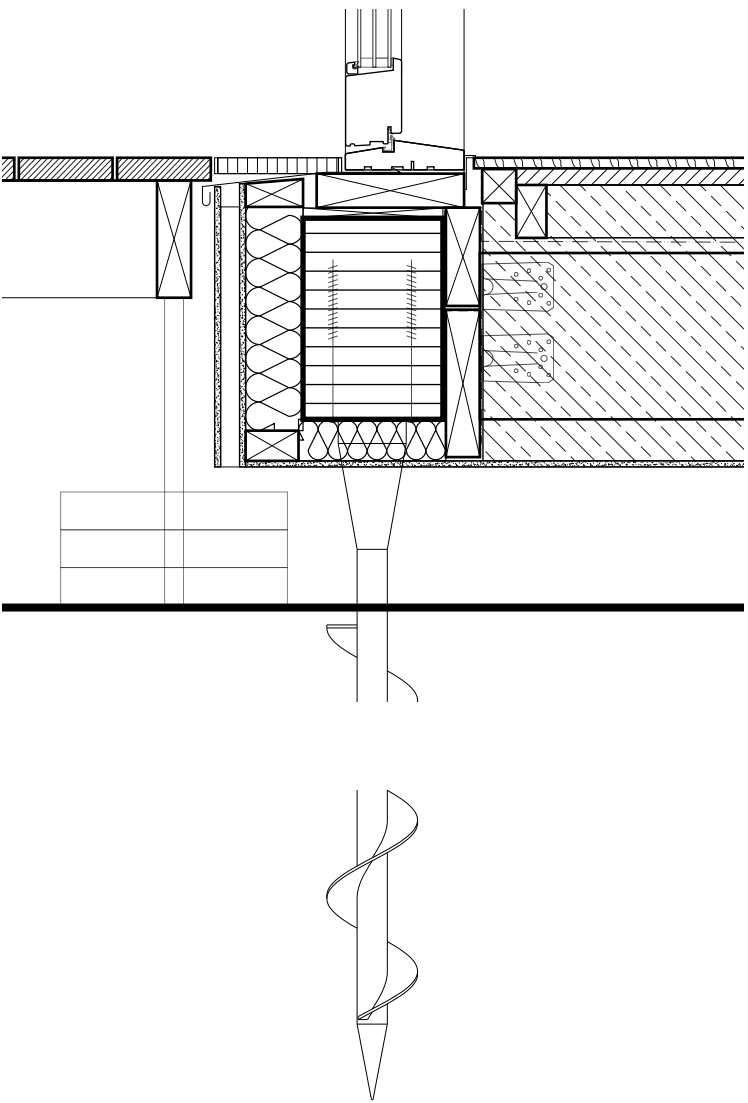
### 7. Roof windows

- Remote controlled window. Solar powered
- Indoor blinds. Solar powered
- Outdoor black out curtains. Solar powered

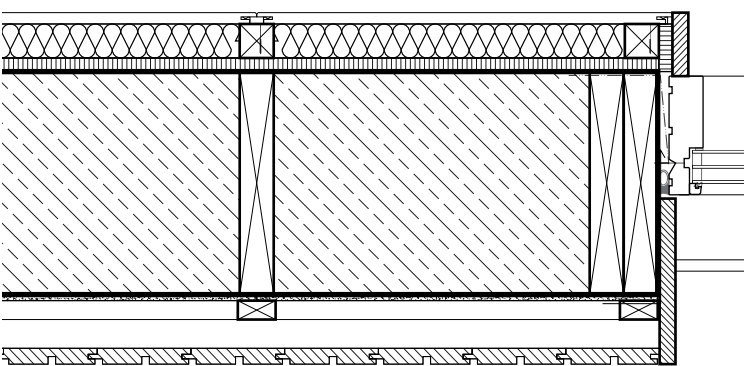
### 8. Flat roof windows

- Flat glass rooflight, 800x800 mm
- Black out curtains. Solar powered

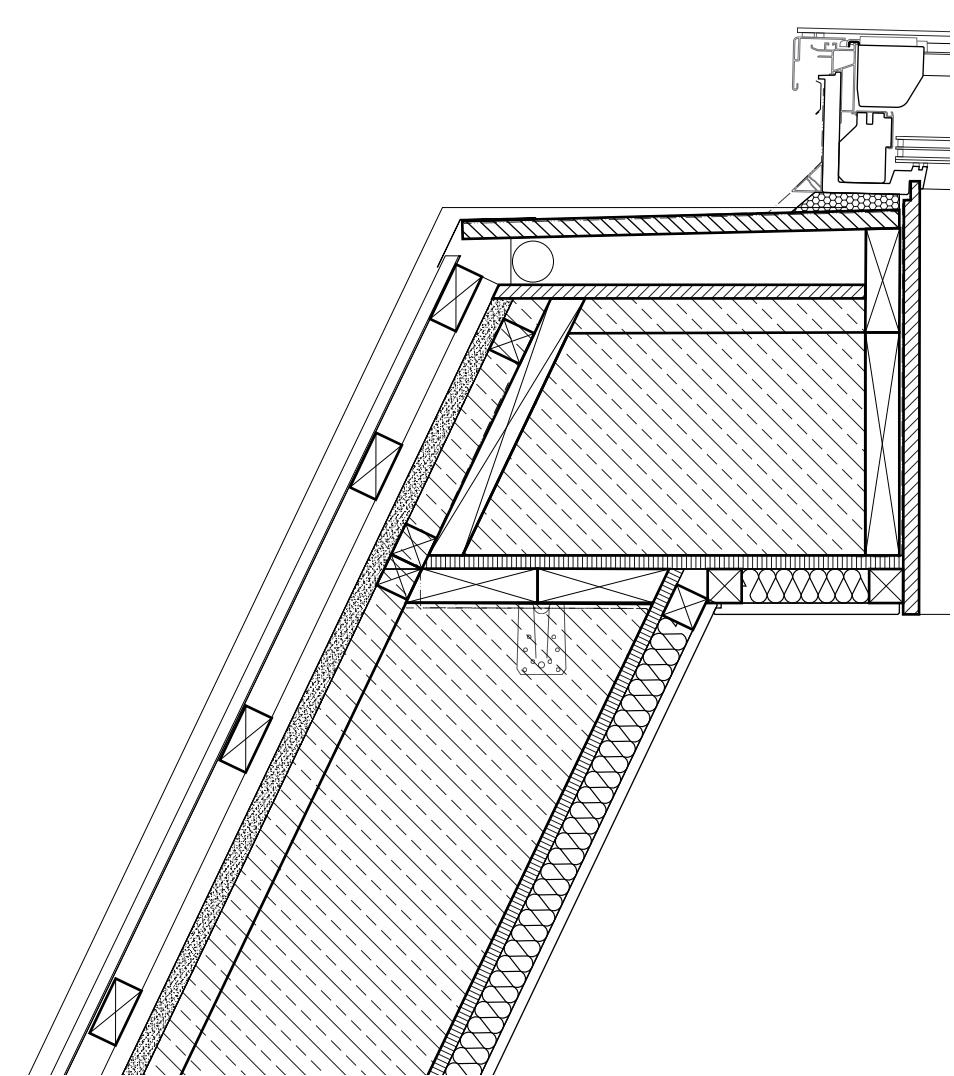
## 1. FOUNDATION / GROUND SLAB



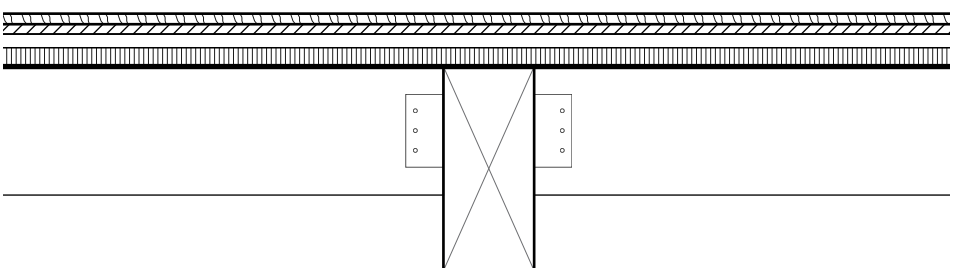
## 2. FACADE



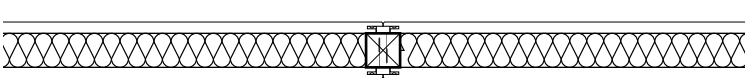
## 3. ROOF CONSTRUCTION



## 4. SLAB



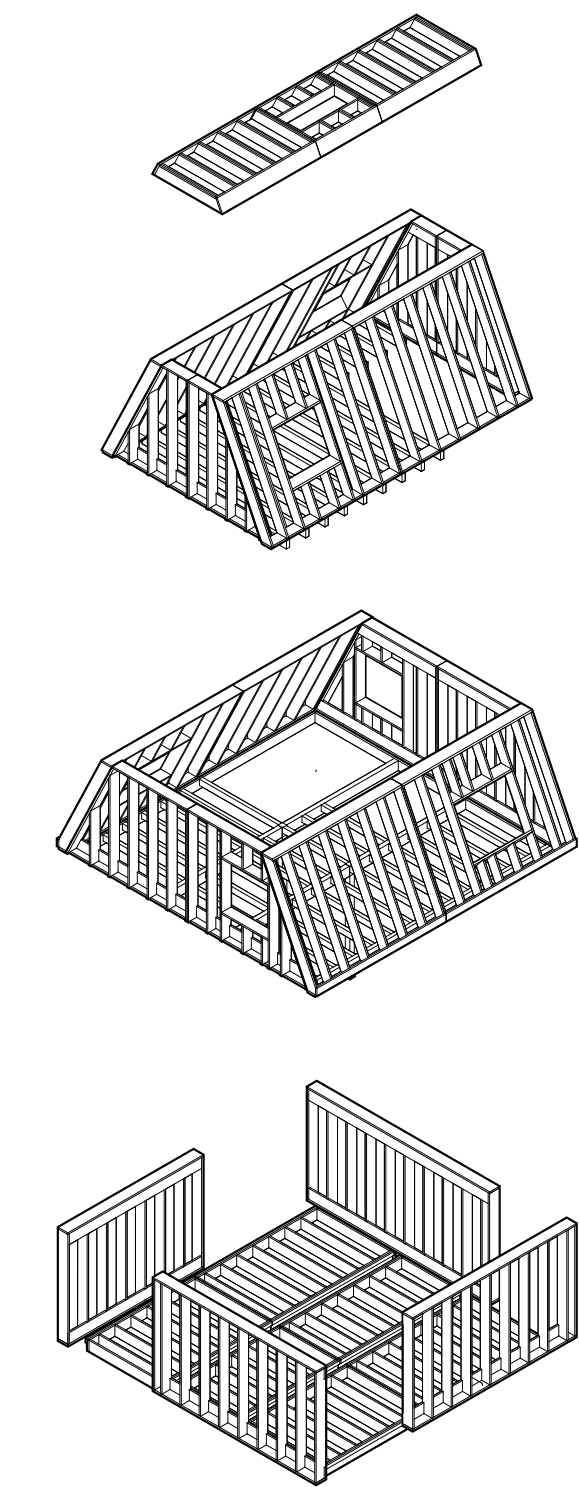
## 5. INTERIOR WALL



## 9. INSTALLATIONS

- Natural ventilation (VELUX Active)
- Direct ventilation through facade
- Radiators
- Wireless switch for light
- Air to water heat pump

## 0. AXO





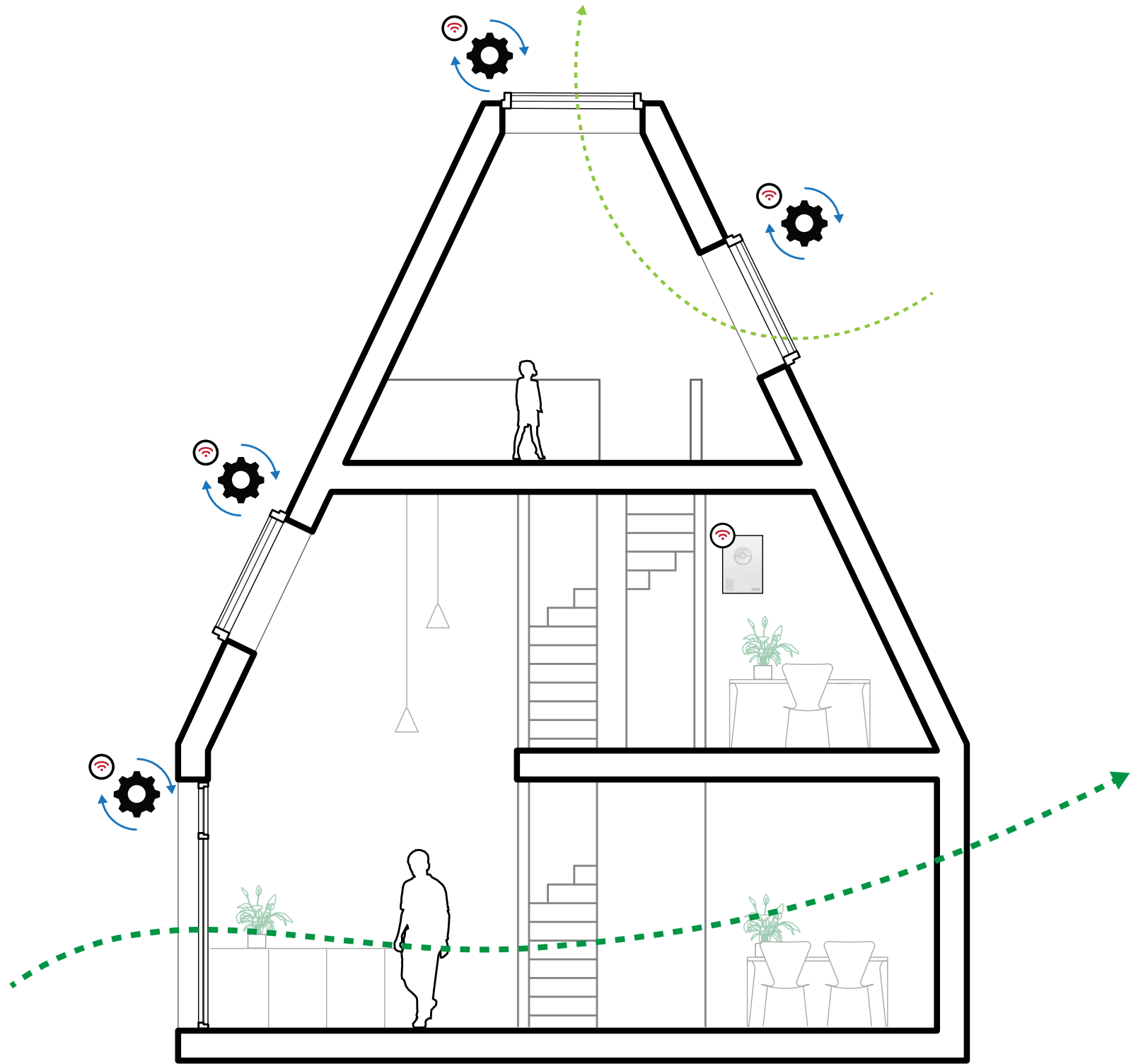
# Technical system recipe

The slide details the technical systems used in the timber frame house in our project, describing the heating system, the ventilation system, and the different components selected for this version.

## 0.0 DESCRIPTION

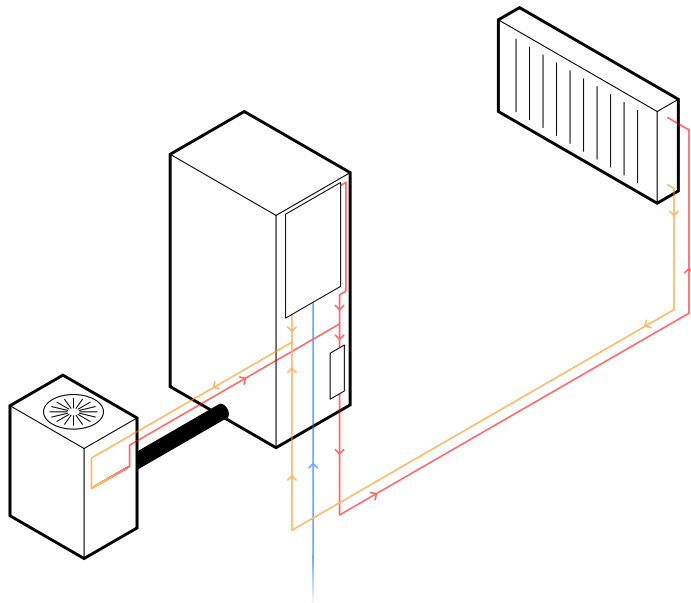
- 1. Ventilation system**  
Natural ventilation  
(VELUX active)
- 2. Heating**  
Air to water heat pump  
Radiators
- 3. Energy**  
Wireless switch for lights  
Solar Panels: SPR-MAX3-375 (Sunpower)

## 1. VENTILATION SYSTEM



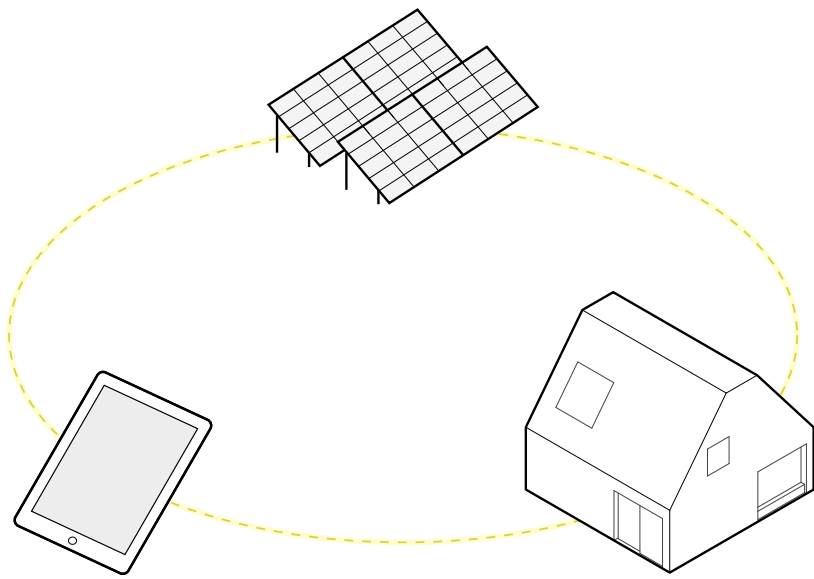
Ventilation based on only natural ventilation. By designing with stack effect and other healthy building principles we ensure a high-quality indoor environment, highlighting the effectiveness of sustainable design in providing comfort and energy efficiency.

## 2. HEATING



We use an air-to-water heat pump and radiators for heating , ensuring energy-efficient comfort year-round.

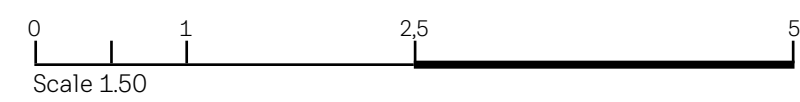
## 3. ENERGY



Our electricity and heat pump are powered by solar panels, significantly reducing emissions and cost. This provides us with stable and clean energy.



## Scale 1.50













# Haven House

Cross-laminated timber (CLT) structures are constructed using mass timber elements, which means structural planes made of solid wood bonded in a perpendicular direction.

CLT decks offer the advantage of larger spans without requiring intermediate supports, even with similar dimensions. Additionally, CLT elements can be left exposed, in the interior, without the necessity of adding another interior finish layer. However, it is important to note that CLT elements must be covered with a thermal insulation layer, resulting in increased overall thickness of roofs and walls compared to timber frame elements.





# Building system recipe

This slide details the use of Cross-Laminated Timber (CLT) structures in our project, describing the system as a key component of the building process. CLT structures are built with mass timber elements, comprising solid wood bonded perpendicularly, allowing for larger spans without intermediate supports. Notably, CLT elements can be aesthetically left exposed internally, eliminating the need for additional interior finishing.

However, it's important to incorporate a thermal insulation layer with CLT, leading to thicker roofs and walls compared to timber frame structures. This slide serves as a comprehensive guide on integrating CLT into our low-emissions building design.



## 0.0 DESCRIPTION

### 1. Foundation / Ground slab

- Floor treatment with Indoor climate certified oil
- Ask plank floor with click system, 15x185 mm
- Floor chipboard, waterproof, 22 mm
- Spruce battens, 50x70 mm
- Vapor break 0,20 mm
- Pine structural timber C18, 45x295 mm
- Cellulose insulation, 375mm. Fire class: B-s2, d0
- Hard wind barrier, 8 mm

### 2. Facade

- Spruce facade cladding boards, 21x124 mm. Vertical
- Spruce roofing battens, 38x73 mm. Horizontal
- Spruce roofing battens, 25x50mm. Vertical
- Wind panel with open diffusion, 8mm
- Pine structural timber C18, 45x295 mm
- Cellulose insulation, 345 mm. Fire class: B-s2, d0
- CLT C5s, 100 mm. IVQ vertical elements
- Varnish with UV protection, Indoor climate certified

### 3. Roof construction

- Steel sinus plate, 18 mm. Zink-Magnesium treatment
- Spruce roofing battens, 38x73 mm. Horizontal
- Spruce roofing battens, 25x50mm. Vertical
- Wood fiber roofing plate, 25 mm
- Pine structural timber C18, 45x295 mm
- Cellulose insulation, 395 mm. Fire class: B-s2, d0
- Vapor break, 0,20 mm
- CLT C5s, 100 mm. IVQ vertical elements
- Varnish with UV protection, Indoor climate certified

### 4. Slab

- Floor treatment with Indoor climate certified oil
- Ask plank floor with click system, 15x185 mm
- CLT C7s, 240 mm. IVQ
- Varnish with UV protection, Indoor climate certified

### 5. Interior wall

- Varnish with UV protection, Indoor climate certified
- CLT C3s, 90 mm. IVQ vertical elements
- Varnish with UV protection, Indoor climate certified

### 6. Windows

- Aluminium - Pine frame
- Triple glass layer. 6+14+4+14+6

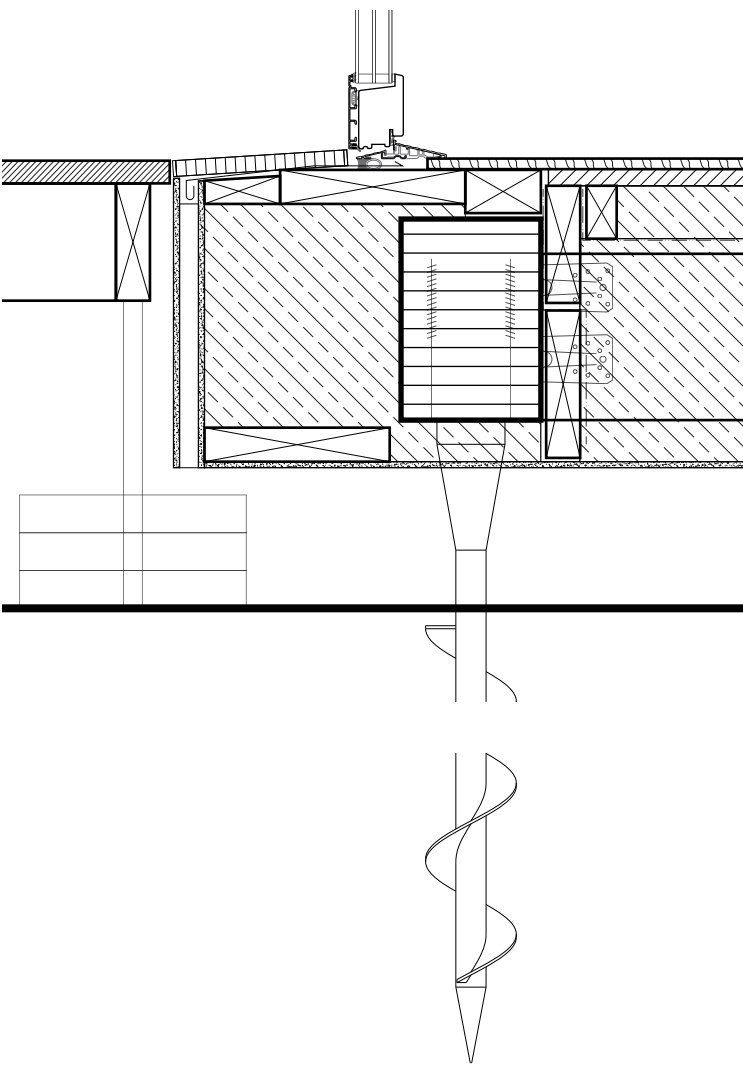
### 7. Roof windows

- Remote controlled window. Solar powered
- Indoor blinds. Solar powered
- Outdoor black out curtains. Solar powered

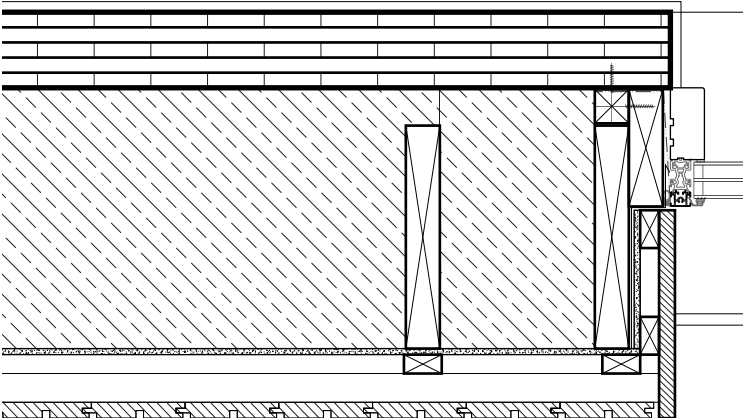
### 8. Flat roof windows

- Flat glass rooflight, 800x800 mm
- Black out curtains. Solar powered

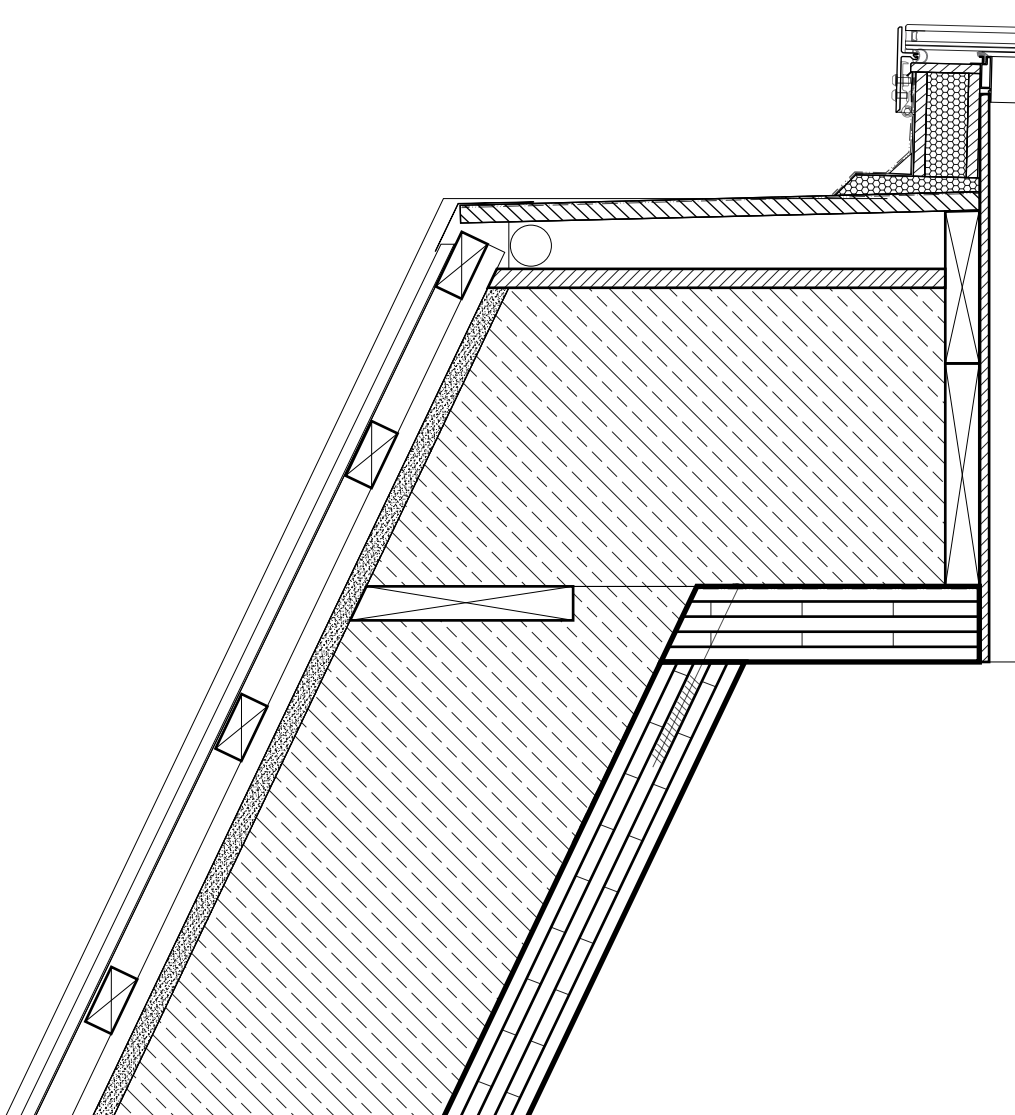
## 1. FOUNDATION / GROUND SLAB



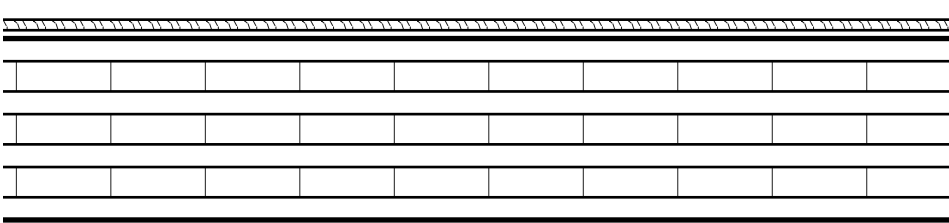
## 2. FACADE



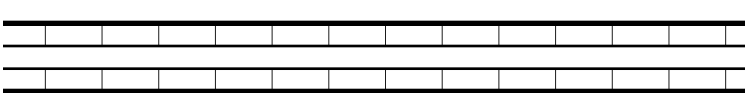
## 3. ROOF CONSTRUCTION



## 4. SLAB



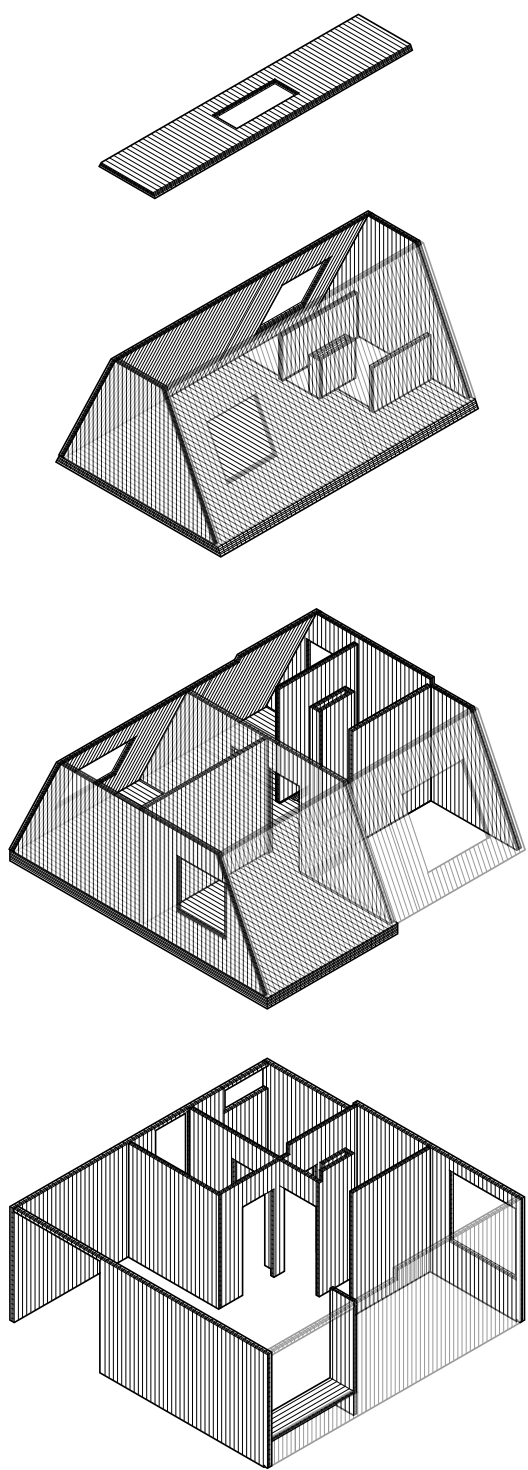
## 5. INTERIOR WALL



## 9. INSTALLATIONS

- Hybrid ventilation (VELUX Active + Mechanical system)
- Vent through mechanical ventilation
- Radiators
- Wireless switch for light
- Air to water heat pump

## 0. AXO





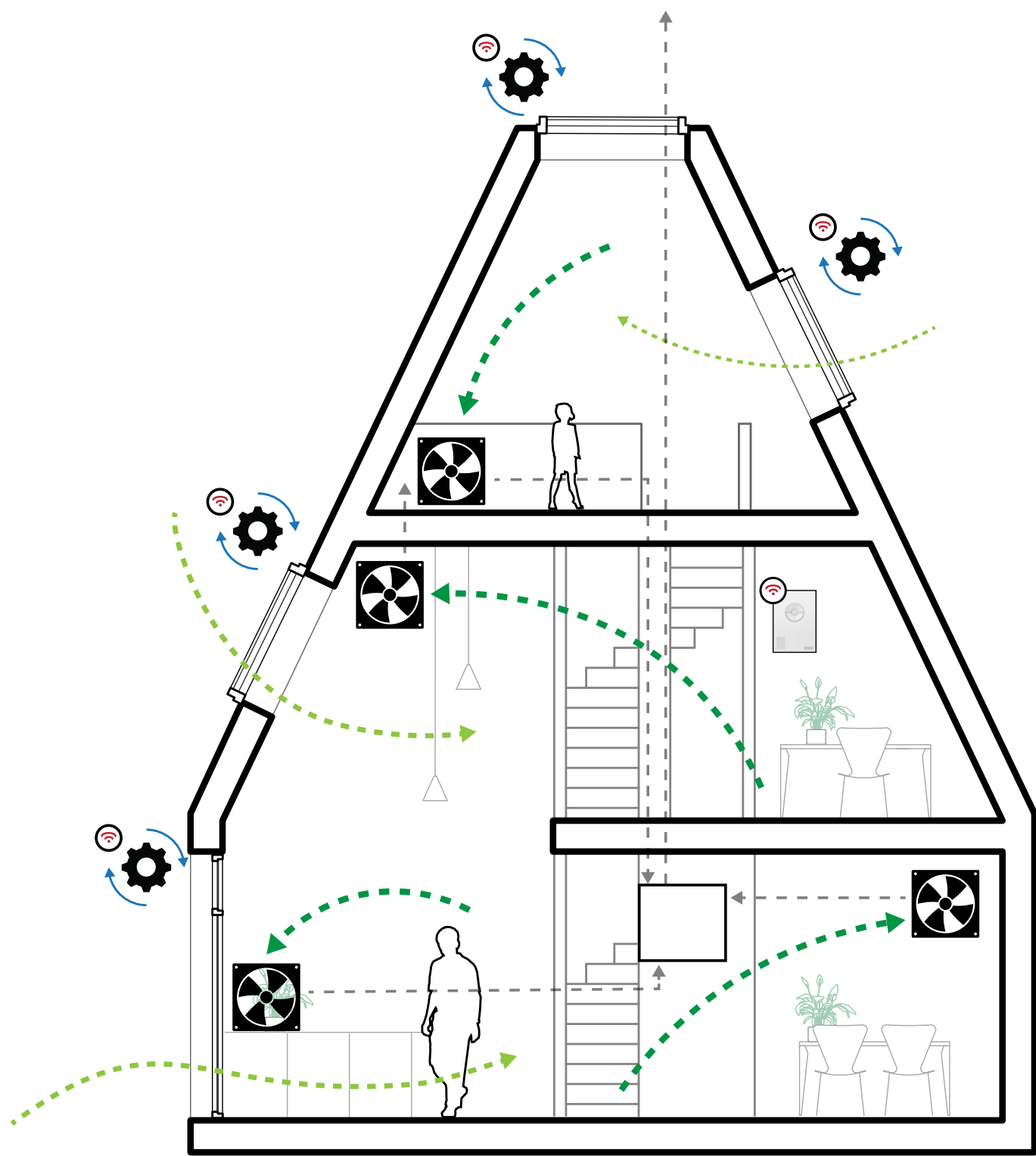
# Technical system recipe

The slide details the technical systems used in the Cross-Laminated Timber (CLT) house in our project, describing the heating system, the ventilation system and the different components selected for this version.

## 0.0 DESCRIPTION

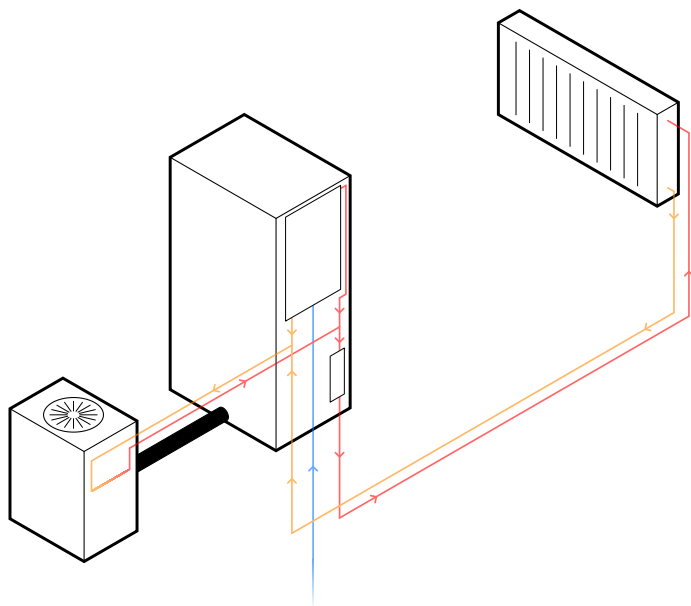
- 1. Ventilation system**  
Hybrid ventilation  
(VELUX active + Mechanical system)
- 2. Heating**  
Air to water heat pump  
Radiators
- 3. Energy**  
Wireless switch for lights  
Solar Panels: SPR-MAX3-375 (Sunpower)

### 1. VENTILATION SYSTEM



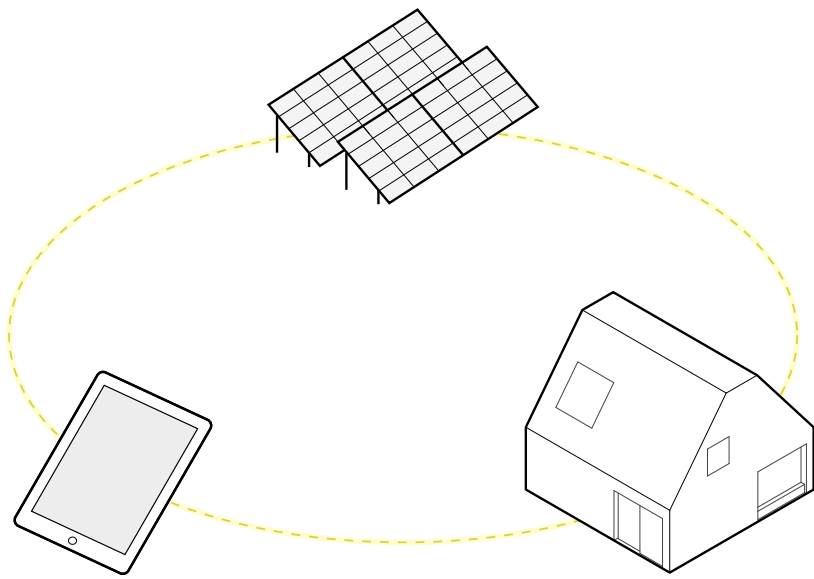
Our ventilation strategy for this house combines mechanical and natural methods, incorporating principles like the stack effect to create a superior indoor environment. This systems delivers both comfort and energy efficiency.

### 2. HEATING



We use an air-to-water heat pump and radiators for heating, ensuring energy-efficient comfort year-round.

### 3. ENERGY

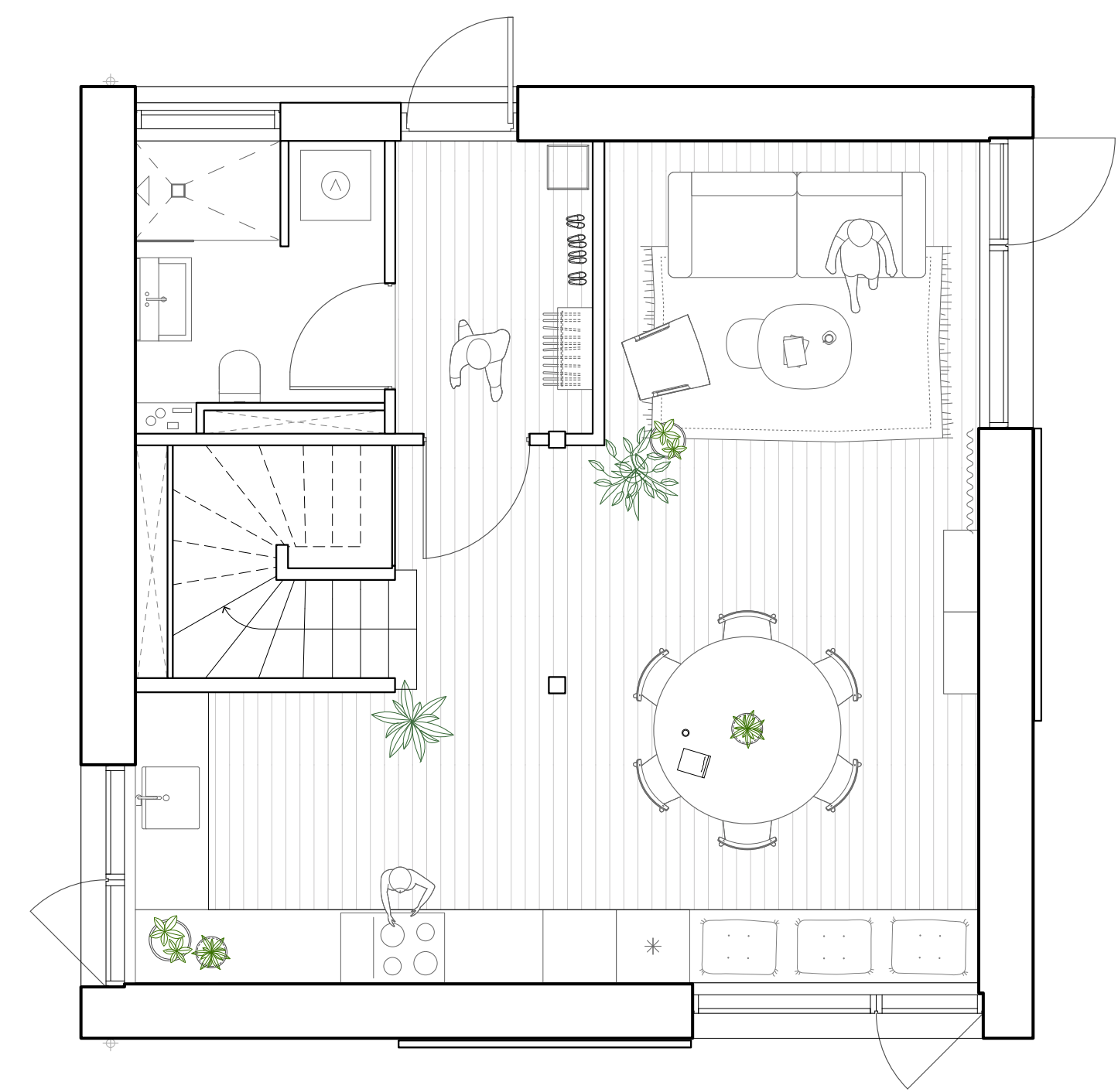


Our electricity and heat pump are powered by solar panels, significantly reducing emissions and cost. This provides us with stable and clean energy.

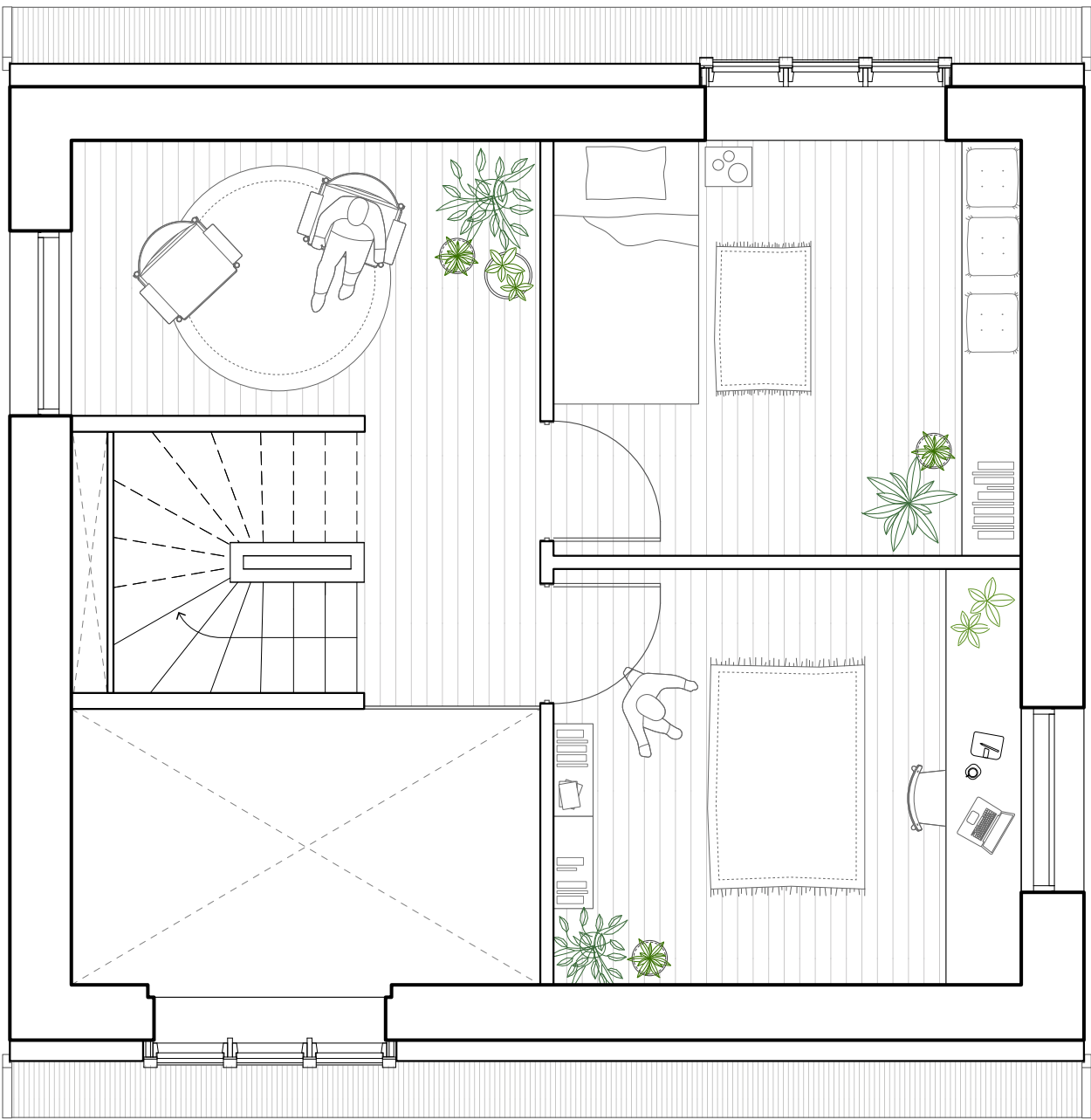


# Haven House Plans

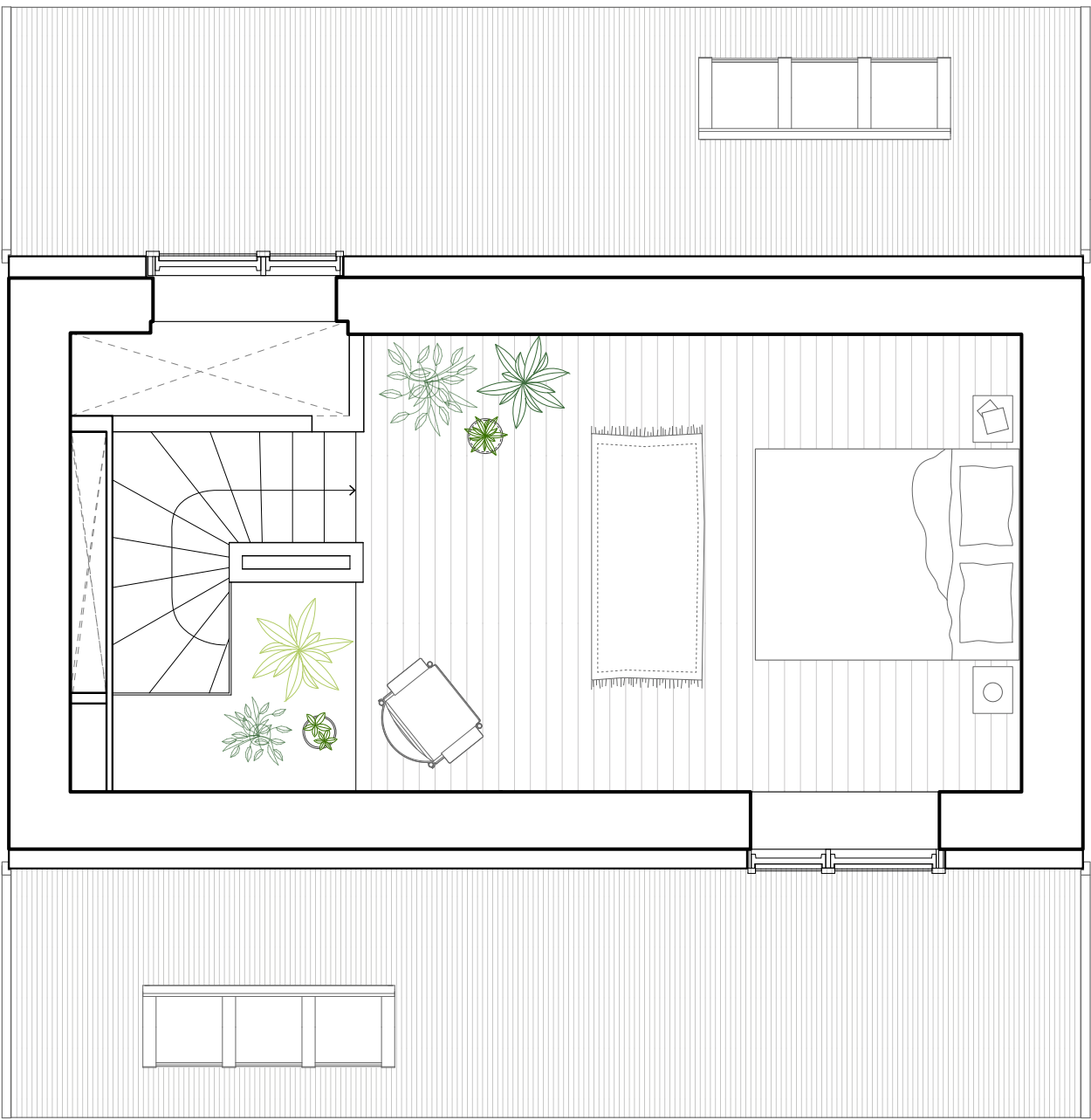
Scale 1.50



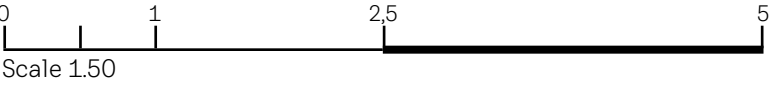
GROUND FLOOR



FIRST FLOOR



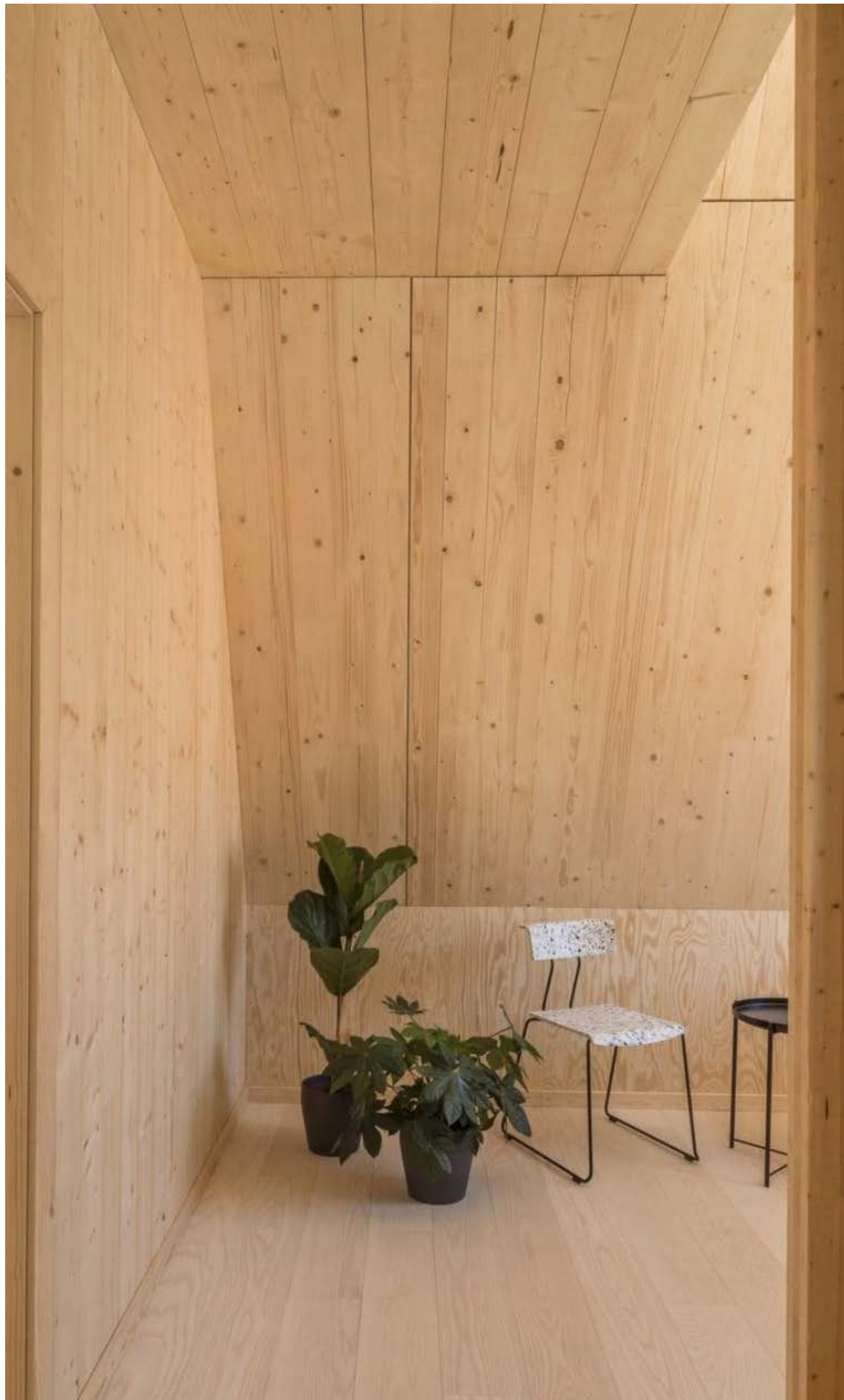
SECOND FLOOR













# Light & Colour

How we have worked with  
light and colour



# Colour Concept

BY MARGRETHE ODGAARD & ACT  
COLOR TOOLS

Colour is a key medium for energy transfer and sensory stimulation. Living Places Copenhagen’s colour concept is designed to enhance sensory perception of colour, creating an interior space that supports health, the environment, and sensory stimulation, thereby rejuvenating the mind. This concept draws from the qualities found in natural earth minerals, similar to early pigments used in ancient cave paintings like Lascaux and Altamira.

Colours have an impact that go beyond aesthetics. Human wellbeing is greatly influenced by sensory stimulation, and colour plays a pivotal role in this. Studies indicate that within the first 90 seconds of encountering a space, 62% to 90% of a person’s assessment is based on colour alone.

Living Places Copenhagen promotes the use of natural pigments over synthetic alternatives. Natural pigments and binders enhance the interplay of light and texture, providing a more authentic sensory experience and bringing colours to life.

A key part of their vision is to use natural, diffusion-open binders on architectural surfaces, avoiding heavy metals and other harmful substances. For wall and ceiling applications, they will use Aqualinum from Linolie & Pigment, a natural interior paint composed of water, linseed oil, cellulose gum, and pigments, free from heavy metals, solvents, preservatives, and microplastics. This approach reflects Living Places Copenhagen’s commitment to an environmentally friendly and health-conscious interior design.

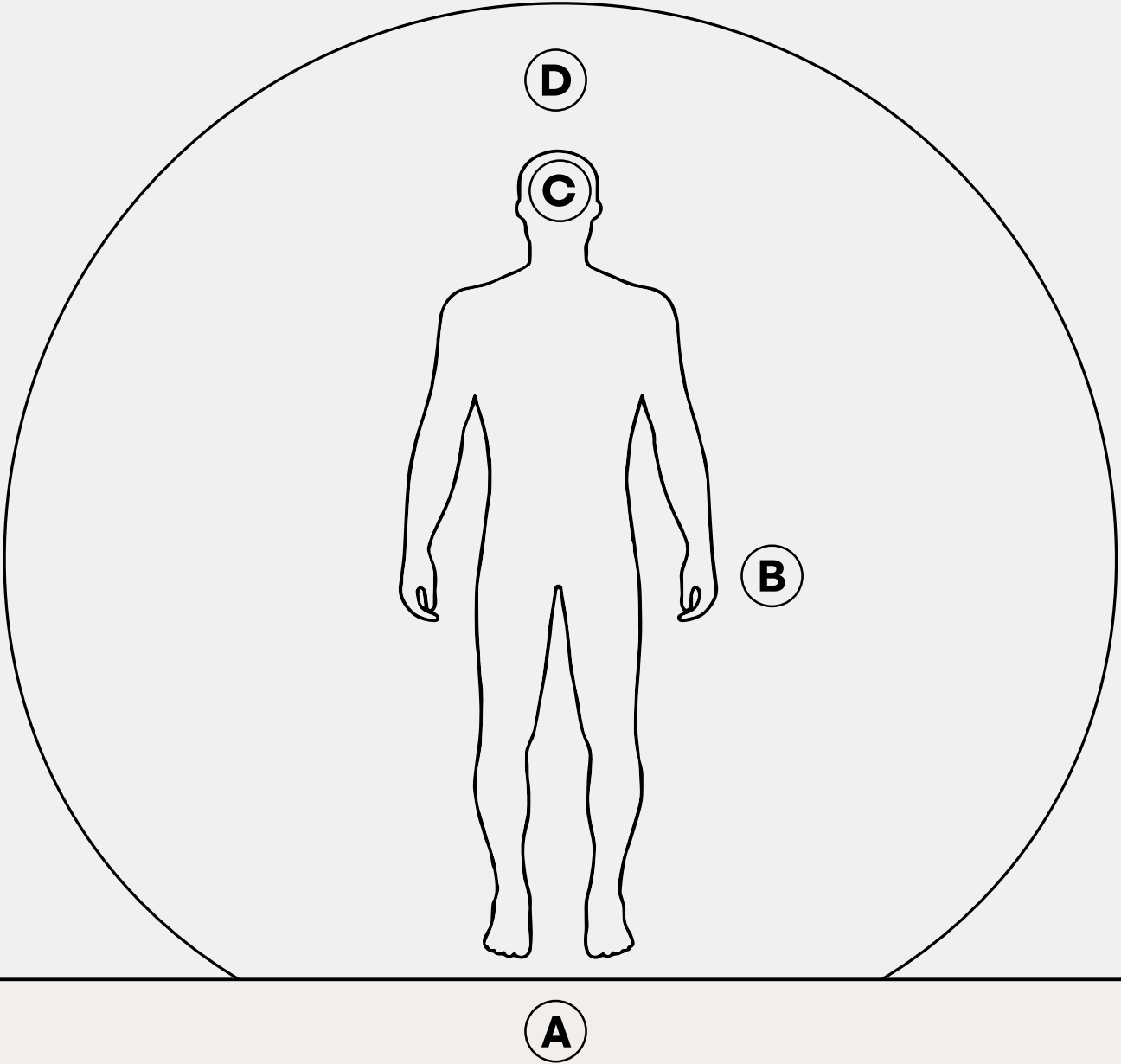
## A. EARTH

The origin of the earth and the gradual formation of raw materials in the form of minerals and organic dye resources.

## B. HANDS

The human processing of the earth’s raw materials through craftsmanship and conscious action.

The first humans used earth minerals as decoration in cave paintings across the world 15-45.000 years ago. Slow processes and thoughtful craftsmanship produce good results.



## C. MIND

The sensory perception of colour and the ability to create new materials and technical solutions. The mind is naturally attracted to and nourished by the sensitivity of organic materials.

## D. BUILD ENVIRONMENT

The colours in the surfaces of our surroundings.

How do we create an interior that pays equal attention to the care of earth (A), hands (B) and mind (C)?





# From physical to digital

People need sensory stimuli to thrive, as external inputs elicit responses from the central nervous system that can enhance wellbeing. Colours are a powerful motivator and affect us far more than we might think. As mentioned. studies estimate that colour has a 62 to 90 percent influence on how we interpret our surroundings. Therefore, it is important to consider the quality of the colours we use in the spaces we inhabit.

With the natural pigments as the focal point of the compass, we give the earth a voice in Living Places. Physical and mental wellbeing is enhanced through the use of natural colours, extracted from the Earth’s minerals, converted into pigments and applied to the digital interfaces of the Compass. Using natural analogues to provide an indirect sense of the great outdoors triggers our biophilic human link to nature and therefore inspires a subconscious sense of wellbeing.

Living Places is based on innovation, health, and sustainability. The solutions lie not on the horizon, but rather on the ground beneath our feet.

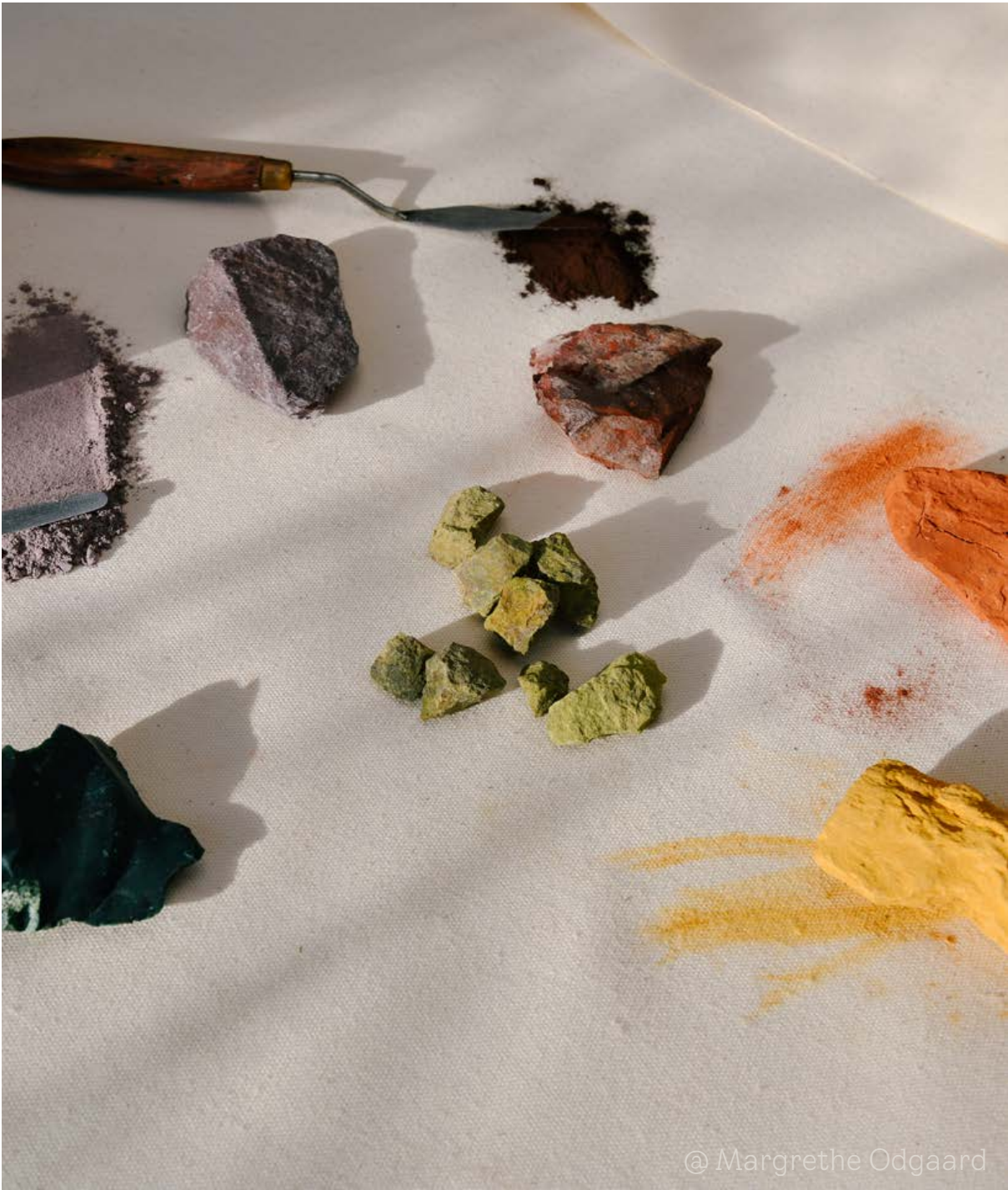
**“PSYCHOLOGISTS HAVE DOCUMENTED THAT LIVING, BREATHING COLOURS DO MORE THAN APPEAL TO THE SENSES; THEY ALSO BOOST MEMORY FOR SCENES IN THE NATURAL WORLD AND THUS ENHANCE OUR SENSE OF CONNECTEDNESS WITH THE ENVIRONMENT.”**

Wichmann, F. A., Sharpe, L. T., & Gegenfurtner, K. R.  
The contributions of color to recognition memory for natural scenes. Journal of Experimental Psychology: Learning, Memory and Cognition,



## MINERAL

The colours of the Compass derive from the Earth’s minerals. They are primitive colours that have formed a part of Earth’s history for millions of years.



## PIGMENT

When we use synthetic pigments and binders, we limit the color to artificial and flat expressions. Natural pigments, on the other hand, optimise the play of light on the surface, and with this sensory stimulation is achieved quite naturally.



## DIGITAL INTERFACE

By drawing on the qualities of natural pigmentation the Compass makes use of the principle of biophilia to bring nature into the digital realm through the use of colour.



# Light Concept

BY MERETE MADSEN  
FOR THE LOVE OF LIGHT

In the latter part of the Jernbanebyen lighting design concept, significant emphasis is placed on the interaction between light and darkness, targeting sustainability and minimising light pollution.

This approach aims to preserve the natural night ambiance and the ecological benefits of darker areas, especially in urban settings. The lighting strategy is designed to work with darkness, using carefully placed and directed fixtures to cast light downwards, reducing light spill into the sky and surroundings.

This enhances aesthetic appeal and mitigates light pollution. Key to this strategy is dusk lighting, which uses low intensity lights as daylight fades, ensuring safety and maintaining a balance with the natural twilight. This, along with preserving darker zones, supports the goal of sustainable, eco-friendly urban spaces. The concept also includes sustainable, recyclable materials for fixtures, emphasising the project's commitment to environmental goals and long-term sustainability.

Overall, this lighting design for Jernbanebyen represents a thoughtful urban lighting approach, focusing on harmony with darkness and sustainable practices.







© Adam Mork







# Learnings

What did  
we learn?



Learnings





## Partnerships

### Living Places Concept



Owner & Ideator



Arkitekturhovedstad 2023  
OFFICIEL PARTNER

COPENHAGEN  
IN COMMON

UNESCO-UIA

COPENHAGEN 2023



### Living Places Partners



Architects  
Concept partner



Engineers  
Concept partner



Enemærke &  
Petersen a/s

Contractor



Landowner

### Compass partners



Color concept  
Textiles, surfaces



STATENS KUNSTFOND OG  
REALDANIAS BOLIGLABORATORIUM

Exhibition on  
7 experimental  
housing projects



Exhibition on  
Future railway  
district



LANDSBYGGEFONDEN

Exhibition on  
'Neighborhoods for  
Generations'



Nature,  
Biodiversity and  
gardens



Architecture  
programme  
curators

### Compass suppliers



Kitchens



Furniture



Furniture



Curtains



Light



Facility support



06

# What's next

a way  
forward



Living Places is more than just a design;  
it's an ongoing dialogue between  
the traditions of the past and the  
innovations of the future.







[LivingPlaces.velux.com](http://LivingPlaces.velux.com)